

WOMEN'S ALL-TIME WORLD TOP 50 PERFORMERS-PERFORMANCES RANKINGS

50 METER FREESTYLE

Top 51 Performances

23.73**	Britta Steffen, GER (Reaction Time: +0.77. (Note: first German gold-medalist/world record-setter. (Note: East Germany's Kornelia Ender, Montreal Olympics 100 free/fly gold-medalist, swam an exhibition 50 free @ 1975 World Championships [Cali, COL.], clocking 26.99 for an unofficial world-record that was never ratified by FINA.)	World Championships	Rome	08-02-09
23.88*#	Therese Alshammar, SWE/Nebraska (Reaction Time: +0.72. (Note: Alshammar's third silver-medal. Also was runner-up in 2001 [24.88] and 2007 [24.62]. (Note: 30-34 age-group "world-record." Born: 08/26/77.)	World Championships	Rome	08-02-09
23.96*	Marlene Veldhuis, NED (Reaction Time: +0.80. (Note: first world-record of career. (Note: in day's first event [50 meter butterfly], Veldhuis also set a world-rCORD. Second swimmer to hold both world standards simultaneously and first to set them on the same day/meet! Countrywoman Inge de Bruin st both wrs in summer of Y2K although not in same competition)	Amsterdam Swim Cup	Amsterdam	04-19-09
23.97+*	Lisbeth Trickett, AUS (Note: set 100 meter freestyle world-record two days earlier. First Aussie woman to hold both global standards, third woman to hold 50-100 free wrs simultaneously. First was China's Jjingyi Le [1994 World Championships, Rome]. Then Holland's Inge de Bruijn [<i>Speedo Super Grand Prix</i> , Sheffield, May 2000]. De Bruijn repeated the feat four months later at the 2000 Olympics, in the same Sydney pool where Trickett broke her records.)	AUS Olympic Trials	Sydney	03-29-08
23.99	Cate Campbell, AUS (Reaction Time: +0.78. (Note: youngest-ever under 24.0. Turned 19 on May 20, 2009.)	World Championships	Rome	08-02-09
23.99	Veldhuis (Reaction Time: +0.74. (Note: third woman under 24.0 in same race. First—and ONLY – time ever!)	World Championships	Rome	08-02-09
24.06	Steffen (Reaction Time: 0.80) (Note: also won 100 free. First German to sweep both sprints since Kristen Otto [GDR] @ Seoul [1988])	Olympics	Beijing	08-17-08
24.07*	Dara Torres, USA/Florida (Reaction Time: +0.73 – second-quickest) (Note: @ age 41 [born 04/15/67], oldest Olympic swimming competitor ever; oldest finalist ever; oldest medalist ever. Fifth Olympics, first since Y2K. First competed @ Los Angeles [1984]. Second 50 free medal: won bronze @ Sydney [24.63]. (Note: 10 th American 50 m free record of career, most-ever by <u>ANY</u> U.S. swimmer in <u>ANY</u> event, m/w. Mar Spitz broke AR in 200 meter butterfly nine times for most by any U.S. male swimmer.)	Olympics	Beijing	08-17-08
24.08sf2	Campbell (Note: fastest-ever qualifying time.)	World Championships	Rome	08-01-09
24.09	Veldhuis (Note: Championship record)	XXIX European Championships	Eindhoven	03-24-08
24.11*	Francesca Halsall, GBR (Reaction Time: +0.72.)			
24.13sf	Inge de Bruijn, NED/Tualatin Hills SC (Note: fastest qualifying time ever.)	Olympics	Sydney	09-22-00
24.13'	Campbell (Note: 15 yrsr old! Turned 16 two days later [05/20/08]) (Note: U.S. Open record.)	<i>XLI Santa Clara Internatikional Invite.</i>	Santa Clara	05-18-08
24.15	Trickett (Note: Frtech Open/"All Comers"/meet records.)	<i>Arena Meeting de Canet/Mare Nostrum</i>	Canet	06-10-09
24.17	Campbell	<i>Telstra Grand Prix 2</i>	Sydney	07-06-08
24.17	Campbell	Olympics	Beijing	08-17-08
24.17	Alshammar	<i>Arena Meeting de Canet/Mare Nostrum</i>	Canet	06-10-09
24.19	Steffen	GER Olympic Trials	Berlin	04-23-08
24.19	Trickett	World Championships	Rome	08-02-09
24.20p	Campbell	Olympics	Beijing	08-15-08
24.08sf1	Veldhuis	World Championships	Rome	08-01-09

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24.21	Trickett	<i>XXX Cit. de Barcelona/Mare Nostrum</i>	Barcelona	06-06-09
	(Note: Spanish Open/"All Comerrrs"-meet records. Third-fastest ever on European soil.)			
24.21	Trickett	3 rd Paris Open	Paris	06-20-09
24.23	Alshammar	Paris Open	Paris	08-05-07
24.23	Trickett	AUS Nationals/WCTs	Sydney	03-21-09
24.23	Amanda Weir, USA/Georgia	World Championships	Rome	08-02-09
24.24p	Campbell	World Championships	Rome	08-01-09
24.25	Torres	U.S. Olympic Trials	Omaha	07-06-08
	(Note: also won 100 free. (Note: oldest American record-setter ever [m/w]. Born: 04/15/67. Ninth 50 free AR [lcm] of career. Ties Mark Spitz for most-ever by ANY U.S. swimmer in ANY single event!))			
24.25	Trickett	Olympics	Beijing	08-17-08
24.26sf	Veldhuis	XXIX European Championships	Eindhoven	03-23-08
24.26	Veldhuis	Olympics	Beijing	08-17-08
24.27sf2	Torres	Olympics	Beijing	08-16-08
24.27	Trickett	AUS Dual Meet/"Duel in the Pool I"	Canberra	05-10-09
24.08sf2	Steffen	World Championships	Rome	08-01-09
24.30	Veldhuis	Dutch Open Swim Cup	Eindhoven	12-08-07
24.30sf	Campbell	AUS Olympic Trials	Sydney	03-28-08
24.30	Trickett	<i>XXVII Mtng. de Monaco/Mare Nostrum</i>	Monte Carlo	06-14-09
24.30p	Alshammar	World Championships	Rome	08-01-09
24.31	Veldhuis	<i>12th Meeting International du Lyon</i>	Lyon	02-14-09
24.31sf2	Weir	World Championships	Rome	08-01-09
24.32	de Bruijn	Olympics	Sydney	09-23-00
24.32sf2	Alshammar	World Championships	Rome	08-01-09
24.33	Campbell	ZOOGS/Queensland State Chmps.	Bfrisbane	12-15-09
24.34sf2	Trickett	World Championships	Rome	08-01-09
24.35p	Trickett	<i>Arena Meeting de Canet/Mare Nostrum</i>	Canet	06-10-09
24.36	Veldhuis	Eindhoven Swim Cup	Eindhoven	12-05-08
24.36p	Weir	World Championships	Rome	08-01-09
24.37	Veldhuis	Flanders Open Swim Cup	Antwerp	01-14-07
24.38	Campbell	AUS Olympic Trials	Sydney	03-29-08
24.38sf	Torres	U.S. Olympic Trials	Omaha	07-05-08
	(Note: Torres swsam in second semi and regained 50 free AR she had set previous summer @ Indy Nationals, only to have it broken twice today – once by Lara Jackson in prelims [24.50], then by Jessica Hardy in first semi-final [24.44]. However, Hardy's time was subsequently "vacated" due to a positive drug test.)			
24.38p	Veldhuis	Olympics	Beijing	08-15-08
Remaining Pop 50 Performers				
24.45	Hinkelien Schreuder, NED	Eindhoven Swim Cup	Eindhoven	12-05-08
24.49	Alice Mills, AUS	AUS Nationals/WCTs	Sydney	03-19-05
24.50p	Lara Jackson, USA/Arizona	U.S. Olympic Trials	Omaha	07-05-08
	(Note: first American record of career for 2008/'09 NCAA Div. 1 50 yard freestyle champ on '08 tream champ Ariuzona)			
24.51a	Jingyi Le, CHN	World Championships	Rome	09-11-94
24.56	Zhesi Li, CHN	11 th National Games	Jinan	10-23-09
24.58sf1*	Malia Metella, FRA	World Championships	Rome	08-01-09
	(Note: fastest-ever non-qualifying time for finals [ninth])			
24.59	Yingwen Zhu, CHN	10 th National Games	Nanjing	10-18-05
24.59	Kara-Lynn Joyce, USA/Georgia	<i>Toyota/Missouri Grand Prix</i>	Columbia	02-17-08
	(Note: NCAA Division 1 50 yard freestyle champion, 2004-'07)			
24.62*	Alieksandra Gerasimenya, BLR	Wold University Games	Belgrade	07-11-09
	(Note: Games record.)			
24.62sf1*	Jeannette Ottesen, DEN	World Championships	Rome	08-01-09
24.62	Ranomi Kromowdjojo, NED	Swimcup Eindhoven	Eindhoven	11-28-09
24.68p*	Alison Sheppard, SCO	Commonwealth Games	Manchester	08-02-02
24.69sf1	Svetlana Khokhlova, BLR	World Championships	Rome	08-01-09
24.71	Ying Shan, CHN	8 th National Games	Shanghai	10-19-97
24.72	Sandra Volker, GER	GER Nationals/WCTs	Braunschweig	05-16-01

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24.72	Jodie Henry, AUS	Commonwealth Games	Melbourne	03-20-06
24.75	Dorothea Brandt, GER	<i>Arena Meeting de Canet/Mare Nostrum</i>	Canet	06-10-09
24.75sf1*	Victoria Poon, CAN (Note: first – and ONLY – Candian woman under 25.0)	World Championships	Rome	08-01-09
24.76sf1**	Arlene Semeco, VEN/Auburn	World Championships	Rome	08-01-09
24.76	Jiaying Pang, CHN	11 th National Games	Jinan	10-23-09
24.78	Inge Dekker, NED	Eindhoven Swim Cup	Eindhoven	12-05-08
24.79	Wenyi Yang, CHN (Note: gold-medalist)	Olympics	Barcelona	07-31-92
24.80	Michelle Engelsman, AUS/Kenyon	AUS Olympic Trials	Sydney	04-03-04
24.81	Li Yang, CHN	11 th National Games	Jinan	10-23-09
24.81	Yi Tang, CHN	World Championships	Montreal	07-31-05
24.85	Jessica Hardy, USA/Cal (Note: Southern California Swimming Open™ All Comers “ records.) (Note: world record-hlder, 50-100 meter breaststroke. 2008 World Champion, 50-100 breaststrokes [scm])	<i>Speedo Grand Challenge Invitational</i>	Irvine	05-23-08
24.85	Sally Foster, AUS	AI Invitational	Canberra	11-26-09
24.87	Amy Van Dyken, USA/Colorado St. (Note: gold-medalist. Also won 100 butterfly gold)	Olympics	Atlanta	07-26-96
24.87	Marieke Guehrer, AUS (Note: third woman from same nation under 25.0 in same race. Second time in two years Asustralia has accomplished this feat and it is ONLY nation to do so. The Netherlands had four women under 25.0 in a meet last December, and they are the ONLY nation to achieve that milestone. Australia first put three under 25.0 @ its Olympic Trials a year earlier.)	AUS Nationals/WCTs	Sydney	03-21-09
2488	Byao Wang, CHN	11 th National Games	Jinan	10-23-09
24.89p	Anne-Marie Botek, USA/Georgia	U.S. Nationals/WCTs	Indianapolis	07-09-09
24.92	Natalie Coughlin, USA/Cal (Note: Olympic gold-medalist, 100 meter backstroke [2004, Athens; 2008, Beijing])	<i>XLI Santsa Clara Internatikional Invite.</i>	Santa Clara	05-18-08
24.96	LiuYang Jiao, CHN	CHN Nationals/WCTs	Shaoxing	04-13-09
24.98	Sophie Edington, AUS (Note: third woman from same nation under 25.0 in same race. First time ever!)	AUS Olympic Trials	Sydney	03-29-08
24.98p*	Flavia Delaroli-Cazzzilato, BRA	BRA Nationals	Sao Paulo	12-18-09
24.99	Daynara Paula, BRA	<i>Trofeu Jose Finkel//BRA Nationals</i>	Flotisnapolis	09-02-09
25.01p	Lacey Nymeyer, USA/Arizona	U.S. Olympic Trials	Omaha	07-05-08
25.02	Yanwei Xu, CHN	9 th National Games	Guangzhou	11-26-01
25.02	Jenny Thompson, USA/Stanford	U.S. Nationals	Indianapolis	04-05-03
25.04*	Natalya Metscheriakova, RUS	RUS Nationals/Olympic Trials	Moscow	05-23-04
25.05	Rebecca Gusmao, BRA	Pan-Am Games	Rio de Janeiro	07-18-07

100 METER FREESTYLE

Top 51 Performances

52.07**	Britta Steffen, GER (Splits: 25.46, 52.7 [26.81]. (Note: Steffen's fourth 100 free world record in same year [twice @ German Trials in June, twice @ Rome]. Most-ever. Australia's Dawn Faser twice set three wrs in same year [1958, '62].) (Note: Steffen fifth German to win but all previous winners were from the German Democratic Republic [Kornelia Ender, 1973-'75; Barbara Krause, '78; Birgit Meineke, '82; Kristen Otto, '86]. (Note: Steffen has now won three of last four major international 100 free titles, i.e., 2006 Europeans, 2008 Olympics, 2009 World Chmpionships. Australia's Lisbeth Trickett won 2007 World title. (Note: Steffen fourth woman to set 50-100 free world records in same competition, second @ a World Championships. Hollad's Inge de Bruijn [<i>Speedo Super Grand Prix</i> , Sheffield, 05/00/Sydney Olympics], Ausralia's Libby Trickett [OlympicTrials, Sydney Olympic Pool, March'08] and China's Jingyi le [1994 Worlds in Rome] others. (Note: widest winning margin [0.80] since GDR's Kornelia Ender defeated American Shirley Babashoff @1975 World Championships in Cali, 56.50-57.81. Ender, however, had a few extra“tigers” in her tank!)	World Championships	Rome	07-31-09
52.22r#	Steffen (Splits: 25.60, 52.22 [26.82]. (Note: leadoff leg on silver medal-winning 400 meter freestyle relay. Time was a world-record.)	World Championships	Rome	07-26-09

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52.56	Steffen (Splits: 25.30, 52.56 [27.26]) (Note: first woman to break 100 free wr twice in same competition since GDR's Barbar Krause swam 54.98p/54.79 to win gold @ 1980 Olympics in Moscow [07/20-21/80]. Krause first woman under 55.0. And – like Ender – she had a few extra “tigers” in her tank!	GER Nationals/WCTs	Berlin	06-27-09
52.62r*+	Libby Trickett, AUS (Splits: 25.56, 52.62 [27.06]. (Note: leadoff leg on bronze-medal winning 400 meter freestyle relay.) (Note: retired 12/15/09)	World Championships	Rome	07-26-09
52.84sf1	Trickett (Splits: 25.48, 52.84 [27.36]. (Note: fastest-ever qualifying time.)	World Championships	Rome	07-30-09
52.85p	Steffen (Splits: 25.81, 52.85 [27.04])	GER Nationals/WCTs	Berlin	06-25-09
52.87sf1	Steffen (Splits: 25.85, 52.87 [27.02]) (Note: first time two women under 53.0 in same race.)	World Championships	Rome	07-30-09
52.87*	Francesca Halsall, GBR (Splits: 25.62, 52.87 [27.25]. (Note: first – and ONLY – British medalist [silver]. First – and ONLY – British woman ever under 53.0.)	World Championships	Rome	07-31-09
52.88	Trickett Splits: 25.40, 52.88 [27.48]) (Note: formerly known as “Lenton”)	AUS Olympic Trials	Sydney	03-27-08
52.89r	Trickett (Splits: 25.29, 52.89 [27.60]) (Note: leadoff leg on mixed 400 free relay! Matthew Abood led off other relay in 49.41.)	JPN Dual Meet/“ <i>Duel in the Pool I</i> ”	Canberra	05-09-09
52.93	Trickett (Splits: 25.23, 52.93 [27.70])	World Championships	Rome	07-31-09
52.95	Trickett (Splits: 25.55, 52.95 [27.40]) (Note: first woman to swim two sub 53.0 100 frees on same day and in same meet.)	JPN Dual Meet/“ <i>Duel in the Pool I</i> ”	Canberra	05-08-09
52.99r	Lenton (Splits: 25.26, 52.99 [27.73]) (Note: opening split in mixed 400 meter freestyle relay. Micaehl Phelps [48.73] led off for USA.)	USA Dual Meet/“ <i>Duel in the Pool III</i> ”	Sydney	04-03-07
52.99	Lenton (Splits: 25.39, 52.99 [27.60])	AUS Nationals/WCTs	Sydney	03-19-09
53.02pr	Halsall (Splits: 25.37, 53.02 [27.65])	World Championships	Rome	07-26-09
53.02sf2*	Amanda Weir, USA/Georgia (Splits: 26.26, 53.02 [26.76])	World Championships	Rome	07-30-09
53.03	Cate Campbell, AUS (Splits: 25.49, 53.03 [38.54]) (Note: “world-record” 18-under [born 1992])	AIS Invitational	Canberra	11-27-09
53.05	Steffen (Splits: 25.56, 63.05 [26.49])	Magdeburg Championships	Magdeburg	07-18-08
53.05sf1	Halsall (Splits: 25.54, 53.05 [27.51])	World Championships	Rome	07-30-09
53.12+	Steffen (Splits: 26.04, 53.12 [27.08]) (Reaction Time: 0.78) (Note: also won 50. Eighth @ 50! Second major 100 free title of career. Won 2006 European Championships in a then world-record 53.30. Only German medalist of Olympics [m/f]) (Note: Third woman to sweep both Olympic sprints. GDR's Kristen Otto [1988] and the Netherlands' Inge de Bruijn [2000] others. “Inky” only woman to set world records in both @ same Olympics)	Olympics	Beijing	08-15-08
53.12	Weir (Split; 25.97, 53.12 [27.16])	World Championships	Rome	07-31-09

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53.13a	Jiaying Pang, CHN (Splits: 25.81, 53.13 [27.32])	11 th National Games	Jinan	10-22-09
53.16	Trickett (Splits: 25.18, 53.16 [27.96]) (Reaction Time: 0.75. (Note: 50 split second-fastest all-time. Marlene Veldhuis [NED] split 25.15 en route to a then pr 53.70 @ 2007 World Championships. Trickett first @ 50.)	Olympics	Beijing	08-15-08
53.17*	Marleen Veldhuis, NED (Splits: 25.82, 53.17 [17.35])	Amsterdam Swim Cup	Amsterdam	04-18-09
53.17	Campbell (Splits: 25.57, 53.17 [28.70])	ZOOGS/Queensland St. Championships	Brisbane	12-15-09
53.20	Steffen (Splits: 25.65, 53.20 [26.85])	GER Olympic Trials	Berlin	04-232-08
53.20	Trickett (Splits: 25.71, 53.20 [27.29]) (Note: French Open/"All Comers" records.)	3 rd Paris Open	Paris	06-20-09
53.20p	Weir (Splits: 26.25, 53.20 [26.95])	World Championships	Rome	07-30-09
53.27	Trickett (Splits: 25.31, t3.27 [27.96]) (Note: meet recored.)	<i>Arena Meetin de Canet/Mare Nsotrum</i>	Canet	06-11-09
53.30	Steffen (Splits: 25.84, 53.30 [27.76]) (Note: first German woman wr-setter other than Fransizka van Almsick [200 free] since unification [1990]. First German 100 free wr-setter since GDR's Krisen Otto swam 54.73 @ 1986 European Championships [Madrid, 08/19])	XXVIII European Championships	Budapest	08-02-06
53.30'	Campbell (Splits: 25.92, 53.30 [27.38]) (Note: U.S. Open/Pacific Swimming-"All Comers" record)	<i>XLI Santa Clara International Invitational</i>	Santa Clara	05-16-08
53.30	Dana Vollmer, USACal (Splits: 25.88, 53.30 [27.42]) (Note: 2009 NCAA Division 1 100 yard freestyle champ for team champ Cal.)	World Championships	Rome	07-31-09
53.31sf2	Ranomi Kromowidjojo, NED (Splits: 26.15, 53.31 [27.16])	World Championships	Rome	07-30-09
53.31r	Halsall (Splits: 25.39, 53.31 [27.92])	World Championships	Rome	07-26-09
53.36r	Trickett (Splits: 25.70, 53.36 [27.66])	AUS Natonals/WCTs	Sydney	03-21-09
53.37	Kromowidjojo (Splits: 25.98, 53.37 [27.39])	World Championships	Rome	07-31-09
53.38r	Steffen (Splits: 25.91 53.38 [27.47])	Olympics	Beijing	08-09-08
53.39	Natalie Coughlin, USA/Cal (Splits: 25.71, 53.39 [27.68]) (Note: Olympic gold-medalist, 100 meter backstroke [Athens, 2004; Beijing, 2008])	<i>XLI Santa Clara International Invite.</i>	Santa Clara	05-165-08
53.39	Coughlin (Splits: 25.52, 53.39 [27.87])	Olympics	Beijing	08-15-08
53.40sf2	Coughlin (Splits: 25.67, 53.40 [27.73])	World Championships	Melbourne	03-29-07
53.40^	Lenton (Splits: 25.39, 53.40 [28.01])	World Championships	Melbourne	03-30-07
53.41sf1*	Jeannette Ottesen, DEN (Splits: 25.66, 54.41 [27.76])	World Championships	Rome	07-30-09
53.42sfA	Lenton (Splits: 25.71, 53.42 [27.81])	AUS Nats./Commonwealth Games Trials	Melbourne	01-31-06
53.42r	Lenton (Splits: 25.58, 53.42 [27.84]) (Note: leadoff leg on World Championship record-setting 400 meter freestyle relay.)	World Championships	Melbourne	03-25-07

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53.49*	Malia Metella, FRA (Splits: 25.68, 53.49 [27.81]) (Note: third-performer/seventh-performance all-time Europe)	FRA Nationals/WCTs	Montpellier	04-23-09
53.49p	Trickett (Splits: 25.62, 64.49 [27.87])	World Championships	Rome	07-30-09
53.52sfA	Jodie Henry, AUS (Splits: 26.24, 53.52 [27.28])	Olympics	Athens	08-17-04
53.54	Lenton (Splits: 25.77, 53.54 [27.77])	Commonwealth Games	Melbourne	03-18-06
53.55*	Federica Pelligrini, ITA (Splits: 26.58, 53.55 [26.97]) (Note: world record-holder/2009 World Champion, 200-400 meter freestyles.)	ITA Winter Nationals	Riccione	03-07-09
53.55sf2	Vollmer (Splits: 25.79, 53.55 [27.76])	World Championships	Rome	07-30-09
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53.58r*	Therese Alshammar, SWE/Nebraska (Splits: 25.48, 53.58 [28.10])	World Championships	Rome	07-26-09
53.60p*	Hanna-Maria Seppala, FIN (Splits: 25.953, 53.60 [27.67])	Olympics	Beijing	08-13-08
53.61r	Inge Dekker, NED (Splits: 26.10, 53.61 [27.51]). (Note: leadoff leg on gold-medal winning/world record-setting 400 meter freestyle relay.)	World Championships	Rome	07-26-09
53.74sf1*	Evelyn Verraszto, HUN (Splits: 26.21, 53.74 [27.53]) (Note: daughter of Zoltan, former world record-holder, 400 meter Individual Medley [4:26.00, AAU Chmpionships, Long Beach, CA., 04/76. Verraszto never swam faster.)	World Championships	Rome	07-30-09f
53.76sf	Dara Torres, USA/Florida (Splits: 26.05, 53.76 [27.71]) (Note: "world record" for 40-44 age-group [dob: 04/67]. Day later, Torres won 100 free final [53.78], becoming America's first [and ONLY] quintuple Olympian, having swum on teams in 1984, '88, '92, Y2K. Oldest Olympic team member all-time)	U.S. Olympic Trials	Omaha	07-03-08
53.76sf2	Daniela Schreiber, GER (Splits: 26.01, 53.76 b[27.75]) (Note: fastest-ever non-qualifying time [ninth])	World Championships	Rome	07-30-09
53.77sf	Inge de Bruijn, NED/Tualatin Hills SC (Splits: 25.81, 53.77 [27.96]) (Note: gold-medalist)	Olympics	Sydney	09-20-00
53.83pr	Femke Heemskerk, NED (Splits: 25.83, 53.83[28.00])	World Championships	Rome	07-26-09
3.84sf1	Yingwen Zhu, CHN (Splits: 26.16, 53.70 [27.54]) (Note: first Asian woman ever under 54.0)	Olympics	Beijing	08-14-08
53.88	Yi Tang, CHN (Splits: 25.96, 53.88 [27.91])	11 th National Games	Jinan	10-22-09
53.91sf2*	Hayley Palmer, NZL (Splits: 25.61, 53.91 [28.30])	World Championships	Rome	07-30-09
53.96	Alice Mills, AUS (Splits: 26.09, 53.96 [27.89])	AUS Nationals/WCTs	Sydney	03-17-05
53.96	Zhesi Li, CHN (Splis: 26.08, 53.96 [27.88]). (Note: fourth swimmer from same nation under 54.0 in same meet. Firs [and ONLY] time-tie ever.)	11 th National Games	Jinan	10-22-09
53.97pr	Celine Couderc, FRA (Splits: 25.86, 53.97 [28.11])	Olympics	Beijing	08-09-08
54.01	Jingyi Le, CHN (Splits: 25.79, 54.01 [28.22]) (Note: time was then an Italian Open/"All Comers" record)	World Championships	Rome	09-05-94
54.02	Lacey Nymeyer, USA/Arizona (Splits: 25.93, 54.02 [27.09])	U.S. Olympic Trials	Omaha	07-03-08

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54.03	Melissa (Missy) Franklin, USA (Splits: 26.05, 54.03 [27.98]. (Note: U.S. junior record, 13-14 NAG record.)	U.S. Junior Nationals	Federal Way	08-11-09
54.07	Jenny Thompson, USA/Stanford (Splits: 26.03, 54.07 [28.04])	U.S. Olympic Trials	Indianapolis	08-14-00
54.07p	Josefina Lillhage, SWE (Splits: 26.07, 54.07 [28.00])	Olympics	Beijing	08-13-08
54.08sf1*	Erica Morningstar, CAN (Splits: 25.98, 54.08 [28.10])	World Championships	Melbourne	03-29-07
54.13pr	Kara-Lynn Joyce, USA/Georgia (Splits: 26.22, 54.13 [27.91])	Olympics	Beijing	08-09-08
54.15	Bin Lu, CHN (Splits: 26.40, 54.15 [27.75])	World Championships	Rome	09-05-94
54.15	Yanwei Xu, CHN (Splits: 26.06, 54.15 [28.09])	10 th National Games	Nanjing	10-17-05
54.18pr	Sally Foster, AUS (Splits: 26.41, 54.18 [27.77])	World Championships	Rome	07-26-09
54.20	Melanie Schlanger, AUS/Hawaii (Splits: 26.52, 54.10 [27.58])	AUS Olympic Trials	Sydney	03-27-08
54.21sf1	Marieke Guehrer, AUS	World Championships	Rome	07-30-09
54.21	Byao Wang, CHN	CHN Nationals/WCTs	Shaoxing	04-11-09
54.25pr	Julia Smit, USA/Stanford (Note: American/NCAA Division 1 record-holder, 2009 gold-medalist, 200-4000 yard Individual Medleys)	World Championships	Rome	07-26-09
54.27p	Victoria Poon, CAN	World Championships	Roe	07-30-09
54.28	Katie Hoff, USA (Note: 17-18 NAG record)	<i>Toyotaa/Missouri Grand Prix</i>	Columbia	02-16-08
54.31p	Caitlin McClatchey, GBR	GBR Olympic Trials	Sheffield	03-31-08
54.33r	Julia Wilkinson, CAN/Texas A&M	Olympics	Beijing	08-09-08
54.35p	Petra Dallmann, GER	GER Olympic Trials	Berlin	04-22-08
54.35*	Hannah Wilson, HKG/Cal (Note: Games record.)	World University Games	Belgrade	07-07-09
54.36	Christine Magnusson, USA/Tennessee	U.S. Nationals/WCTs	Indianapolis	07-11-09
54.39	Antje Buschschulte, GER	GER Olympic Trials	Berlin	06-15-00
54.39	Franziska Van Almsick, GER	XXVI European Championships	Berlin	07-31-02

200 METER FREESTYLE

Top 50 Performances

1:52.98**	Federica Pelligrini, ITA (Splits: 27.34, 55.60 [28.26], 1:24.38 [28.78], 1:52.98 [28.60]. (Note: 100 split fastest-ever en route to 200 clocking. (Note: fifth world-record since 2007 World Championships, most-ever by any female. (Note: first to break world-record twice @same World Championships. (Note: first woman to break world record on consecutive days. (Note: Austrians Dawn Fraser/Shane Gould, USA's Shirely Babashoff/ Cynthia Woodhead and East Germany's Korelia Ender are tied for 200's second-most world records in career [three]) (Note: Pelligrini second woman to set wr @Wrlld Championships in Rome. Germany's Franziska Van Almsick swam 1:56.78 to win the ythe 7 th Wrlld Championships in 1994.) (Note: time just off Mark Spiz's Munich Olympic gold-medal winning world-record of 1:52.78 and faster than Spitz's old wr of 1:53.5 from previous year. (Note: world record-holder [scm], 1:51.17, European Championships, Istanbul, 12-13-09)	World Championships	Rome	07-29-09
1:53.67sf1#	Pelligrini (Splits: 27.15, 55.82 [28.67], 1:24.77 [28.95], 1:53.67 [28.72].	World Championships	Rome	07-28-09
1:54.47	Pelligrini (Splits: 27.31, 56.05 [28.74], 1:25.63 [29.58], 1:54.47 [28.84]) (Note: first woman to break world-record in three-consecutive years.)	ITA Winter Nationals	Riccione	03-08-09

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1:54.82+	Pelligrini	Olympics	Beijing	08-13-08
	(Splits: 27.27, 55.92 [28.65], 1:25.57 [29.65], 1:54.82 [29.25]) (Note: first and only Italian female world/Olympic record-setter/gold-medalist. (Note: first woman to set 200 free wr in consecutive years since American Cynthia Woodhead did it thrice during 1978-'79. Woodhead first broke wr w/a 1:58.53 @ '78 World Championships in West Berlin. She cut it to 1:58.33 following summer @ Pan-Am Games [San Juan, Puerto Rico], then again September 1 in Tokyo at FINA Cup [1:58.23]. (Note: only Italian male to set a freestyle wr is Giorgio Lamberti, who coincidentally did it in 200 free [1:46.69] @ 1989 European Championships in Bonn. Record lasted nearly a decade until Australian Grant Hackett swam 1:46.67 @ Oz Nationals in Brisbane, March 23, 1999. (Note: Pelligrini also holds 200 free scm world-record [1:51.85] from 2008 European Championships.) (Note: first under 1:55.0.)			
1:54.96*	Allison Schmitt, USA/Georgia	World Championships	Rome	07-29-09
	(Splits: 27.54, 56.31 [26.77], 1:25.73 [29.42], 1:56.96 [29.23]. (Note: first American record of career, first major international medal [silver] and first time on a major {Olympics/Worlds} national team for 2009 NCAA Division 1 500 yard freestyle champion.)			
1:54.97*	Sara Isakovic, SLO/Cal	Olympics	Beijing	08-13-08
	(Splits: 27.95, 56.86 [28.91], 1:26.03 [29.17], 1:54.97 [28.94]) (Note: first Croatian medalist for either sex. (Note: seven months later, Isakovic helped lead Cal to its first-ever NCAA Division 1 team championships.)			
1:55.05a	Jiaying Pang, CHN	Olympics	Beijing	08-13-08
	(Splits: 27.01, 56.43 [29.42], 1:26.29 [29.86], 1:55.05 [28.76]) (Note: China's first Olympic freestyle medal since Jingyi Le won 100 @ Atlanta [1996]).			
1:55.29sf2	Dana Vollmer, USA/Cal	World Championships	Rome	07-28-09
	(Splits: 27.09, 56.28 [2.19], 1:25.60 [9.32], 1:55.29 [29.69]. (Note: American/NCAA record-holder, 2009 NCAA Division 1 gold-medalist, 200 yard freestyle. Also won 100 free and helped lead Cal to its first women's NCAA team championship. Bears now match Pac-10 rivals Stanford, USC for having won both women's and men's NCAA Championships. Cal won its two men's titles in 1980-'81 under then Coach Nort Thornton.)			
1:55.29r	Vollmer	World Championships	Rome	07-30-09
	(Splits: 27.46, 56.84 [29.38], 1:26.45 [29.51], 1:55.29 [28.84]. (Note: leadoff leg on American record-setting/silver-medal winning 80 meter freestyle relay. Finished runner-up to China, which set a world-record in winning the gold. USA's overall time was also under old wr but still second by 0.48. (Note: fastest leadoff leg of race.			
1:55.45p	Pelligrini	Olympics	Beijing	08-11-08
	(Splits: 27.81, 57.04 [29.23], 1:26.53 [29.49], 1:55.45 [28.92]) (Note: broke Olympic record of 1:57.65 by East Germany's Heike Friedrich from Seoul Game [1988])			
1:55.47r	Yu Yang, CHN	World Championships	Rome	07-30-09
	(Splits: 27.22, 56.56 [29.34], 1:26.52 [29.96], 1:55.47 [28.95]. (Note: leadoff leg on world record-setting/gold-medal winning 800 meter freestyle relay Overall time [7:42.08] broke the old world-record set by Australia at the Beijing Olympics [7:44.31]).			
1:55.52*	Laure Mnaudou, FRA	World Championships	Melbourne	03-28-07
	(Splits: 27.13, 56.24 [29.11], 1:25.69 [27.45], 1:55.52 [29.83])			
1:55.54sf2*+	Joanne Jackson, GBR	World Championships	Rome	07-28-09
	(Splits: 27.58., 56.65 [29.07], 1:26.36 [29.71], 1:56.54 [29.18])			
1:55.64	Vollmer	World Championships	Rome	07-29-09
	(Splits: 27.23, 56.21 [28.98], 1:25.71 [29.50], 1:55.64 [29.93])			
1:55.68*	Annika Lurz, GER	World Championships	Melbourne	03-28-07
	(Splits: 27.06, 56.51 [29.45], 1:25.96 [29.45], 1:55.68 [29.72])			
1:55.78	Katie Hoff, USA	Olympics	Beijing	08-13-08
	(Splits: 27.57, 56.67 [29.10], 1:26.20 [29.53], 1:55.78 [29.58])			
1:55.86p	Isakovic	Olympics	Beijing	08-11-08
	(Splits: 27.94, 57.36 [29.42], 1:26.82 [29.46], 1:55.86 [29.04])			
1:55.88	Hoff	U.S. Olympic Trials	Omaha	07-02-08
	(Splits: 27.56, 56.62 [29.06], 1:26.04 [29.42], 1:55.88 [29.84])			
1:55.88	Jzavkson	World Championships	Rome	07-29-09
	(Splits: 27.52, 56.78 [29.26], 1:26.36 [29.58], 1:55.88 [29.52])			

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1:55.90	Isakovic	CRO Nationals	Dubrovnik	07-14-08
	(Splits: 27.58, 56.64 [29.06], 1:26.02 [28.38], 1:55.90 [29.88])			
1:55.92	Schmitt	U.S. Olympic Trials	Omaha	07-02-08
	(Splits: 27.60, 57.03 [29.43], 1:26.68 [29.65], 1:55.92 [29.24]) (Note: 17-18 NAG record)			
1:55.98r	Jackson	World Championships	Rome	07-30-09
	(Splits: 27.58, 56.81 [29.23], 1:26.74 [29.93], 1:55.98 [29.24])			
1:55.98p	Vollmer	World Championships	Rome	07-28-09
	(Splits: 27.51, 56.85 [29.34], 1:26.56 [29.71], 1:55.98 [29.32])			
1:56.05pr	Ariana Kukors, USA/Washington	World Championships	Rome	07-30-09
	(Splits: 27.58, 56.71 [28.13], 1:26.47 [29.76], 1:56.05 [29.58]). (Note: world record-holder/2009 World Champion, 200 meter Individual Medley.)			
1:56.08	Hoff	<i>Toyota/Missouri Grand Prix</i>	Columbia	02-17-08
	(Splits: 27.61, 56.79 [29.18], 1:26.29 [29.50], 1:56.08 [29.79])			
1:56.10	Pelligrini	<i>XLVI RomAquatica/Sette Colli Invite.</i>	Rome	06-08-08
	(Splits: 27.63, 56.68 [29.05], 1:26.60 [29.92], 1:56.10 [29.50])			
1:56.11sf1	Schmitt	World Championships	Rome	07-28-09
	(Splits: 27.80, 56.86 [29.06], 1:26.32 [29.46], 1:56.11 [29.79])			
1:56.19sf1	Yang	World Championships	Rome	07-28-09
	(Splits: 27.79, 57.49 [29.70], 1:27.15 [29.66], 1:56.19 [29.04])			
1:56.20	Vollmer	U.S. Nationals/WCTs	Indianapolis	07-08-09
	(Splits: 26.87, 56.18 [29.31], 1:25.97 [29.79], 1:56.20 [30.23])			
1:56.26	Lurz	GER Nationals	Berlin	04-15-07
	(Splits: 56.75, 1:56.26 [59.51])			
1:56.28	Yang	World Championships	Rome	07-29-09
	(Splits: 27.39, 57.00 [29.61], 1:27.24 [30.24], 1:56.28 [29.04])			
1:56.33r	Liu Jing, CHN	11 th National Games	Jinan	10-21-09
	(Splits: 27.46, 57.08 [2.62], 1:26.99 [29.91], 1:56.33 [29.34])			
1:56.43r	Natalie Coughlin, USA/Cal	World Championships	Melbourne	03-29-07
	(Splits: 27.09, 57.55 [28.46], 1:26.69 [29.14], 1:56.43 [29.74]) (Note: leadoff leg on U.S. world record-setting 800 meter freestyle relay) (Note: Olympic gold-medalist, 100 meter backstroke [2004, Athens; 2008, Beijing])			
1:56.47sf	Pelligrini	World Championships	Melbourne	03-27-07
	(Splits: 27.75, 57.07 [26.32], 1:26.74 [29.67], 1:56.47 [29.73]) (Note: first Italian woman to set 200 fre world-record and second to set any freestyle wr. Novella Calligaris [800 freestyle] set wr en route to gold @ first World Championships in Belgrade [09/73])			
1:56.47	Jackson	GBR Nationals/WCTs	Sheffield	03-18-09
	(Splits: 27.64, 56.96 [29.32], 1:26.84 [29.88], 1:56.47 [29.63])			
1:56.47sf1*	Agnes Mutina, HUN	World Championships	Rome	07-28-09
	(Splits: 27.36, 57.05 [29.69], 1:27.06 [30.01], 1:56.47[29.41])			
1:56.47	Pang	World Championships	Rome	07-29-09
	(Splits: 27.28, 56.88 [29.40], 1:27.23 [30.55], 1:56.47 [29.24])			
1:56.50sf1	Isakovic	Olympics	Beijing	08-12-08
	(Splits: 27.84, 57.29 [29.43], 1:27.10 [29.45], 1:56.50 [29.40])			
1:56.51sf1	Evelyn Verraszto, HUN	World Championships	Rome	07-28-09
	(Splits: 27.21, 56.74 [29.53], 1:26.95 [30.21], 1:56.51 [29.56])			
1:56.54*	Femke Heemskerk, NED	Amsterdam Swim Cup	Amsterdam	40-16-09
	(Splits: 28.08, 57.15 [29.07], 1:27.10 [29.45], 1:56.54 [29.94])			
1:56.57r	Coralie Balmy, FRA	Olympics	Beijing	08-14-08
	(Splits: 27.55, 56.89 [29.34], 1:27.01 [29.12], 1:56.57 [29.56]) (Note: fastest leadoff leg of race.)			
1:56.58sf2	Pang	World Championships	Rome	07-28-09
	(Splits: 27.17, 56.75 [29.51:26.78 [30.03], 1:56.58 [29.80]). (Note: fastest-ever eighth-place qualifier.)			
1:56.60*	Bronte Barratt, AUS	AUS Olympic Trials	Sydney	03-25-08
	(Splits: 27.65, 57.44 [29.79], 1:27.01 [29.57], 1:56.60 [29.59])			

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1:56.60r*	Stephanie Rice, AUS (Splits: 27.45, 56.98 [29.57], 1:26.94 [29.96], 1:56.60 [29.64]) (Note: ledoff on world-recordsetting, gold-medal winning 800 free relay. (Note: Rice had earleier won golds and set wrs in 200-400 IMs. Treble gold-medalist world record-setter))	Olympics	Beijing	08-14-08
1:56.61	Jackson (Splits: 27.74, 57.13 [29.63], 1:27.09 [29.96], 1:56.61 [29.52])	XLVI RomAquatca/Sette Colli Invitational	Rome	06-08-08
1:56.62sf2	Caitlin McClatchey, GBR (Splits: 27.63, 57.64 [30.01], 1:27.44 [29.0], 1:56.62 [29.18]. (Note: fsest-ever non-qualifier [ninth]).	World Championships	Rome	07-28-09
1:56.64	Franziska Van Almsick, GER (Splits: 27.14, 56.27 [29.13], 1:26.33 [30.06], 1:56.64 [30.31])	XXVI European Championships	Berlin	08-03-02
1:56.64r	Mutina (Splits: 27.22, 56.95 [29.73], 1:27.11 [29.16], 1:56.64 [29.53])	World Championships	Rome	07-30-09
1:56.66p	Rebecca Adlington, GBR (Splits: 27.70, 57.43 [29.73], 1:27.30 [29.87], 1:56.66 [30.36])	GBR Olympic Trials	Sheffield	04-05-08
1:56.67sf2	Lurz (Splits: 27.38, 56.83 [29.45], 1:26.79 [29.95], 1:56.67 [29.88])	World Championships	Melbourne	03-27-07
Remaining Top 50 Performers				
1:56.73	Julia Smit, USA/Stanford (Splits: 27.78, 57.26 [29.48], 1:27.13 [29.87], 1:56.73 [29.60]) (Note: third woman from sme country under 1:57.0 in same race. Unprecedented!)	U.S. Olymnpic Trials	Omaha	07-02-08
1:56.82	Yi Tang, CHN (Splits: 28.68, 57.18 [28.71], 1:27.37 [30.19], 1:56.82 [29.45])	CHN Nationals	Beijing	08-29-09
1:56.87*	Camelia Potec, ROU (Splits: 27.81, 58.32 [30.51], 1:27.20 [29.88], 1:56.87 [29.67]) (Note: defending champ finishes fifth)	Olympics	Beijing	08-13-08
1:56.89	Bin Lu, CHN (Splits: 27.22, 56.62 [29.40], 1:26.82 [30.20], 1:56.89 [30.07])	World Championships	Rome	09-06-94
1:56.97r*	Genevieve Saumur, CAN (Splits: 27.41, 57.04 [29.63], 1:26.58 [29.54], 1:56.97 [30.39])	World Championshis	Rome	07-30-09
1:56.99	Linda MacKenzie, AUS (Splits: 27.62, 57.83 [30.21], 1:27.90 [30.07], 1:56.99 [29.09])	AUS Olympic Trials	Sydney	03-25-08
1:57.00sf11	Inge Dekker, NED (Splits: 27.62, 57.15 [29.63], 1:27.13 [29.98], 1:57.00 [29.87])	World Championships	Rome	07-28-09
1:57.04*	Kirsty Coventry, ZIM/Auburn (Splits: 27.34, 56.72 [29.38], 1:26.86 [30.14], 1:57.04 [30.18]) (Note: African /Texas Swimming Center/Longhorn Aquatics/South Texas Swimming records. (Note: world record-holder, Olympic gold-medalist, 200 meter backstroke [2004, Athens; 2008, Beijing])	Texas Sr. Circuit Championships No. 4	Austin	06-07-08
1:57.06r	Lisbeth Lenton, AUS (Splits: 26.90, 56.49 [29.59], 1:26.58 [30.09], 1:57.06 [30.48])	World Championships	Montreal	07-28-05
1:57.15r*	Otylia Jędrzejczak, POL (Splits: 28.47, 58.73 [30.26], 1:28.12 [29.55], 1:57.15 [29.03]) (Notr: Olympic gold-medalist, 200 meter butterfly [Athens, 2004]; World Champion, 2003-'05))	XXVIII European Championships	Budapest	08-03-06
1:57.20	Heather MacLean, CAN (Splits: 27.73, 57.51 [29.78], 1:27.12 [29.61], 1:57.20 [30.08]. (Note: first Canadian woman sub 1:58.0.)	CAN Nationals/WCTs	Montreal	07-08-09
1:57.30	Yan Chen, CHN (Splits: 28.42, 58.15 [29.73], 1:27.52 [29.37], 1:57.30 [29.78])	8 th National Games	Shanghai	10-14-97
1:57.32	Luna Wang, CHN (Splits: 28.11, 58.30 [30.19], 1:28.05 [29.75], 1:57.32 [29.27])	8 th National Games	Shanghai	10-14-97
1:57.34*	Sarah Sjostrom, SWE (Splits: 27.89, 57.62 [29.73], 1:27.91 [30.19], 1:57.34 [29.43]) (Note: world record-holder, 2009 World Champion, 100 meter butterfly.)	SWE Nationals/WCTs	Lindkopping	07-02-09
1:57.36	Wenyan Song, CHN (Splits: 27.96, 57.48 [29.52], 1:27.76 [30.28], 1:57.36 [29.60])	11 th National Games	Jinan	10-21-09

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1:57.38pr*	Haruka Ueda, JPN	World Championships	Rome	07-30-09
	(Splits: 27.55, 57.48 [29.93], 1:27.82 [30.34], 1:57.38 [29.56]. (Note: team finished ninth in qualifying despite swimming an overall NR and failed to advance to finals – by 0.42.)			
1:57.38r	Ellen Fullerton	World Championships	Rome	07-30-09
	(Splits: 27.75, 57.81 [30.06], 1:27.64 [29.83], 1:57.38 [29.74])			
1:57.41r	Lindsay Benko, USA/USC	World Championships	Barcelona	07-24-03
	(Splits: 27.69, 56.93 [29.24], 1:26.99 [30.06], 1:57.41 [30.42])			
1:57.43	Qianwei Zhu, CHN	CHN Nationals/WCTs	Shaoxing	04-08-09
	(Splits: 28.34, 58.19 [29.85], 1:28.69 [30.50], 1:57.43 [28.74])			
1:57.47sf	Susan O'Neill, AUS	AUS Olympic Trials	Sydney	05-15-00
	(Splits: 27.86, 57.74 [29.88], 1:27.65 [29.91], 1:57.47 [29.82])			
1:57.48**	Claudia Poll, CRC	Pan-Pac Championships	Fukuoka	08-10-97
	(Splits: 27.98, 57.57 [29.59], 1:27.80 [29.68], 1:57.48 [29.62])			
1:57.51	Melanie Marshall, GBR	GBR Olympic Trials	Sheffield	04-08-04
1:57.55	Heike Friedrich, GDR	GDR Nationals	East Berlin	06-18-86
1:57.56r	Yingwen Zhu, CHN	11 th National games	Jinan	10-21-09
1:57.61pr*	Julie Hjorth-Hansen, DEN	World Championships	Rome	07-30-09
1:57.63	Aurere Mongel, FRA	FRA Olympic Trials	Dunkirk	04-23-08
1:57.71	Meagen Nay, AUS	ZOOGS/Queensland State Chmps.	Brfisanecq	2-13-09
1:57.73	Dagny Knutson, USA/Minot HS	Jr. Pan-Pac Championships	Guam	01-08-09
	(Note: meet/15-16 NAG record. Old NAG record: 1:58.53, Cynthbia Woodhead, 1978 World Championships, West Berlin. That time won gold-medal and was also a then American-record. (Note: U.S. National Championship record-holder, 200 yard freestyle. Also national high-school record-holder. (Note: @ 2008 FINA World Youth Championships, Knutson won record five golds, three individual and a pair of relays)			

400 METER FREESTYLE

Top 50 Performances

3:59.15**	Federica Pelligrini, ITA	World Championships	Rome	07-26-09
	(Splits: 58.66, 1:59.42 [1:00.76], 2:59.93 [1:00.51], 3:59.15 [59.22]. (Note: third world-record in this event. Most-ever in any single event by any Italian woman and most-ever by any European. American Debbie Meyer with five has most overall. (Note: two days later [07/28] “ <i>La Lioness de Verona</i> ” broke her own 200 free world-record in semis, then broke it again to win gold the following day. France’s Laure Manadou was first to win both golds @ same World Championships [2007, Melbourne])			
4:00.41#	Pelligrini	XVI Mediterranean Games	Pescara	06-27-09
	(Splits: 58.50, 1:59.24 [1:00.74], 3:00.16 [1:00.92], 4:00.41 [1:00.25]. (Note: also 200 free wr-holder. First woman to hold both records simultaneously since France’s Laure Manadou [2006-‘07]. (Manadou set 400 free wr @ European Championships in Budapest 08/05/06, then broke 200 free standard following March at World Championships in Melbourne, [1:55.52, 03/28/07]. (Note: fourth woman to hold 200-400 free wrs simultaneously. Others: Shirley Babshoff, USA; Barbara Krause, GDR; Manadou.)			
4:00.60*+	Joanne Jackson, GBR	World Championships	Rome	07-26-09
	(Splits: 58.77, 1:59.91 [1:01.14], 3:00.84 [1:00.93], 4:00.60 [59.76]) (Note: world record-holder, 400 meter freestyle [scm], 3:54.62, Grand Prix, Leeds, 08-08-09)			
4:00.66	Jackson	GBR Nationals	Sheffield	03-16-09
	(Splits: 58.49, 2:00.35 [1:01.86], 3:00.93 [1:00.58], 4:00.66 [59.73]) (Note: first British woman to set world-record. Sixth nation overall. First time a British woman has ever broken another British woman’s Commonwealth record. Old CR: 4:02.24 by Rebecca Adlington from prelims of Beijing Olympics [2008]. Second-earliest breaking of wr. Earliest: 4:09.39, Tracey Wickham, AUS, Brisbane [AUS Nationals], 02/24/77)			
4:00.79	Rebecca Adlington, GBF	World Championships	Rome	07-26-09
	(Splits: 59.05, 2:00.06 [1:01.01], 3:01.27 [1:01.21], 4:00.79 [59.52])			
4:00.89	Adlington	GBR Nationals/WCTs	Sheffield	03-16-09
	(Splits: 58.71, 2:00.50 [1:01.79], 3:01.43 [1:01.93], 4:00.89 [58.46]) (Note: final 100 split [58.46] fastest-ever. (Note: first time two woman from same country under old world-record in same race and first time two women under 4:01.00.)			
4:01.53	Pelligrini	XXIX European Championships	Eindhoven	03-24-08
	(Splits: 59.01, 1:59.60 [1:00.59], 3:00.41 [1:00.81], 4:01.53 [1:01.12]) (Note: first Italian woman to set 400 free world record. Fifth nation overall.)			

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4:01.96p	Pelligrini (Splits: 57.84, 1:58.88 [1:01.04], 3:05.50 [1:06.62], 4:01.96 [56.46]. (Note: fastest-ever qualifying time.)	Wold Championships	Rome	07-26-09
4:02.13*	Laure Manaudou, FRA (Splits: 57.81, 1:59.11 [1:01.30], 3:01.16 [1:02.05], 4:02.13 [1:00.97])	XXVIII European Championships	Budapest	08-06-06
4:02.19p+	Pelligrini (Splits: 57.75, 1:58.38 [1:00.63], 3:00.62 [1:02.24], 4:02.19 [1:01.57]) (Note: fastest-ever 200 en route to 400 free clocking.)	Olympics	Beijing	08-10-08
4:02.20*	Katie Hoff, USA (Splits: 58.91, 1:59.39 [1:00.59], 3:00.85 [1:01.46], 4:02.20 [1:01.35]) (Note: 17-18 NAG record)	Toyota/Missouri Grand Prix	Columbia	02-16-08
4:02.24p	Adlington (Splits: 58.90, 1:59.84 [59.94], 3:01.38 [1:01.54], 4:02.24 [1:01.86])	Olympics	Beijing	08-10-08
4:02.32	Hoff (Splits: 59.33, 2:01.60 [1:02.27], 3:02.71 [1:01.11], 4:02.32 [59.61]) (Note: Trials record)	U.S. Olympic Trials	Omaha	06-30-08
4:02.35a	Qian Chen, CHN (Splits: 58.85, 2:00.04 [1:01.19], 3:01.28 [1:01.24], 4:02.35 [1:01.07])	11 th National Gamers	Jinan	10-23-09
4:02.51	Allison Schmitt, USA/Georgia (Splits: 59.62, 2:00.96 [1:00.34], 3:01.70 [1:00.74], 4:01.51 [59.81]. (Note: fastest-ever non-medal winning time [fourth])	World Championships	Rome	07-26-09
4:02.61	Manaudou (Splits: 57.34, 1:58.69 [1:01.35], 3:01.10 [1:02.41], 4:02.61 [1:01.51]) (Note: 200 split second-fastest-ever en route to 400 free clocking.)	World Championships	Melbourne	03-25-07
4:02.80	Adlington (Splits: 1:00.05, 2:01.41 [1:01.36], -----, 3:32.92 [350], 4:02.80 [29.88 final 50]) (Note: fastest-ever on British soil)	GBR Nationals	Liverpool	07-13-08
4:02.80p	Schmitt (Splits: 58.88, 2:00.10 [1:01.22], 3:01.59 [1:01.49], 4:02.80 [1:01.21])	World Championships	Rome	07-26-09
4:02.93	Pelligrini (Splits: 58.84, 2:00.27 [1:01.43], 3:01.79 [1:01.72], 4:02.93 [1:01.14])	XLVI RomAquatica/Sette Colli Invitational	Rome	06-06-08
4:03.03	Manaudou (Splits: 58.30 [30.27], 2:00.00 [1:01.30], 3:02.07 [1:02.07], 4:03.03 [1:00.96])	FRA Nats./Euro. Championship Trials	Tours	05-12-06
4:03.22	Adlington (Splits: 59.35, 2:01.56 [1:02.21], 3:03.36 [1:01.80], 4:03.22 [59.86]) (Note: first British women's Olympic gold-medalist since Anita Lonsborough [Rome, 1960, 200 breast])	Olympics	Beijing	08-11-08
4:03.29	Hoff (Splits: 59.19, 2:01.05 [1:01.86], 3:01.91 [1:00.86], 4:03.29 [1:01.38]) (Note: closest Olympic final ever -- .07 differential!)	Olympics	Beijing	08-11-08
4:03.29	Coralie Balmy, FRA (Splits: 58.31, 2:00.63 [1:02.32], 3:02.26 [1:01.63], 4:03.29 [1:01.03])	World Championships	Rome	07-26-09
4:03.38	Manaudou (Splits: 58.36, 1:59.88 [1:01.52], 3:02.23 [1:02.35], 4:03.38 [1:01.15])	FRA Nationals	Saint-Raphael	06-26-07
4:03.41*	Camelia Potec, ROU (Splits: 59.34, 2:00.90 [1:02.56], 3:02.39 [1:01.49], 4:03.41 [1:01.02])	World Championships	Rome	07-26-09
4:03.48p	Jackson (Splits: 58.74, 2:00.58 [1:02.84], 3:02.25 [1:01.67], 4:03.48 [1:01.23])	World Championships	Rome	07-26-09
4:03.50	Potec (Splits: 59.47, 2:01.37 [1:00.90], 3:02.46 [1:01.09], 4:03.50 [1:01.04])	FRA Nationals/WCTs	Montpellier	04-24-09
4:03.52	Jackson (Splits: 59.58, 2:01.60 [1:02.02], 3:03.08 [1:01.48], 4:03.52 [1:00.44])	Olympics	Beijing	08-11-08
4:03.60	Balmy (Splits: 59.13, 2:01.24 [1:02.11], 3:02.82 [1:01.58], 4:03.60 [1:00.78])	Olympics	Beijing	08-11-08
4:03.71p	Hoff (Splits: 59.54, 2:01.89 [1:02.15], 3:03.23 [1:01.34], 4:03.71 [1:00.48])	Olympics	Beijing	08-10-08
4:03.80p	Jackson (Splits: 59.86, 2:01.74 [1:01.88], 3:03.69 [1:01.95], 4:03.80 [1:00.11])	Olympics	Beijing	08-10-08

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4:03.85	Janet Evans, USA/El Dorado HS (Splits: 59.99, 2:02.14 [1:02.15], 3:03.40 [1:01.26], 4:03.85 [1:01.45]) (Note: gold-medalist)	Olympics	Seoul	09-22-88
4:03.86p	Jackson	British University Championships	Loughborough	02-15-09
4:03.92	Kate Ziegler, USA (Splits: 59.39, 2:01.39 [1:02.00], 3:03.67 [1:02.28], 4:03.92 [1:00.25])	U.S. Olympic Trials	Omaha	06-30-08
4:04.12p	Balmy (Splits: 59.00, 2:00.83 [1:01.83], 3:02.75 [1:01.83], 4:04.12 [1:01.37])	World Championships	Rome	07-26-09
4:05.12	Liu Jing, CHN (Splits: 59.09, 2:00.77 [1:01.68], 3:03.38 [1:02.61], 4:04.12 [1:00.74])	11 th National Games	Jinan	10-23-09
4:04.15	Balmy (Splits: 59.64, 2:01.12 [1:01.48], 3:02.80 [1:01.68], 4:04.15 [1:01.35])	XXIX European Championships	Eindhoven	03-24-08
4:04.16p*	Bronte Barratt, AUS (Splits: 59.66, 2:02.05 [1:02.39], 3:03.49 [1:01.44], 4:04.16 [1:00.67])	Olympics	Beijing	08-10-08
4:04.23*	Otylia Jędrzejczak, POL (Splits: 59.55, 2:02.04 [1:02.49], 3:03.53 [1:01.49], 4:04.23 [1:00.70])	World Chamliionships	Melbourne	03-25-07
4:04.24	Ziegler (Splits: 59.18, 2:01.04 [1:01.86], 3:03.55 [1:02.51], 4:04.24 [1:00.69]) (Note: Championship record)	U.S. Nationals	Indianapolis	08-02-07
4:04.25p	Balmy (Splits: 59.55, 2:02.89 [1:03.34], 3:03.78 [1:00.89], 4:04.25 [1:00.47])	Olympics	Beijing	08-10-08
4:04.25p	Potec (Splits: 59.64, 2:01.44 [1:01.80], 3:02.89 [1:01.45], 4:04.24 [1:01.35])	World Championships	Rome	07-26-09
4:04.44p	Hoff (Splits: 59.64, 2:01.13 [1:01.49], 3:03.20 [1:02.07], 4:04.40 [1:01.20])	<i>Toyota/Missouri Grand Prix</i>	Columbia	02-17-08
4:04.50	Adlington (Splits: 59.22, 2:01.32 [1:02.10], 3:03.60 [1:02.28], 4:04.50 [1:00.90])	GBR Olympic Trials	Sheffield	04-02-08
4:04.53	Evans (Splits: 1:00.45, 2:02.57 [1:01.12], 3:03.89 [1:01.32], 4:04.53 [1:01.64])	Pan-Pac Championships	Tokyo	08-19-89
4:04.54	Ophelie-Cyrielle Etienne, FRA (Splits: 59.44, 2:00.94 [1:01.50], 3:02.97 [1:02.03], 4:04.54 [1:01.57]) (Note: seventh woman under 4:05.0 in same race. Unprecedented!)	World Championships	Rome	07-26-09
4:04.55p	Potec (Splits: 59.20, 2:01.16 [1:01.96], 3:03.35 [1:02.19], 4:04.55 [1:01.20])	Olympics	Beijing	08-10-08
4:04.56	Pelligrini (Splits: 59.13, 2:01.32 [1:01.19], 3:03.03 [1:01.71], 4:04.55 [1:01.52]) (Note: world record-holder set Olympic record in prelims [4:02.19] but finishes fifth)	Olympics	Beijing	08-10-08
4:04.57	Barratt (Splits: 1:00.19, 2:02.21 [1:02.02], 3:03.67 [1:01.46], 4:04.57 [1:00.90]) (Note: Pacific Swimming Open/"All Comers" record.)	<i>XLI Santa Clara International Invite.</i>	Santa Clara	05-16-08
4:04.60	Hoff (Splitw: 1:00.06, 2:02.01 [[1:01.95], 3:03.42 [1:01.41], 4:04.60 [1:01.18])	U.S. Nationals	Indianapolis	08-02-07
4:04.66	Potec (Splits: 59.18, 2:01.34 [1:02.06], 3:03.36 [1:02.02], 4:04.66 [1:01.30])	Olympics	Beijing	08-10-08
Remaining Top 50 Perforemrs				
4:04.73	Linda Mackenzie, AUS (Splits: 58.67, 2:00.72 [1:01.95], 3:03.47 [1:02.75], 4:04.73 [1:01.26])	AUS Olympic Trials	Sydney	03-23-08
4:05.00	Yan, Chen, CHN	8 th National Games	Shanghai	10-15-97
4:05.09	Caroline Burckle, USA/Florida (Note: NCAA Divison 1 record-holder/2008 gold-medalist, 500 yard freestyle.)	U.S. Olympic Trials	Omaha	06-30-08
4:05.19*	Ai Shibata, JPN	World Championships	Melbourne	03-25-07
4:05.40p*	Lotte Friis, DEN	World Championships	Rome	07-26-09
4:05.55	Xue Li, CHN	11 th National Games	Jinan	10-23-09
4:05.80	Brooke Bennett, USA (Note: gold-medalist)	Olympics	Sydney	09-18-00
4:05.84*	Anke Mohring, GDR	XIX European Championships	Bonn	08-17-89

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4:05.94	Heike Friedrich, GDR	Olympics	Seoul	09-22-88
4:05.98	Kylie Palmer, AUS	<i>XLI Santa Clara Intrnational Invitational</i>	Santa Clara	05-16-08
4:06.13	Camille Muffat, FRA	FRA Nationals/WCTs	Montpellier	04-24-09
4:06.19	Kaitlin Sandeno, USA/USC	Olympics	Athens	08-15-04
4:06.19	Jazmin Carlin, GBR	GBR Nationals/WCTs	Sheffield	03-16-09
4:06.28	Tracey Wickham, AUS (Note: gold-medalist)	World Championships	West Berlin	08-24-78
4:06.30*	Elena Sokolova, RUS (Note: meet record.)	2 nd FINA World Youth Championships	Monterey	07-11-08
4:06.31	Hayley Peirsol, USA/Auburn (Note: third-place finish marks first [and only] time three women from same country under 4:07.0 in same race!)	U.S. Nationals, Pan-Pac, WCTs	Irvine	08-01-06
4:06.37*	Sara Isakovic, SLO/Cal	Slovenian Open/Olympic Trials	Kanj	06-13-08
4:06.38p	Xuanxu Li, CHN	11 th National Games	Jinan	10-23-09
4:06.55*	Hannah Stockbauer, GER	GER Olympic Trials	Berlin	06-16-00
4:06.56**	Claudia Poll, CRC	Pan-Pac Championships	Fukuoka	08-12-97
4:06.97	Liang Zhang, CHN	9 th National Games	Guangzhou	11-24-01
4:07.02	Caitlin McClatchey, GBR	GBR World Championship Trialss	Swansea	06-19-05
4:07.06	Blair Evans, AUS	<i>ZOOGS/Queensland St. Championships</i>	Bfrisbane	12-14-09
4:07.07	Diana Munz, USA	Olympics	Sydney	09-18-00
4:07.10	Tiffany Cohen, USA/Texas (Noe: gold-medalist.)	Olympics	Los Angeles	07-31-84
4:07.10*	Yana Klochkova, UKR (Note: gold-medalist)	XXVI European Championships	Berlin	08-04-02
4:07.12	Kim Linehan, USA/Texas	Texas Senior Circuit Championships	Austin	07-27-79
4:07.12	Jiaying Pang, CHN	9 th Natiinal Games	Guangzhou	11-24-01
4:07.15	Cynthia Woodhead, USA/USC (Note: silver-medalist)	World Championships	West Berlin	08-24-78
4:07.15	Alessia Filippi, ITA	ITA Winter Nationals	Riccione	03-05-09
4:07.18	Dagmar Hase, GER	Olympics	Barcelona	07-28-92
4:07.20	Chloe Sutton, USA	U.S. Nationals/WCTs	Indianapolis	07-07-09
4:07.23	Sachiko Yamada, JPN	14 th Asian Games	Busan	10-03-02
4:07.24*	Eva Risztov, HUN	XXVI European Championships	Berlin	08-04-02

800 METER FREESTYLE

Top 50 Performances

8:14.10**	Rebecca Adlington, GBR (Splits: 59.37, 2:01.32 [1:01.95], 3:03.58 [1:02.36], 4:05.72 [1:02.14], 5:07.62 [1:01.90], 6:10.30 [1:02.68], 7:13.34 [1:03.04], 8:14.10 [1:00.86]) (Note: 400 split [4:05.72] second-fastest all-time en route to 800. France's Laure Manaudou's 4:05.70 en route to winning 2006 European Campionships 800 in Budapest with a then continental-standard 8:19.29 quickest. (Note: first British woman to win two golds at same Olympics and set a world-record in one of the races. Second British woman world record-setter @ an Olympics. Anita Lonsborough [200 breast, ROUe, 1960] was first. Adlington only GBR freestyle gold-medalist/world record-setter. Third British wr-setter ever. (Note: Adlington ranked fifth globally for 2007 with pr/NR 8:25.73 from British Championships.)	Olympics	Beijing	08-16-08
8:15.92*^#	Lotte Friis, DEN (Splits: 59.87, 2:02.19 [1:02.32], 3:04.83 [1:02.64], 4:07.51 [1:02.68], 5:09.90 [1:02.39], 6:12.51 [1:02.61], 7:15.30 [1:02.79], 8:15.92 [1:00.62]). (Note: 400 split [4:07.51] fastest all-time en route to 800 free clocking in Championships history.. (Note: first Danish gold-medalist, any event, either sex.)	World Championships	Rome	08-01-09
8:16.22*	Janet Evans, USA/Stanford (Splits: 1:00.20, 2:02.53 [1:02.33], 3:05.12 [1:02].59], 4:07.92 [1:02.80], 5:10.27 [1:02.35], 6:12.82 [1:02.55], 7:15.44 [1:02.62], 8:16.22 [59.78]. By 400s: 4:07.92/4:08.30) (Note: record lasted 19 years, 361 days!)	Pan-Pac Championships	Tokyo	08-20-89
8:16.66	Joanne Jackson, GBR (Splits: 59.75, 2:02.23 [1:02.48], 3:04.85 [1:02.62], 4:07.75 [1:02.90], 5:10.68 [1:02.93], 6:13.69 [1:03.01], 7:16.55 [1:02.86], 8:16.66 [1:00.11]). (Note: first British medalist since countrywoman Jackie Willmott won silver @ Guayaquil [1982, 8:32.61])	World Championships	Rome	08-01-09

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8:16.70*	Camelia Potec, ROU (Splits: 59.74, 2:01.73 [1:01.99], 3:03.80 [1:02.07], 4:06.15 [1:02.35], 5:09.43 [1:02.28], 6:11.27 [1:02.84], 7:14.46 [1:03.19], 8:16.70 [1:02.24]. (Note: 400 split [4:06.15] second-fastest all-time en route to 800 clocking.. (Note: French Open/"All Comers" records. Second-fastest all-time on European soil.)	FRA Nationals/WCTs	Montpellier	04-22-09
8:16.81	Adlington (Splits: 1:00.48, 2:02.89 [1:02.41], 3:05.85 [1:02.96], 4:08.95 [1:03.10], 5:11.95 [1:03.00], 6:14.71 [1:02.76], 7:17.26 [1:02.55], 8:16.81 [59.55]). (Note: fastest-ever on British soil.)	SCO Nationals/WCTs	Glasgow	06-26-09
8:17.12	Evans (Splits: 1:00.01, 2:02.35 [1:02.34], 3:04.86 [1:02.51], 4:07.56 [1:02.70], 5:10.17 [1:02.61], 6:12.97 [1:02.80], 7:15.83 [1:02.85], 8:17.12 [1:02.29]) (Note: U.S. Nationals/Open/15-16 NAG record)	U.S. Nationals	Orlando	03-22-88
8:17.21*	Alessia Filippi, ITA (Splits: 1:00.50, 2:03.05 [1:02.55], 3:05.74 [1:02.69], 4:08.70 [1:02.96], 5:11.38 [1:02.68], 6:13.74 [1:02.36], 7:15.84 [1:02.10], 8:17.21 [1:01.37]. (Note: first Italian medalist [bronze] since country woman Novella Calligaris won inaugural World Championships @ 1973 competition in Belgrade [world-record 8:52.97]. Time eclipsed America's Keena Rothhammer's 8:53.68 gold-medal winning standard from Munich Olympics a year and six days earlier [09/03/72])	World Championships	Rome	08-01-09
8:17.81	Jackson (Splits: 1:00.45, 2:03.23 [1:02.78], 3:05.97 [1:02.74], 4:08.96 [1:02.99], 5:11.71 [1:02.15], 6:14.66 [1:02.95], 7:17.36 [1:02.70], 8:17.81 [1:00.38]. (Note: first time two women from same nation under 8:20.0 in same race.)	SCO Nationals/WCTs	Glasgow	06-26-09
8:17.90	Adlington (Splits: 59.77, 2:02.15 [1:02.38], 3:04.86 [1:02.71], 4:07.85 [1:02.99], 5:10.62 [1:02.77], 6:13.78 [1:03.16], 7:16.89 [1:03.11], 8:17.90 [1:01.01]. (Note: fifth woman sub 8:18.0 in same race. Only timr eever!)	World Championships	Rome	08-01-09
8:18.06p	Adlington (Splits: 1:00.08, 2:02.37 [1:02.29], 3:04.84 [1:02.47], 4:07.64 [1:02.80], 5:10.14 [1:02.50], 6:12.96 [1:02.82], 7:16.01 [1:03.04], 8:18.06 [1:02.59]. (Note: fastest-ever qualifying time)	Olympics	Beijing	08-14-08
8:18.52	Kate Ziegler, USA (Splits: 59.61, 2:01.90 [1:02.29], 3:04.81 [1:02.91], 4:08.04 [1:03.23], 5:11.22 [1:03.18], 6:14.94 [1:03.72], 7:18.49 [1:02.55], 8:18.52 [1:00.03]). By 400s: 4:08.04/4:10.48.	World Championships	Melbourne	03-31-07
8:18.80*	Laure Manaudou, FRA (Splits: 58.91, 2:01.24 [1:02.33], 3:04.31 [1:03.07], 4:07.90 [1:04.59], 5:11.26 [1:03.36], 6:14.98 [1:03.72], 7:18.41 [1:03.43], 8:18.80 [1:00.39])	World Championships	Melbourne	03-31-07
8:18.86	Adlington (Splits: 59.38, 2:02.19 [1:01.81], 3:05.12 [1:02.93], 4:08.38/4:10.48) (Note: fastest-ever on British soil)	GBR Nationals/WCTs	Sheffield	03-19-09
8:19.22p	Adlington (Splits: 1:00.31, 2:03.23 [1:02.92], 3:05.90 [1:02.67], 4:08.92 [1:03.02], 5:11.65 [1:02.73], 6:14.93 [1:03.28], 7:17.79 [2:02.86], 8:19.22 [1:01.43])	GBR Olympic Trials	Sheffield	04-03-08
8:19.29	Manudou (Splits: 58.30, 2:00.06 [1:01.36], 3:02.61 [1:02.55], 4:05.70 [1:03.09], 5:09.26 [1:03.56], 5:13.03 [1:03.77], 7:17.10 [1:04.07], 8:19.29 [1:02.19]) (Note: opening 400 split [4:05.70] fastest-ever en route to 800 clocking.)	XXVIII European Championships	Budapest	08-02-06
8:19.53*	Anke Mohring, GDR (Splits: 1:01.41, 2:04.60, 3:07.46, 4:09.89, 5:12.28, 6:15.31, 7:18.25, 8:19.53)	XVIII European Championships	Strasbourg	08-22-87
8:19.67	Brooke Bennett, USA (Splits: 1:00.50, 2:02.87 [1:02.37], 3:05.37 [1:02.50], 4:07.83 [1:02.46], 5:10.54 [1:02.71], 6:13.32 [1:02.78], 7:16.84 [1:03.52], 8:19.67 [1:02.83]) (Note: second-consecutive gold.)	Olympics	Sydney	09-22-00
8:19.70	Katie Hoff, USA	Toyota/Buckeye Grand Prix	Columbus	04-04-08
8:19.70p	Potec	Olympics	Beijing	08-14-08
8:20.20	Evans	Olympics	Seoul	09-24-88
8:20.23	Filippi	Olympics	Beijing	08-14-08

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8:20.29	Adlington	GBR Olympic Trials	Sheffield	04-05-08
8:20.36a	Qian Chen, CHN	11 th National Games	Jinan	10-26-09
8:20.44	Potec	World Championships	Rome	08-01-09
8:20.53p	Adlington	World Championships	Rome	07-31-09
8:20.70	Filippi	<i>XLVI RomAquatca/Sette Colli Invitational</i>	Rome	06-07-08
8:20.78	Filippi	XVI Mediterranean Games	Pescara	06-30-09
	(Note: Games record.)			
8:20.80p	Jackson	World Championships	Rome	07-31-09
8:20.81	Hoff	U.S. Olympic Trials	Omaha	07-05-06
	(Note: Trials record.)			
	(Note: record fifth Trials title. Ties her w/Shireloy Babashoff [1976] and Michael Phelps [2008] for most-ever.)			
	(Hoff won both IMs + 200, 400, 800 freestyles here, only swimmer [m/f] of either sex to win these events @ same meet!)			
8:21.94	Ziegler	Potomac Valley Senior Championships	College Park	07-13-07
8:21.95p	Filippi	Olympics	Beijing	08-14-08
8:21.74p	Friis	Olympics	Beijing	08-14-08
8:22.03p	Potec	World Championships	Rome	07-31-09
8:22.09	Astrid Strauss, GDR	Olympics	Seoul	09-24-88
8:22.11	Evans	U.S. Nationals	Los Angeles	08-04-89
8:22.23	Ziegler	U.S. Nationals	Indianapolis	07-31-07
8:22.44	Evans	U.S. Nationals	Clovis	07-27-87
8:22.57s	Ziegler	<i>TYR Meet of Champions</i>	Mision Viejo	06-17-07
	(Note: 800 split en route to 15:42.54 world-record in 1500 m free. Fastest 800 split ever en route to 1500 m free clocking.)			
8:22.66*	Yana Klochkova, UKR	Olympics	Sydney	09-22-00
8:22.80	Hoff	U.S. Nationals	Indianapolis	07-31-07
8:22.81p	Kylie Palmer, AUS	Olympics	Beijing	08-14-08
8:22.93*	Julie McDonald, AUS	Olympics	Seoul	09-24-88
8:23.03	Friis	Olympics	Beijing	08-14-08
8:23.07p*	Elena Sokolova, RUS	Olympics	Beijing	08-14-08
8:23.09	Mohring	Olympics	Seoul	09-24-88
8:23.11	Potec	Olympics	Beijing	08-14-08
8:23.12s	Frist	World Championships	Rome	07-29-09
	(Note: 800 split en route to silver-medal winning 15:45.30 1500 meter swim, pr/NR and third on all-time world performers' performances ranking lists.)			
8:23.18	McDonald	Pan-Pac Championships	Brisbane	08-16-87
8:23.50	Filippi	XXIX European Championships	Eindhoven	03-21-08
Remaining Top 50 Performers				
8:23.66*	Hannah Stockbauer, GER	World Championships	Barcelona	07-26-03
8:23.68*	Sachiko Yamada, JPN	JPN Olympic Trials	Tokyo	04-23-04
8:23.76	Aii Shibata, JPN	Japan 2007 International Invitational	Chiba	08-24-07
8:23.83	Jana Henke, GER	XXVI European Championships	Berlin	08-01-02
8:24.08*	Erika Villaecija, ESP	XXIX European Championships	Eindhoven	03-21-08
8:24.15	Janelle Elford, AUS	<i>Sundown Invitational</i>	Mission Bay	05-30-88
8:24.19	Diana Munz, USA	World Championships	Barcelona	07-26-03
8:24.29	Kaitlin Sandeno, USA/El Toro High	Olympics	Sydney	09-22-00
8:24.37p	Xuanxu Li, CHN	Olympics	Beijing	08-14-08
8:24.62	Tracey Wickham, AUS	Commonwealth Games	Edmonton	08-05-78
8:24.70	Kim Linehan, USA/Texas	AAU Nationals	Ft. Lauderdale	08-16-79
8:24.77	Sarah Hardcastle, GBR	Commonwealth Games	Edinburgh	07-29-86
8:24.95	Tiffany Cohen, USA/Texas	Olympics	Los Angeles	08-03-84
	(Note: gold-medalist)			
	(Noe: first American [m/w] to win 800-1500 golds @ World Championships. Repeated in 2007)			
8:25.32	Coralie Balmy, FRA	FRA Nationals/WCTs	Montpellier	04-22-09
8:25.36	Hua Chen, CHN	14 th Asian Games	Busan	10-05-02
	(Note: split off Championship record-setting 1500 free [15:53.05]. Second-fastest 800 split ever en route to 1500.)			
8:25.59*	Flavia Rigamonti, SUI/SMU	World University Games	Bangkok	08-09-07
	(Note: Games record)			

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8:25.78	Michelle Ford, AUS/USC (Note: Olympic gild-medalist, Moscow [1980])	Commonwealth Games	Edmonton	08-05-78
8:25.91p	Cassandra Patten, GBR	Olympics	Beijing	08-14-08
8:26.15	Mo Li, CHN	11 th National games	Jinan	10-25-09
8:26.21p*	Wendy Trott, RSA/Georgia (Note: African recrd.)	Olympics	Beijing	08-14-08
8:26.32	Jieqiao Yang, CHN	CHN Age-Group Championships	Guangzhou	07-14-07
8:26.33	Kalyn Keller, USA/USC	U.S. Olympic Trials	Long Beach	07-13-04
8:26.35	Ophelie-Cyrielle Etienne, FRA	World Championships	Rome	08-01-09
8:26.37	Sheridan Burge Lopez, AUS	<i>Sundown Invitational</i>	Mission Bay	05-30-88
8:26.41	Hayley Peirsol, USA/Auburn	World Championships	Melbourne	03-21-07
8:26.48	Liang Zhang, CHN	9 th National Games	Guangzhou	11-26-01
8:26.70	Jaana Ehmcke, GER	GER Olympic Trials	Berlin	04-23-08
8:26.86	Hayley Lewis, AUS	Pan-Pac Championships	Kobe	08-15-93
8:27.13	Blair Evans, AUS	ZOOGS/Queensland St. Champiunships	Brisbane	12-15-09
8:27.35	Katja Hartmann, GDR	GDR Nationals	East Berlin	06-21-86
8:27.59*	Brittany Reimer, CAN (Note: Canada's first-ever distance freestyle medal.)	World Championships	Montreal	07-31-05
8:27.62	Yurie Yano, JPN	Japan 2007 International Invitational	Chiba	08-24-07
8:27.63	Camille Muffat, FRA	SCO Nationals	Glasgow	06-27-08

1500 METER FREESTYLE

Top 50 Performances

15:42.54**	Kate Ziegler, USA (Splits: 2:03.46, 4:09.87 [2:06.41 – fastest-ever to 400!] 8:22.57 [4:12.70 – fastest-ever to 800!!!]). (Note: time would have won every men's Olympics 1500 through Miunich [1972] and is only five seconds off Australia's Steve Holland's then world-record of 15:37.80 from World Championship Trials @ Brisbane, 08/05/73.) (Note: 17-18 NAG record. Ziegler also holds U.S. 1650 yard freestyles record)	TYR Meet of Champions	Mission Viejo	06-17-07
15:44.93*+#	Alessia Filippi, ITA (Splits: 4:12.30 [400], 8:23.80 [800]. (Note: Italy's first gold. Germany, United States other two nationas that have won race.)	World Champiomships	Rome	07-28-09
15:46.30*	Lotte Friist, DEN (Splits: 4:09.29 [400], 8:23.12 [800]. (Note: Denmark's third overall woman's medal, Friist's secod. Breaststroker Susanne Nielsson won a bronze in the 200 in 1978. (Note: first time two women have been under 15:50.0 in same race.)	World Championships	Rome	07-28-09
15:52.10	Janet Evans, USA/El Dorado HS (Splits: 1:01.17, 2:04.46, 4:11.70, 8:26.52) (Note: 15-16 NAG record)	U.S. Nationals	Orlando	03-26-88
15:52.84	Filippi (Splits: 4:16.98 [400], 8:32.91 [800])	ITA Nationals	Treviso	07-16-08
15:53.05	Ziegler (Splits: 2:03.20 [200], 4:10.03 [400], 8:25.56 [800]) (Note: first and only American gold-medalist and first U.S. repeat champ.) (Note: 800 split second-fastest ever en route to 1500.)	World Championships	Melbourne	03-27-07
15:54.23	Evans/Stanford	2 nd Goodwill Games	Federal Way	07-23-90
15:55.01	Ziegler (Splits: 2:03.35 [200], 4:11.01 [400], 8:27.34 [800])	Pan-Pac Championships	Victoria	08-17-06
15:55.38*	Flavia Rigamonti, SUI/SMU (Note: second Swiss female medalist [silver] in any event ever. Also won 1500 silers in 2001, '05)	World Championships	Melbourne	03-27-07
15:55.63*	Camelia Potec, ROU (Splits: 4:10.44 [400], 8:26.60 [800]).	World Championships	Rome	07-28-09
15:57.36	Hayley Peirsol, USA/Auburn (Splits: 2:04.38 [200], 4:12.02 [400], 8:28.09 [800]) (Note: 2006-07 NCAA D1 1650 yard freestyle champ for NCAA team Auburn. Sister of Aaron, wr-holder, 100 200 backstrokes. (Note: first time two women from same country under 16:00.0 in same race)	Pan-Pac Championships	Victoria	08-17-06

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15:57.57*	Kristel Korbisch, CHI (Splits: 4:13.01 [400], 8:29.54 [900]. (Note: first Chilean finalist, either wex, any event. Fourth. (Note: first time four women under 16:-0.0 in same race.)	World Championships	Rome	07-28-09
15:57.89	Potec	<i>Grand Prix du France</i>	Bordeaux	02-07-09
15:58.23p	Frist	World Championships	Rome	07-27-09
15:58.44	Friis (Note: first – and <u>ONLY</u> – Nordic woman under 16:00.0. Seventh overall, fourth European)	DEN Nationals/WCTs	Edjsberg	04-12-09
15:58.54	Rigamonti (Note: first Swiss female gold-medalist)	XXIX European Championships	Eindhoven	03-23-08
15:58.55a	Ai Shibata, JPN (Note: third woman under 16:00.0 in same race. First-time ever)	World Championships	Melbourne	03-27-07
15:58.75p	Korbisch	World Championships	Rome	07-27-09
15:59.44	Evans	U.S. Nationals	Austin	07-30-93
16:00.18*	Hannah Stockbauer, GER (Note: second-consecutive title.)	World Championships	Barcelona	07-22-03
16:00.25*	Erika Villaecija, ESP	World Championships	Rome	07-28-09
16:00.41	Ziegler (Note: first U.S. gold-medalist.)	World Chamnpionship	Montreal	07-26-05
16:00.60	Fiulippi	ITA Winter Natonals	Riccione	03-04-09
16:00.73	Evans	U.S. Nationals	Clovis	07-31-87
16:01.02	Stockbauer	World Championships	Fukuoka	07-28-01
16:02.08	Vallaecija (Note: Spain's first distance-freestyle medalist [silver])	XXIX European Championships	Eindhoven	03-23-08
16:02.82p	Peirsol	World Championships	Melbourne	03-26-07
16:02.99	Villaceija	ESP Nationals/WCTs	Malaga	04-04-09
16:03.01*	Laure Manaudou, FRA	FRA Nats./Euro. Championship Trials	Tours	05-14-06
16:02.21p	Potec	World Championships	Rome	07-27-09
16:03.03	Racele Bruni, ITA	ITS Winter Nationals	Riccione	03-04-09
16:03.30	Diana Munz, USA	U.S. Nationals	Federal Way	04-01-00
16:04.34	Rigamonti	World Championships	Montreal	07-26-05
16:04.34p	Filippi	World Championships	Rome	07-27-09
16:04.49	Kim Linehan, USA/Texas	AAU Nationals	Ft. Lauderdale	08-19-79
16:04.78p	Villaecija	World Championships	Rome	07-27-09
16:04.84+*	Hayley Lewis, AUS	Pan-Pac Championships	Kobe	08-12-93
16:05.83	Villeacija	World Championships	Melbourne	03-26-07
16:05.90	Rigamonte (Note: Games record)	World University Games	Bangkok	08-13-07
16:05.91	Stockbauer	GER Nationals/WCTs	Hamburg	05-18-03
16:05.92p	Shibata	World Championships	Melbourne	03-27-07
16:05.99	Rigamonti	World Championships	Fukuoka	07-28-01
16:06.13	Sachiko Yamada, JPN	U.S. Nationals	Orlando	02-14-04
16:06.63	Tracey Wickham, AUS	AUS Nationals/FINA Cup Trials	Perth	02-25-79
16:06.74	Potec	FRA Regional Championships	Saint-Germaine	01-18-09
16:07.05	Munz	World Championships	Fukuoka	07-28-01
16:07.71p	Ziegler	World Championships	Melbourne	03-26-07
16:07.73*	Brittany Reimer, CAN	World Championships	Montgreasl	07-26-05
16:07.86	Munz	Pan-Pac Championships	Yokohama	08-24-02
16:07.94*	Anastasia Ivanenko, RUS	RUS WSinter Nationals	Moscow	02-04-07
Remaining Top 50 Perforemrs				
16:08.02	Marybeth Linzmeier, USA/Stanford	AAU Nationals	Ft. Lauderdale	08-19-79
16:08.64	Kalyn Keller, USA/USC	U.S. Nationals	College Park	08-09-03
16:08.80	Brooke Bennett, USA	U.S. Nationals	Federal Way	04-01-00
16:08.96p*	Wendy Trott, RSA/Georgia (Note: 2009 NCAA Division 1 1650 yard freestyle gold-medalist/Southeastern Conference record-setter. African record.)	World Championships	Rome	07-27-09
16:09.66	Melissa Gorman, AUS	World Championships	Rome	07-28-09
16:10.11	Janelle Elford, AUS	AUS Nationals	Perth	02-28-87

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16:10.13	Jana Henke, GER	World Championships	Barcelona	07-22-03
16:10.42	Stacey Gartrell, AUS	Pan-Pac Championships	Kobe	08-12-93
16:11.15	Michelle Ford, AUS/USC	New South Wales Invitational	Sydney	12-19-80
16:11.97	Tiffany Cohen, USA/Texas	U.S. Nationals	Clovis	08-06-83
16:12.00	Eier Santamaria, ESP	ESP Nationals/WCTs	Malaga	04-04-09
16:12.56p	Chloe Sutton, USA	World Championships	Rome	07-27-09
16:12.57	Michelle Richardson, USA/Miami	U.S. Winter Nationals	Indianapolis	03-31-84
16:13.01	Hua Chen, CHN	CHN Nationals/Pan-Pac Trials	Chengdu	04-26-02
16:13.13*	Regina Sytch, RUS	World Championships	Barcelona	07-22-03
16:13.55*†	Astrid Strauss, GDR	USS International	Austin	01-05-84
16:14.12	Julie Kole, USA/Stanford	U.S. Nationals	Los Angeles	07-31-89
16:14.70*	Rebecca Cooke, GBR	World University Games	Daegu	08-29-03
16:14.94	Claudia Dacas, ESP	ESP Nationals/WCTs	Malaga	04-04-09
16:15.37	Julie McDonald, AUS	AUS Winter Nationals	Perth	08-04-89
16:15.88	Leslie Daland, USA/USC	1 st Goodwill Games	Moscow	07-06-86
16:16.31	Adrienne Binder, USA/Auburn	U.S. Nationals	College Park	08-09-03
16:16.52	Maiko Fujino, JPN	JPN Nationals/WCTs	Hamamatsu	04-19-09
16:16.80	Amanda Pascoe, AUS	World Championships	Fukuoka	07-28-01
16:17.17	Laura Conway, USA/Georgia	World Championships	Montreal	07-25-05
16:17.20	Sarah Paton, AUS	AUS Nationals/WCTs	Sydney	03-14-05
16:18.12	Stefanie Williams, AUS	Pan-Pac Junior Championships	Maui	01-06-05
16:18.17	Yurie Yano, JPN	JPN World Championship "Tune up"	Komman	01-29-07
16:18.43	Katie Hoff, USA	<i>North Baltimore Aquatics Invitational</i>	Baltimore	06-15-07
16:18.94	Karen LaBerge, USA/USC	U.S. Nationals	Indianapolis	08-21-82
16:19.03	Alexis Larsen, USA/USC	Pan-Pac Championships	Kobe	08-12-93

50 METER BACKSTROKE

Top 52 Performances

27.06**	Jing Zhao, CHN (Reaction Time: +0.51. (Note: first Asian gold medalist, second world record-setter. Teammate Yang Li went 28.09 @ World Military Championships two years ago.)	World Championships	Rome	07-30-09
27.23+*#	Daniela Samulski, GER (Reaction Time: +0.60.)	World Championships	Rome	07-30-09
27.28	Chang Gao, CHN (Reaction Time: +0.63.)	World Championships	Rome	07-30-09
27.31*	Anastasia Zueva, RUS (Note: fastest non-medalist all-time [fourth]. (Note: first time four women under old wr in same race. Perhaps first-time ever, <u>ANY</u> race!)	World Championships	Rome	07-30-09
27.38sf2	Zueva (Reaction Time: +0.80.)	World Championships	Rome	07-29-09
27.38	Gao (Note: fastest-ever on Asian soil Chinese Open/"All Comers" record.).	8 th Asian Swimming Championships	Foshan	11-26-09
27.39sf1	Daniela Samulski, GER (Reaction Time: +0.62.)	World Championships	Rome	07-29-09
27.43	Gao (Note: Games record.)	5 th East Asian Games	Hong Kong	12-07-09
27.45	Zhao	5 th East Asian games	Hong Kong	12-07-09
27.47	Zueva	RUS Nationals/WCTs	Moscow	04-32-09
27.48p	Zueva	RUS Nationals/WCTs	Moscow	04-28-09
27.51sf1	Sophie Edington, AUS	World Championships	Rome	07-29-09
27.56	Zueva	<i>XXVII Mtng. de Monaco/Mare Nosrum</i>	Monte Carlo	06-14-09
27.57sf2*	Aleksandra Gerasimenya, BLR	World Championships	Rome	07-29-09
27.59sf2	Zhao	World Championships	Rome	07-29-09
27.61	Samulski	GER Nationals/WCTs	Berlin	06-26-09
27.62	Gerasimenya	World Championships	Rome	07-30-09
27.65p	Gerasimenya	World Championships	Rome	07-29-09

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27.66sf2	Gao	World Championships	Rome	07-29-09
27.67	Edington	AUS Olympioic Trials	Sydney	03-23-08
27.67	Zhao	CHN Nationals/WCTs	Shaoxing	04-09-09
27.70p	Zueva	World Championships	Rome	07-29-09
27.70p	Samulski	World Championships	Rome	07-29-09
27.70sf1	Emily Seebohm, AUS	World Championships	Rome	07-29-09
27.70sf2**	Fabiola Molina, BRA/Tennessee	World Championships	Rome	07-29-09
(Note: South American record. ONLY South American woman ever under 28.0. 30-34 age-group "world record." Born: 05/11//75.				
(Note: Molina, Australia's Emily Seebohm tied for eighth in qualifying. Not only fastest-ever Top 8 in history but first [and ONLY] time eight women have gone 27.70 or faster, albeit in two different heats.)				
27.73sf1*	Aya Terakawa, JPN	World Championships	Rome	07-29-09
27.73	Edington	World Championships	Rome	07-30-09
27.76	Gao	CHN Nationals/WCTs	Shaoxing	04-09-09
27.77sf2*	Hinkelien Schreuder, NED	JPN Nationals/WCTs	Hamamatsu	04-18-09
27.77	Zhao	8 th Asian Swimming Championships	Foshan	11-26-09
27.80*	Hayley Gregory, USA/Texas-USC	Texas Sr. Circuit Championships No. 4	Austin	06-07-08
27.80	Zueva	<i>Arena Meeting de Canet/Mare Nostrum</i>	Canet	06-09-09
(Note: French Open/"All Comers"/meeting record)				
27.82	Zueva	<i>XXX Ciutat de Bcelona/Mare Nostrum</i>	Barcelona	06-07-09
(Note: Spanish Open/"All Comers" record)				
27.82p	Edington	World Championships	Rome	07-29-09
27.83	Edington	<i>XXIX Ciutat de Barcelona/Mare Nostrum</i>	Barcelona	06-11-08
27.83	Samulski	<i>XXVII Mtng. de Monaco/Mre Nosrum</i>	Monte Carlo	06-14-09
27.83sf1	McGregory	World Championships	Rome	07-29-09
27.83	Edington	World Championships	Rome	07-29-09
27.85p	Samulski	GER Nationals/WCTs	Berlin	06-25-09
27.85p	Edington	World Championships	Rome	07-29-09
27.88p	McGregory	World Championships	Rome	07-29-09
27.88sf2	Shiho Sakai, JPN	World Championships	Rome	07-29-09
27.88	Molina	World Championships	Rome	07-29-09
27.89	Edington	AUS Natonals/WCTs	Sydney	03-21-09
27.90	Li Yang, CHN	CHN Ntionals	Beijing	08-31-09
27.92sf1*	Gemma Spofforth, GBR/Florida	World Championships	Rome	07-29-09
(Note: World Championships gold-medalist/world record-setter, 100 meter backstroke.				
(Note: NCAA Division 1 record-holder/2009 gold-medalist, 100-200 yard backstroes. Also, Southeastern Conference [SEC] and Gator record-holder in same events/2009 Championships gold-medalist!)				
27.94p	Terakawa	JPN Nationals/WCTs	Hamamatsu	04-18-09
27.94sf	Samulski	<i>XXVII Mtng. de Monaco/Mre Nosrum</i>	Monte Carlo	06-14-09
27.94p	Molina	World Championships	Rome	07-29-09
27.95sf	Seebohm	AUS Olympic Trials	Sydney	03-22-08
27.95	Eddington	<i>XXVI Mtng. de Monaco/Mare Nsotrum</i>	Monte Carlo	06-08-08
27.95p	Terakawa	World Championships	Rome	07-29-09
Remaining Top 50 Performers				
28.05*	Sanja Jovanovic, CRO	<i>23rd Golden Bear Invittional</i>	Zagreb	06-21-08
(Note: world record-hholder [scm], 25.70, European Championships, Istanbul, 12-13-09)				
28.09	Yang Li, CHN	4 th World Military Championships	Hyderabad	10-19-07
28.10*	Mercedes Peris, ESP	ESP Nationals/WCTs	Malaga	04-03-09
28.11	Nina Zhivanevskaya, ESP	XXIX European Championships	Eindhoven	03-23-08
28.13	Xiutsn Longzi, CHN	CHN Nationals/WCTs	Shaoxing	04-09-09
28.16sf2	Leila Varziri, USA/Indiana	World Championships	Melbourne	03-28-07
(Noe: first Indiana female world-record setter. First Hoosier since Jim Montgomery [100 meter freesyle, Montreal, 1976] to set a world- record. Also first Big Ten woman gold-medalist)				
28.19	Janine Pietsch, GER	GER Nationals/WCTs	Berlin	05-26-05
28.20	Tianlongzi Xu, CHN	World University Games	Belgrade	07-10-09
28.24	Tayliah Zimmer, AUS	AUS Olympic Trials	Sydney	03-23-08
28.25p	Sandra Volker, GER	GER Olympic Trials	Berlin	06-17-00

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28.25	Reiko Nakamura, JPN	Japan Open	Tokyo	06-08-08
28.26	Myuki Takemura, JPN	Japan Open	Tokyo	06-07-09
28.27p*	Elena Gemo, ITA	World Championships	Rome	07-29-09
28.30s	Natalie Coughlin, USA/Cal	World Championships	Melbourne	03-27-07
	(Note: 50 split off world record-setting 59.44 100 meter backstroke clocking. (Note: Olympi gold-medalist, 100 meter backstroke [Athens, 2004; Beijing, 2008]; World Champion, 2001, '05-'07)			
28.30	Belinda Hocking, AUS	AUS Nationals/WCTs	Sydney	03-21-09
28.34	Yanyan Chen, CHN	CHN Nationals/WCTs	Shaoxing	04-08-09
28.42	Giann Rooney, AUS	AUS Nats./Commonwealth Games Trials	Melbourne	02-03-07
28.45	Christine Zenner, GER	GER Olympic Trials	Berlin	04-20-08
28.48	Miyuki Takemura, JPN	4 th East Asian Games	Hong Kong	12-07-09
28.50*	Ilona Hlavackova, CZE	World Championships	Barcelona	07-24-03
28.50	Jin Zhao, CHN	7 th Asian Championships	Singapore	03-08-06
28.50*	Laure Manaudou, FRA	Paris Open	Paris	08-04-07
	(Not: 2007 World Champion, 200-400 meter freestyles; silver-medalist, 100 meter backstroke)			
28.50	Eri Tabei, JPN	JPN Nationals/WCTs	Hamamatsu	04-18-09
28.51	Haley Cope, USA/Cal	World Championships	Fukuoka	07-24-01
28.53	Antje Buschschulte, GER	World Championships	Fukuoka	07-24-01
28.53p*	Julia Wilkinson, CAN/Texas A&M	CAN Nationals	Winnipeg	07-18-08
28.55	Jenny Lahl, GER	GER Olympic Trials	Berlin	04-20-08
28.55sf*	Chanelene Van Wyk, RSA	RSA Nations/WCTs	Durban	04-16-09
28.55	Etienne Medeiros, BRA	<i>Trofeu Maria Lenk</i> /BRA National	Rio de Janeiro	05-07-09
28.55p*	Ingvild Snildal, NOR	World Championships	Rome	07-29-09
28.56	Mai Nakamura, JPN	JPN Nationals/Pan-Pac Trials	Tokyo	04-22-06
28.57sf1	Lauren Rogers, USA/Cal	World University Games	Belgrade	07-09-09
28.60	Xiujun Chen, CHN	CHN Nationals/WCTs	Harbin	04-17-05
28.61p	Elizabeth Simmonds, GBR	British University Championships	Loughborough	02-14-09
28.61	Lidjia Franic, CRO	CRO Nationals/WCTs	Zagreb	07-08-09
28.62	Stanislava Komarova, RUS	<i>Moscow Cup</i> /RUS Nationals	Moscow	07-02-03
28.62	Noriko Inada, JPN	World Championships	Barcelona	07-24-03

100 METER BACKSTROKE

Top 50 Performances

58.12**	Gemma Spofforth, GBR/Florida	World Championships	Rome	07-28-09
	(Splits: 28.71, 58.12 [29.41]. (Note: first world-record/World Championship title of career, first British gold-medalist [either sex], first Gator female gold-medalist [any event] and first Gator woman to set a backstroke world-record. Ryan Lochte and Martin Zubero, both former Gators, have won World Championship golds and set wrs in 200 meter backstroke, and won Olympic golds. Lochte won in Beijing 2008], Zubero in 1992 in his hometown of Barcelona swimming for Spain. (Note: first British woman to break 100 back world-record since Margaret Edwards went 1:12.4 @ Cardiff on April 19, 1958. Her record was short-lived, however, as it was broken by a Dutch swimmer three months later [1:12.3]. (Note: first time world-record broken in same meet on consecutive days since East Germany's Rica Reinisch swam 1:01.50 in the prelims of the Olympics @ Moscow on July 22, 1980, then became first under 1:01.0 with her 1:00.86 that won the gold-medal the following day. (Note: 2008, '09 NCAA Division 1 champion, 100 yard backstroke. Southeastern Conference record-holder. (Note: Tracy Caulkins, who won three golds and set and/or equalled three world records @ the 1978 World Championships in West Berlin [200 fly, both IMs] and became a multi-NCAA champ for Florida but not until several years following her Berlin effort. Caulkins swam for the Gators in the early '80, climaxing her career with a treble gold-medalwinning performance @ the Los Angeles Olympics [1984].)			
58.18+*#	Anastasia Zueva, RUS	World Championships	Rome	07-29-09
	(Splits: 28.13, 58.18 [30.06]. (Note: 50 split fastest all-time en route to 100 back clocking. (Note: first time two different woman from two different countries have broken world-record in same race and first time one has broken the other's global-standard from earlier in meet.)			

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58.48sf1	Zueva (Splits: 28.43, 58.48 [30.05]. (Note: 50 split fastest all-time en route to world record. USA's Naalie Coughlin's 28.39 fastest 50 split all-time but hers was not done in a world-record swim. (Note: first Russian woman to set a 100 back world-record. No swimmer from former Soviet Union ever did it either .)	World Championships	Rome	07-27-09
58.73sf2	Spofforth (28.73, 58.73 [30.00].	World Championships	Rome	07-27-09
58.77sf2*	Kirsty Coventry, ZIM/Auburn (Splits: 28.86, 58.77 [30.91]) (Note: second world-record of career, first in 100 back. Set 200 back global-standard [2:06.29] earlier this year @ Missouri Grand Prix. Frist non-South African African wr-setter. Last African woman to break 100 back wr: RSA's Karen Muir, 1:05.6 @ Utrecht, 07/06/69)	Olympics	Beijing	08-10-08
58.78p	Spofforth (Splits: 28.64, 58.78 [30.14])	World Championships	Rome	07-27-09
59.88*	Emily Seebohm, AUS (Splits: 28.73, 58.88 [30.16])	World Championships	Rome	07-29-09
58.94r*	Natalie Coughlin, USA/Cal (Splits: 28.39, 58.94 [30.55])	Olympics	Beijing	08-17-08
58.96	Coughlin (Splits: 28.92, 58.96 [30.04]) (Note: second-consdcutiver gold; first woman to accomplish this feat. Teammate Aaron Peirsol won 100 back gold immediately preceding Coughlins swim so they're first swimmers from same country to win golds on same day. Both also won @ Athens four years earleirbutg on different days. Americans Beth Botsford/Jeff Rouse won @ Atlantas [1996] but again on different days.)	Olympics	Beijing	08-10-08
58.96r	Spofforth (Splits: 29.14, 58.96 [29.83])	World Championships	Rome	08-01-09
58.96a	Jing Zhao, CHN (Splits: 28.60, 58.96 [30.36])	11 th National Games	Jinan	10-19-09
58.97	Coughlin (Splits: 28.45, 58.97 [30.52]) (Note: 2001, '05, '07 World Champion, 100 meter backstroke. (Note: fifth world-record of career, second in two days and third in 2008. She's now tied with Lynn Burke for most-ever by an American. East Germany's Ulrike Richter has most all-time with nine. (Note: moments earlier, American Aaron Peirsol broke his own wr in men's race with a 52.89. When Coughlin then followed suit, it marks first time a male and a female from same country had set wrs in same meet on same day. At 1964 Olympics in Tokyo, Americans Thompson Mann and Cathy Carr almost accomplished this same feat but there was a two-day differential. Carr set her wr (1:07.7) en route to the gold on 10/14; Mann swam his 59.6 global standard two days later. Mann's time was first sub-1:00.0 clocking. Three years later (August, 1967), coincidentally in Tokyo, American Doug Russell broke Mann's record with a 59.5. One day later, Russell equaled Mark Spitz's 55.3 world-record in the 100 butterfly. A year later, Russell won Olympic gold in the 100 fly @ Mexico City, defeating, among others, Spitzr. Who wudda thunk it? Not <u>EVEN</u> Jim Plunkett!)	U.S. Olympic Trials	Omaha	07-30-08
58.98r	Zhao (Splits: 28.79, 58.98 [20.19])	World Championships	Rome	08-01-09
59.00p	Coventry (Splits: 28.99, 59.00 [30.01])	Olympics	Beijing	08-10-08
59.01p	Zueva (Splits: 28.87, 59.01 [30.14])	World Champiounships	Rome	07-27-09
59.03p	Coughlin (Splits: 28.68, 59.03 [31.35])	U.S. Olympic Trials	Omaha	06-30-08
59.04r	Chang Gao, CHN (Splits: 29.04, 59.04 [30.00])	11 th National Games	Jinan	10-24-09
59.05r	Spofforth (Splits: 29.04, 59.05 [30.01])	Olympics	Beijing	08-17-08
59.11p	Hayley McGregory, USATexas/USC (Splits: 28.58, 59.11 [30.53]) (Note: meet record.)	U.S. Open	Minneapolis	08-01-08

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59.14*	Shiho Sakai, JPN (Splits: 28.89, 59.14 [30.25]) (Note: world recore-holder, 100 m backstroke [scm], 55.23, World Cup, Berlin, 11-14-09 [splits: 26.73, 55.23])	World Championships	Rome	07-28-09
59.15p	McGregory (Splits: 28.67, 59.15 [31.48]) (Note: first worrld-record of career – and it lasted less than five minutes. Natalie Coughlin swam a 59.03 in next heat!))	U.S. Olympic Trials	Omaha	06-30-08
59.15sf1	Seebohm (Splits: 28.87, 59.15 [30.28])	World Championships	Rome	07-27-09
59.16r	Zueva (Splits: 29.05, 59.16))	Olympics	Beijing	08-17-08
59.19	Coventry (Splits: 28.92, 59.19 [30.27])	Olympics	Beijing	08-10-08
59.20	McGregory (Splits: 28.40, 59.20 [30.80]) (Note: first woman other than Coughlin to swim two sub 1:00.0s in two separate meets.)	U.S. Open	Minneapolis	08-01-08
59.21p	Coughlin (Splits: 28.77, 59.21 [30.44])	<i>Toyota/Missouri Grnd Prix</i>	Columbia	02-17-08
59.21	Margaret Hoelzer, USA/Auburn (Splits: 29.25, 59.21 [29.96]) (Note: fastest-ever non-winning time)	U.S. Olympic Trials	Omaha	07-01-08
59.21sf2	Coventry (Splits: 29.00, 59.21 [30.21])	Worlds Championships	Rome	07-27-09
59.25sf2	Saai (Splits: 28.87, 59.25 [30.38])	World Championships	Rome	007-27-09
59.27	Coughlin (Splits: 28.94, 59.27 [30.33]) (Note: McDonald's Olympic Swim Stadium/Southern California Swimming Open/"All Comers" records.)	<i>15th Janet Evans Invitational</i>	Los Angeles	06-08-08
59.27	Zueva (Splits: 29.07, 59.27 [30.20]) (Note: French Open/"All Comers"/meet records. Fastest-ever on European continent.)	<i>Arena Meeting de Canet/Mare Nostrum</i>	Canet	06-11-09
59.28	Zhao (Splits: 29.19, 59.28 [30.09])	World Championships	Rome	07-28-09
59.29pr	Hoelzer (Splits: 29.12, 59.29 [30.17])	Olympics	Beijing	8-16-08
59.30r	Sakai (Splits: 28.81, 59.30 [30.49])	World Championships	Rome	08-01-09
59.31r	McGregory (Splits: 28.47, 59.31 [30.84])	U.S. Open	Minneapolis	08-02-08
59.31	Gao (Splits: 29.17, 59.31 [30.17])	11 th National Games	Jinan	10-24-09
59.33r	Seebohm (Splits: 28.91, 59.33 40.42)) (Not: leadoff leg on Australia' gold-medal winning/world record-setting 400 medley relay)	Olympics	Beijing	08-7-08
59.34	Hoelzer (Splits: 29.02, 59.34 [30.32])	Olympics	Beijing	08-10-08
59.36	Reiko Nanamura, JPN (Splits: 28.92, 59.36 [30.44])	Olympics	Beijing	08-10-08
59.38	Spofforth (Splits: 29.15, 59.38 [30.23])	Olympics	Beijing	08-10-08
59.39sf2	Zhao (Splits: 29.09, 59.39 [30.30])	World Championships	Rome	07-27-09
59.40	Zueva (Splits: 29.01, 59.40 [30.39])	Olympics	Beijing	08-01-08
59.40r	Seebohm (Splits: 28.79, 59.40 [30.61])	World Championships	Rome	08-01-09
59.40sf	Yanxin Zhou, CHN (Splits: 28.84, 59.40 [30.56])	11 th National Games	Jinan	10-18-09

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59.41	Zueva (Splits: 28.89, 59.41 [30.52])	XXIX European Championships	Eindhoven	03-21-08
59.42	Coventry (Splits: 29.46, 59.42 [29.96]) (Note: Longhorn Aquatics/Texas Swimming Center/South Texas Swimming Open/"Al Comers" record)	American Long Course Championships	Austin	03-07-08
59.42	McGregory (Splits: 28.57, 59.42 [30.85]) (Note: third American under 1:00.0 in same race for second-consecutive day. Unprecedented!) (Note: second-consecutive third-place Trials finish. Also took "show" spot @ Athens Trials in Long Beach [2004])	U.S. Olympic Trials	Omaha	07-02-08
59.42	McGregory (Splits: 28.84, 59.42 [30.58])	World Championships	Rome	07-28-09
59.43sf1	Coughlin (Splits: 28.87, 59.43 [30.56])	Olympics	Beijing	08-10-08
59.43	Seebohm (Splits: 28.78, 59.43 [30.65])	ZOGGS/Queensland State Championships	Brisbane	12-13-09
Remaining Top 51 Performers				
59.50sf*	Laure Manadou, FRA (Splits: 29.45, 59.50 [30.05])	XXIX European Championships	Eindhoven	03-20-08
59.55sf1	Elizabeth Simmonds, GBR (Splits: 29.44, 59.55 [30.11])	World Championships	Rome	07-27-09
59.67	Aya Terakawa, JPN (Splits: 29.89, 59.67 [29.7]) (Note: fourth Japanese woman sub 1:00.0. Most by any Asian nation.)	JPN Nationals/WCTs	Hamamatsu	04-17-09
59.77sf2*	Daniela Samulski, GER (Splits: 28.61, 59.77 [31.16])	World Championships	Rome	07-27-09
59.77r	Rachel Bootsma, USA (Splits: 29.38, 59.77 [30.39]) (Note: U.S. national junior record, 15-126 NAG record.)	U.S. Junior Nationals	Federal Way	08-14-09
59.83	Hanae Itou, JPN (Splits: 29.42, 59.83 [30.41])	JPN Olympic Trials	Tokyo	04-17-08
59.84	Sophie Edington, AUS (Splits: 29.06, 59.84 [30.78])	AUS Olympic Trials	Sydney	03-24-08
59.95p	Belinda Hocking, AUS (Splits: 28.91, 59.95 [31.04])	AUS Nationals/WCTs	Sydney	03-18-09
1:00.00	Esther Baron, FRA (Splits: 29.74, 1:00.00 [30.36])	FRA Nationals/WCTs	Montpellier	04-22-09
1:00.07r**	Fabiola Molina, BRA/Tennessee (Splits: 29.36, 1:00.07 [30.71])	World Championships	Rome	08-01-09
1:00.16r	Cihong He, CHN (Splits: 29.54, 1:00.16 [30.62])	World Championships	Rome	09-10-94
1:00.19	Alexiane Castel, FRA (Splits: 29.51, 1:00.19 [30.68])	FRA Nationals/WCTs	Montpellier	04-22-09
1:00.21*	Diana Mocanu, ROM (Note: gold-medalist)	Olympics	Sydney	09-18-00
1:00.21	Yanyan Chen, CHN	CHN Nationals/WCTs	Xaoxing	04-07-09
1:00.21*	Katy Murdoch, CAN	Tri Nations Cup	Crystal Palace [London]	08-02-09
1:00.22	Yingjuan Zhen, CHN	8 th National Games	Shanghai	10-15-97
1:00.22*	Emily Thomas, NZL	ZOGGS/Queensland St. Championships	Brisbane	12-15-09
1:00.29*	Nina Zhivanevskaya, ESP	XXIX European Championships	Eindhoven	03-21-08
1:00.31*	Krisztina Egerszegi, HUN	XX European Championships	Athens	08-22-91
1:00.33r	Antje Buschschulte, GER	World Championships	Barcelona	07-26-03
1:00.37r	Julia Wilkinson, CAN/Texas A&M	World Championships	Rome	08-01-09
1:00.39	Tasaku Tanaka, JPN	64 th National Sport Festival	Nagaoka	09-11-09
1:00.43	Zhou Yan Xin, CHN	CHN Nationals	Beijing	08-30-09
1:00.47p	Elizabeth Pelton, USA (Note: 15-16 NAG record.)	World Championships	Rome	07-27-09
1:00.48*	Louise Oerstedt, DEN	DEN Nationals/WCTs	Greve	03-25-05

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1:00.49	Katy Sexton, GBR	GBR Nationals/WCTs	Sheffield	03-20-03
1:00.50	Melissa (Missy) Franklin, USA (Note: 13-14 NAG record.)	U.S. Junior Nationals	Federal Way	08-13-09
1:00.50r	Shu Zhan, CHN	11 th National Games	Jinan	10-25-09
1:00.51	Eszter Dara, HUN	HUN Nationals/WCTs	Eger	06-28-09
1:00.55	Mai Nakamura, JPN	Olympics	Sydney	09-18-00
1:00.59	Jianan Yao, CHN	CHN Nationals	Beijing	08-30-09
1:00.59r*	Ina Kleber, GDR	Friendship Games	Moscow	08-24-84
1:00.62	Li Yang, CHN	11 th National Games	jinan	10-19-09
1:00.64*	Sanja Jovanovic, CRO	XXIX European Championships	Eindhoven	03-21-08
1:00.64	Noriko INada, JPN	U.S. Open	Federal Way	08-07-09
1:00.66p	Elizabeth Coster, NZL	Olympics	Beijing	08-10-08
1:00.67p	Pernille Larsen, DEN	World Championships	Rome	07-27-09
1:00.69p	Elizabeth Beisel, USA	U.S. Nationals/WCTs	Indianapolis	07-08-09
1:00.69	Jen Connolly, USA/Purdue	U.S. Nationals/WCTs	Indianapolis	07-08-09

200 METER BACKSTROKE

Top 50 Performances

2:04.81**	Kirsty Coventry, ZIM/Auburn (Splits: 29.44, 1:00.91 [31.47], 1:32.81 [31.90], 2:04.81 32.00). (Note: second gold-medal. Won in 2005 [2:08.52]. (Note: 100 split second-fastest all-time en route to 200 back clocking. (Note: has now won every major competition she's swum in since 2004 Olympics save for 2006 Commonwealth Games [where she was ineligible to swim as her country was excluded from competition] and the 2007 World Championship [where she finished runner-up to former Auburn teammate Margaret Hoelzer]. (Note: third 200 back world-record of career, second-most all-time by an African woman. South Africa's Karen Muir broke the standard four times during her career in mid-1960s [from 2:27.1 in 1966 to 2:23.8 two years later.] (Note: win ties Coventry with GDR's Cornelia Sirch [1982, '86] as only women to win race twice.)	World Championships	Rme	08-01-09
2:04.94*+##	Anastasia Zueva, RUS (Splits: 30.23, 1:02.21 [31.98], 1:33.58 [33.57], 2:04.94 [31.36]. (Note: first time swimmers finishing one-two touched under old world-record in same race.)	World Championships	Rome	08-01-09
2:05.24+	Coventry (Split: 29.62, 1:00.83 [31.21], 1:32.69 [31.86], 2:05.24 [32.55]) (Note: 100 split fastest-ever en route to 200. (Note: second-consecutive title. Hungary's Kristina Egerszegi, with three 200 back Olympic golds [Seoul, 1988; Barcelona, 1992; Atlanta, 1996] only swimmer to threepeat. Australia's Dawn Fraser [100 free, Melbourne, 1956; Rome, 1960, Tokyo, 1964] only other Olympic threepeater. (Note: Coventry third African woman to win gold in <u>ANY</u> Olympic swimming event, first to score back-to-back titles. (Note: Coventry first swimmer since Egerszegi [1991 European Championships @ Athens] to set world records in both 100-200 backstrokes in same competition. Egerszegi's times: 1:00.31/2:06.62. (Note: Coventry's second gold ties her w/South Africa's Penny Heyns for most by an African woman .)	Olympics	Beijing	08-16-08
2:05.86sf2	Coventry (Splits: 29.91, 1:01.98 [32.07], 1:34.30 [32.22], 2:05.86 [31.66]. (Note: fastest qualifying time ever.)	World Championships	Rome	07-31-09
2:06.09*	Margart Hoelzer, USA/Auburn (Splits: 30.57, 1:02.17 [32.60], 1:34.02 [32.85], 2:06.09 [32.07]) (Note: first American since Texas' Betsy Mitchell [2:08.60 @ U.S. World Championships Trials, Orlando, 06/27/85] to break world-record. First Auburn female American to set a world record.)	U.S. Olympic Trials	Omaha	07-05-08
2:06.23	Hoelzer (Splits: 29.83, 1:01.69 [31.86], 1:33.85 [32.16], 2:06.23 [32.38]) (Note: first American medalist since Whitney Hedegpeth [silver, Atlanta, 1996])	Olympics	Beijing	08-16-08
2:06.39	Coventry (Splits: 30.15, 1:02.17 [32.02], 1:37.51 [32.34], 2:06.39 [31.88]) (Note: first Zimbabwe swimmer to set a world-record for either sex. First non-South African African to set a world-record. Last African 200 back wr-setter: Karen Muir [2:23.1] @ <i>Losa Angeles Invitational</i> , 07/21/68. That record was swum in same pool used for 1932 Olympic competition)	Toyota/Missouri Grand Prix	Columbia	02-16-08

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2:06.39	Elizabeth Beisel, USA (Splits: 30.32, 1:02.27 [32.05], 1:34.51 [32.24], 2:06.39 [31.88]) (Note: 15-16 NAG record)	World Championships	Rome	08-01-09
2:06.62*	Krisztina Egerszegi, HUN (Splits: 30.55, 1:02.34 [31.89], 1:34.79 [32.45], 2:06.62 [31.83]) (Note: world-record lasted 17 years, 5 months, 22 days until broen by Zimbabwe's Kirsty Coventry in 2008.)	XX European Championships	Athens	08-25-91
2:06.64*	Laure Manadou, FRA (Splits: 29.27, 1:01.41 [32.14], 1:35.53 [34.14], 2:06.64 [31.11])	FRA Olympic Trials	Dunkirk	04-26-08
2:06.66*	Gemma Spofforth, GBR/Florieda (Splits: 30.36, 1:02.97 [32.61], 1:35.60 [32.63], 2:06.66 [31.06]) (Note: world record-holder/2009 World Champion, 100 meter backstroke. (Note: U.S. Open/NCAA Division 1 record-holder/2008-'09 gold-medalist, 200 yard backstroke.)	World Championships	Rome	08-01-09
2:06.72p	Coventry (Splits: 30.43, 1:02.48 [31.05], 1:35.04 [32.56], 2:06.72 [31.68]) (Note: fastest-ever preliminary time.)	World Championships	Rome	07-31-09
2:06.76p	Coventry (Splits: 30.17, 1:02.11 [31.94], 1:34.65 [32.54], 2:06.76 [32.11])	Olympics	Beijing	08-14-08
2:06.83	Coventry (Splits: 30.05, 1:01.92 [31.87], 1:34.52 [32.60], 2:06.83 [32.21])	Japan 2007 International Invitational	Chiba	08-21-07
2:06.92	Beisel (Splits: 30.81, 1:02.82 [32.01], 1:35.15 [32.33], 2:06.92 [31.77])	U.S. Olympic Trials	Omaha	07-05-08
2:06.99	Coventry (Splits: 30.56, 1:02.42 [31.86], 1:35.00 [32.58], 2:06.99 [31.99]) (Note: meet/Pacific Swimming Open-"All Comer" records. Fastest-ever swum in Golden State!)	XLII Santa Clara Inrnational Invitational	Santa Clara	06-14-09
2:07.00sf2	Zueva (Splits: 30.31, 1:03.26 [32.95], 1:35.02 [31.76], 2:07.00 [31.98])	World Championships	Rome	07-31-09
2:07.06	Egerszegi (Splits: 30.43, 1:02.39 [31.96], 1:35.10 [32.71], 2:07.06 [31.96]) (Note: second-consecutive gold.)	Olympics	Barcelona	07-31-92
2:07.13a	Reiko Nakamura, JPN (Splits: 30.14, 1:02.11 [31.97], 1:34.28 [32.17], 2:07.13 [32.85]) (Note: second-consecurtive bronze.)	Olympics	Beijing	08-16-08
2:07.16	Hoelzer (Splits: 30.39, 1:02.79 [32.40], 1:35.06 [32.27], 2:07.16 [3210]) (Note: third U.S. gold-medalist. Hoelzser's first and so far only international gold-medal.)	World Championships	Melbourne	03-31-07
2:07.21sf1	Elizabeth Simmonds, GBR (Splits: 29.86, 1:02.07 [32.21], 1:34.47 [32.40], 2:07.21 [32.74])	World Championships	Rome	07-31-09
2:07.24	Egerszegi (Splits: 30.52, 1:02.48 [31.96], 1:35.36 [32.78], 2:07.24 [31.88])	XXII European Championships	Vienna	08-27-95
2:07.34p	Egerszegi (Splits: 30.48, 1:02.45 [31.97], 1:35.56 [33.11], 2:07.34 [31.78])	Olympics	Barcelona	07-31-92
2:07.40*	Cihong He, CHN (Splits: 30.20, 1:02.38 [32.18], 1:35.00 [32.62], 2:07.40 [32.40])	World Championships	Rome	09-11-94
2:07.41*	Meagan Nay, AUS (Splits: 30.12, 1:02.66 [32.54], 1:34.84 [32.18], 2:07.41 [32.57])	JPN Dual Meet/"Duel in the Pool I"	Canberra	05-10-09
2:07.44p	Beisel (Splits: 30.78, 1:03.19 [32.41], 1:35.63 [32.44], 2:07.44 [31.81])	U.S. Olympic Trials	Omaha	07-04-08
2:07.48sf2	Beisel (Splits: 30.70, 1:02.36 [32.56], 1:35.60 [32.34], 2:07.48 [31.88])	World Championships	Rome	07-31-09
2:07.54	Coventry (Splits: 30.22, 1:02.61 [32.39], 1:35.39 [32.78], 2:07.54 [32.15]) (Note: silver-medalist.)	World Championships	Melbourne	03-31-07
2:07.55	Alexianne Castel, FRA (Splits: 30.87, 1:02.23 [31.86], 1:34.50 [32.27], 2:07.55 [33.05])	FRA Nationals/WCTs	Montpellier	04-25-09
2:07.56	Spofforth (Splits: 30.41, 1:02.86 [32.45], 1:36.09 [33.23], 2:027.56 [31.47])	SCO Nationals/WCTs	Glasgow	06-26-09

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2:07.57	Jing Zhao, CHN	11 th National Games	Jinan	
	(Splits: 30.41, 1:02.51 [32.10], 1:35.44 [32.93], 2:07.57 [32.16])			
2:07.59	Coventry	USA Grand Prix	Austin	03-07-09
	(Splits: 30.89, 1:03.46 [32.57], 1:35.91 [32.45], 2:07.59 [32.68])			
2:07.64sf1	Spofforth	World Championships	Rome	07-31-09
	(Splits: 30.51, 1:03.02 [32.51], 1:35.92 [32.90], 2:07.64 [31.72])			
2:07.69	Hayley McGregor, USA/USC	U.S. Olympic Trials	Omaha	07-05-08
	(Splits: 29.54, 1:01.62 [32.08], 1:34.78 [33.16], 2:07.69 [32.92])			
	(Note: second-consecutive Trials "show" placing. Third in 2004 @ Long Beach. Says: "I'm going until '12 Trials!")			
2:07.69p	Spofforth	World Championships	Rome	07-31-09
	(Splits: 30.00, 1:02.75 [32.75], 1:26.13 [33.38], 2:07.69 [31.56])			
2:07.70sf2	Hoelzer	World Championships	Melbourne	03-31-07
	(Splits: 30.63, 1:02.92 [32.29], 1:35.13 [32.21], 2:07.70 [32.57])			
2:07.76sf2	Coventry	Olympics	Beijing	08-15-08
	(Splits: 30.01, 1:01.97 [31.95], 1:34.71 [32.74], 2:07.76 [33.05])			
2:07.78sf2	Coventry	World Championships	Melbourne	03-31-07
	(Splits: 30.12, 1:02.66 [32.54], 1:35.46 [32.80], 2:07.88 [32.42])			
2:07.78sf	Beisel	U.S. Olympic Trials	Omaha	07-04-08
	(Splits: 30.76, 1:03.36 [32.60], 1:35.97 [32.61], 2:07.78 [31.81])			
2:07.83	Egerszegi	Olympics	Atlanta	07-25-96
	(Splits: 30.30, 1:02.09 [31.79], 1:34.91 [32.40], 2:07.83 [31.92])			
	(Note: third-consecutive gold-medal. First [and ONLY] treble Olympic gold-medalist in same event)			
2:07.87	Zhao	CHN Nationals/WCTs	Xiaoxing	04-11-09
	(Splits: 30.56, 1:02.64 [32.08], 1:35.06 [32.42], 2:07.87 [32.81])			
2:07.88	Zueva	Olympics	Beijing	08-16-08
	(Splits: 30.63, 1:02.47 [31.84], 1:35.10 [32.63], 2:07.88 [32.78])			
2:07.90sf1	Beisel	Olympics	Beijing	08-15-08
	(Splits: 30.83, 1:02.93 [32.10], 1:35.38 [32.45], 2:07.90 [32.52])			
2:07.94	Castel	FRA Olympic Trials	Dunkirk	04-26-08
	(Splits: 30.14, 1:02.68 [32.54], 1:35.40 [33.72], 2:07.94 [32w.54])			
	(Note: first time two women from same nation under 2:08.0 in same race. Teammate Laure Manadou, wr-holder in the 200 m freestyle, won in NR 2:06.64 – at the time third performer-performance all-time)			
2:07.98p	Beisel	World Championships	Rome	07-31-09
	(Splits: 30.55, 1:03.10 [32.55], 1:57.71 [32.61], 2:07.98 [32.27])			
2:07.98	Simmonds	World Championships	Rome	08-01-09
	(Splits: 29.81, 1:02.67 [32.86], 1:35.54 [32.87], 2:07.98 [32.44])			
2:07.99p	Coventry	World Championships	Melbourne	03-31-07
	(Splits: 30.51, 1:02.96 [32.45], 1:35.50 [32.54], 2:07.99 [32.49])			
2:07.99	Manadou	XXIX European Championships	Eindhoven	03-19-08
	(Splits: 30.69, 1:02.86 [32.17], 1:35.83 [32.97], 2:07.99 [31.16])			
2:08.01sf	Manadou	FRA Olympic Trials	Dunkirk	04-25-08
	(Splits: 30.85, 1:03.50 [32.65], 1:36.51 [33.01], 2:08.01 [31.50])			
2:08.03*	Alessia Filippi, ITA	XVI Mediterranean Games	Pescara	06-28-09
	(Splits: 31.38, 1:03.42 [32.04], 1:35.66 [32.24], 2:08.03 [32.37])			
	(Note: Games record.)			
Remaining Top 50 Performers				
2:08.04	Elizabeth Pelton, USA	World Championships	Rome	08-01-09
	(Splits: 30.66, 1:02.62 [31.96], 1:35.98 [32.76], 2:08.04 [32.06])			
2:08.07p	Belinda Hocking, AUS	World Championships	Rome	07-31-09
	(Splits: 30.18, 1:01.97 [31.79], 1:35.06 [33.09], 2:08.07 [33.01])			
2:08.16*	Diana Mocanu, ROM	Olympics	Sydney	09-22-00
	(Splits: 31.56, 1:03.67 [32.11], 1:36.21 [32.54], 2:08.16 [31.95])			
	(Note: gold-medalist)			
2:08.40	Anqi Bai, CHN	11 th National Games	Jinan	10-23-09
2:08.49sf1	Aya Terakawa, JPN	World Championships	Rome	07-31-09
2:08.51	Yingjuan Zhan, CHN	8 th National Games	Shanghai	10-19-97
2:08.53	Natalie Coughlin, USA/Cal	U.S. Nationals/Pan-Pac Trials	Ft. Lauderdale	08-16-02

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2:08.60	Betsy Mitchell, USA/Texas	U.S. World Championship Trials	Orlando	06-27-86
2:08.74	Katy Sexton, GBR (Note: gold-medaist. First [and ONLY] British woman to win an individual World Championship title.)	World Championships	Barcelona	07-26-03
2:08.74	Shiho Sakai, JPN	Japan Open	Tokyo	06-06-09
2:08.80	Hanae Itou, JPN	<i>XLVI RomAquatica/Sette Colli Invitational</i>	Rome	06-07-08
2:08.91	Stephanie Proud, GBR/Florida (Note: Games record.)	World University Games	Belgrade	07-06-09
2:09.01	Yanxin Zhou, CHN	11 th National Games	Jinan	10-23-09
2:09.09	Janie Wagstaff, USA/Florida	U.S. Nationals	Federal Way	04-04-91
2:09.13*	Melissa Ingram, NZL	<i>ZOOGS/Queensland St. Championships</i>	Brisbane	12-15-09
2:09.16	Melissa (Missy) Franklin, USA (Note: U.S. junior record, 13-14 NAG record. Also broke both records in 100 free w/her 54.03 same day!)	U.S. Junior Nationals	Federal Way	08-11-09
2:09.30	Tomoyo Fukuda, JPN (Note: Games record.)	5 th East Asian Games	Hong Kong	12-06-09
2:09.35	Alexandra Putra, FRA/Georgia	FRA Olympic Trials	Dunkirk	04-26-08
2:09.39sf	Stanislava Komarova, RUS	World Championships	Barcelona	07-25-03
2:09.42	Marie Kamimura, JPN	Junior Olympic Cup	Tokyo	08-27-09
2:09.43	Chang Gao, CHN	11 th National Games	Jinan	10-23-09
2:09.46*	Dagmar Hase, GER	Olympics	Barcelona	07-31-92
2:09.46sf	Nikolett Szepesi, HUN	XXIX European Championships	Eindhoven	03-18-08
2:09.48	Liaoyang Jiao, CHN	8 th Asian Swimming Championships	Foshan	11-24-09
2:09.53*	Nina Zhivanevskaya, ESP	XXV European Championships	Helsinki	07-04-00
2:09.53	Maggie Meyer, USA/Wisconsin	U.S. Open	Federal Way	08-05-09
2:09.59*	Esther Baron, FRA	World Championships	Melbourne	03-31-07
2:09.62sf1	Cloe Credeville, FRA	FRA Nationals/WCTs	Montpellier	04-24-09
2:09.74p*	Alicja Tchorz, POL	World Championships	Rome	07-31-09
2:09.88*	Antje Buschschulte, GER	Olympics	Athens	08-20-04
2:09.91*	Cornelia Sirch, GDR	World Championships	Guayaquil	08-07-82
2:09.93	Sarah Price, GBR	GBR Nationals/WCTs	Sheffield	03-23-03
2:09.95	Katie Hoff, USA	<i>Mutual of Omaha Swimnations</i>	Omaha	06-08-08
2:09.98p	Katie Riefenstahl, USA/Texas	U.S. Nationals/WCTs	Indianapolis	07-08-09
2:10.00	Mary DeScenza, USA/Georgia	U.S. Olympic Trials	Omaha	07-05-08

50 METER BREASTSTROKE

Top 52 Performances

29.80s**	Jessica Hardy, USA/Cal	U.S. Open	Federal Way	08-07-09
	(Note: 50 split en route to world-record 1:04.45 100 breast clocking. (Note: first time same swimmer has set 50/100 world records in same swim. Hardy's first 100 breast world-record. (Note: world record-holder, 50 meter breaststroke [scm], 28.80, World Cup, Berlin, 11-15-09)			
29.95s	Hardy	U.S. Open	Federal Way	08-06-09
	(Note: exhibition 100 breast swim in which she clocked 1:10.57/)			
30.05	Yuliya Efimova, RUS	RUS Nationals/WCTs	Msocow	04-29-09
30.09*+	Efimova	World Championships	Rome	08-02-09
	(Note: World Championships/European records. Her 30.05 never approved as she wore an illegal suit.)			
30.11	Rebecca Soni, USA/USC	World Championships	Rome	08-02-09
	(Note: Olympic gold-medalist, 200 meter breaststroke [Beijing, 2008]; World Champion, 100 meter breaststroke [Rome, 2009])			
30.16+*	Sarah Katsoulis, AUS	World Championships	Rome	08-02-09
30.17	Valentina Artemyeva, RUS	RUS Nationals/WCTs	Moscow	04-29-09
30.23sf	Efimova	RUS Nationals/WCTs	Moscow	04-28-09
30.23*	Amanda Reason, CAN	CAN Nationals/WCTs	Montreal	07-08-09
30.24p	Efimova	World Championships	Rome	08-01-09
30.31p	Jade Edmiston, AUS	AUS Nats./Commonwealth Games Trials	Melbourne	01-30-06
30.32	Artemyeva	RUS Nationals/WCTs	Moscow	04-28-09
30.32qf	Artemyeva	<i>XXVII Meeting de Monaco/Mare Nostrum</i>	Monte Carlo	06-14-09
30.33sf1	Sarah Katsoulis, AUS	World Championships	Rome	08-01-09

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30.34p	Kasey Carlson, USA (Note: 17-18 NAG record.)	World Championships	Rome	08-01-09
30.36s	Megan Jendrick, USA (Note: hand-timed.)	PNS Senior Championships	Mt. Hood	07-24-09
30.37sf	Edmestone	AUS Nats./Commonwealth Games Trials	Melbourne	01-30-06
30.38sf1*	Moniek Nijhuis, NED	World Championships	Rome	08-01-09
30.39	Artemeyva	<i>XXVII Meeting. de Monaco/Mare Nostrum</i>	Monte Carlo	06-14-09
30.40	Jendrick	Speedo/PNS Sectional Championships	Federal Way	07-25-09
30.40sf2	Efimova	World Championships	Rome	08-01-09
30.42sf2	Artemeyva	<i>XXVII Mtng. de Monaco/Mare Nostrum</i>	Monte Carlo	06-13-09
30.42sf2	Reason	World Championships	Rome	08-01-09
30.45	Edmestone	World Championships	Montreal	07-30-05
30.45	Tarrnee White, AUS	AUS Nationals/WCTs	Sydney	03-17-09
30.45	Katsoulis	<i>Speedo/AIS Invitational</i>	Canberra	11-27-09
30.46sf1	Carlson	World Championships	Rome	08-01-09
30.46	Nijhuis	World Championships	Rome	08-02-09
30.46a	Huijia Chen, CHN (Note:: Games reconfd.)	5 th East Asian Games	Hong Kong	12-06-09
30.47p(s)	Reason (Note: 50 split en route to national-recrd 1:06.77 prelim 100 breast clocking.)	CAN Nationals/WCTs	Montreal	07-09-09
30.48p	Katsoulis	World Championships	Rome	08-01-09
30.51p	Edmestone	Commonwealth Games	Melbourne	03-16-06
30.52	Leisel Jones, AUS (Note: 2007 World Champion, 100-200 meter breaststrokes. Olympic champion, 100 meter breaststroke [2008])	<i>XXIV Meeting. de Monaco/Mare Nostrum</i>	Monte Carlo	06-04-06
30.53s	Hardy (Note: world record-holder, 2008 World Champion, 50 meter breaststroke [scm],	U.S. Olympic Trials	Omaha	07-02-08
30.53	Annamay Pierse, CAN	World Championships	Rome	08-02-09
30.54	Edmestone	AUS Nats./Commonwealth Gamers Trials	Melbourne	01-31-06
30.54sf2	Edmestone	Commonwealth Games	Melbourne	03-16-06
30.55	Jones	Commonwealth Games	Melbourne	03-17-06
30.56	Artyemeva	<i>XXX Ciutat de Barcelona/Mare Nostrum</i>	Barcelona	06-06-09
30.56sf2	Soni	World Championships	Rome	08-01-09
30.57sf*	Zoe Baker, GBR	Commonwealth Games	Manchester	07-30-02
30.57p	Nijhuis	World Championships	Rome	08-01-09
30.57p	Nijhuis	World Championships	Rome	08-01-09
30.59sf	Jones	Commonwealth Games	Melbourne	03-16-06
30.60	Baker	Commonwealth Games	Manchester	07-31-02
30.60	Jones	AUS Nats./World Championship Trials	Brisbane	12-10-06
30.60sf	White	AUS Olympic Trials	Sydney	03-28-08
30.61sf	Edmestone	World Championships	Montreal	07-30-05
30.62sf	Artemyeva	RUS Nationals/WCTs	Msocow	04-28-09
30.63	Hardy	World Championships	Melbournw	03-31-07
30.63s	Jones (Note: 50 split en rotue to then Olynpic-record 1:05.17 100. Second-fastest 50 ever)	Olympics	Beijing	08-12-08
30.63sf	Efimova	<i>XXVII Mtng. de Monaco/Mare Nostrum</i>	Monte Carlo	06-13-09
Remaining Top 51 Performers				
30.64sfA	Xuejuan Luo, CHN	World Championships	Barcelona	07-26-03
30.64	Randi Wang, CHN	5 th East Asian Games	Hong Kong	12-06-09
30.66	Liping Ji, CHN	CHN Nationals	Beijing	08-30-09
30.77p*	Kerstin Vogel, GER	World Championships	Rome	08-01-09
30.81p**	Tatiana Mayumi Sakemi, BRA	<i>Trofeu Maria Kenk/BRA Ntionals-WCTs</i>	Rio de Janerio	05-08-09
30.83	Tara Kirk, USA/Stanford	<i>XXV Meeting de Monaco/Mare Nostrum</i>	Monte Carlo	06-17-07
30.84tt*	Penny Heyns, RSA/Nebraska	Pan-Pac Championships	Sydney	08-29-99
30.85s	Jin Zhao, CHN	11 th National Games	Jinan	10-18-09
30.89	Brooke Hanson, AUS	World Championships	Montreal	07-31-05
30.89	Janne Schaefer, GER	GER Nationals/WCTs	Hannover	11-23-06
30.90	Leisto Pickett, AUS	AUS Nationals/WCTs	Sydney	03-18-09

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30.96*	Sophie De Ronchi, FRA	FRA Nationals/WCTs	Montpellier	04-22-09
31.03sf1	Lowri Tynan, GBR [WAL]	World Championships	Rome	0801-09
31.08*	Roberta Panara, ITA	ITA Spring Nationals	Riccione	03-05-09
31.08	Alessandra Marchioro, BRA	BRA Nationals	Sao Paulo	12-18-09
31.09sf2&	Katharina Stiberg, NOR	World Championships	Rome	08-01-09
31.10	Ariana Kukors, USA/Washington	<i>Mel Zajac Jr. Invitational</i>	Vancouver	05-24-09
31.10p(s)*	Rikke Moller-Pedersen, DEN	World Championships	Rome	07-27-09
31.11p	Georgina Holderness, GBR	World Championships	Rome	08-01-09
31.12*	Anastasia Chrystoforou, CYP	XVI Mediterranean Games	Pescara	07-01-09
	(Note: Games record. Only Cypriot medalist for either sex and it was golden!)			
31.13p	Ana Carla Carvalho, BRA	<i>Trofeu Maria Lenk/BRA Nationals-WCTs</i>	Rio de Janeiro	05-08-08
31.14*	Concepcion Badillo, ESP	XVI Mediterranean Games	Pescara	07-01-09
31.14p*	Katja Lehtonen, FIN	World Championships	Rome	08-01-09
31.17*'	Emma Igelstrom, SWE	XXVI European Championships	Berlin	08-02-02
31.24sf(s)	Hui Qi, CHN	11 th National Games	Jinan	10-17-09
31.29p*	Inna Kapishina, BLR	World Championships	Rome	08-01-09
31.30p*	Dal Eun Jun Kim, KOR	World University Games	Belgrade	07-10-09
31.30p*	Achieng Ajulu –Bushnell, KEN	World Championships	Rome	08-01-09
31.32p*	Jane Trepp, EST	World Championships	Rome	08-01-09
31.32p*	Mirna Jukic, AUT	World Championships	Rome	08-01-09
31.32p	Caroline Ruhnau, GER	World Championships	Rome	08-01-09
31.34*	Agnes Kovacs, HUN	<i>XVIII Mtng. de Monaco/Mare Nostrum</i>	Monte Carlo	05-19-00
31.36	Elena Bogomazova, RUS	RUS Winter Nationals	Moscow	02-15-04
31.36	Sally Foster, AUS	<i>Arena Meeting de Canet/Mare Nostrum</i>	Monte Carlo	06-07-06
31.36	Xiaoyu Liu, CHN	CHN Nationals/WCTs	Xiaoxing	04-10-09

100 METER BREASTSTROKE

Top 50 Performances

1:04.45**	Jessica Hardy, USA/Cal	U.S. Open	Federal Way	08-07-09
	<i>(Splits: 29.80, 1:04.45 [34.65].</i>			
	<i>((Reaction Time: +0.71.</i>			
	<i>(Note: 50 split also a world-record.</i>			
	<i>(Note: first time one swimmer has broken two world records in same race. First time one American has ever broken a "fellow" American's world-record in 100 breast.</i>			
	<i>(Note: Hardy's first 100 breast final since coming off a year's suspension for a doping violation. And her first meet too. Swam an exhibition 100 free six days ago @ a Junior Olympics competition, her only race prior to U.S. Open.</i>			
	<i>(Note: fourth world-record of career. Broke 100 breast standard with her 1:06.20 during the semi finals of the 2005 World Championships in Montreal, then clocked a 29.95 50 breast here one day prior to her 50-100 breast records.</i>			
	<i>(Note: 2008 World Champion, 50-100 breaststroke [scm, Manchester].</i>			
	<i>(Note: first 100 breast world-record in an American pool since Penny Heyns [South Africa/Nebraska] swam 1:06.99p/1:06.95 @ the Janet Evans Invitational in Los Angeles, July 18, 1999. Last American to break the world-record in an American pool was Catherine [Katie] Ball during the Olympic Trials in the Los Angeles Memorial Swim Stadium -- site of the 1932 Olympic swimming competition -- on Aug. 25, 1968 [1:14.2] Ball broke her own wr from the previous week's AAU Championships in Philadelphia [1:14.6].</i>			
	<i>(Note: Hardy left Cal after sophomore season [April, 2008] and has been training with her former club coach, USC and Trojan Swim Club coach Dave Salo, who also coaches World/Olympic champions Rebecca Soni/Ous Mellouli.)</i>			
1:04.84sf2#	Rebecca Soni, USA/USC	World Championships	Rome	07-27-09
	<i>(Splits: 31.03, 1:04.84 [33.81].</i>			
	<i>(Reaction Time: +0.74.</i>			
	<i>(Note: first 100 meter breaststroke world-record of career; first woman under 1:05.0</i>			
	<i>(Note: world record-holder, 100 meter breaststroke [scm], 1:02.20, "Duel in the Pool," Manchester, 12-19-09)</i>			
1:04.93	Soni	World Championships	Rome	07-28-09
	<i>(Splits: 31.00, 1:04.93 [33.93])</i>			
	<i>(Reaction Time: +0.75)</i>			
	<i>(Note: Soni's first World Championships medal [gold], second American winner. Kirsty Kowal [1998] was first.)</i>			
1:05.09*+	"Lethal" Leisel Jones, AUS	Commonwealth Games	Melbourne	03-21-06
	<i>(Splits: 30.83, 1:05.09 [34.26])</i>			

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1:05.17	Jones (Splits: 30.63, 1:05.17 [34.54] (Note: gold-medalist.)	Olympics	Beijing	08-12-08
1:05.32a	Liping Ji, CHN (Splits: 30.71, 1:05.32 [34.61])	CHN Nationals	Beijing	08-30-09
1:05.34	Jones (Splits: 30.82, 1:05.34 [34.52])	<i>XLVI RomAquatica/Sette Colli Invitational</i>	Rome	06-06-08
1:05.34	Soni, (Splits: 31.00, 1:05.34 [34.34])	U.S. Nationals/WCTs	Indianapolis	07-08-09
1:05.35	Kaitlin Freeman, USA/UCSB (Splits: 31.37, 1:05.335 [33.98]. (Note Gaucho/ Big West Conference records. First UCSB gold-medalist @ a U.S.Open [m/w])	U.S. Open	Federal Way	08-08-09
1:05.41*+	Yuliya Efimova, RUS (Splits: 31.68, 1:05.41 [33.73])	World Championships	Rome	07-28-09
1:05.47	Hui Qi, CHN (Splits: 33.02, 1:05.47 [33.45]. (Note: second-performer/performance all-time Asia.)	11 th National Games	Jinan	10-18-09
1:05.60	Jones (Splits: 30.92, 1:05.60 [34.68])	AUS Nats./World Championship Trials	Brisbane	12-05-06
1:05.64p	Jones (Splits: 31.13, 1:05.61 [34.48]) (Note: fastest-ever preliminary time.)	Olympics	Be3ijing	08-11-08
1:05.64	Huijia Chen, CHN (Splits: 30.80, 1:05.64 34.84). (Note: Games record.)	5 th East Asian Games	Hong Kong	12-08-09
1:05.66p	Soni (Splits: 31.20, 1:05.66 [34.46])	World Championships	Rome	0727-09
1:05.71	Jones (Splits: 31.37, 1:05.71 [34.34]) (Note: set world-record in 200 meter breaststroke [2:20.54] two days earlier.)	AUS Nats./Commonwealth Games Trials	Melbourne	02-03-06
1:05.72^	Jones (Splits: 30.70, 1:05.72 [35.02]) (Note: second-consecutrive title.)	World Championships	Melbourne	03-27-07
1:05.72	Jones (Splits 31.25, 1:05.72 [36.47]) (Note: Spanish Open/"All Comers" records.)	<i>XXIX Ciutat de Barcelona/Mare Nostrum</i>	Barcelona	06-11-08
1:05.73s	Soni (Splits: 31.41, 1:05.73 [34.32]. (Note: fastest 100 split en route to 200 breast clocking all-time.)	World Championships	Romr	07-31-09
1:05.74*	Annamay Pierse, CAN (Splits: 30.99, 1:05.74 [23.75])	CAN Nationals/WCTs	Montreal	07-09-09
1:05.75	Jones (Splits: 30.93, 1:05.75 [36.82]) (Note: Trials record.)	AUS Olympic Trials	Sydney	03-24-08
1:05.75	Kasey Carlson, USA (Splits: 31.11, 1:05.75 [34.64]. (Note: 17-18 NAG record. Brone-medalist in first international competition of career.)	World Championships	Rome	07-28-09
1:05.79sf	Jones (Splits: 30.88, 1:05.79 [34.91])	AUS Nats./World Championship Trials	Brisbane	12-04-06
1:05.80sf2	Jones (Splits: 31.13, 1:05.80 [34.67])	Olympics	Beijing	08-11-08
1:05.80	Efimova (Splits: 31.04, 1:05.80 [34.76])	RUS Nationals/WCTs	Moscow	04-30-09
1:05.84sf1	Efimova (Splits: 31.56, 1:05.84 [34.28].	World Championships	Rome	07-27-09
1:05.86	Sarah Katsoulis, AUS (Splits: 30.91, 1:05.986 [23.95].	World Championships	Rome	07-18-09

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1:06.04sf	Tarnee White, AUS (Splits: 30.88, 1:06.04 [35.16])	AUS Olympic Trials	Sydney	03-23-08
1:06.08p	Efimova (Splits: 31.30, 1:06.08 [35.38])	Olympics	Beijing	08-11-08
1:06.10	Jones (Splits: 31.54, 1:06.10 [23.56])	AUS Nationaks/WCTs	Sdney	03-21-09
1:06.15	Jones (Splits: 31.27, 1:06.15 [35.88])	Japan 2007 International Invitational	Chiba	08-21-07
1:06.18	Jones (Splits: 31.29, 1:06.18 [34.89]) (Note: French Open/"All Comers" records.)	<i>Arena Meeting de Canet/Mrae Nostrum</i>	Canet	06-08-06
1:06.18sf	Qi (Splits: 31.24, 1:06.18 [34.94])	11 th National Games	Jinan	10-17-09
1:06.20sf	Hardy (Splits: 31.03, 1:06.20 [35.17]). (Note: world-record [first of career]. Last time an American woman broke 100 breast wr prior to Hardy was Cathy Carr en route to gold @ Munich Olympics [1072], 1:13.58.)	World Chamnpionships	Montreal	07-25-05
1:06.21	Jones (Splis: 31.49, 1:06.21 [34.77]) (Note: Southern California Swimming Open/"All Comerrs" records.)	USA Dual Meet/" <i>Duel in the Pool II</i> "	Irvine	08-02-05
1:06.23sf2	Katsoulis (Splits: 31.56, 1:06.23 [34.67])	World Championships	Rome	07-27-09
1:06.22p	Megan Jendrick, USA (Splits: 30.36, 1:06.22 [35.86])	<i>Speedo/PNS Senior Championships</i>	Mt. Hood	07-24-09
1:06.25	Jomes (Splits: 31.31, 1:06.25 [34.94])[World Chamlpionships	Montreal	07-25-05
1:06.29	Jones (Splits: 31.34, 1:06.29 [34.95])	<i>Telstra Grand Prix</i>	Brisbane	05-13-06
1:06.32	Jones (Splits: 31.93, 1:06.32 [34.39])	New South Wales Open Championships	Sydney	02-15-08
1:06.32*	Satomi Suzuki, JPN (Splits: 31.42, 1:06.32 [34.90])	85 th Japan University Championships	Kinamoto	09-04-09
1:06.33p	Qi (Splits: 31.27, 1:06.33 [35.06])	11 th National Games	Jinan	10-17-09
1:06.34	Tara Kirk, USA/Stanford (Splits: 30.86, 1:06.34 [35.50])	World Championships	Melbourne	03-26-07
1:06.34	Jones (Splits: 31.40, 1:06.35 [34.95])	3rd Paris Open	Paris	06-20-09
1:06.34sf2	Pierse (Splits: 31.33, 1:06.34 [34.01])	World Championshi	Rome	07-27-09
1:06.37sf	Jones (Splits: 31.40, 1:06.37 [34.97])	World Championships	Barcelona	0721-03
1:06.37	Pierse (Splits; 31.29, 1:06.37 [34.98])	World Championships	Rome	07-28-09
1:06.38*	Rikki Moller-Pedersen, DEN (Splits: 31.23, 1:06.38 [35.15])	World Championshuips	Rome	07-18-09
1:06.39	Hardy (Splits: 30.86, 1:06.39 [35.53])	<i>Speedo Grand Challenge Invitational</i>	Irvine	05-23-08
1:06.42	White (Splits: 31.07, 1:06.42 [35.35])	New South Wales Open Championships	Sydney	02-15-08
1:06.42p	Efimova (Splits: 31.95, 1:06.42 [34.47])	World Championships	Rome	07-27-09
1:06.43	Hardy (Splits: 30.90, 1:06.43 [35.53])	Pan-Pac Championships	Victoria	08-18-06
Remaining Top 50 Performers				
1:06.52p*	Penny Heyns, RSA/Nebraska (Splits: 31.16, 1:06.52 [35.36])	Pan-Pac Championships	Sydney	08-23-99

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1:06.53	Amansa Reason, CAN (Splits: 30.84, 1:06.53 [35.69])	CAN Nationals/WCTs	Montreal	07-09-09
1:06.54	Jin Zhao, CHN (Splits: 30.85, 1:06.54 [35.69])	11 th National Games	Jinan	10-18-09
1:06.58p*	Mirna Jukic, AUT (Splits: 31.51, 1:06.58 [35.07])	World Championships	Rome	07-27-09
1:06.64	Xuejuan Luo, CHN (Splits: 31.34, 1:06.64 [35.30])	Olympics	Athens	08-16-04
1:06.71	Keri Hehn, USA/Minnesota (Splits: 31.39, 1:06.71 [35.32])	U.S. Nationals/WCTs	Indianapolis	07-08-09
1:06.76	Sara Nicroponski, USA/UCSB (Splits: 31.56, 1:06.76 [35.20])	U.S. Nationals/WCTs	Indianapolis	07-08-09
1:06108sf	Rong Fan, CHN (Splits: 32.05, 1:06.80 [34.75])	11 th National Games	Jinan	10-17-09
1:06.86*	Ilaria Scarcella, ITA (Splits: 31.94, 1:06.86 [34.92]) (Note: first – and ONLY – Italian woman under 1:07.0. Eighth overall, second European.)	ITA Nationals/WCTs	Pescara	05-28-09
1:07.01*	Sarah Poewe, GER/Georgia (Splits: 31.30, 1:07.01 [35.71])	World Championships	Rome	07-28-09
1:07.03	Jade Edmestone, AUS (Splits: 31.24, 1:07.03 [35.79])	AUS Nats./Commonwealth Games Trials	Melbourne	02-03-06
1:07.15	Brooke Hanson, AUS (Splits: 31.92, 1:07.15 [35.23])	Olympics	Athens	08-16-04
1:07.15	Chiara Boggiatto, ITA (Splits: 32.12, 1:07.15 [3.03]). (Note: Games record. (Note: first major international gold. Brother Alessio won gold in 400 IM @ 2001 World Championships [Fukuoka])	World University Games	Belgrade	07-07-09
1:07.17	Nanaka Tamura, JPN (Splits: 3.15, 1:07.17 [35.02])	64 th National Sports Festival	Nagaoka	09-12-09
1:07.17	Mina Matsushima, JPN (Splits: 31.90, 1:07.17 [35.27])	85 th Japan Univesity Championships	Kinamoto	09-04-09
1:07.20p	Staciana Stitts, USA/Cal (Splits: 31.69, 1:07.20 [35.51])	U.S. Olympic Trials	Long Beach	07-08-04
1:07.21sf1*	Joline Hostman, SWE (Splits: 32.14, 1:07.21 [35.07])	World Championships	Rome	07-17-09
1:07.25p	Caroline Ruhnau, GER (Splits: 31.35, 1:07.25 [35.90])	World Championships	Rome	07-27-09
1:07.27	Masami Tanaka, JPN (Splits: 31.53, 1:07.27 [35.74])	JPN Olympic Trials	Tokyo	04-21-00
1:07.27	Emma Igelstroms, SWE (Splits: 31.61, 1:07.27 [35.66])	SWE Nats./Euro. Championship Trials	Landskrona	07-07-02
1:07.27*	Ganna Khlystunova, UKR (Splits: 31.81, 1:07.27 [35.46])	World Championships	Melbourne	03-27-07
1:07.30	Randi Wang, CHN	5 th East Asian Games	Hong Kong	12-08-09
1:07.36	Ye Sun, CHN	11 th National Games	Jinan	10-18-09
1:07.38	Keiko Fukudome, JPN	Junior Olympic Cup	Tokyo	08-30-09
1:07.41*	Moniek Nijhuis, NED	Amsterdam Swim Cup	Amsterdam	40-17-09
1:07.42	Nan Luo, CHN	3 rd East Asian Games	Osaka	05-24-01
1:07.42	Amanda Beard, USA/Arizona	World Championships	Barcelona	07-22-03
1:07.47	Lia Dekker, NED	Amsterdam Swim Cup	Amsterdam	40-17-09
1:07.47	Ashley Wanland, USA/Wisconsin	U.S. Open	Federal Way	08-07-09
1:07.48	Sally Foster, AUS	AUS Nationals/WCTs	Sydney	03-21-09
1:07.49sf	Valentina Artemyeva, RUS	RUS Nationals/WCTs	Moscow	04-29-09
1:07.54	Rie Kaneto, JPN	64 th National Sports Festival	Nagaoka	09-11-09
1:07.55p	Suzanne van Biljon, RSA	Olympics	Beijing	08-11-08
1:07.56p*	Katie Haywood, GBR	GBR Olympic Trials	Sheffield	04-02-08

200 METER BREASTSTROKE

Top 50 Performances

2:20.12sf1**	Annamay Pierse, CAN	World Championships	Rome	07-30-09
	(Splits: 32.03, 1:07.28 [35.25], 1:43.42 [36.14], 2:20.12 [36.70]. (Reaction Time: +0.82. (Note: first Canadian woman wr-setter since Allison Higson swam 2:27.27 @ Olympic Trials [Montreal, 05/28/88]. (Note: first time record broken in qualifying since South Africa's Penny Heyns swam a 2:24.42 in the prelims @ the 1999 Pan-Pac Championships in the Sydney Olympic Pool August 26, breaking her own global-standard of 2:24.51 from the finals of the <i>Janet Evans Invitational</i> in Los Angeles [McDonald's Olympic Swim Stadium] a month earlier. That swim in turn broke her own world-record from the prelims of the <i>Evans</i> meet [2:24.76]. Heyns broke her prelim wr @ Sydney the following day in the finals with her 2:23.64, so in the space of about six week she broke the world record four times.			
2:20.22*#	Rebecca Soni, USA/USC	Olympics	Beijing	08-15-08
	(Splits: 32.17, 1:07.46 [35.29], 1:43.70 [36.24], 2:20.22 [36.52]) (Note: second-consecutive American gold-medalist. Amanda Beard won @ Athens. (Note: first world/Olympic record, gold-medal for Soni and her coach, USC's Dave Salo. (Note: American/NCAA Division 1 record-holder, 200 yard breaststroke; 2006- '09 champion. Only four-peater. (Note: first Trojan woman to win an Olympic gold/set wr. Ex-Trojan Michelle Ford won gold in 800 meter freestyle @ Moscow Olympics [1980], but she did not begin competing for USC for another year and-a-half. (Note: 100 split second-fastst all-time en route to 200 clocking. (Note: world record-holder, 200 meter breaststroke [scm], 2:05.60, "Duel in the Pool," Manchester, 12-19-09)			
2:20.38	Soni	U.S. Nationals/WCTs	Indianapolis	07-11-09
	(Splits: 31.78, 1:06.82 [35.04], 1:43.123 [36.32], 2:20.38 [37.25]. (Note: U.S. Open/Championships record.			
2:20.54*	"Lethal" Leisel Jones, AUS	AUS Nats./Commonwealth Games Trials	Melbourne	02-01-06
	(Splits: 32.09, 1:08.52 [36.43], 1:45.00 [36.48], 2:20.54 [35.54]. (Note: world record-holder, 200 meter breaststroke [scm], 2:15.42, World Cup, Berlin, 11-15-09)			
2:20.58	Jones	XXIX Cit. de Barcelona/Mare Nostrum	Barcelona	06-10-08
	(Splits: 32.85, 1:08.71 [35.86], 1:44.55 [35.84], 2:20.58 [36.03]) (Note: Spanish/European Open/"All Comers" records.)			
2:20.71	Pierse	CAN Nationals/WCTs	Montreal	07-10-09
	(Splits: 32.31, 1:07.98 [35.67], 1:44.65 [36.67], 2:20.71 [36.06]):			
2:20.72	Jones	Commonwealth Games	Melbourne	03-18-06
	(Splits: 32.29, 1:08.27 [35.98], 1:44.94 [36.67], 2:20.72 [35.78])			
2:20.72a	Rie Kaneto, JPN	85 th Japan University Championships	Kinokuniwa	09-06-09
	(Splits: 33.11, 1:08.84 [35.73], 1:44.52 [35.68], 2:20.72 [36.30])			
2:20.93sf2	Soni	World Championships	Rome	07-30-09
	(Splits: 32.25, 1:08.37 [36.62], 1:44.98 [36.61], 2:20.93 [35.95])			
2:21.34	Jones	AUS Olympic Trials	Sydney	03-17-08
	(Splits: 31.98, 1:08.25 [36.27], 1:44.82 [36.57], 2:21.34 [36.52])			
2:21.37*	Hui Qi, CHN	11 th National Games	Jinan	10-22-09
	(Splits: 32.71, 1:07.98 [35.27], (Note: as a 16-year-old eight ago [2001,] Qi set a then world-record [2:22.99] @ PRC Nationals/WCTs. Only world-record of career.)			
2:21.45	Jones	Japan 2007 International Invitational	Chiba	08-23-07
	(Splits: 32.90, 1:08.89 [35.99], 1:45.04 [36.15], 2:21.45 [36.49])			
2:21.60	Jones	AUS Nats./World Championship Trials	Brisbane	12-08-06
	(Splits: 32.03, 1:07.63 [35.60], 1:44.19 [37.56], 2:21.60 [37.51])			
2:21.62*+	Nadja Higl, SRB	World Championships	Rome	07-31-09
	(Splits: 32.72, 1:08.64 [35.92], 1:44.79 [36.15], 2:21.62 [36.83]. (Note: Serbia's first – and ONLY -- gold-medalist [m/f] and first Serbian woman medalist, any event) (Note: 2008 pr/NR was 2:30.51 from Slovenian Championships that July.)			
2:21.68p	Pierse	World Championships	Rome	07-30-09
	(Splits: 3.48, 1:08.35 [35.87], 1:45.10 [36.75], 2:21.68 [36.58]) (Note: Italian Open/"All Comers"/meet records)			

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2:21.72	Jones	World Championships	Montreal	07-29-05
	(Splits: 32.38, 1:08.35 [35.97], 1:44.49 [36.14], 2:21.72 [37.23])			
2:21.81	Jones	<i>XLVI RomAquaics/Sette Colli Invitational</i>	Rome	06-08-08
	(Splits: 32.56, 1:09.19 [36.65], 1:45.93 [36.74], 2:21.81 [35.88])			
2:21.84	Jones	World Championships	Melbourne	03-30-07
	(Splits: 32.55, 1:09.80 [37.35], 1:45.27 [36.47], 2:21.84 [36.57])			
2:21.84	Pierse	World Championships	Rome	07-31-09
	(Splits: 32.15, 1:07.67 [35.52], 1:44.66 [36.99], 2:21.84 [37.18]. (Note: Canada's first medalist since Britany Reamer won a bronze in 1500 meter freestyle [2005]. Canada's first breaststroke medalist since Loren Van Oosten won a bronze in 100 [1998] and Canada's first 200 breast medalist since Allison Higson won a bronze @ Madrid [1986])			
2:21.97*	Mirna Jukic, AUT	World Championships	Rome	07-31-09
	(Splits: 32.50, 1:08.21 [35.71], 1:45.06 [36.85], 2:21.97 [36.91])			
2:22.05	Jones	Olympics	Beijing	08-15-08
	(Splits: 31.84, 1:07.23 [35.39], 1:43.71 [36.48], 2:22.05 [38.34]) (Note: second -consecutive silver medal)			
2:22.09p	Soni	World Championships	Rome	07-30-09
	(Splits: 32.55, 1:08.19 [35.64], 1:45.17 [36.98], 2:22.09 [36.92])			
2:22.10p	Jukic	World Championships	Rome	07-30-09
	(Splits: 32.30, 1:08.26 [35.96], 1:45.13 [36.87], 2:22.10 [36.987])			
2:21.13sf2	Jukic	World Championships	Rome	07-30-09
	(Splits: 32.23, 1:08.39 [36.16], 1:45.13 [36.74], 2:21.13 [37.00])			
2:22.14	Qi	10 th National Games	Nanjing	10-15-05
	(Splits: 33.18, 1:10.50 [37.32], 1:47.89 [37.39], 2:22.14 [36.25])			
2:22.15	Soni	World Championships	Rome	07-31-09
	(Splits: 31.41, 1:05.73 [34.31:42.20 [36.47], 2:22.15 [39.95]. (Note: 100 split fastest all-time en route to 200 breast clocking. In fact, time to 150 fastest all-time!))			
2:22.17p	Soni	Olympics	Beijing	08-13-08
	(Splits: 32.74, 1:09.04 [36.30], 1:45.47 [36.543], 2:22.17 [36.70]. (Note: first Olympic/American len record @ first Olympics!)			
2:22.24sf1*	Joline Hostman, SWE	World Championships	Rome	07-30-09
	(Splits: 32.25, 1:07.92 [35.67], 1:44.49 [36.57], 2:24.24 [37.75])			
2:22.28sf1	Higl	World Championships	Rome	07-30-09
	(Splits: 32.62, 1:08.43 [35.81], 1:44.99 [36.56], 2:22.28 [37.29])			
2:22.32	Kaneto	World University Games	Belgrade	07-09-09
	(Splits: 33.85, 1:10.05 [36.20], 1:46.31 [36.26], 2:22.32 [36.01]. (Note: Games record.)			
2:22.33	Kaneto	JPN Nationals/WCTs	Hamamatsu	04-16-09
	(Splits: 33.59, 1:09.94 [36.35], 1:46.08 [36.14], 2:22.33 [36.25])			
2:22.44	Amanda Beard, USA/Arizona	U.S. Olympic Trials	Long Beach	07-12-04
	(Splits: 33.25, 1:09.60 [36.35], 1:46.25 [36.65], 2:22.44 [36.19]) (Note: 2 nd time in 353 days Beard tied and/or broke wr. First world record-setter for Arizona coach Frank Busch. Also, first [and ONLY!] woman to win World Championship/Olympic 200 breast golds in consecutive years.			
2:22.46	Jukic	<i>20th International Stroek Meeting-Austria</i>	Vienna	04-25-09
	(Splits: 32.89, 1:09.14 [37.35], 1:45.76 [36.62], 2:22.46 [36.70])			
2:22.51	Kaitlin Freeman, USA/UCSB	U.S. Open	Federal Way	08-05-09
	(Splits: 33.66, 1:10.73 [37.07], 1:46.60 [35.87], 2:22.51 [35.91])			
2:22.59	Ye Sun, CHN	5 th East Asian Games	Hong Kong	12-09-09
	(Splits: 32.91, 1:09.21 [36.30], 1:46.15 [36.94], 2:22.59 [36.94]. (Note: Ggames record.)			
2:22.60	Soni	U.S. Olympic Trials	Omaha	07-04-08
	(Splits: 32.85, 1:08.51 [36.55], 1:45.13 [36.62], 2:22.60 [37.47])			
2:22.64sf1	Soni	Olympics	Beijing	08-14-08
	(Splits: 33.05, 1:09.37 [36.32], 1:46.24 [36.87], 2:22.64 [36.40])			
2:22.75sf2	Martha McCabe, CAN	World Championships	Rome	07-30-09
	(Splits: 33.29, 1:09.65 [36.36], 1:46.26 [36.61], 2:22.75 [36.49])			

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2:22.78	Keiko Fukudome, JPN	Junior Olympic Cup	Tokyo	08-27-09
	(Splits: 33.48, 1:09.74 [36.26], 1:46.48 [36.74], 2:22.78 [36.30])			
2:22.82	Mina Matsushima, JPN	85 th Japan University Championships	Kinamoto	09-06-09
	(Splits: 32.49, 1:08.76 [35.27], 1:45.59 [36.83], 2:22.82 [37.23])			
2:22.83	Kaneto	AUS Dual Meet/"Duel in the Pool I"	Canberra	05-10-09
	(Splits: 33.27, 1:09.48 [36.21], 1:45.25 [36.27], 2:22.83 [37.08])			
2:22.83sf2	Nanaka Tamura, JPN	World Championships	Rome	07-30-09
	(Splits: 33.21, 1:09.47 [36.26], 1:45.53 [36.06], 2:22.83 [37.30])			
2:22.84	Jukic	XXX Ciutat de Barcelona/Mare Nostrum	Barcelona	06-06-09
	(Splits: 32.75, 1:09.05 [36.30], 1:45.87 [36.82], 2:22.84 [36.97])			
2:22.91	Jukic	AUT Winer Nationals	Vienna	02-28-09
	(Splits: 32.76, 1:08.95 [36.19], 1:45.63 [36.68], 2:22.91 [37.28])			
2:22.92sf1	Kaneto	World Championships	Rome	07-30-09
	(Splits: 32.23, 1:09.69 [36.46], 1:46.24 [36.55], 2:22.92 [36.68]. (Note: fastest eighth-place qualifier ever. First time all eight qualifiers for finals under 2:23.0.)			
2:22.96	Jones	Telstra Grand Prix II	Brisbane	07-10-04
	(Splits: 33.03, 1:09.81 [36.78], 1:46.27 [36.46], 2:22.96 [37.79])			
2:22.99	Qi	CHN Nationals/WCTs	Hangzhou	04-23-01
	(Splits: 33.37, 1:10.00 [36.63], 1:46.64 [36.64], 2:22.99 [36.35]) (Note: world junior record.)			
2:22.99	Beard	World Championships	Barcelona	07-25-03
	(Splits: 33.31, 1:09.99 [36.68], 1:46.80 [36.82], 2:22.99 [35.29]) (Note: gold-medalist)			
2:23.02*	Sara Nordenstam, NOR/SMU	Olympics	Beijing	08-15-08
	(Splits: 32.70, 1:09.19 [36.49], 1:46.00 [36.81], 2:23.02 [37.02]) (Note: with this swim, she became Norway's first female European record-setter. Countryman Alexander Dale Oen is European 100 breast record-holder/ Olympic silver-medalist.)			
2:23.03	Kaneto	World Championships	Rome	07-31-09
	(Splits: 33.65, 1:10.11 [36.46], 1:46.17 [36.06], 2:23.03 [36.86])			
Remaining Top 50 Performers				
2:23.20sf1	Keri Hehn, USA/Minnesota	World Championships	Rome	07-30-09
	(Splits: 32.89, 1:09.49 [36.60], 1:46.31 [36.82], 2:23.20 [36.69]) (Note: although she's a former Gopher All-America/grad, Hehn has been based in Southern California since Athens, training first @ Mission Viejo, then for last several years with USC coach Dave Salo in Los Angeles.)			
2:23.32sf2*	Ilaria Scarcella, ITA	World Championships	Rome	07-30-09
	(Splits: 32.71, 1:09.05 [36.34], 1:46.05 [37.00], 2:23.32 [37.27]. (Note: Turned 16 on July 6. Youngest swimmer in field.)			
2:23.34sf1*	Rikki Moller-Pedersen, DEN	World Championships	Rome	07-30-09
	(Splits: 32.55, 1:09.07 [36.52], 1:45.55 [36.48], 2:23.34 [37.79])			
2:23.62*	Yulia Efimova, RUS	RUS Nationals/WCTs	Moscow	04-30-09
	(Splits: 32.48, 1:08.97 [36.49], 1:45.85 [36.88], 2:23.62 [37.77])			
2:23.64*	Penny Heyns, RSA/Nebraska	Pan-Pac Championships	Sydney	08-27-99
	(Splits: 32.52, 1:09.16 [36.64], 1:46.02 [36.84], 2:23.64 [37.32])			
2:23.83	Liping Ji, CHN	11 th National Games	Jinan	10-22-09
	(Splits: 33.09, 1:08.38 [26.29], 1:45.23 [36.85], 2:23.83 [38.10])			
2:23.85	Megumi Taneda, JPN	83 rd Japan University Championships	Tokyo	09-09-07
	(Splits: 33.72, 1:09.78 [36.06], 1:46.66 [36.88], 2:23.85 [36.81])			
2:24.03sf+*	Agnes Kovacs, HUN/Arizona St.	Olympics	Sydney	09-20-00
	(Splits: 33.31, 1:10.74 [37.38], 1:47.73 [36.99], 2:24.03 [36.30])			
2:24.04*	Kirsty Balfour, SCO	Commonwealth Games	Melbourne	03-18-06
	(Splits: 33.15, 1:09.55 [36.40], 1:46.36 [36.81], 2:24.04 [36.68])			
2:24.12	Masami Tanaka, JPN	JPN Olympic Trials	Tokyo	04-24-00
	(Splits: 33.31, 1:10.33 [37.02], 1:47.25 [36.89], 2:24.12 [36.87])			
2:24.29	Ashley Wanland, USA/Wisconsin	U.S. Open	Federl Way	08-05-09
	(Splits: 32.77, 1:09.43 [36.66], 1:46.76 [37.33], 2:24.29 [37.53]) (Note: Big Ten/Championships record-holder, 2009 gold-medalist, 200 yard beaststroke.)			

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2:24.29	Jin Zhao, CHN	11 th National Games	Jinan	10-22-09
	(Splits: 32.49, 1:09.28 [36.79], 1:46.67 [27.29], 2:24.29 [37.62])			
2:24.41	Nan Luo, CHN	CHN Nationals/Pan-Pac Trials	Anshan	04-23-02
	(Splits: 33.57, 1:10.53 [36.96], 1:48.23 [37.70], 2:24.41 [36.48])			
2:24.50	Xuejuan Luo, CHN	10 th National Games	Nanjing	10-15-05
	(Splits: 33.21, 1:10.53 [37.32], 1:47.68 [37.15], 2:24.50 [36.82])			
2:24.56	Kristy Kowal, USA/Georgia	Olympics	Sydney	09-21-00
	(Splits: 33.12, 1:10.21 [37.09], 1:47.13 [37.03], 2:24.56 [37.43], 1:10.21/1:14.35])			
2:24.67*	Seul-Ki Jung, KOR	World University Games	Bangkok	08-11-07
	(Splits: 33.48, 1:10.50 [37.02], 1:47.75 [37.25], 2:24.67 [37.92])			
2:24.70sf	Olga Detenyuk, RUS	36 th European Junior Championships	Prague	07-09-09
	(Splits: 1:10.69, 2:24.80 [1:14.01]) (Note: Chamionships record.):			
2:24.76	Rebecca Brown, AUS	AUS Nationals/CGTs-WCTs	Brisbane	03-16-94
	(Splits: 32.17, 1:08.68 [36.51], 1:46.18 [37.50], 2:24.76 [38.58])			
2:24.79	Hitomi Nose, JPN	JPN Nationals/WCTs	Hmamatsu	04-16-09
	(Splits: 32.77, 1:09.01 [36.24], 1:46.71 [38.70], 2:24.79 [38.08])			
2:24.80	Jinglin Shi, CHN	11 th National Games	Jinan	10-22-09
	(Splits: 32.83, 1:09.00 [36.17], 1:47.16 b[38.16], 2:24.80 [37.84])			
2:24.81	Samantha Riley, AUS	Pan-Pac Championships	Atlanta	08-13-95
	(Splits: 32.81, 1:09.52 [36.71], 1:46.40 [37.88], 2:24.81 [38.41])			
2:24.81	Sally Foster, AUS	XXVI Meeting de Monaco/Mre Nsotrum	Monte Carlo	06-08-08
	(Splits: 33.41, 1:10.28 [36.87], 1:47.22 [36.94], 2:24.81 [37.59])			
2:24.90	Darae Jeong, KOR	5 th East Asian Games	Hong Kong	12-09-09
	(Splits: 33.29, 1:10.27 [36.98], 1:47.12 [36.85], 2:24.90 [37.78])			
2:25.00*	Beatrice Coadă-Caslaru, ROM	World Championships	Fukuoka	07-24-01
	(Splits: 33.68, 1:09.62 [25.94], 1:47.12 [37.50], 2:25.00 [37.88])			
2:25.05*	Marina Garcia, ESP	36 th European Junior Championships	Prague	07-10-09
	(Splits: 33.03, 1:09.80 [26.77], 1:47.40 [37.60], 2:25.05 [37.65])			
2:25.10	Sarah Poewe, RSA/Georgia	RSA Nats./Commonwealth Games Trials	Durban	04-16-02
	(Splits: 33.71, 1:10.48 [36.77], 1:48.19 [37.71], 2:25.10 [36.91])			
2:25.19*	Sophie De Ronchi, FRA	FRANationals/WCTs	Montpellier	04-23-09
	(Splits: 33.01, 1:10.07 [37.06], 1:47.38 [37.31], 2:25.19 [37.81])			
2:25.22	Alena Alexeeva, RUS	XXIX European Championships	Eindhoven	03-22-08
	(Splits: 33.42, 1:09.91 [36.57], 1:46.45 [36.54], 2:25.22 [38.77])			
2:25.31	Naoko Fukudome, JN	Japan Open	Tokyo	06-07-09
	(Splits: 33.89, 1:11.09 [37.20], 1:48.23 [37.24], 2:25.31 [37.18])			
2:25.33*	Birte Steven, GER/Oregon St.	GER Nationals	Berlin	04-15-07
	(Splits: 1:10.55, 2:25.33 [1:14.78])			
2:25.35	Anita Nall, USA	U.S. Olympic Trials	Indianapolis	03-02-92
	(Splits: 33.19, 1:10.19 [37.00], 1:47.53 [37.34], 2:25.35 [37.82]) (Note: 15-16 NAG record)			
2:25.36	Megan Quann-Jendrick, USA	Stanford Grand Prix	Stanford [Palo Alto]	04-04-08
	(Splits: 33.98, 1:11.04 [37.06], 1:48.17 [37.13], 2:25.36 [37.19]) (Note: Pacific Swimming Open/"All Comers" record)			
2:25.36sf2	Caroline Ruhnau, GER	World Championships	Rome	07-30-09
	(Splits: 32.63, 1:08.89 [36.26], 1:46.22 [37.33], 2:25.36 [39.14])			
2:25.39	Suzanne van Biljon, RSA	Commonwealth Games	Melbourne	03-18-06
	(Splits: 33.26, 1:10.56 [37.30], 1:47.88 [37.32], 2:25.39 [37.51])			
2:25.41sf	Olga Bakaldina, RUS	Olympics	Sydney	09-20-00

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Top 50 Performances

25.31**	Mrleen Veldhuis, NED (Reaction Time: +0.83. (Note: eight races later in final event of meeting, Veldhuis set world-record in 50 free [23.96]. Second swimmer to hold both world records simultaneously! Countrywoman Inge de Bruijn set both in summer of Y2K but never in same meet.)	<i>Amstrdam Swim Cup</i>	Amsterdam	04-19-09
25.07sf2*#	Therese Alshammar, SWE	World Championships	Rome	07-31-09
25.28sf1	Veldhuis	World Championships	Rome	07-31-09
25.44p	Alshammar/Nebraska	AUS Nationals/WCTs	Sydney	03-17-09
	(Note: time not submitted for ratification as she wore two suits in conravetion of then recently-passed FINA rule allowing only suit to be worn in competition. Alshammar said she only wore a partial second siut for "sake of modesty" but Australian officials declined to submit time for ratification. Swedish officials did likewise.)			
25.44p	Alshammar	World Championships	Rome	07-31-09
25.46	Alshammar	<i>XXVII Ciutat de Barcelona//Mar Nostrum</i>	Barcelona	06-13-07
	(Note: first world-record of career [lcm] and oldest woman wr-setter ever [30: born 08/77])			
25.48	Alshammar	<i>XXVII Meeting de Monaco/Mare Nostrum</i>	Monte Carlo	06-14-09
25.48*+	Mariekek Guehrer, AUS	World Championships	Rome	08-01-09
	(Note: first international title, second Aussie winner. Counrywoman Dani Miaitke won in 2005 [26.11])			
26.53p	Veldhuis	3 rd Paris Open	Pais	06-19-09
25.53sf2*	Ingvild Snildal, NOR	World Champoionships	Rome	07-31-09
25.57	Anna-Karin Kammerling, SWE	XXVI European Championships	Berlin	07-30-02
25.57	Alshammar	<i>Arena Meeting de Canet/Mare Nostrum</i>	Canet	06-11-09
25.57a	Yafeiv Zhou, CHN	Worlds Championships	Rome	08-01-09
	(Note: first Asian medalist [silver])			
2558p	Veldhuis	World Championships	Rome	07-31-09
25.58sf2	Guehrer	Worldv Championships	Rome	07-30-09
25.58	Snildal	World Championships	Rome	08-01-09
25.59sf1	Zbou	Worldv Championships	Rome	07-30-09
25.59	Alshammar	World Championships	Rome	08-01-09
	(Note: only swimmer to make finals all five times event has been conducted [2001, '03, '05, '07, '09. Won in '07 w/a 235.91.)			
25.60	Alshammar	1 st Paris Open	Paris	08-32-07
25.60	Guehrer	AUS Nationals/WCTs	Sydney	03-18-09
25.62p	Veldhuis	<i>12th International Meeting du Lyon</i>	Lyon	02-13-09
25.62p	Snidal	World Championships	Rome	07-31-09
25.63	Veldhuis	World Championships	Rome	08-01-09
25.64p	Inge de Bruijn, NED	<i>Super Speedo 2000 Grand Prix</i>	Sheffield	05-28-00
25.66	Sarah Sjostrom, SWE	World Championships	Rome	08-01-09
25.71	de Bruijn/Tualati n Hills SC	<i>XXI Ciutat de Barcelona/Mare Nostrum</i>	Barcelona	06-03-00
25.72*	Dara Torres, USA/Florida	Texas Se. r Circuit Championships No. 2	College Station	05-22-09
	(Note: @ age 42 [birthdate: 04/15/67] oldest U.S.record-setter ever for either sex! (Note: 40-44 age-group "world record.")			
25.74p	Sjostrom	World Championships	Rome	07-31-09
25.76sf	Guehrer	AUS Nationals/WCTs	Sydney	03-17-09
25.76sf1	Sjostrom	World Championships	Rome	07-31-09
25.82	de Bruijn	NED Olympic Trials	Drachma	06-04-00
25.82sf1^	Alshammar	World Championships	Melbourne	03-30-07
25.83	de Bruijn	<i>XVI Meeting.de Monaco/Mare Nostrum</i>	Monte Carlo	05-28-03
25.83	Alshammar	<i>Golden Bear Invitratinal</i>	Zagreb	06-17-07
25.83qf	Alshammar	<i>XXVII Meeting de Monaco/Mare Nostrum</i>	Monte Carlo	06-13-09
25.83p	Guehrer	World Championships	Rome	07-31-09
25.84	de Bruijn	World Championships	Barcelona	07-26-03
25.84p	Torres	Texas Senior Circuit No. 2	College Station	05-22-09
25.84p*	Silvia Di Piero, ITA	World Championships	Rome	07-31-09
25.85sf2**	Daynara De Paula, BRA	World Championships	Rome	07-31-09

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25.86	Alshammar	XXIX Ciutat de Barcelona/Mare Nostrum	Barcelona	06-22-08
25.86p*	Jeanette Ottesen, DEN	World Championships	Rome	07-31-09
25.86	Guehrer	Speedo/AIS Invitational	Canberra	11-26-09
25.87	Alshammar	SWE Nationals	Halmstadt	07-27-07
25.87sf2*	Diane Bui Duyet, FRA	World Championships	Rome	07-31-09
25.88sf	Alshammar	XXVII Meeting de Monaco/Mare Nostrum	Monte Carlo	06-14-09
25.89	de Bruijn	NED Nationals/WCTs	Amsterdam	04-28-03
25.89p	Inge Dekker, NED	XXIX European Championships	Eindhoven	03-18-08
25.90	de Bruijn	World Championships	Fukuoka	07-26-01
25.90sf2	Ottesen	World Championships	Rome	07-31-09
Remaining Top 50 Performers				
25.91	Liuyang Jiao, CHN (Note: Gamew record.)	5 th East Asian Games	Hong Kong	12-08-09
25.94sf1	Hinkelien Schreuder, NED	World Championships	Rome	07-31-09
25.97*	Svetlana Khokhlova, BLR (Note: Games record.)	World University Games	Belgrade	07-06-09
26.00	Jenny Thompson, USA/Stanford	World Championships	Barcelona	07-26-03
26.02	Libby Trickett, AUS	AUS Nationals/WCTs	Sydney	03-17-09
26.03	Chantal Groot, NED	XXIX Euroipean Championships	Eindhoven	03-19-08
26.05	Dani Miatke, AUS	World Championships	Melbourne	03-31-08
26.06p	Chris. Magnusson, USA/Tenn.	World Championships	Rome	07-31-09
26.07p	Gabriella Silva, BRA	World Championships	Rome	07-31-09
26.12	Melanie Henique, FRA	FRA Nationals/WCTs	Montpellier	04-22-09
26.16sf1*	Trin Aljand, EST/Texas A&M	World Championships	Rome	07-31-09
26.21	Jessica Schipper, AUS	AUS Nationals/WCTs	Sydney	03-18-09
26.24	Felicity Galvez, AUS	AUS Nationals/WCTs	Sydney	03-17-09
26.29	Petria Thomas, AUS	AUS Olympic Trials	Sydney	04-02-04
26.31*	Francesca Halsall, GBR	XLVI RomAquatca/Sette Coll Invitational	Rome	06-08-08
26.31*	Fabienne Nadarajah, AUT	20 th International Stroek Meeting-Austria	Vienna	04-25-09
26.33sf1*	Daniela Samulski, GER	World Championships	Rome	07-31-09
26.34*	Yuka Kato, JPN	Japan Open	Tokyo	06-07-08
26.35	Antje Buschschulte, GER	GER Natioals/WCTs	Hannover	11-24-06
26.36*	Anit Ivri, ISR	ISR Nationals	Natania	07-27-08
26.38*	Sanja Jovanovic, CRO	HF International Invitational	Hafnarfjjordor	05-31-08
26.38	Li Yang, CHN	CHN Nationals	Beijing	08-31-09
26.40s	Natalie Coughlin, USA/Cal	World Championships	Melbourne	03-26-07
26.40	Emily Seebohm, AUS	Speedo/AIS Invitational	Canberra	11-26-09
26.41	Rachel Komisarz, USA/Kentcky	World Chasmpionships	Melbourne	03-31-07
26.41	Wenwei Hong, CHN	8yh Asian Simming Championships	Foshan`	11-27-09
26.43*	Beatrix Bordas, HUN (Note: Championships record)	35 th European Junior Championships	Belgrade	08-03-08
26.43	Wenwen Hong, CHN	CHN Nationals/WCTs	Xiaoxing	04-11-09
26.45*	Martina Moravckova, CZE/SMU	XXIV Cit. de Barcelona/Mare Nostrum	Barcelona	06-15-03
26.45	Anna Gostomelsky, ISR	ISR Nationals	Natania	07-27-08
26.45*	Agata Korc, POL	CRO Nationals/Olympic Trials	Dubrovnik	07-12-08
26.46sf2	Cristina Maccagnola, ITA	World University Games	Belgrade	07-05-09
26.48	Lize-Marie Retief, RSA	RSA Nationals/Olympic Trials	Durban	04-06-08
26.49p*	Irina Bepalova, RUS	World Championships	Rome	07-31-09
26.54	Cecilia Rasmusson, SWE	SWE Nationals	Landskrona	07-14-08
26.54	Elena Gemo, ITA	ITA Nationals/WCTs	Pescara	05-27-09
26.55s	Amy Van Dyken, USA/Colo. St.	Speedo/Phoenician Grand Prix	Phoenix	05-27-96

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Top 50 Performances

56.06**	Sarah Sjostrom, SWE (Splits: 26.94, 56.06 [2912]. (Note: first Swedish woman gold-medalist. Still 15 years old. Turned 16 August 17.)	World Championships	Rome	07-27-09
56.07a#	Zige Liu, CHN (Splits: 26.69, 56.07 [29.38])	11 th National Games	Jinan	10-18-09
56.23*+	Jessicah Schipper, AUS (Splits: 26.47, 56.23 [29.86])	World Championships	Rome	07-26-09
56.44sf2	Sjostrom (Splits: 27.12, 56.44 [29.27]. (Note: first Swedish world record-setter.)	World Championships	Rome	07-26-09
56.61*	Inge de Bruijn, NED (Splits: 26.67, 56.61 [29.94]. (Note: world record lasted eight years, 10 months, 53 days.)	Olympics	Sydney	09-17-00
56.64	de Bruijn/Tualatin Hills SC (Splits: 26.37, 56.64 [30.27]) (Note: U.S./Pacific Northwest Swimming/Weyerhauser Aquatic Center Open/"All Comers" records) (Note: 50 split [26.37] fastest all-time en route to 100 fly clocking)	<i>Speedo Western Zone Championships</i>	Federal Way	07-22-00
56.69	de Bruijn (Splits: 26.57, 56.69 [30.12])	<i>Speedo SuperGrand Prix 2000</i>	Sheffield	05-27-00
56.69	Marleen Veldhuis, NED (Splits: 26.82, 56.69 [29.87])	Amsterdam Swim Cup	Amsterdam	04-17-09
56.73	Libby Trickett, AUS (Splits: 26.41, 56.73 [303.2])	Olympics	Beijing	08-11-08
56.76p	Sjostrom (Splits: 27.05, 56.76 [29.71])	World Championships	Rome	07-26-09
56.81	Trickett (Splits: 26.45, 56.81 [30.36])	AUS Olympic Trials	Sydney	03-23-08
56.86	Liuyang Jiao, CHN (Splits: 26.57, 56.86 [30.29])	World Championships	Rome	07-26-09
56.89*	Aurore Mongel, FRA (Splits: 27.18, 56.89 [29.71])	World Championships	Rome	07-27-09
56.90	Schipper (Splits: 26.55, 56.90 [30.35])	AUS Nationals/WCTs	Sydney	03-20-09
56.94*'	Gabriella Silva, BRA (Splits: 26.41, 56.94 [30.54])	World Championships	Rome	07-27-09
56.94*	<i>Dana Vollmer, USA/Cal</i> <i>(Splits: 26.85, 56.94 [30.09].</i> (Note: 2009 NCAA Division 1 gold-medalist, 100-200 yard freestyles on Golden Bears' Championship-title team. Vollmer also won 2007 NCAA 100 fly title. First American lcm record.)	<i>World Championships</i>	<i>Rome</i>	<i>07-26-09</i>
56.96*	Ingvild Snildal, NOR (Splits: 26.67, 56.96 [30.29]) (Note: seventh woman under 57.0 in same race. Unprecedented!)	World Championships	Rome	07-27-09
57.05sf1	Trickett (Splits: 26.58, 57.05 [30.47])	Olympics	Beijing	08-10-08
57.08sf1	Christine Magnusson, USA/TN. (Splits: 26.79, 57.08 [20.19]) (Note: 2008 NCAA Division 1 100 yard fly champ, Southeastern Conference record-holder)	Olympics	Beijing	08-10-08
57.08sf2	Schipper (Splits: 26.86, 57.08 [30.22])	World Championships	Rome	07-26-09
57.10	Magnusson (Splits: 26.95, 57.10 [30.15])	Olympics	Beijing	08-10-08
57.12	Jiao (Splits: 26.88, 57.12 [30.24]. (Note: Championships record.)	8 th Asian Swimming Championships	Foshan	11-25-09

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57.14sf	de Bruijn (Splits: 26.69, 57.14 [30.45])	Olympics	Sydney	09-16-00
57.15	Schipper (Splits: 26.94, 57.15 [30.21])	AUS Nats./Commonwealth Games Trials	Melbourne	02-02-06
57.15	Lenton (Splits: 26.58, 57.15 [30.57])	World Championships	Melbourne	03-26-07
57.15	Magnusson (Splits: 26.69, 57.15 [30.46]) (Note: fastest-ever by an American on U.S. soil.)	U.S. Nationals/WCTs	Indianapolis	07-07-09
57.15p	Vollmer (Splits: 26.77, 57.15 [30.48])	World Championships	Rome	07-26-09
57.16	Jiao (Splits: 26.96, 57.16 [30.20])	CHN Nationals/WCTs	Xiaoxing	04-07-09
57.17p	Schipper (Splits: 26.71, 57.17 [27.46])	World Championships	Rome	07-26-09
57.19sf1	Vollmer (Splits: 26.76, 57.19 [30.43])	World Championships	Rome	07-26-09
57.20*	Martina Moravcova, SVK/SMU (Splits: 26.76, 57.20 [30.44]). (Note: Championship record)	XXVI European Championships	Berlin	08-02-02
57.20sf1	Snildal (Splits: 27.10, 57.20 [30.10])	World Championships	Rome	07-26-09
57.23	Schipper (Splits: 26.92, 57.23 [30.31])	World Championships	Montreal	07-25-05
57.24	Schipper (Splits: 26.74, 57.24 [30.50])	World Championships	Melbourne	03-26-07
57.25	Schipper (Splits: 26.93, 57.25 [30.33])	Olympics	Beijing	08-11-08
57.25sf1	Jiao (Splits: 26.72, 57.25 [30.53])	World Championships	Rome	07-26-09
57.28	Jiao (Splits: 26.50, 57.288 [30.78]). (Note: Games record.)	5 th East Asian Games	Hong Kong	12-08-09
57.29p	Liu (Splits: 27.63, 57.29 [29.66])	11 th National Games	Jinan	10-17-09
57.30	Schipper (Splits: 27.04, 57.30 [30.26])	Pan-Pac Championships	Victoria	08-19-06
57.31	Schipper (Splits: 26.84, 57.31 [30.45])	AUS Olympic Trials	Sydney	03-23-08
57.32	Vollmer (Splits: 26.71, 57.32 [30.61]). (Note: 2007 NCAA Division 1 100 yard butterfly gold-memdalist; 2009 champion, 100-200 yard freestyles.	U.S. Nationals/WCTs	Indianapolis	07-07-09
57.34	Natalie Coughlin, USA/Cal (Splits: 26.40, 57.34 [30.94]) (Note: Olympic gold-medalist, 100 meter backstroke [2004, Athens; 2008, Beijing])	World Championships	Melbourne	03-26-07
57.34p	Yafei Zhou, CHN (Splits: 26.99, 57.34 [30.35])	World Championships	Rome	07-26-09
57.35	Lenton (Splits: 26.71, 57.35 [30.64])	AUS Nats./Commonwealth Games Trials	Melbourne	02-02-06
57.36	Petrina Thomas, AUS (Splits: 27.06, 57.36 [30.30])	AUS Olympic Trials	Sydney	03-28-04
57.37	Lenton (Splits: 26.85, 57.37 [30.52])	World Championships	Montreal	07-35-05
57.38so	Veldhuis (Splits: 26.85, 57.38 [31.53])	World Championships	Rome	07-26-09
57.39sf	Thomas	AUS Olympic Trials	Sydney	03-27-04

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57.39p	(Splits: 27.03, 57.39 [30.06]) Magnusson	U.S. Nationals/WCTs	Indianapolis	07-08-09
57.39sf1	(Splits: 26.58, 57.39 [31.81]) Mongel	World Championships	Rome	07-26-09
Remaining Top 51 Performers				
57.41	Biyng Deng, CHN (Splits: 26.88, 57.41 [30.53])	11 th National Games	Jinan	10-18-09
57.46	Elaine Breedon, USA/Stanford (Splits: 27.31, 57.46 [30.15])	U.S. Nationals/WCTs	Indianapolis	07-07-09
57.54sf1*	Li Jan Tao, SIN (Splits: 27.72, 57.54 [29.82]) (Note: first Singapore swimmer to set an Asian record [m/w])	Olympics	Beijing	08-10-08
57.58p	Dara Torres, USA/Florida (Splits: 26.50, 57.58 [31.08]) (Note: 33 years young! 30-34 "world-record". Born: 1967)	U.S. Olympic Trials	Indianapolis	08-09-00
57.58p*	Jeannette Ottesen, DEN (Splits: 26.73, 57.58 [30.85])	World Championships	Rome	07-26-09
57.59sf	Jenny Thompson, USA/Stanford (Splits: 26.86, 57.59 [30.73])	U.S. Olympic Trials	Indianapolis	08-09-00
57.60	Rachel Komisarz, USA/Kentucky (Splits: 27.79, 57.60 [29.81])	U.S. Open	Atlanta	12-02-07
57.60	Felicity Galvez, AUS (Splits: 26.94, 57.60 [30.66]) (Note: Spanish Open/"All Comers" records)	XXIX Cit. de Barcelona/Mare Nostrum	Barcelona	06-10-08
57.67	Stephanie Rice, AUS (Splits: 27.13, 57.67 [30.54]) (Note: world record-holder/Olympic gold-medalist, 200-400 meter Individual Medleys [2008, Beijing])	AUS Nationals/WCTs	Sydney	03-20-09
57.68sf1	Daynara Ferreira Paula, BRA (Splits: 26.62, 57.68 [31.06])	World Championships	Rome	07-26-09
57.77	Mary DeScenza, USA/Georgia (Splits: 27.62, 57.77 [30.15]) (Note: fourth woman from same nation under 58.0 in same race. Unprecedented!)	U.S. Nationals/WCTs	Indianapolis	07-07-09
57.78p	Jemma Lowe, GBR/Florida (Splits: 27.09, 57.78 [30.69])	GBR Olympic Trials	Sheffield	04-03-08
57.82sf1	Inge Dekker, NED (Splits: 26.32, 57.82 [31.50])	World Championships	Melbourne	03-25-07
57.84p*	Otylia Jedrejczak, POL (Splits: 27.28, 57.84 [30.56])	Olympics	Athens	08-14-04
57.88	Fan Guo, CHN (Splits: 26.99, 57.88 [30.89])	5 th East Asian Games	Hong Kong	12-08-09
57.89*	Yuka Katou, JPN (Splits: 26.98, 57.89 [30.92])	84 th Japan University Championships	Tokyo	09-06-08
57.90sfsf2*	Annika Mehlhorn, GER (Splits: 27.18, 57.90 [30.72])	World Championships	Rome	07-26-09
57.93	Mary T. Meagher, USA/Cal (Splits: 27.75, 57.93 [30.18]) (Note: world junior record. 15-16 NAG record)	U.S. Nationals	Brown Deer	08-16-81
57.94	Yanwei Xu, CHN (Splits: 27.34, 57.94 [30.60])	CHN Nationals/WCTs	Xiaoxing	04-07-09
57.97	Micah Ostergaard, DEN (Splits: 27.07, 57.97 [30.90])	DEN Nationals/WCTs	Edsberg	04-10-09
58.05p	Ying Lu, CHN (Splits: 27.25, 58.05 [30.80])	11 th National Games	Jinan	10-17-09
58.08	Marieke Guehrer, AUS (Splits: 26.72, 58.08 [31.26])	AUS Nationals/WCTs	Sydney	03-20-09
58.10	Rongrong Zhang, CHN	11 th National Games	Jinan	10-18-09

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58.11	(Splits: 28.05, 58.10 [30.05]) Francersca Halsall, GBR	GBR Natioa nls/WCTs	Sheffield	03-17-09
58.12p*	(Splits: 27.34, 58.11 [30.77]) Illaria Bianchi, ITA	Olympics	Beijing	08-09-08
58.13sf	(Splits: 27.29, 58.12 [30.83]) Biying Deng, CHN	11 th National Games	Jinan	10-17-09
58.16	(Spls: 27.19, 58.13 [30.94]) Alice Mills, AUS	AUS Nats./Commonwealth Gamers Trials	Melbourne	02-02-06
58.20p*	(Splits: 27.00, 68.16 [31.16]) Lize-Marie Retief, RSA	Olympics	Beijing	0809-08
58.21*	(Splits: 26.66, 58.20 [31.54]) Amit Ivry, ISR	ISR Nationals	Hapoel [Wingate]	08-08-09
58.24*	(Splits: 27.54, 58.21 [30.57]) Hannah Wilson, HKG/Cal	World Uiverity Gaes	Belgrade	07-09-09
	(Splits: 27.54, 58.24 [30.70]. (Note: second gold//Games recoro of competition. Won 100 free twod ays earlieir in record-setting time.. Member of Cal's 2009 NCAA Division 1 team champion –first in school history!)			
58.32p*	Natalia Sutyagina, RUS	Olympics	Beijing	08-09-08
58.33	(Splits: 27.46, 58.32 [31.86]) Alena Popchanka, FRA	GBR Nats./European Championship Trials	Sheffield	04-06-06
58.36	(Splits: 27.52, 58.33 [30.81]) Kathleen Hersey, USA/Texas	U.S. Ntionals//WCTs	Indianapolis	07-07-09
58.36	(Splits: 27.48, 58.36 [27.88]) Ying Liu, CHN	CHN Nationals	Beijing	08-30-09
58.38	(Splits: 27.48, 58.36 [30.88]) Limin Liu, CHN /Nevada-Reno	12 th Asian Games	Hiroshima	10-08-94
58.38p	(Note: Gaaes record.) Fan Zhang, CHN	11 th National Games	Jinan	10-1709

200 METER BUTTERFLY

Top 50 Performances

2:01.81*	Zige Liu, CHN	11 th National Games	Jinan	10-22-09
	(Splits: 27.19, 58.08 [30.89], 1:30.20 [32.12], 2:01.81 [31.61]. (Note: 100 split fastest all-time en roué to 200 clocking. (Note: first Asian woman to break world-record twice, first woman to break world-record twice in consecutive years sine American Mary T. Meaghe @ U.S. "Olympic Ttrials" in Irvine, CA. in July of 1980 [2:06.37], then again following summer @ U.S. Nationals in Brown Deer, WI. [2:05.96, 08-13-81]. (Note: second-shortest time span to have world-record broken by two different athletes. America's Karen Moe broke the wr of 2:21.0 by The Netherlands' Ada Kok in 1967 with her 2:20.7 @ the Sant Clara Invitatiional on July 11, 1970. Countrywoman Alice Jones then became first woman to crack 2:20.0 with her wr 2:19.3 from the AAU Championships in Los Angeles [1932 Olympic Pool] on August 22, 1970. (Note: American Tracy Caulkins tied the "German 'Democratic' Republic's" Andrea Pollack's then wr of 2:09.87 – set @ the GDR Nationals/WCTs in East Berlin on July 4, 1978 by winning the gold @ the World Championships in West Berlin seven weeks later [August 26], touching in the exact same time of 2:09.87. Neither swimmer even went faster during blaance of their careers. (Note: world record-holder, 200 meter butterfly [scm], World Cup, Berlin, 11-15-09) (Note: from high above the "western" sidelines of the Water Cube, Chairman Mao [Deng Xiao Peng?] is smiling.)			
2:03.41*+##	Jessicah Schipper, AUS	World Championships	Rome	07-30-09
	(Splits: 28.21, 1:00.25 [32.04], 1:32.23 [31.98], 2:03.41 [31.18]. (Reaction Time: +0.69. (Note: Schipper's second world-record. Swam a 2:05.40 @ 2006 Pan-Pac Championships in Victoria for her initial global standard. (Note: Schipper's second-consecutive title. Ties her with GDR's Rosemary Kother [1973, '75], Poland's Otilya Jedrzejczek [2003, '05] for most wins. (Note: fifth time record has been broken @ a World Championships. Kother did it twice @ inaugural World Championships in Belgrade [1973; 2:15.45p, 2:13.76], Caulkins @ the Worlds in West Berlin [2:09.87, 1978], Jedrzejczek [Montreal ,2005, 2:05.61] + Schipper here. Kothar, however, had a few extra "tigers" in her tank!)			

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2:03.90	Liu	World Championships	Rome	07-31-09
	(Splits: 27.44, 59.21 [31.77], 1:31.58 [32.37], 2:03.90 [32.31]): (Note: first time two swimmer have been under existing world-record in same race.)			
2:04.14p*	Mary DeScenza, USA/Georgia	World Championships	Rome	07-29-09
	(Splits: 28.79, 1:00.57 [31.78], 1:32.49 [1.92], 2:04.14 [31.65] . (Note: first world-record of career. First 'Dawg world record-setter [either sex]. First U.S. woman to break wr since Mary T. Meagher swam a 2:05.96 @ U.S. Nationals in Brown Deer, Wisc. Auguwt 13, 1981 to break her own record of 2:06.37 from previous summer's U.S. "Olympic Trials" in Irvine, CA. that July. (Notre: four-time NCAA 200 yard fly champ for 'Dawgs [2003-'06]. Only woman to accomplish this feat. (Note: Stanford's Pablo Morales [1984-'87] only male 200 fly "four-peater," Mark Sptiz won twice ['71-'72].)			
2:04.18	Liu	Olympics	Beijing	08-14-08
	(Splits: 27.80, 59.37 [31.57], 1:31.59 [32.22], 2:04.18 [32.59]) (Note: first Asian 200 butterfly world record-setter for either sex. (Note: 100 split en route to 200 = third-fastest all-time and thad been her pr until late October of 2009 when she clocked a 56.07 @ the National Games for an Asian record and second-fastest all-time. (Note: first woman to break world-record @ an Olympics since USA's Ksren Moe [2:15.37, Munich, 1972]. (Note: third Chinese world record-setter @ an Olympics. In 1992 [Barcelona], Wenyi Yang and Li Lin set global standards in 50 free [24.79] and 200 IM [2:11.65], coincidentally on same day [07/31]).			
2:04.27sf2+*	Katinka Hosszu, HUN/USC	World Championships	Rome	07-29-09
	(Splits: 28.71, 1:00.71 [32.00], 1:43.78 [32.07], 2:04.2731.49). (Note: first European record of career.)			
2:04.28	Hosszu	World Championshuiups	Rome	07-31-09
	(Splits: 28.62, 1:00.96 [32.34], 1:32.77 [31.81], 2:04.28 [31.51]. (Note: first international medal [bronze] of career. Second Hungarian medalist. Counrywoman Eva Risztov won silver @ Montreal [2005]).			
2:04.33sf2	DeScenza	World Championships	Rome	07-29-09
	(Splits: 28.76, 1:00.39 [31.63], 1:43.48 [31.99], 2:04.33 [31.95]).			
2:04.41	DeScenza	World Championships	Rome	07-31-09
	(Splits: 28.58, 1:00.91 [32.33], 1:32.28 [32.37], 2:04.41 [32.13])			
2:04.50	Liuyang Jiao, CHN	World Championships	Rome	07-31-09
	(Splits: 28.13, 1:00.05 [31.92] 1:32.50 [32.45], 2:04.50 [32.00]),			
2:04.65	Liu	5 th East Asian Games	Hong Kkong	12-06-09
	(Splits: 27.70, 59.54 [31.74], 1:31.55 [32.01], 2:04.65 [33.10]. (Note: Games recore.)			
2:04.72	Jiao	Olympics	Beijing	08-14-08
	(Splits: 28.19, 1:00.36 [32.17], 1:32.68 [32.32], 2:04.72 [32.04]) (Note: first Chinese one-two Olympic finish since women's 50 free [Barcelona, 1992] and first time two women from same country have broken world 200 fly record @ same Olympics)			
2:04.83*	Ellen Gandy, GBR	GBR Nationals/WCTs	Sheffield	03-19-09
	(Splits: 28.83, 1:00.03 [31.20], 1:31.99 [31.96], 2:04.83 [32.84]. (Note: first British woman to hold either Commonwelath and/or European record, let alone both simultaneously!			
2:04.87sf1	Schipper	World Championships	Rome	07-29-09
	(Splits: 28.12, 1:00.15 [32.03], 1:32.61 [32.46], 2:-04.87 [32.26])			
2:04.96sf1	Jiao	World Championships	Rome	07-29-09
	(Splits: 27.81, 59.54 [31.73], 1:32.31 [32.77], 2:-04.96 [32.65])			
2:05.09sf1*	Aurore Mongel, FRA	World Championships	Rome	07-29-09
	(Splits: 28.09, 1:00.01 [31.92], 1:32.59 [32.58], 2:-05.09 [32.50])			
2:05.22	Jiao	CHN Nationals/WCTs	Xiaoxing	04-09-09
	(Splits: 26.57, 1:00.72 [34.15], 1:33.05 [33.33], 2:05.22 [32.17])			
2:05.29sf1	Liu	World Championships	Rome	07-29-09
	(Splits: 27.81, 58.78 [30.97], 1:32.49 [32.71], 2:-05.29 [33.80])			
2:05.40	Schipper	Pan-Pac Championships	Victoria	08-7-06
	(Splits: 28.35, 1:00.11 [31.76], 1:32.46 [32.35], 2:05.40 [32.94]. Initial 100 second-fastest ever.) (Notre: American Michael Phelps lowered own men's world 200 butterfly record immediately afterwards!)			
2:05.48	Mongel	World Championships	Rome	07-31-09
	(Splits: 57.89, 59.83 [31.94], 1:32.52 [32.69], 2:05.48 [32.96])			

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2:05.50p	Schipper	World Championships	Rome	07-29-09
	(Splits: 27.35, 58.51 [31.16], 1:31.58 [33.07], 2:05.50 [33.92]. (Note: 100 split second-fastest all-time en route to 200 fly clocking.)			
2:05.61*	Otylia Jędrzejczak, POL	World Championships	Montreal	07-28-05
	(Splits: 28.90, 1:01.19 [32.29], 1:33.07 [31.88], 2:05.61 [32.54]) (Note: win gives her "Grand Slam": 2002-'04-'06 European Chmps. titles, '03/'05 World Chmps., '04 Olympics.)			
2:05.65	Schipper	World Championships	Montreal	07-28-05
	(Splits: 28.24, 1:00.61 [32.27], 1:32.91 [32.30], 2:05.65 [32.74])			
2:05.78	Jędrzejczak	XXVI European Championships	Berlin	08-04-02
	(Splits: 28.79, 1:00.79 [32.00], 1:33.14 [32.35], 2:05.78 [32.62]) (Note: first world-record by Polish female swimmer. Championship record)			
2:05.81	Susie O'Neill, AUS	AUS Olympic Trials	Sydney	05-17-00
	(Splits: 28.57, 1:00.24 [31.77], 1:32.71 [32.47], 2:05.81 [32.10])			
2:05.87	Jiao	11 th National Games	Jinan	10-22-09
	(Splits: 27.95, 59.54 [31.59], 1:32.65 [33.11], 2:05.87 [33.22])			
2:05.88	Misty Hyman, USA/Stanford	Olympics	Sydney	09-20-00
	(Splits: 28.38, 59.91 [31.53], 1:32.44 [32.53], 2:05.88 [33.44]) (Note: gold-medalist.)			
2:05.92	Jędrzejczak	Paris Open	Paris	08-02-07
	(Splits: 29.23, 1:01.27 [31.04], 1:33.43 [32.16], 2:05.92 [32.52])			
2:05.93	Schipper	AUS Nationals/WCTs	Sydney	03-22-09
	(Splits: 28.18, 1:00.13 [31.95], 1:32.80 [32.67], 2:05.93 [33.13])			
2:05.95*	Audrey LaCroix, CAN	World Championships	Rome	07-31-09
	(Splits: 28.68, 1:00.60 [31.92], 1:33.29 [32.69], 2:05.95 [32.66])			
2:05.96	Mary T. Meagher, USA	U.S. Nationals	Brown Deer	08-13-81
	(Splits: 29.53, 1:01.41, 1:33.69, 2:05.96) (Note: world junior record. 15-16 NAG record.)			
2:05.99sfl	Samantha Hamill, AUS	World Championships	Rome	07-29-09
	(Splits: 28.59, 1:00.63 [32.04], 1:33.79 [32.76], 2:05.99 [32.60])			
2:06.01p	Petrina Thomas, AUS	AUS Olympic Trials	Sydney	03-29-04
	(Splits: 28.19, 1:00.20 [32.01], 1:32.91 [32.71], 2:06.01 [33.10])			
2:06.02	Schipper	AUS Nats./World Championship Trials	Brisbane	12-07-06
	(Splits: 28.10, 59.95 [31.85], 1:32.47 [32.52], 2:06.02 [33.55])			
2:06.05	Jędrzejczak	Olympics	Athen	08-18-04
	(Splits: 28.76, 1:01.09 [32.33], 1:35.17 [32.08], 2:06.05 [32.88]) (Note: first Polish gold-medalist for either sex!)			
2:06.07	Jiao	5th East Asian Championships	Hong Kong	12-06-09
	(Splits: 28.51, 1:00.49 [31.98], 1:32.91 [32.42], 2:06.07 [33.15])			
2:06.09	Meagher/Cal	U.S. Nationals	Mission Viejo	08-05-85
	(Splits: 29.14, 1:00.75 [31.61], 1:32.97 [32.22], 2:06.09 [33.12]) (Note: 17-18 NAG record!)			
2:06.09	Schipper	Commonwealth Games	Melbourne	03-21-06
	(Splits: 28.35, 59.96 [31.61], 1:32.90 [32.94], 2:06.09 [33.19])			
2:06.11	Hamill	World Championships	Rome	07-31-09
	(Splits: 28.41, 1:00.41 [21.00], 1:33.20 [32.79], 2:06.11 [32.91])			
2:06.15	Jędrzejczak	Japan 2007 International Invitational	Chiba	08-22-07
	(Splits: 29.40, 1:01.42 [32.02], 1:33.40 [31.98], 2:06.15 [32.75])			
2:06.18	Jie Gong, CHN	11 th National Games	Jinan	10-22-09
	(Splits: 28.69, 1:00.93 [32.24], 1:33.28 [32.35], 2:06.18 [32.90])			
2:06.21p	Hosszu	World Championships	Rome	07-29-09
	(Splits: 29.03, 1:01.15 [32.12], 1:33.62 [32.47], 2:06.21 [32.59])			
2:06.23	Liu	8 th Asian Swimming Championships	Foshan	22-34-09
	(Splits: 29.22, 1:00.88 [31.66], 1:33.58 [32.70], 2:06.23 [32.75]. (Not: Championships record.)			
2:06.25	Schipper	AUS Nats./Cmnwealth. Games Trails	Melbourne	02-04-06
	(Splits: 28.12, 59.76 [31.64], 1:32.49 [32.73], 2:06.25 [33.75])			

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2:06.25sf	Liu	Olympics	Beijing	08-13-08
	(Splits: 27.89, 59.72 [31.83], 1:32.66 [32.94], 2:06.25 [33.59])			
2:06.26	Schipper	Olympics	Beijing	08-14-08
	(Splits: 27.75, 58.99 [31.24], 1:32.06 [33.07], 2:06.26 [33.20])			
	(Note: 100 split en route to 200 fastest all-time. Schipper has next-fastest 100 enroute to 200 too [59.1' 1])			
2:06.29	Schipper	World Championships	Melbourne	03-29-07
	(Splits: 27.82, 59.87 [32.05], 1:32.69 [32.82], 2:06.29 [33.60])			
2:06.31sf	Liu	11 th National Games	Jinan	10-21-09
	(Splits: 28.54, 1:00.39 [31.85], 1:32.93 [32.54], 2:06.31 [33.38])			
2:06.32p	Hamill	World Championships	Rome	07-29-09
	(Splits: 28.59, 1:00.25 [31.66], 1:32.83 [32.58], 2:06.32 [33.49])			
2:06.34sf2	Schipper	Olympics	Beijing	08-13-08
	(Splits: 27.83, 59.21 [31.38], 1:32.31 [33.10], 2:06.34 [34.03])			
	(Note: 100 split fastest all-time en route to 200 clocking)			
Remaining Top 51 Performers				
2:06.38*	Yuuko Nakanishi, JPN	JPN Olympic Trials	Tokyo	04-19-08
	(Splits: 28.27, 1:00.53 [32.26], 1:33.15 [32.62], 2:06.38 [33.23])			
2:06.44	Kathleen Hersey, USA/Texas	U.S. Nationals/WCTs	Indianapolis	07-10-09
	(Splits: 28.60, 1:00.39 [31.79], 1:33.43 [33.09], 2:06.44 [33.01])			
2:06.44	Natsumi Hoshi, JPN	85 th Japan University Championships	Kinamoto	09-04-09
	(Splits: 28.63, 1:00.77 [32.14], 1:33.41 [32.64], 2:06.44 [33.03].)			
	(Note: Championships recored.)			
2:06.45p*	Annika Mehlhorn, GER	World Championships	Rome	07-29-09
	(Splits: 27.85, 59.96 [32.11], 1:32.74 [32.78], 2:06.45 [32.71])			
2:06.50*	Caterina Giachetti, ITA	ITA Nationals/WCTs	Pescara	05-26-09
	(Splits: 29.18, 1:01.90 [32.72], 1:34.00 [32.10], 2:06.50 [32.50])			
2:06.62	Natsuki Akiyama, JPN	76 th All-Japan High School Chmps.	Kawaguchi	08-18-08
	(Splits: 29.29, 1:01.70 [32.41], 1:34.30 [32.60], 2:06.62 [31.92])			
	(Note: national high-school record. Eleventh all-time world performer!)			
2:06.64p	Jemma Lowe, GBR/Florida	GBR Olympic Trials	Sheffield	03-31-08
	(Splits: 27.56, 59.56 [32.00], 1:32.75 [33.19], 2:06.64 [33.89])			
2:06.71	Kim Vandenberg, USA/UCLA	World Championships	Melbourmne	03-29-07
	(Splits: 28.45, 1:00.77 [32.32], 1:33.44 [32.67], 2:06.71 [33.27])			
	(Note: first Bruin woman to win a World Championship medal [silver].)			
2:06.71	Emese Kovacs, HUN	XXIX European Championships	Eindhoven	03-24-08
	(Splits: 28.42, 1:00.66 [32.24], 1:33.59 [32.93], 2:06.71 [33.12])			
2:06.73	Yui Miyamoto, JPN	64 th National Sports Festival	Nagaoka	09-12-09
	(Splits: 28.28, 1:00.71 [32.43], 1:34.00 [33.29], 2:06.73 [32.73])			
2:06.75	Elaine Breeden, USA/Stanford	U.S. Olympic Trials	Omaha	07-03-08
	(Splits: 28.40, 1:00.18 [31.78], 1:32.77 [32.59], 2:06.75 [33.98])			
	(Note: Trials record.)			
	(Note: American/NCAA /record-holder, 200 yard butterfly/2009 NCAA Division 1 gold-medalist)			
2:06.77	Limin Liu, CHN/Nevada-Reno	12 th Asian Games	Hiroshima	10-07-94
	(Splits: 29.31, 1:01.84 [32.53], 1:34.67 [33.83], 2:06.77 [32.00])			
	(Note: Games record.)			
2:06.90*	Mireia Belmonte Garcia, ESP	XVI Mediterranean Games	Pescara	07-01-09
	(Splits: 29.37, 1:01.95 [32.58], 1:34.47 [32.52], 2:06.90 [32.43])			
2:07.22	Biyong Deng, CHN	11 th National Games	Jinan	10-22-09
2:07.42	Yun Qu, CHN	World Championships	Rome	09-11-94
2:07.44sf1*	Micah Kathleen Jensen, DEN	World Championships	Rome	07-29-09
2:07.63sf	Qian Zheng, CHN	11 th National Gamres	Jinan	10-21-09
2:07.66	Felicity Galvez, AUS	XXVI Mtng. de Monaco/Mare Nsotrum	Monte Carlo	06-08-08
2:07.68	Eva Risztov, HUN	World Championships	Barcelona	07-24-03
2:07.69	Yurie Yano, JPN	84 th Japan University Championships	Tokyo	09-05-08
2:07.84	Rongrong Zhang, CHN	CHN Nationals/WCTs	Xiaoxing	04-09-09
2:07.85	Stephanie Rice, AUS	AUS Nationals/WCTs	Sydney	03-22-09

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2:08.00	Franziska Hentke, GER	GER Nationals/WCTs	Berlin	06-27-09
2:08.03	Ines Geissler, GDR	GDR Nationals	Gera	06-18-83
2:08.06sf	Yuwen Shi, CHN	11 th National Games	Jinan	10-21-09
2:08.08p	Yuuko Nakanashi, JPN	Japan 2007 International Invitational	Chiba	08-22-07
2:08.11	Mette Jacobsen, DEN/SMU	Olympics	Sydney	09-20-00
2:08.13	Maki Mita, JPN	JPN Olympic Trials	Tokyo	04-23-00
2:08.18	Kaitlin Sandeno, USA/USC	Olympics	Athens	08-18-04
2:08.21	Jie Wang, CHN	6 th City Games	Wuhan	10-23-07
2:08.24	Hannah Miley, GBR	GBR Nationals/WCTs	Sheffield	03-19-09
2:08.29	Jessica Dickons, GBR	Tri Nations Cup	Toronto	08-01-08
2:08.34	Ning Hu, CHN	8 th National Games	Shanghai	10-19-97
2:08.34sf1	Zsuzsanna Jakabos, HUN/UNLV	World Championships	Rome	07-29-09
2:08.40	Dana Kirk, USA/Stanford	11 th Janet Evans Invitational	Long Beach	06-12-04
2:08.40	Magali Rossseau, FRA	FRA Nationals/WCTs	Montpellier	04-22-09

200 METER INDIVIDUAL MEDLEY

Top 50 Performances

2:06.15**	Ariana Kukors, USA/Washington World Championships		Rome	07-27-09
	<i>(Splits: 27.72, 59.24 [31.52], [1:36.31 [37.07], 2:06.15 [29.84])</i>			
	(Note: Kukors first American [third overall, others were Claudia Kolb/Tracy Caulkins] to break world-record more than once. Caulkins did it thrice, Kolb five times. Caulkins only other American to break wr @ a World Championships, swimming 2:14.07 @ Berlin in 1978. That broke her own wr of 2:15.07 from the U.S. World Championship Trials several weeks earlier.			
	(Note: Kukors finished third @ U.S. Trials in Indianapolis and ostensibly was not going to compete in Rome. However, runner-up Elizabeth Pelton decided to focus on other events, bumping Kukors up a notch.			
	(Note: Kukors first woman under 2:08.0/2:07.0.			
	(Note: Kukors' first major international competition [Olympics/World Championships].			
	(Note: Kukors second former University of Washington swimmer to win a gold-medal. Butterflyer Robin Backhaus took top honors @ the inaugural World Championships in Belgrade 36 years ago.)			
2:07.03sf2#	Kukors	World Championships	Rome	07-26-09
	<i>(Splits: 27.94, 58.89 [31.95], 1:36.47 [36.58], 2:07.03 [30.56].</i>			
	(Note: Kukors first Husky swimmer of either sex to set a world-record. First wr for ANY King Aquatics and/or King AC Sean Harris-coached swimmer [m/f].			
	(Note: Kukors' King AC teammate Megan Jendrick, Sydney Olympics 100 meter breaststroke gold-medalist, set her first American record in nine years a day earlier when she broke the 50 meter breast standard @ a meet in her hometown of Seattle.)			
2:07.03*+	Stephanie Rice, AUS	World Championships	Rome	07-27-09
	<i>(Splits: 27.32, 59.27 [31.95], 1:36.70 [37.43], 2:07.03 [30.33])</i>			
2:07.46+*	Katinka Hosszu, HUN/USC	World Championships	Rome	07-27-09
	<i>(Splits: 27.74, 1:00.08 [32.34], 1:37.54 [37.46], 2:07.46 [29.92].</i>			
	(Note: broke own European record of 2:09.12 from prelims; also set European record in 200 fly.)			
2:08.32a	Hui Qi, CHN	11 th National Games	Jinan	10-22-09
	<i>(Splits: 28.86, 1:02.07 [32.21], 1:38.77 [36.70], 2:08.32 [29.55].</i>			
	(Note: second NR of meet. Swam 2:21.37 in 200 breast earlier in competition. First national and/or Asian IM record of career [age 24]. Old Asian record: 2:09.72 by countrywoman Yanyan Wu @ 8 th National Games a dozen years ago [1997]. Wu, however, had a few extra" tigers" in her tank.)			
2:08.45	Rice	Olympics	Beijing	08-13-08
	<i>(Splits: 27.84, 1:00.68 [32.84], 1:38.36 [37.68], 2:08.45 [30.09])</i>			
	(Note: set world-record in 400 IM en route to gold four days earlier. First woman to ever break both IM wrs @ same Olympics. Also first and ONLY woman to break both wrs twice in same year. Last woman to set global standards in both IMs in same competition: American Tracy Caulkins, 1978, World Championships, West Berlin.			
	(Note: Rice became a treble gold-medalist moments later when she led off Australia's gold-medal-winning/world record-setting 800 meter freestyle relay with a Commonwealth record-tying 1:56.60 split)			
2:08.53p	Kukors	World Championships	Rome	07-26-09
	<i>(Splits: 28.13, 1:00.78 [32.65], 1:37.46 [36.68], 2:08.53 [31.07])</i>			

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2:08.59*	Kirsty Coventry, ZIM/Auburn	Olympics	Beijing	08-13-08
	(Splits: 28.47, 1:00.16 [31.69], 1:38.27 [38.11], 2:08.59 [303.2]) (Note: also finished under old world-record in 400 IM and got silver to Rice.)			
2:08.68sf2	Rice	World Championships	Rome	07-26-09
	(Splits: 27.62, 1:00.42 [32.80], 1:37.59 [37.17], 2:08.68 [31.09])			
2:08.92	Rice	AUS Olympic Trials	Sydney	03-25-08
	(Splits: 28.03, 1:00.56 [32.53], 1:39.24 [38.68], 2:08.92 [29.68]) (Note: set wr in 400 IM three days earlier. First Australian woman to set wr in 36 yers, since Shane Gould [2:23.07] @ 1972 Munich Olympics. First-time ever in Southern Hemisphere)			
2:08.94	Coventry	World Championships	Rome	07-17-09
	(Splits: 28.27, 1:00.22 [31.95], 1:36.70 [37.43], 2:08.94 [30.74]. (Note: fastest-ever non-medal winning time [fourth].)			
2:09.12p	Hosszu,	World Championships	Rome	07-26-09
	(Splits 27.56, 1:00.31 [32.75], 1:38.62 [38.31], 2:09.12 [30.50]):			
2:09.34	Julia Smit, USA/Stanford	U.S. Nationals/WCTs	Indianapolis	07-07-09
	(Splits: 28.53, 1:02.11 [33.58], 1:38.54 [36.43], 2:09.34 [30.80]. (Note: double-defending champion/record-holder, NCAA Division 1 200 yard Individuual Medley.) (Note: U.S. Open "All Comers"/IUPUI Natatorium pool record.) (Note: world record-holder, 200 meter Ind. Medley [scm], 2:05.60, "Duel in the Pool," Manchester, 12-19-09)			
2:09.37*	Camille Muffat, FRA	FRA Nationals/WCTs	Montpellier	04-26-09
	(Splits: 28.66, 1:02.22 [33.56], 1:39.23 [37.01], 2:08.37 [29.14]) (Note: first European record for Muffat and first French woman to set European 200 IM standard.)			
2:09.46	Hannah Miley, GBR	World Championships	Rome	07-26-09
	(Splits: 28.87, 1:02.01 [33.14], 1:38.83 [36.83], 2:09.46 [30.63])			
2:09.53sf1	Coventry	Olympics	Beijing	08-12-08
	(Splits: 29.17, 1:01.25 [31.08], 1:39.29 [38.14], 2:09.53 [30.24])			
2:09.59	Miley	GBR Nationals/WCTs	Sheffield	03-7-09
	(Splits: 29.46, 1:02.37 [32.91], 1:39.31 [36.94], 2:09.59 [30.28]) (Note: first Brittish vwoman to set a European 200 IM record)			
2:09.64p	Rice	World Championships	Rome	07-26-09
	(Splits: 27.76, 1:00.56 [32.74], 1:37.85], 2:09.64 [38.35 [31.29])			
2:09.71	Katie Hoff, USA	U.S. Olympic Trials	Omaha	07-02-08
	(Splits: 28.30, 1:01.41 [33.11], 1:39.23 [37.82], 2:09.71 [30.48]) (Note: 17-18 NAG record)			
2:09.72	Yanyan Wu, CHN	8 th National Games	Shanghai	10-17-97
	(Splits: 28.81, 1:01.91 [33.10], 1:39.44 [37.53], 2:09.72 [30.28])			
2:09.73*	Julie Hjorth-Hansen, DEN	World Championships	Rome	07-27-09
	(Splits: 28.44, 1:02.05 [33.612], 1:39.20 [37.15], 2:09.73 [30.53])			
2:09.77	Natalie Coughlin, USA/Cal	15 th Janet Evans Invitational	Los Angeles	06-06-08
	(Splits: 27.39, 1:00.66 [33.27], 1:39.80 [39.14], 2:09.77 [29.97]) (Note: Olympic gold-medalist, 100 meter backstroke [Athens, 2004; Beijing, 2008]. (Note: meet/Southern California Swimming Open/"All Comers" recorfd.)			
2:09.87	Evelyn Verraszto, HUN	HUN Nationals/WCTs	Eger	06-28-09
	(Splits: 28.58, 1:00.97 [32.39], 1:40.10 [39.24], 2:09.87 [29.77])			
2:09.87sf1	Hjorth-Hansen	World Championships	Rome	07-26-09
	(Splits: 28.28, 1:02.13 [33.85], 1:38.92 [36.79], 2:09.87 [30.95])			
2:09.90p	Coventry	World Championships	Rome	07-26-09
	(Splits: 28.30, 1:00.84 [32.54], 1:38.56 [37.72], 2:09.90 [31.34])			
2:09.91sf1	Coventry	World Championships	Rome	07-26-09
	(Splits: 28.37, 1:01.01 [32.64], 1:38.75 [37.74], 2:09.91 [31.16])			
2:09.91sfsf1	Verraszto	World Championships	Rome	07-26-09
	(Splits: 27.90, 1:00.35 [32.45], 1:39.77 [39.42], 2:09.91 [30.14])			
2:09.92	Miley	World Championships	Rome	07-27-09
	(Splits: 28.95, 1:01.57 [32.62], 1:38.80 [37.23], 2:09.91 [31.11])			
2:09.94sf	Hoff	U.S. Olympic Trials	Omaha	07-01-08
	(Splits: 28.34, 1:01.23 [32.89]. 1:39.06 [37.83], 2:09.94 [30.88])			

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2:09.98	Verraszto	World Championships	Rome	07-27-09
	(Splits: 28.12, 1:01.56 [32.44], 1:40.03 [39.47], 2:09.98 [29.95])			
2:10.01sf1	Hosszu	World Championships	Rome	07-26-09
	(Splits: 27.87, 1:00.68 [32.81], 1:39.08 [38.40], 2:10.01 [30.93])			
2:10.05	Hoff	U.S. Nationals/Pan-Pac, WCTs	Irvine	08-01-06
	(Splits: 28.51, 1:01.88 [31.37], 1:39.49 [37.61], 2:10.05 [30.56])			
2:10.08	Coventry	Toyota/Missouri Grand Prix	Columbia	02-18-08
	(Splits: 29.3, 1:01.82 [32.45], 1:39.90 [38.08], 2:10.08 [30.18])			
2:10.08sf2	Muffat	World Championships	Rome	07-26-09
	(Splits: 28.19, 1:01.36 [33.17], 1:38.43 [37.07], 2:10.08 [31.65])			
2:10.11	Whitney Myers, USA/Aizona	Pan-Pac Championships	Victoria	08-20-06
	(Splits: 28.60, 1:01.58 [32.98], 1:39.31 [27.72], 2:10.11 [30.80])			
	(Not4: American record-holder, 200 meter Individual Medley [scm], Singapore Grand Prix, 11/21/09)			
2:10.13	Hoff	World Championships	Melbourne	03-26-07
	(Splits: 28.35, 1:01.96 [33.61], 1:39.06 [37.10], 2:10.13 [31.07])			
2:10.23	Hoff	Toyota/Missouri Grand Prix	Columbia	02-18-08
	(Splits: 28.80, 1:01.59 [32.79], 1:39.41 [38.73], 2:10.23 [30.81])			
2:110.24p	Miley	World Championships	Rome	07-26-09
	(Splits: 29.15, 1:02.47 [33.32], 1:39.48 [38.01], 2:10.24 [30.76])			
2:10.29sf2	Smit	World Championships	Rome	07-26-09
	(Splits: 28.65, 1:02.09 [33.44], 1:39.31 [37.22], 2:10.29 [30.98]. (Note: fastest-ever non-qualifier for finals [ninth])			
2:10.32	Coughlin	U.S. Olympic Trials	Omaha	07-02-08
	(Splits: 27.27, 59.80 [32.53], 1:39.71 [39.91], 2:10.32 [30.61])			
2:10.34	Coughlin	Olympics	Beijing	08-13-08
	(Splits: 27.29, 1:01.08 [33.79], 1:39.67 [38.59], 2:10.34 [30.67]) (Note: gold-medalist, 100 meter backstroke)			
2:10.36	Muffat	XVI Mediterranean Games	Pescara	06-27-09
	(Splits: 28.14, 1:01.89 [33.75], 1:39.40 [37.51], 2:10.36 [30.96]) (Note: Games record.)			
2:10.36	Hosszu	HUN Nationals/WCTs	Eger	06-28-09
	(Splits: 1:01.92, 2:10.36)			
2:10.40	Kukors	U.S. Olympic Trials	Omaha	07-01-08
	(Splits: 28.77, 1:01.54 [32.77], 1:39.21 [37.67], 2:10.40 [31.19]) (Note: third-place finish was .09 faster than any Olympic gold-medalist's time – EVER! Time was also then faster than ANY other country's national record except four nations, i.e., USA, Australia, China, Zimbabwe.)			
2:10.41	Hoff	World Championships	Montreal	07-25-05
	(Splits: 28.59, 1:01.68 [33.09], 1:39.39 [38.71], 2:10.41 [31.02]) (Note: gold-medalist. World Junior /15-16 NAG/Canadian Open/"All Comers" records.)			
2:10.58sf1	Rice	Olympics Beijing		08-12-08
	(Splits: 28.04, 1:00.94 [30.90], 1:39.79 [38.73], 2:10.58 [30.79])			
2:10.53p	Hjorth-Hansen	World Championships	Rome	07-26-09
	(Splits: 28.37, 1:00.16 [33.79], 1:39.22 [37.06], 2:10.53 [31.31])			
2:10.54p	Smit	U.S. Nationals/WCTs	Indianapolis	07-07-09
	(Splits: 28.72, 1:02.16 [33.44], 1:39.12 [36.96], 2:10.54 [31.42])			
2:10.62	Hoff	U.S. Nationals	Indianapolis	08-04-07
	(Splits: 28.59, 1:01.81 [33.22], 1:39.53 [37.22], 2:10.62 [31.09])			
2:10.67	Jing Liu, CHN	11 th National Games	Jinan	10-22-09
	(Splits: 27.98, 1:01.63 [33.65], 1:40.46 [38.83], 2:10.67 [30.21])			
2:10.68*	Yana Klochkova, UKR	Olympics	Sydney	09-18-00
	(Splits: 28.70, 1:01.78 [33.08], 1:40.05 [38.27], 2:10.68 [30.63]) (Note: gold-medalist)			
2:10.68	Hoff	Olympics	Beijing	08-13-08
	(Splits: 28.30, 1:00.95 [32.65], 1:39.85 [38.90], 2:10.68 [30.83])			
Remaining Top 50 Performers				
2:10.79	Dagny Knutson, USA/Minot HS	Jr. Pan-Pac Championships	Guam	01-11-09

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2:10.90*	(Splits: 29.23, 1:01.06 [31.83], 1:41.15 [40.09], 2:10.79 [29.64]) Tomoyo Fukuda, JPN	64 th National Sports Festival	Nagaoka	09-11-09
2:11.03	(Splits: 27.71, 1:00.50 [32.79], 1:39.71 [39.21], 2:10.90 [31.19]) Elizabeth Pelton, USA	U.S. Nationals/WCTs	Indianapolis	07-07-09
2:11.16*	(Splits: 27.53, 59.84 [32.31 – fastest-ever to 100], 1:38.89 [39.05], 2:11.03 [32.14].) (Note: second-performer/performance all-time 15-16 girls/world junior rankings.) Mireia Belmonte Garcia, ESP	XXIX European Championshipss	Eindhoven	03-21-08
2:11.27	(Splits: 28.98, 1:03.23 [34.25], 1:39.91 [36.68], 2:11.16 [31.25]) (Note: first major international title) Yan Chen, CHN	8 th National Games	Shanghai	10-17-97
2:11.28	(Splits: 29.07, 1:03.03 [33.96], 1:40.95 [37.92], 2:11.27 [30.32]) Caitlin Leverenz, USA/Cal	U.S. Olympic Trials	Omaha	07-02-08
2:11.31p	(Splits: 29.53, 1:03.52 [33.99], 1:40.64 [37.22], 2:11.28 [30.64]) Emily Seebohm, AUS	World Championships	Rome	07-26-09
2:11.44	(Splits: 27.37, 1:00.15 [32.78], 1:39.05 [38.90], 2:11.31 [32.26]) Asami Kitagawa, JPN	84 th Japan University Championships	Tokyo	09-06-08
2:11.46	(Splits: 28.83, 1:02.99 [34.16], 1:40.10 [37.11], 2:11.44 [30.34]) Justine Mueller, USA/Michigan	U.S. Open	Federal Way	08-08-09
2:11.60sf	(Splits: 28.73, 1:04.04 [33.50], 1:40.47 [36.43], 2:11.46 [30.99].) (Note: second gold for former Wolverine Big Ten champion. Won 400 IM in pr.4:40.61.) (Note: U.S. Open rmeet econd.) Qun Wang, CHN	11 th National Games	Jinan	10-21-09
2:11.65	(Splits: 28.32, 1:01.64 [33.32], 1:39.59 [37.94], 2:11.60 [32.01]) Lin Li, CHN	Olympics	Barcelona	07-30-92
2:11.65p	(Splits: 28.68, 1:02.05 [33.27], 1:40.77 [38.72], 2:11.65 [30.98]) Elizabeth Beisel, USA	U.S. Ntionals/WCTs	Indianapolis	07-07-09
2:11.70	(Splits: 28.98, 1:02.28 [33.30], 1:41.16 [38.88], 2:11.65 [30.49]) Amanda Beard, USA/Arizona	Olympics	Athens	08-16-04
2:11.73*	(Splits: 29.17, 1:03.73 [35.56], 1:40.65 [36.92], 2:11.70 [31.05]) Ute Geweniger, GDR	GDR Nationals	East Berlin	07-04-81
2:11.73*	(Splits: 28.60, 1:02.22 [33.82], 1:40.75 [38.53], 2:11.73 [30.98]) Dariya Belyakina, RUS	Worold Championships	Rome	07-26-09
2:11.79	(Splits: 28.77, 1:02.64 [33.87], 1:40.74 [38.10], 2:11.73 [30.69]) Petra Schneider, GDR	World Championships	Guayaquil	08-06-82
2:11.91	(Splits: 28.91, 1:02.80 [33.89], 1:40.92 [38.12], 2:11.79 [30.87]) (Note: gold-medalist.) Summer Sanders, USA/Stanford	Olympics	Barcelona	07-30-92
2:11.93	(Splits: 28.27, 1:02.16 [33.89], 1:40.58 [38.42], 2:11.91 [31.33]) Maggie Bowen, USA/Auburn	World Championships	Fukuoka	07-27-01
2:11.96sf	(Splits: 29.87, 1:02.60 [32.73], 1:41.74 [39.14], 2:11.93 [30.13]) (Note: Auburn's first female World Champion. First U.S. gold-medalist since Tracy Caulkins [1978]) Ava Ohlgren, USA/Auburn	U.S. Olympic Trials	Omaha	07-01-08
2:12.03sf2*	(Splits: 28.37, 1:01.38 [33.01], 1:40.68 [39.30], 2:11.96 [31.28]) (Note: 2008 NCAA Division 1 200 yard Individual Medley champ) Julia Wilkinson, CAN/Tx. A&M	Olympics	Beijing	08-12-08
2:12.05*	Teresa Rohmann, GER	GER Nationals/Olympic Trials	Berlin	06-07-04
2:12.12sf1**	Joanna Maranhao, BRA	World Championships	Rome	07-26-09
2:12.13	Kaitlin Sandeno, USA/IUSC	World University Games	Bangkok	08-10-07
2:12.13sf*	Katarzyna Baranowska, POL	Olympics	Beijing	08-12-08
2:12.20	Francesca Segat, ITA	ITA Winter Nationals	Riccione	03-07-09
2:12.34	Bin Lu, CHN	World Championships	Rome	09-10-94
2:12.41	(Note: gold-medalist) Laure Manaudou, FRA	FRA Nats./European Chmps. Trials	Tours	05-14-06
2:12.42p	Keri-Anne Payne, GBR	GBR Olympic Trials	Sheffield	04-02-08
2:12.47sf	Alice Mills, AUS	AUS Olympic Trials	Sydney	03-19-04
2:12.51	Rongrong Zheng, CHN	11 th National Games	Jinan	10-22-09
2:12.54p	Jiaxing Li, CHN	Olympics	Beijing	08-11-08

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2:12.54	Allison Wagner, USA/Florida	Pan-Pac Championships	Kobe	08-15-93
2:12.55*	Wan Jun Cheng, TPE (Note: Championships record.)	8 th Asian Swimming Championships	Foshan	11-28-09
2:12.57*	Beatrice Coada-Caslaru, ROM	XXV European Championships	Helsinki	07-06-00

400 METER INDIVIDUAL MEDLEY

Top 50 Performances

4:29.45**	Stephanie Rice, AUS (Splits: 1:01.47, 2:09.83 [1:08.36], 3:27.25 [1:17.43], 4:29.45 [1:02.20]) (Note: second Australian gold-medalist. First wr-setter @ Olympics since Ukraine's Yana Klichkova [4:33.59, Sydney, Y2K]. First woman to break wr twice in same year since East Germany's Petra Schneider, who did it thrice in 1980: March 30 [4:39.96 @ USSR Dual Meet in Leningrad]; May 27 [4:36.29 @ GDR Olympic Trials in Magdeburg]; July 26 [4:36.10 @ Olympics in Moscow]. Schneider first woman under 4:40.0. Rice first under 4:30.0. (Note: subsequent revelations revealed Frau Schneider & Co. had a few extra "tigers" in their tanks.)	Olympics	Beijing	08-10-08
4:29.89*+##	Kirsty Coventry, ZIMN/Auburn (Splits: 1:02.75, 2:09.50 [1:06.75], 3:28.46 [1:18.96], 4:29.89 [1:01.43]) (Note: African record, first African medalist. (Note: fastest all-time by a Southeastern Conference swimmer although now she trains @ Texas!)	Olympics	Beijing	08-10-08
4:30.31+**^	Katinka Hosszu, HUN/USC (Splits: 1:01.61, 2:09.29[1:07.68], 3:28.81 [1:19.52], 4:30.31 [1:02.50]. (Note: Hosszu's first international gold-medal, Hungary's first gold-medalist. Countrywoman Eva Riszov won a silver-medal @ Barcelona [2003]. Hungarian men have collected five 400 IM golds: Andras Hargitay [1973-'75; Tams Darnyi [1986-'91]; Lasso Cseh [2005]. USA has most titles [six]. (Note: Hosszu won a bronze in the 200 fly two days earlier for her first World Championship medal. (Note: USC coach Dave Salo has now guided three gold medals here, Ous Mellouli [1500 free]; Rebecca Soni [100 breast] and Hosszu. Soni set a world-record in the semi finals of her race. (Note: as a froshwoman last season for USC, Hosszu finished runner-up in the NCAA 400 IM by less than a second to Stanford's Julia Smit, setting a Trojan record. She also set USC records in the 200- 500 yard freestyles, 200 yard backstroke/butterfly/Individual Medley., (Note: Hosszu led @ 100, 200 meters, was second @ 300, got lead back by 350 mark and went on to win. (Note: she now holds European records in both IMs, 200 fly, equaling Cseh's European record haul)	World Championships	Rome	08-02-09
4:30.43a	Xuanxu Li, CHN (Splits: 1:01.73, 2:10.94 [1:09.21], 3:29.23 [1:18.29], 4:30.43 [1:01.20]) (Note: first Asian record of career [15 years old, born 1994!]. Youngest-ever sub 4:35.0!!! (Note: career- best coming into meet: 4:36.35 from prelims of Beijing Olympics; 14 yers old!)	11 th National Games	Jinan	10-18-09
4:30.85	Hui Qi, CHN (Splits: 1:00.94, 2:12.24 [1:11.30], 3:27.97 [1:15.73], 4:30.85 [1:02.88]. (Note: first time two swimmer from same country under 4:31.0, let alone in same race! (Noe: second-fastest non-winning time ever. (Note: Qi's pr prior to this meet was a 4:38.20 eight years ago @ the 9 th National Games in Guangzhou as a then 16-year-old.)	11 th National Games	Jinan	10-18-09
4:31.12*	Katie Hoff, USA (Splits: 1:03.69, 2:13.33 [1:09.64], 3:28.65 [1:15.35], 4:31.12 [1:02.47]) (Note: first American to set wr in consecutive years since Claudis Kolb [5:08.2, AAUs, Philadelphia, 08/67; 5:04.7, Olympic Trials, Los Angeles, 08/68.]. First woman to break it more than once since GDR's Petra Schneider did it four times between 1980 [Russian Dual Meet, Leningrad, March] and 1982 World Championships [Guayaquil, August 1982].	U.S. Olympic Trials	Omaha	06-29-08
4:31.33*	Hannah Miley, GBR (Splits: 1:02.77, 2:12.40 [1:09.63], 3:28.74 [1:16.34], 4:31.33 [1:02.59]) (Note: first British woman to hold European record and first British woman to hold both 200-400 IM ERs let alone simultaneously!)	GBR Nationals/WCTs	Sheffield	03-20-09
4:31.46	Rice (Splits: 1:02.33, 2:10.97 [1:08.64], 3:29.08 [1:18.11], 4:31.46 [1:02.38]) (Note: first Australia woman in 36 years and second ever to set wr. First was Gail Neal @ Munich Olympics [1972]. Rice forst Australian woman to hold both medley wrs simultaneously and first to set both in same meet since East Germany's Petra Schneider @ 1980 Olympic Trials [Magdeburg])	AUS Olympic Trials	Sydney	03-22-08

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4:31.71	Hoff	Olympics	Beijing	08-10-08
	(Splits: 1:02.80, 2:12.61 [1:09.81], 3:29.41 [1:16.90], 4:31.71 [1:02.30])			
4:32.12	Coventry	World Championships	Rome	08-02-09
	(Splits: 1:01.93, 2:09.32 [1:07.39], 3:28.70 [1:19.38], 4:31.12 [1:02.42]. (Note: second silver-medal. Was runner-up in 2005 to USA's Katie Hoff @ Montreal. Also finished second to Australia's Stephanie Rice @ last year's Olympics. (Note: has three backstroke golds [100, 2005; 200, 2005, '09]. Broke her own world-record from Olympics en route to the 200 back gold here.)			
4:32.15	Coventry	<i>XLII Santa Clara International Invite.</i>	Sant Clara	06-13-09
	(Splits: 1:02.83, 2:10.61 [1:07.78], 3:30.32 [1:19.71], 4:32.15 [1:01.83])			
4:32.29	Rice	World Championships	Rome	08-02-09
	(Splits: 1:01.79, 2:12.71 [1:10.92], 3:30.33 [1:17.62],			
4:32.72	Miley	World Championships	Rome	08-02-09
	(Splits: 1:03.84, 2:12.53 [1:08.69], 3:30.22 [1:17.69], 4:32.72 [1:02.50])			
4:32.87	Elizabeth Beisel, USA	U.S. Olympic Trials	Omaha	06-29-08
	(Splits: 1:04.11, 2:12.66 [1:08.55], 2:30.45 [1:17.79], 4:32.87 [1:02.32]) (Note: 15-16 NAG record)			
4:32.89	Hoff	World Championships	Melbourne	04-01-07
	(Splits: 1:03.91, 2:14.10 [1:10.19], 3:29.68 [1:19.58], 4:32.89 [1:03.21]) (Note: first U.S. women to win a 400 IM World Championship gold since Tracy Caulkins [1978, West Berlin]. (Note: 17-18 NAG record.) (Note: largest margin of victory ever [7.25 seconds]. And that AIN'T NO FOOLIN'!!!)			
4:33.24p	Miley	GBR Olympic Trials	Sheffield	04-05-08
	(Splits: 1:03.58, 2:12.23 [1:11.65], 3:29.64 [1:17.41], 4:33.24 [1:03.60]) (Note: fastest qualifying time ever)			
4:33.59*	Yana Klochkova, UKR	Olympics	Sydney	09-16-00
	(Splits: 1:01.61, 2:12.30 [1:10.68], 3:31.63 [1:19.33], 4:33.59 [1:02.96]) (Note: gold-medalist. Ukraine's first swimming gold [m/w])			
4:33.88	Hosszu	<i>16th Janet Evans Invitational</i>	Irvine	05-23-09
	(Splits: 1:02.33, 2:11.82 [1:09.49], 3:31.35 [1:19.53], 4:33.88 [1:02.53]) (Note: Southern California Swimming Open/"All Comers" records.)			
4:34.24	Beisel	Olympics	Beijing	08-10-08
	(Splits: 1:03.54, 2:12.11 [1:08.55], 3:31.67 [1:19.56], 4:31.24 [59.57])			
4:34.25	Coventry	American LC Championships	Austin	03-07-08
	(Splits: 1:03.43, 2:12.07 [1:08.64], 3:32.20 [1:20.13], 4:34.25 [1:02.05])			
4:34.34*	Alessia Filippi, ITA	Olympics	Beijing	08-10-08
	(Splits: 1:04.88, 2:12.32 [1:07.44], 3:33.45 [1:21.13], 4:34.34 [59.89])			
4:34.39	Hoff	<i>Toyota/Buckeye Grand Prix</i>	Columbus	04-05-08
	(Splits: 1:02.27, 2:10.42 [1:08.15], 3:28.58 [1:18.16], 4:34.39 [1:05.81])			
4:34.41	Miley	<i>XXX Cit. de Barcelona/Mare Nostrum</i>	Barcelona	06-06-09
	(Splits: 1:04.45, 2:13.86 [1:09.41], 3:30.89 [1:17.03], 4:34.41 [1:03.52]) (Note: French Open/"All Comers" record.)			
4:34.53	Hoff	<i>Toyota/Missouri Grand Prix</i>	Columbia	02-17-08
	(Splits: .1:03.92, 2:14.55 [1:10.63], 3:30.03 [1:16.52], 4:34.53 [1:03.46])			
4:34.55p	Beisel	Olympics	Beijing	08-09-08
	(Splits: 1:03.89, 2:12.04 [1:08.15], 3:31.41 [1:19.37], 4:34.55 [1:03.14]) (Note: fastest-ever Olympic prelim clocking.)			
4:34.59p	Hoff	U.S. Olympic Trials	Omaha	06-29-08
	(Splits: 1:03.18, 1:13.23 [1:10.05], 3:29.98 [1:16.65], 4:34.39 [1:04.41])			
4:34.62p	Rice	World Championships	Rome	08-01-09
	(Splits: 1:01.21, 2:11.53 [1:10.32], 3:31.64 [1:20.11], 4:34.62 [1:02.98])			
4:34.63p	Hoff	Olympics	Beijing	08-09-08
	(Splits: 1:03.39, 2:14.61 [1:11.22], 3:31.28 [1:16.67], 4:34.63 [1:03.35])			
4:34.79	Yan Chen, CHN	8 th National Games	Shanghai	10-13-97
	(Splits: 1:03.22, 2:12.15 [1:08.93], 3:32.28 [1:20.13], 4:34.79 [1:02.51])			
4:34.80p	Beisel	World Championships	Rome	08-02-09

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4:34.83	(Splits: 1:03.27, 2:11.44 [1:08.17], 3:31.73 1:20.29], 4:34.80 [1:03.07]) Klochkova (Splits: 1:02.03, 2:12.03 [1:10.00], 3:33.00 [1:20.97], 4:34.83 [1:01.83]) (Note: second-consecutive title.)	Olympics	Athens	08-14-04
4:34.90	Beisel (Splits: 1:03.62, 2:11.88 [1:05.26], 3:31.74 [1:19.86], 4:34.90 [1:03.16])	World Championships	Rome	08-01-09
4:34.95	Kaitlin Sandeno, USA/USC (Splits: 1:02.95, 2:13.30 [1:10.35], 3:33.09 [1:19.79], 4:34.95 [1:01.86])	Olympics	Athens	08-14-04
4:35.10	Klochkova (Splits: 1:02.03, 2:12.04 [1:110.01], 3:33.00 1:20.96], 4:35.10 [1:02.10]) (Note: Championships record.)	XXVI European Championships	Berlin	07-29-02
4:35.11p	Filippi (Splits: 1:04.35, 2:11.97 [1:07.62], 3:31.79 [1:19.82], 4:35.11 [1:03.32])	Olympics	Beijing	08-09-08
4:35.11p	Rice (Splits: 1:02.23, 2:11.90 [1:09.67], 3:30.51 [1:18.61], 4:35.11 [1:04.60])	Olympics	Beijing	08-09-08
4:35.15p	Hosszu (Splits: 1:01.97, 2:11.09 [1:09.12], 3:31.18 [1:20.09], 5:35.15 [1:02.97])	World Championships	Rome	08-02-09
4:35.18	Rice (Splits: 1:02.51, 2:12.53 [1:10.02], 3:31.54 [1:19.01], 4:35.18 [1:04.03])	<i>XLVI RomAquatca/Sette Colli Inv.</i>	Rome	06-07-08
4:35.22	Chen (Splits: 1:02.89, 2:12.24 [1:09.35], 3:32.69 [1:20.45], 4:35.22 [1:02.53])	9 th National Games	Guangzhou	11-22-01
4:35.25	Coventry (Splits: 1:03.02, 2:11.65 [1:08.63], 3:31.32 [1:19.67], 4:35.25 [1:03.93]. (Note: South African Open/"All Comers" record. Fastest-ever on African continent. Also went a 59.94 100 back four events later! Fastest –ever one-day double of its kind all-time!)	RSA Nationals/WCTs	Durban	04-19-09
4:35.33	Julia Smit, USA/Stanford (Splits: 1:04.3, 2:14.88 [1:10.65], 3:31.11 [1:17.23], 4:34.35 [1:04.34]) (Note: 2008-'09 NCAA Division 1 400 yard Individual Medley gold-medalist; AR/NCAA record-holder. (Note: world record-holder, 400 meter Individual Medley [scm], 4:21.04, "Duel in the Pool," Manchester, 12-18-09)	World Championships	Rome	08-02-09
4:35.53p	Qi (Splits: 1:01.48, 2:14.54 [1:13.06], 3:32.52 [1:17.98], 4:35.53 [1:03.01])	11 th National Games	Jinan	10-18-09
4:35.63p	Li (Splits: 1:02.08, 2:12.38 [1:10.30], 3:32.34 [1:19.96], 4:35.63 [1:03.29])	11 th National Games	Jinan	10-18-09
4:35.73	Smt (Splits: 1:04.56, 2:14.96 [1:10.40], 3:32.03 [1:17.07], 4:35.73 [1:03.70]) [4:25.06])	U.S. Olympic Trials	Omaha	06-29-08
4:35.76p	Beisel (Splits: 1:02.71, 2:10.52 [1:07.81], 3:30.33 [1:19.81], 4:35.76 [1:05.43])	U.S. Olympic Trials	Omaha	06-29-08
4:35.80	Filippi (Splits: 1:03.12, 2:11.37 [1:08.25], 3:32.06 [1:20.69], 4:35.80 [1:03.74]) (Note: first international title and first major title by ANY Italian woman in the New Millennium!)	XXVIII European Championships	Budapest	07-31-06
4:35.82	Hoff (Splits: 1:03.86, 2:14.45 [1:10.59], 3:32.36 [1:17.83], 4:35.82 [1:02.96])	U.S. Nationals/Pan-Pac, WCTs	Irvine	08-03-06
4:35.82	Rice (Splits: 1:02.28, 2:12.85 [1:10.57], 3:32.08 [1:19.23], 4:35.82 [1:03.74])	<i>XXIX Cit. de Barcelona/Mare Nsotrum</i>	Barcelona	06-10-08
4:35.84p*	Tanya Hunks, CAN (Splits: 1:02.73, 2:12.54 [1:09.81], 3:31.89 [1:19.35], 4:35.85 [1:02.96]) (Note: first national-record of career. Came @ age 28! Turned 29 on 08/24.)	World Championships	Rome	08-02-09
4:35.84p	Smit (Splits: 1:04.53, 2:15.36 [1:10.83], 3:32.12 [1:16.76], 4:35.84 [1:03.72])	World Championships	Rome	08-01-09
Remaining Top 53 Performers				
4:35.96*	Yasuke Tajima, JPN (Splits: 1:03.27, 2:11.74 [1:08.57], 3:33.98 [1:22.24], 4:35.96 [1:01.98])	Olympics	Sydney	09-16-00
4:36.02	Dagny Knutson, USA/Minot HS (Splits: 1:03.45, 2:13.12 [1:09.67], 3:32.95 [1:19.83], 4:36.02 [1:03.07])	<i>XLII Santa Clara International Invite.</i>	Santa Clara	06-13-09

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4:36.10*	Petra Schneider, GDR	World Championships	Guayaquil	08-01-82
	(Splits: 1:02.42, 2:12.16 [1:09.74], 3:33.17 [1:21.01], 4:36.10 [1:02.93]) (Note: gold-medalist.)			
4:36.17	Eva Riszto, HUN	XXVI European Championships	Berlin	07-29-02
	(Splits: 1:01.44, 2:11.39 [1:09.95], 3:33.38 [1:21.99], 4:36.17 [1:02.79])			
4:36.25p*	Yana Martynova, RUS	Olympics	Beijing	08-09-08
	(Splits: 1:03.32, 2:13.68 [1:10.36], 3:32.18 [1:18.50], 4:36.25 [1:04.07])			
4:36.28	Yanyan Wu, CHN	8 th National Games	Shanghai	10-13-97
	(Splits: 1:04.04, 2:13.06 [1:09.02], 3:33.05 [1:19.99], 4:36.28 [1:03.23])			
4:36.54	Krisztina Egerszegi, HUN	Olympics	Barcelona	07-26-92
	(Splits: 1:03.84, 2:12.41 [1:08.57], 3:33.23 [1:20.82], 4:36.54 [1:03.31]) (Note: gold-medalist)			
4:36.73	Lin Li, CHN	Olympics	Barcelona	07-26-92
	(Splits: 1:03.94, 2:15.13 [1:11.19], 3:33.64 [1:18.51], 4:36.72 [1:03.08])			
4:6.95p*	Katarzyna Baranowska, POL	Olympics	Beijing	08-09-08
	(Splits: 1:03.93, 2:15.97 [1:12.04], 3:34.12 [1:18.15], 4:36.95 [1:02.83])			
4:37.11p*	Katheryn Meaklim, RSA	Olympics	Beijing	08-09-08
	(Splits: 1:02.90, 2:14.88 [1:11.98], 3:31.16 [1:16.28], 4:37.11 [1:05.95])			
4:37.18	Guohong Dai, CHN	7 th National Games	Beijing	09-09-93
	(Splits: 1:03.11, 2:15.98 [1:12.88], 3:32.34 [1:16.36], 4:37.18 [1:04.84])			
4:37.18*	Beatrice Coada-Caslaru, ROM	Olympics	Sydney	09-16-00
	(Splits: 1:03.09, 2:16.01 [1:12.92], 3:32.37 [1:16.36], 4:37.18 [1:04.81])			
4:37.35p*	Maiko Fujino, JPN	Olympics	Beijing	08-09-08
	(Splits: 1:03.91, 2:14.80 [1:10.89], 3:34.49 [1:29.69], 4:37.35 [1:02.86])			
4:37.47p	Zsusanna Jakabos, HUN/UNLV	World Championships	Rome	08-02-09
	(Splits: 1:02.26, 2:10.79 [1:08.53], 3:33.32 [1:12.53], 4:36.47 [1:03.25]) (Note: Big West record.)			
4:37.51*	Georgina Bardach, ARG	Olympics	Athens	08-14-04
	(Splits: 1:03.62, 2:16.11 [1:12.49], 3:34.34 [1:18.34], 4:37.51 [1:03.17])			
4:37.56	Li Xuanxu, CHN	6 th Inter-City Games	Wuhan	10-26-07
	(Splits: 1:02.89, 2:13.17 [1:10.28], 3:33.42 [1:23.25], 4:37.56 [1:04.14]) (Note: 13 years old)			
4:37.58	Summer Sanders, USA/Stanford	Olympics	Barcelona	07-26-92
	(Splits: 1:02.94, 2:14.04 [1:11.10], 3:33.67 [1:19.63], 4:37.58 [1:03.91]) (Note: silver-medalist)			
4:37.84p	Samantha Hamill, AUS	World Championships	Rome	08-02-09
4:37.91p*	Mireia Belmonte Garcia, ESP	Olympics	Beijing	08-09-08
	(Note: European record-holder, 400 meter Ind. Merdley [scm]: 4:25.06 @ European Championships, 12/15/08)			
4:37.97*	Nicole Hetzer, GER	XXVIII European Championships	Budapest	07-31-06
4:38.20p*	Julie Hjorth-Hansen, DEN	World Championships	Rome	08-02-09
4:38.23*	Joanne Andraca, FRA	FRA Olympic Trials	Dunkirk	04-20-08
4:38.23*	Camille Muffat, FRA	FRA Olympic Trials	Dunkirk	04-20-08
4:38.30	Keri-Anne Payne, GBR	GBR Olympic Trials	Sheffield	04-06-08
4:38.46	Joann Malar, CAN	Pan-Am Games	Winnipeg	08-03-99
4:38.54	Caitlin Leverenz, USA/Cal	U.S. Olympic Trials	Omaha	06-29-08
4:38.62	Jennifer Reilly, AUS	AUS World Championship Trials	Brisbane	12-10-06
4:38.71	Cylia Vabre, FRA	FRA Olympic Trials	Dunkirk	04-20-08
4:38.75	Ariana Kukors, USA/Washington	<i>Mel Zajac Jr. Invitational</i>	Vancouver	05-22-09
4:38.90p*	Anja Klinar, SLO/SMU	Olympics	Beijing	08-09-08
4:38.94	Saori Haraguchi, JPN/Oregon St.	JPN Olympic Trials	Tokyo	04-15-08
4:38.96	Yin Liu, CHN	9 th National Games	Guangzhou	11-22-01
4:38.98	Yafei Zhou, CHN	9 th National Games	Guangzhou	11-22-01
4:39.01	Noemi Leung, ROM	ROM Nationals	Bucarest	06-12-87
4:39.05	Masami Uchikoshi, JPN	85 th Japan University Championships	Kinamoto	09-06-09
	(Note: Championships record.)			

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4:39.06	Maggie Bowen, USA/Auburn	World Championships	Fukuoka	07-22-01
4:39.07*	Helen Norfolk, NZL	NZL Olympic Trials	Waitakeree	03-27-08
4:39.24	Tracy Caulkins, USA/Florida	Olympics	Los Angeles	07-29-84
	(Note: gold-medalist.)			
4:39.25	Kristine Quance, USA/USC	Pan-Pac Championships	Kobe	08-13-93
	(Note: graduate of Granada Hills High, same school that produced two-time Super Bowl-winning quarterback John Elway [Denver Broncos/Stanford] a decade earlier! Who wudda thunk it? Not <u>EVEN</u> Jim Plunkett!!!)			