

Day 3 Heats – Results

Event 301 Mens 200 Metre IM

	Name	Yr	Club	Time	50	100	150	200
1	Lewis Smith	88	Warrender	2:02.82	26.63	58.07	1:33.85	2:02.82
2	Roberto Pavoni	91	Brentwood	2:03.85	27.17	58.67	1:34.40	2:03.85
3	Joseph Roebuck	85	Loughboro Un	2:05.36	26.26	58.88	1:35.70	2:05.36
4	Edward Downes	87	Loughboro Un	2:05.60	26.83	59.38	1:35.26	2:05.60
5	Thomas Haffield	88	Co Cardiff	2:05.93	28.02	1:00.64	1:36.75	2:05.93
6	Liam Tancock	85	Loughboro Un	2:06.27	25.66	57.33	1:34.64	2:06.27
7	James Thomson	89	Edinburgh Un	2:06.53	27.90	59.55	1:35.52	2:06.53
8	James Crawford	88	Ealing SC	2:06.56	27.58	58.71	1:36.56	2:06.56
9	Ieuan Lloyd	93	Co Cardiff	2:07.55	27.61	59.75	1:37.42	2:07.55
10	Michael Jamieson	88	Edinburgh Un	2:07.60	27.60	1:01.11	1:37.65	2:07.60
11	Andrew Willis	90	Bracknell	2:08.57	27.89	1:01.45	1:37.72	2:08.57
12	Ewan Johnston	90	Warrender	2:08.58	27.71	1:00.60	1:39.02	2:08.58
13	Tom Greenfield	89	Co Cardiff	2:08.91	27.59	1:00.74	1:39.35	2:08.91
14	Ben Higson	86	Co Glasgow	2:09.11	27.45	1:01.21	1:39.56	2:09.11
15	Sean Asher	88	Co Coventry	2:09.97	27.55	1:01.21	1:39.15	2:09.97
16	Ross Muir	91	F.I.R.S.T.	2:10.02	28.77	1:01.38	1:38.44	2:10.02
17	Jamie Evans *	88	StirlingSwim	2:10.23	27.13	1:00.14	1:39.22	2:10.23
18	Adam Mallett	89	Lincoln Vulc	2:10.63	27.09	59.60	1:40.70	2:10.63
19	Cameron Brodie *	92	Kelly Coll	2:11.17	27.01	1:00.00	1:39.87	2:11.17
20	Dan Wallace	93	Warrender	2:11.46	27.73	1:01.76	1:39.54	2:11.46
21	Ross Woolley	92	Warrender	2:11.66	28.19	1:00.89	1:39.43	2:11.66
22	Steven Binnie	86	StirlingSwim	2:12.39	28.14	1:03.14	1:40.35	2:12.39
23	Jamie Coulter	93	West Lothian	2:12.48	28.48	1:02.30	1:43.16	2:12.48
24	Rich Tullett	90	Swansea Perf	2:12.53	28.30	1:03.09	1:42.34	2:12.53
25	Craig Thomson	90	South Aberde	2:13.78	28.78	1:03.06	1:42.37	2:13.78
26	Braxton Timm	92	Co Sheffield	2:14.60	27.39	1:02.13	1:44.71	2:14.60
27	Joe Lipworth	93	Dun City Aqu	2:14.63	28.33	1:04.70	1:42.44	2:14.63
28	Kieran McGuckin	90	F.I.R.S.T.	2:14.76	29.85	1:03.02	1:43.65	2:14.76
29	James Garland	93	Co Newcastle	2:14.81	28.52	1:03.51	1:42.99	2:14.81
30	Daniel Lee	91	Edinburgh Un	2:15.00	28.86	1:04.50	1:44.33	2:15.00
31	Chris Wilkinson	91	Billingham	2:15.81	28.39	1:04.53	1:45.77	2:15.81
32	Alastair Haynes	90	Edinburgh Un	2:15.83	28.86	1:03.14	1:43.61	2:15.83
33	Greig Wilkinson	91	Co Glasgow	2:16.00	27.90	1:05.11	1:45.39	2:16.00
34	Craig Benson	94	Warrender	2:16.36	30.03	1:04.60	1:44.03	2:16.36
35	Lewis Wiseman-Ord	93	Co Newcastle	2:16.42	28.83	1:04.61	1:46.05	2:16.42
36	Murray Lawrence	93	Warrender	2:16.52	29.39	1:05.67	1:45.36	2:16.52
37	Jonathan Carlisle	92	Co Sund'land	2:16.59	29.93	1:03.01	1:44.43	2:16.59
38	Lewis Dyson	93	Bo Kirklees	2:17.00	29.83	1:03.87	1:46.07	2:17.00
39	Craig McNally	92	Warrender	2:17.09	29.61	1:02.30	1:44.46	2:17.09
40	Jordan Theaker	93	Gallica SC	2:17.19	28.59	1:04.44	1:46.25	2:17.19
41	Ross Johnston	87	Edinburgh Un	2:17.44	28.55	1:04.13	1:42.56	2:17.44
42	Billy Purnell	88	Warrender	2:17.52	28.29	1:01.76	1:43.01	2:17.52
43	Mark Steeples	92	Warrender	2:17.63	29.22	1:03.57	1:46.23	2:17.63
44	Mark Szaranek	95	Carnegie	2:17.67	29.57	1:05.43	1:47.40	2:17.67
45	Ian Porteous	90	Ren 96	2:17.93	28.43	1:04.17	1:45.16	2:17.93
46	Johnstone Shearer	92	Co Glasgow	2:18.27	30.14	1:05.70	1:46.68	2:18.27
47	Mathew Marshall	92	Bo Kirklees	2:18.32	28.99	1:04.81	1:46.16	2:18.32
48	Roy Cameron	90	West Dunbart	2:18.58	29.06	1:05.18	1:46.56	2:18.58
49	Jack Brownlee	94	Fins	2:18.77	29.83	1:06.45	1:46.82	2:18.77
50	Jack Caster	92	Warrender	2:18.88	29.86	1:06.84	1:46.36	2:18.88
*51	Euan Inglis	93	Co Aberdeen	2:18.95	31.15	1:08.24	1:47.84	2:18.95
*51	Ryan Davidson	93	F.I.R.S.T.	2:18.95	29.45	1:05.06	1:45.54	2:18.95
*51	Craig Corson	93	Sth Ayrshire	2:18.95	29.30	1:05.66	1:46.38	2:18.95
54	Braden Wren	93	Kelly Coll	2:19.12	28.46	1:05.08	1:47.44	2:19.12
55	James Pepper	91	Co Sheffield	2:19.24	29.80	1:06.13	1:47.79	2:19.24

Day 3 Heats – Results

Event 301 Mens 200 Metre IM (continued)

Name	Yr	Club	Time	50	100	150	200
56 Ryan Archibald	92	Warrender	2:19.59	29.68	1:03.94	1:46.41	2:19.59
57 Connor Mollison	92	Warrender	2:19.65	29.76	1:05.52	1:45.51	2:19.65
58 Connor Wilson	93	Warrender	2:19.82	31.39	1:07.42	1:48.30	2:19.82
59 James Yule	94	South Aberde	2:20.27	30.21	1:06.03	1:47.76	2:20.27
60 Michael McGovern	91	Co Aberdeen	2:20.29	29.36	1:04.85	1:47.14	2:20.29
61 Scott Jackson	94	Ren 96	2:20.64	28.88	1:05.03	1:49.27	2:20.64
62 Patrick Callan	92	Co Sund'land	2:20.86	30.20	1:07.67	1:47.24	2:20.86
63 Stuart McIntosh	93	Co Aberdeen	2:21.65	30.14	1:05.77	1:49.43	2:21.65
64 Bruce Halloran	91	East Lothian	2:21.67	29.01	1:05.77	1:48.24	2:21.67
65 Jack Thorpe	94	Milngavie &b	2:21.76	30.26	1:09.68	1:48.98	2:21.76
66 Rory More	91	Highland	2:22.14	28.85	1:06.49	1:49.86	2:22.14
67 James O'Connell	94	Co Newcastle	2:22.17	31.23	1:06.13	1:49.12	2:22.17
*68 Craig Spargo	92	Highland	2:22.28	28.44	1:05.74	1:49.98	2:22.28
*68 Ryan Doherty	93	South Lanark	2:22.28	29.79	1:06.55	1:47.86	2:22.28
70 Richard Lee	95	Donc Dartes	2:22.29	30.33	1:07.69	1:49.12	2:22.29
71 Tom Kennedy	92	Haslemere	2:22.65	28.77	1:05.41	1:49.17	2:22.65
72 Edward Allchorne	94	Hatfield	2:22.72	28.89	1:06.82	1:50.07	2:22.72
73 David Sutherland	87	Highland	2:23.91	29.38	1:06.64	1:50.19	2:23.91
74 Sean Dawson	88	Co Aberdeen	2:24.07	29.93	1:09.61	1:50.39	2:24.07
75 Ramsay Elfendi	94	F.I.R.S.T.	2:24.79	30.53	1:07.86	1:51.87	2:24.79
76 Liam Bosomworth	92	Co Sund'land	2:25.09	30.93	1:08.21	1:53.00	2:25.09
77 Euan Dunbar	94	Co Aberdeen	2:25.10	30.12	1:06.52	1:52.09	2:25.10
78 Alan Clark	94	Forres	2:25.13	31.74	1:08.02	1:50.84	2:25.13
79 Andrew Hosie	93	West Lothian	2:25.48	30.29	1:08.02	1:51.09	2:25.48
80 Jordan Dunn	93	Warrender	2:26.14	29.79	1:07.04	1:52.64	2:26.14
81 Gregor Birrell	94	F.I.R.S.T.	2:27.98	31.29	1:07.46	1:55.03	2:27.98
82 Michael Smith	89	Co Glasgow	2:28.13	30.39	1:09.46	1:52.60	2:28.13
83 David Smith	93	Garioch	2:30.41	31.06	1:11.08	1:56.08	2:30.41
84 Robert Dalgleish ^	95	Livingston	3:11.28	48.60	1:30.87	2:33.30	3:11.28
--- Ewan Cameron	89	Sth Ayrshire	DQ				
--- David Morgan	94	Ren 96	DQ				
--- Max Litchfield	95	Donc Dartes	DQ				

Event 302 Womens 400 Metre Freestyle

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
1 Sasha Matthews	91	Nova Cent'n	4:11.86	29.09	1:00.97	1:33.18	2:05.40	2:37.11	3:08.68	3:40.55	4:11.86
2 Hannah Miley	89	Garioch	4:14.16	29.41	1:01.14	1:33.31	2:05.58	2:37.93	3:10.30	3:42.75	4:14.16
3 Cassie Patten	87	Stockport Mo	4:14.57	29.52	1:01.25	1:33.43	2:05.80	2:38.45	3:11.05	3:43.56	4:14.57
4 Caitlin McClatchey *	85	Loughboro Un	4:15.37	29.59	1:01.41	1:33.83	2:06.03	2:38.84	3:11.47	3:44.15	4:15.37
5 Sophie Casson	85	Loughboro Un	4:16.26	29.60	1:01.58	1:34.02	2:06.55	2:38.74	3:11.60	3:44.25	4:16.26
6 Lucy Worrall	92	Stockport Mo	4:18.14	29.70	1:02.20	1:33.73	2:05.68	2:38.34	3:11.67	3:45.21	4:18.14
7 Megan Gilchrist	90	Swansea Perf	4:18.21	30.10	1:02.11	1:34.93	2:07.51	2:40.35	3:13.06	3:45.90	4:18.21
8 Aimee Willmott	93	Middlesboro	4:19.36	30.14	1:02.26	1:34.95	2:07.98	2:40.76	3:13.98	3:46.69	4:19.36
9 Robyn Matthews	91	Swansea Perf	4:19.48	30.12	1:02.02	1:34.92	2:08.09	2:40.68	3:13.54	3:46.89	4:19.48
10 Ann Morris	93	Nova Cent'n	4:19.70	29.58	1:01.60	1:34.19	2:07.38	2:39.92	3:13.39	3:46.45	4:19.70
11 Louisa Farrer-Fisher	90	Leander	4:19.79	29.95	1:02.10	1:34.75	2:07.60	2:40.54	3:13.89	3:47.18	4:19.79
12 Aynsley Heseltine	92	Co Sheffield	4:21.57	30.19	1:02.55	1:35.30	2:08.40	2:41.37	3:14.73	3:48.49	4:21.57
13 Katy Whitfield	89	Stockport Mo	4:22.26	30.62	1:03.41	1:36.65	2:09.94	2:42.94	3:16.17	3:49.43	4:22.26
14 Erin Jeffery	89	Loughboro Un	4:23.45	30.31	1:03.05	1:35.98	2:09.30	2:42.39	3:16.35	3:50.14	4:23.45
15 Sarah Eaglesham *	92	Co Chester	4:25.07	30.33	1:03.37	1:36.90	2:11.15	2:44.56	3:18.60	3:52.28	4:25.07
16 Rachel Martin	95	Nova Cent'n	4:25.52	30.40	1:03.89	1:37.56	2:11.23	2:44.86	3:18.67	3:52.50	4:25.52
17 Alice McCall	91	Wigan Best	4:25.79	30.51	1:03.17	1:36.00	2:09.80	2:43.64	3:18.03	3:52.36	4:25.79
18 Helen McRoberts	91	Warrender	4:26.38	31.27	1:03.88	1:37.39	2:10.93	2:44.99	3:19.08	3:53.42	4:26.38
19 Jenny Starling	90	Co Sheffield	4:26.56	30.68	1:03.65	1:37.18	2:10.99	2:44.73	3:18.89	3:53.08	4:26.56
20 Aisha Thornton *	91	Warrington W	4:27.05	30.03	1:03.07	1:36.87	2:11.61	2:45.60	3:20.29	3:53.98	4:27.05

Day 3 Heats – Results

Event 302 Womens 400 Metre Freestyle (continued)

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
21 Fiona Donnelly *	95	Nova Cent'n	4:28.20	31.01	1:04.35	1:38.00	2:11.93	2:45.93	3:20.23	3:54.58	4:28.20
22 Lucy Gordon *	93	Co Newcastle	4:28.92	30.30	1:03.46	1:37.12	2:11.56	2:46.49	3:21.13	3:55.83	4:28.92
23 Marnie Stewart	92	Warrender	4:29.77	31.51	1:05.15	1:39.51	2:14.04	2:48.35	3:22.50	3:56.68	4:29.77
24 Alicia Holdsworth	94	Bo Kirklees	4:30.22	30.66	1:04.13	1:38.13	2:12.57	2:47.18	3:21.81	3:56.39	4:30.22
25 Rachael Bennett	92	Kelly Coll	4:30.43	30.99	1:03.70	1:37.62	2:12.12	2:46.61	3:21.43	3:56.24	4:30.43
26 Alice Tennant *	93	Co Glasgow	4:30.49	30.32	1:03.78	1:37.54	2:11.86	2:46.16	3:21.35	3:56.19	4:30.49
27 Becky Wilde	93	Co Newcastle	4:31.95	30.19	1:04.14	1:38.85	2:13.62	2:48.33	3:23.02	3:57.67	4:31.95
28 Hazel Colbourne	89	Loughboro Un	4:32.84	30.96	1:05.06	1:39.26	2:14.37	2:48.80	3:24.55	3:59.39	4:32.84
29 Emily Jones	95	Garioch	4:33.21	31.37	1:05.10	1:39.46	2:14.23	2:48.72	3:23.80	3:58.86	4:33.21
30 Grace Conlon	95	Lincoln Vulc	4:33.82	31.93	1:06.02	1:40.73	2:15.51	2:50.14	3:25.06	3:59.93	4:33.82
31 Katie Cooper	94	Co Manch Aq	4:33.85	30.39	1:03.69	1:38.27	2:13.05	2:48.59	3:23.86	3:59.33	4:33.85
32 Amy Fraser	94	Galashiels	4:34.46	31.93	1:06.16	1:40.93	2:15.96	2:50.34	3:25.81	4:00.75	4:34.46
33 Orla Adams	95	Garioch	4:34.64	31.63	1:05.97	1:40.55	2:16.11	2:51.00	3:26.36	4:00.72	4:34.64
34 Kirstin McKinley	95	Co Glasgow	4:35.55	31.30	1:04.97	1:39.82	2:15.00	2:50.52	3:25.72	4:01.14	4:35.55
35 Katie Raybould	90	Loughboro Un	4:36.04	30.25	1:03.96	1:38.39	2:13.42	2:49.23	3:25.30	4:01.25	4:36.04
36 Chloe Coates	94	Middlesboro	4:37.13	30.96	1:05.17	1:39.87	2:15.61	2:50.82	3:26.71	4:01.62	4:37.13
37 Nicola Pearson	94	West Dunbart	4:38.41	30.25	1:03.58	1:38.22	2:13.55	2:49.36	3:25.86	4:02.53	4:38.41
38 Jessica Taylor	94	Co Sheffield	4:38.42	30.87	1:04.53	1:39.19	2:14.35	2:49.64	3:25.93	4:01.73	4:38.42
39 Ellie Stephenson	94	Middlesboro	4:38.65	32.03	1:06.67	1:41.84	2:16.95	2:53.12	3:28.77	4:04.55	4:38.65
40 Yasmin Khera	94	Warrender	4:38.70	31.50	1:05.78	1:40.57	2:16.12	2:51.57	3:27.38	4:03.73	4:38.70
41 Gabrielle Hignett	95	Derventio	4:39.14	31.90	1:06.75	1:41.83	2:17.13	2:52.58	3:28.60	4:03.84	4:39.14
42 Camilla Hattersley	95	Perth City	4:39.16	31.81	1:06.80	1:42.90	2:18.57	2:54.40	3:29.58	4:05.37	4:39.16
43 Rona Plowman	94	Highland	4:39.30	31.09	1:04.90	1:39.59	2:14.93	2:50.84	3:27.15	4:03.82	4:39.30
44 Elizabeth Hughes	94	Co Aberdeen	4:39.44	31.16	1:05.45	1:40.43	2:16.31	2:51.69	3:28.34	4:03.82	4:39.44
45 Kayrine Kelly	95	StirlingSwim	4:39.58	31.52	1:05.65	1:41.52	2:17.24	2:53.59	3:29.54	4:05.62	4:39.58
46 Emma Reid	89	Milngavie &b	4:39.78	32.35	1:07.24	1:42.39	2:17.99	2:53.34	3:29.18	4:04.96	4:39.78
47 Martha Hirst	95	Gallica SC	4:40.50	32.36	1:07.14	1:42.42	2:18.44	2:53.70	3:30.09	4:05.92	4:40.50
48 Holly Ross	91	West Lothian	4:40.61	31.60	1:06.25	1:41.85	2:17.40	2:52.99	3:29.23	4:05.70	4:40.61
49 Liz Hierons	93	Co Newcastle	4:41.37	31.23	1:05.97	1:41.26	2:17.33	2:53.18	3:29.91	4:06.31	4:41.37
50 Lauren Kane	93	Co Aberdeen	4:41.68	31.97	1:06.47	1:42.13	2:17.71	2:53.93	3:30.07	4:06.74	4:41.68
51 Evie Keane	94	Derventio	4:42.24	32.11	1:07.40	1:43.96	2:20.07	2:55.12	3:31.41	4:07.47	4:42.24
52 Jessica Wilkie	94	Heart Of Mid	4:42.42	31.68	1:06.23	1:42.06	2:18.40	2:55.22	3:31.83	4:08.20	4:42.42
53 Sasha Wisdich	94	Derventio	4:42.81	32.67	1:08.06	1:44.13	2:20.26	2:56.27	3:33.23	4:09.17	4:42.81
54 Rosie Ogg	90	StirlingSwim	4:43.65	32.50	1:07.89	1:43.94	2:19.97	2:55.44	3:31.74	4:07.92	4:43.65
55 Rachel Sharples	96	East Lothian	4:43.76	31.80	1:06.97	1:42.74	2:19.27	2:55.73	3:32.26	4:08.77	4:43.76
56 Cara Tosh	95	Co Glasgow	4:43.81	33.21	1:08.45	1:43.71	2:19.90	2:56.38	3:33.25	4:09.29	4:43.81
57 Helena Teague	94	Middlesboro	4:44.40	32.35	1:07.75	1:44.25	2:20.74	2:57.31	3:33.43	4:09.44	4:44.40
58 Kirsten McCallum	92	Carnegie	4:44.82	31.08	1:06.00	1:41.94	2:17.92	2:54.82	3:31.64	4:08.85	4:44.82
59 Megan Donnelly	94	Co Glasgow	4:45.10	31.73	1:06.37	1:42.37	2:19.07	2:55.62	3:32.57	4:09.74	4:45.10
60 Emma Bysouth	93	Kelly Coll	4:45.19	31.97	1:06.82	1:42.45	2:18.77	2:55.27	3:32.23	4:08.89	4:45.19
61 Molly Redford	96	Dun City Aqu	4:45.47	32.41	1:07.75	1:44.39	2:21.07	2:57.89	3:34.56	4:11.43	4:45.47
62 Jade Williams	91	StirlingSwim	4:46.01	32.57	1:08.47	1:44.93	2:21.29	2:57.82	3:34.16	4:10.61	4:46.01
63 Charlotte Sim	94	Co Newcastle	4:46.04	33.07	1:08.78	1:46.00	2:22.56	2:58.86	3:34.69	4:11.28	4:46.04
64 Lindsay Bloomer	93	South Lanark	4:46.34	31.79	1:06.85	1:42.84	2:19.59	2:56.29	3:33.30	4:10.14	4:46.34
65 Katy Templeman	94	Middlesboro	4:46.80	32.65	1:07.94	1:44.69	2:21.48	2:58.88	3:35.68	4:12.30	4:46.80
66 Phoebe Whitehead	94	Garioch	4:46.86	32.41	1:08.27	1:44.48	2:21.01	2:56.97	3:33.76	4:10.46	4:46.86
67 Andie Hinitt	95	Co Sund'land	4:47.12	31.61	1:06.59	1:42.28	2:18.95	2:55.82	3:32.95	4:10.42	4:47.12
68 Rachel Masson	95	South Aberde	4:47.23	32.88	1:09.54	1:46.74	2:23.59	3:00.09	3:37.34	4:12.90	4:47.23
69 Lauren Forsyth	96	F.I.R.S.T.	4:47.41	32.81	1:09.27	1:45.72	2:22.43	2:58.54	3:35.68	4:11.88	4:47.41
70 Hayley Monteith	94	Co Aberdeen	4:47.44	31.46	1:06.28	1:42.17	2:19.06	2:55.83	3:33.22	4:10.40	4:47.44
71 Catriona Laird	93	Dun City Aqu	4:47.69	32.36	1:08.81	1:44.89	2:21.96	2:58.38	3:36.03	4:12.27	4:47.69
72 Zoe Kirkwood	95	Co Newcastle	4:48.15	32.94	1:09.20	1:45.93	2:23.01	2:59.44	3:36.33	4:12.62	4:48.15
73 Ailsa McNab	94	South Lanark	4:48.36	32.57	1:07.79	1:44.29	2:20.78	2:58.04	3:35.15	4:12.58	4:48.36
74 Rhona Stewart	95	Co Glasgow	4:48.75	32.54	1:08.73	1:45.98	2:22.93	3:00.07	3:37.06	4:13.47	4:48.75
75 Eilidh Kirkwood	94	Broch Seals	4:48.88	31.99	1:07.61	1:44.63	2:21.68	2:58.78	3:35.91	4:12.87	4:48.88

Day 3 Heats – Results

Event 302 Womens 400 Metre Freestyle (continued)

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
76 Rachel Harkness	92	Dumfries	4:48.98	32.82	1:08.68	1:45.24	2:22.23	2:59.34	3:35.96	4:13.12	4:48.98
77 Connie Mackay	95	Ren 96	4:49.06	32.99	1:09.60	1:47.23	2:24.48	3:01.43	3:38.41	4:14.40	4:49.06
78 Ellie Brisbane	95	Carnegie	4:49.79	32.43	1:09.05	1:46.08	2:23.26	2:59.99	3:37.27	4:14.68	4:49.79
79 Hannah Sharp	95	Billingham	4:50.79	32.92	1:10.32	1:47.87	2:25.57	3:02.51	3:40.48	4:17.49	4:50.79
80 Claire Dobson	94	Dun City Aqu	4:50.81	32.32	1:06.88	1:42.59	2:19.93	2:58.00	3:36.16	4:14.12	4:50.81
81 Amy Roberts	92	Billingham	4:50.95	32.57	1:08.54	1:45.10	2:22.51	2:59.86	3:37.80	4:14.81	4:50.95
82 Janis Macdonald	92	Highland	4:51.05	32.07	1:08.13	1:44.86	2:22.44	2:59.99	3:38.10	4:15.72	4:51.05
83 Nikoline Laidlaw	95	StirlingSwim	4:51.35	33.49	1:10.16	1:47.36	2:24.54	3:01.92	3:38.50	4:15.78	4:51.35
84 Rachel Tedeschi	93	Co Glasgow	4:51.43	31.35	1:06.60	1:43.60	2:21.10	2:58.66	3:35.98	4:13.95	4:51.43
85 Gemma Wimberley	93	Heart Of Mid	4:51.66	33.12	1:09.84	1:46.61	2:23.82	3:01.00	3:38.37	4:15.11	4:51.66
86 Rachael O'Donnell	96	InCAS	4:51.94	31.64	1:06.89	1:43.51	2:20.77	2:58.67	3:37.02	4:15.12	4:51.94
87 Kirsten Dippie	93	West Lothian	4:51.96	31.29	1:06.70	1:43.45	2:21.28	2:58.68	3:37.31	4:15.27	4:51.96
88 Megan Wilson	96	Heart Of Mid	4:52.39	32.54	1:09.37	1:47.34	2:24.24	3:01.89	3:39.06	4:15.92	4:52.39
89 Gillian Clark	96	East Lothian	4:52.50	33.44	1:10.69	1:47.31	2:24.78	3:02.85	3:40.58	4:17.33	4:52.50
90 Katie McKenna	92	StirlingSwim	4:52.56	31.33	1:06.95	1:43.38	2:21.27	2:58.70	3:37.11	4:14.99	4:52.56
91 Kirsty Elliott	94	Warrender	4:52.61	34.33	1:11.18	1:48.60	2:26.16	3:03.51	3:40.83	4:17.36	4:52.61
92 Kate Williams	94	Billingham	4:52.65	32.05	1:08.31	1:45.93	2:23.82	3:01.98	3:39.89	4:17.17	4:52.65
93 Stacey Leach	94	Forres	4:52.86	32.41	1:07.89	1:44.67	2:21.69	2:59.37	3:37.37	4:15.91	4:52.86
94 Tilly Sawrey	95	Heart Of Mid	4:52.88	33.28	1:09.39	1:46.94	2:24.25	3:02.09	3:39.33	4:17.03	4:52.88
95 Rachael Stewart	95	East Lothian	4:54.05	33.25	1:09.22	1:46.22	2:24.33	3:02.86	3:40.89	4:18.80	4:54.05
96 Kate Forbes	95	Warrender	4:54.37	33.33	1:10.19	1:47.72	2:25.29	3:03.03	3:40.51	4:17.83	4:54.37
97 Yong Sonn Breslin	95	Co Glasgow	4:54.80	33.20	1:09.14	1:46.48	2:23.89	3:02.05	3:39.99	4:18.06	4:54.80
98 Hannah Soutar	94	Heart Of Mid	4:54.89	32.74	1:09.87	1:47.14	2:24.90	3:02.60	3:40.88	4:18.62	4:54.89
99 Hannah Grayson	95	Co Aberdeen	4:55.77	33.23	1:09.24	1:45.96	2:23.23	3:00.84	3:39.34	4:17.51	4:55.77
100 Diana Watson	93	Dumfries	4:56.01	33.84	1:10.48	1:48.24	2:26.07	3:04.35	3:41.97	4:19.49	4:56.01
101 Catherine Shafto	95	Co Newcastle	4:56.06	31.73	1:08.15	1:46.02	2:24.36	3:02.26	3:41.05	4:19.60	4:56.06
102 Lindsay Sinclair	94	Midlothian	4:56.87	32.43	1:09.96	1:48.76	2:27.54	3:05.97	3:43.81	4:21.19	4:56.87
103 Alison Mackenzie	93	Grangemouth	4:57.13	33.10	1:09.07	1:46.12	2:24.00	3:02.43	3:40.55	4:19.35	4:57.13
104 Victoria Milburn	95	Co Glasgow	4:58.23	32.65	1:08.89	1:47.03	2:25.82	3:04.67	3:43.68	4:22.38	4:58.23
105 Jo Pettitt	95	Midlothian	4:58.44	33.01	1:09.84	1:48.13	2:27.05	3:04.19	3:42.70	4:20.62	4:58.44
106 Yong Chin Breslin	96	Co Glasgow	4:58.67	33.01	1:09.43	1:47.81	2:26.26	3:04.94	3:43.17	4:21.75	4:58.67
107 Jordan Preston	95	Co Glasgow	4:59.14	34.14	1:11.62	1:49.57	2:27.97	3:06.11	3:44.64	4:22.28	4:59.14
108 Ishbel Rodger	94	West Lothian	4:59.73	33.49	1:10.73	1:49.07	2:26.62	3:05.36	3:43.53	4:22.67	4:59.73
109 Lauren Deans	95	Co Glasgow	4:59.93	33.19	1:09.21	1:46.57	2:25.21	3:03.71	3:43.46	4:23.08	4:59.93
110 Ailsa Small	95	Warrender	5:00.35	33.32	1:09.76	1:47.80	2:26.28	3:04.76	3:44.11	4:22.85	5:00.35
111 Elizabeth Templeman	94	Middlesboro	5:00.58	32.47	1:08.90	1:47.08	2:25.99	3:05.23	3:44.46	4:22.74	5:00.58
112 Laura Milne	94	St Thomas	5:03.82	33.62	1:10.54	1:49.06	2:28.16	3:07.31	3:46.91	4:26.72	5:03.82
113 Alyshia McCracken	96	Grangemouth	5:03.91	33.28	1:10.17	1:49.00	2:28.47	3:07.44	3:46.97	4:27.01	5:03.91
114 Stacey Henderson	95	Co Glasgow	5:14.59	33.87	1:11.98	1:51.52	2:31.52	3:12.27	3:53.09	4:34.48	5:14.59
115 Rebecca French	93	Heart Of Mid	5:15.76	34.91	1:13.49	1:53.91	2:34.38	3:15.11	3:55.98	4:36.79	5:15.76
116 Zoe Kane ^	89	Peterhead	6:00.45	36.01	1:19.34	2:05.47	2:53.20	3:40.86	4:28.71	5:16.29	6:00.45
117 Erin Goldstraw ^	93	St Thomas	6:27.75	44.56	1:30.88	2:20.00	3:09.60	3:59.51	4:49.40	5:38.99	6:27.75

Event 303 Mens 100 Metre Breaststroke

Name	Yr	Club	Time	50	100
1 Rob Holderness	90	Millfield	1:02.59	29.77	1:02.59
2 Kristopher Gilchrist	83	Edinburgh Un	1:02.72	29.45	1:02.72
3 Darren Mew	79	Bath Univ	1:03.13	29.38	1:03.13
4 Chris Jones *	81	Ealing SC	1:03.15	29.65	1:03.15
5 Daniel Sliwinski	90	Gallica SC	1:03.32	29.50	1:03.32
6 Craig Elliot	87	Co Sund'land	1:04.02	30.13	1:04.02
7 Chris Alderton	87	Wear Valley	1:04.28	30.27	1:04.28
8 Jamie Ross	87	StirlingSwim	1:04.29	30.54	1:04.29
9 Chris Watkinson	86	Loughboro Un	1:04.46	29.78	1:04.46
10 Douglas Scott	91	South Lanark	1:04.52	29.98	1:04.52

Day 3 Heats – Results

Event 303 Mens 100 Metre Breaststroke (continued)

Name	Yr	Club	Time	50	100
11 Max Partridge	89	Co Sheffield	1:04.65	30.46	1:04.65
12 Andrew Rodgie	88	Edinburgh Un	1:04.68	30.25	1:04.68
13 Richard Webb	87	Bath Univ	1:05.00	30.61	1:05.00
14 Steven Binnie	86	StirlingSwim	1:06.22	30.68	1:06.22
15 Iain Scanlon	90	Loughboro Un	1:06.29	30.82	1:06.29
16 Mark Strachan	87	Co Coventry	1:06.35	31.10	1:06.35
17 Tom Rooke	90	Crawley	1:06.40	30.92	1:06.40
18 Ross Clark	87	Dun City Aqu	1:06.41	30.36	1:06.41
19 Mark Branch	87	Co Coventry	1:06.42	31.26	1:06.42
20 James Tait	86	Loughboro Un	1:06.46	30.90	1:06.46
21 Craig Benson	94	Warrender	1:06.58	31.50	1:06.58
22 Paul Sutherland	90	Bath Univ	1:06.70	31.08	1:06.70
23 Mark Campbell	91	Co Aberdeen	1:06.86	31.36	1:06.86
24 Christopher Steeples	92	Derventio	1:07.04	31.28	1:07.04
25 Chris Bayliss	88	Loughboro Un	1:07.58	31.09	1:07.58
26 Jonas Whitehead	91	Garioch	1:07.72	31.42	1:07.72
27 Peter Stewart	92	Dun City Aqu	1:08.63	31.59	1:08.63
28 Mark Tully	92	East Lothian	1:08.66	31.55	1:08.66
29 Adam Freundlich	88	Loughboro Un	1:08.68	31.71	1:08.68
30 Patrick Callan	92	Co Sund'land	1:08.85	32.00	1:08.85
31 James Yule	94	South Aberde	1:09.12	32.95	1:09.12
32 Andrew Egan	93	Hatfield	1:09.27	33.05	1:09.27
33 Danny Anderson	89	Bath Univ	1:09.32	31.93	1:09.32
34 Matthew McCusker	91	Ren 96	1:09.93	32.63	1:09.93
35 Alex Wooldridge	91	Exeter	1:10.50	34.27	1:10.50
36 Chris Kerr	93	Midlothian	1:10.65	32.46	1:10.65
37 Jordan Taylor	89	Edinburgh Un	1:10.83	32.78	1:10.83
38 Ross Fleming	93	West Lothian	1:10.91	33.48	1:10.91
39 Joe Lipworth	93	Dun City Aqu	1:11.02	33.33	1:11.02
40 Greig Rennie	94	Garioch	1:11.18	33.28	1:11.18
41 Matthew Nicholson	91	Co Carlisle	1:11.42	33.26	1:11.42
42 Daniel Scriven	93	Market Dray	1:11.52	32.69	1:11.52
43 Craig Corson	93	Sth Ayrshire	1:11.72	33.64	1:11.72
44 Murray Lawrence	93	Warrender	1:11.95	34.06	1:11.95
45 Bruce Halloran	91	East Lothian	1:11.99	33.78	1:11.99
46 James Garland	93	Co Newcastle	1:12.31	34.03	1:12.31
47 Euan Inglis	93	Co Aberdeen	1:12.47	34.84	1:12.47
48 Connor Hughes	94	South Lanark	1:12.58	34.57	1:12.58
49 David Padden	93	Ren 96	1:12.64	34.03	1:12.64
50 Jack Caster	92	Warrender	1:12.74	33.62	1:12.74
51 Sean Dawson	88	Co Aberdeen	1:12.91	34.10	1:12.91
52 Jack Brownlee	94	Fins	1:13.60	34.26	1:13.60
53 Richard Lee	95	Donc Dartes	1:13.78	35.08	1:13.78
54 Ewan Cameron	89	Sth Ayrshire	1:13.84	34.27	1:13.84
55 Ross Hunter	94	Dun City Aqu	1:13.90	34.20	1:13.90
56 Andrew Benson	89	West Lothian	1:14.06	33.28	1:14.06
57 Jack Thorpe	94	Milngavie &b	1:14.25	35.12	1:14.25
58 Calum Tait	94	Milngavie &b	1:14.32	35.44	1:14.32
59 Jamie Coulter	93	West Lothian	1:14.41	34.65	1:14.41
60 Johnstone Shearer	92	Co Glasgow	1:14.57	34.73	1:14.57
61 Jack Barker	95	Co Carlisle	1:14.65	34.58	1:14.65
62 Scott Dyer	86	Dun City Aqu	1:14.79	33.80	1:14.79
63 Matthew Smithurst	92	Derventio	1:14.86	34.94	1:14.86
64 Ryan Doherty	93	South Lanark	1:15.07	33.25	1:15.07
65 Thomas Leach	92	Forres	1:15.27	34.55	1:15.27

Day 3 Heats – Results

Event 303 Mens 100 Metre Breaststroke (continued)

Name	Yr	Club	Time	50	100
66 Tian Abrie	91	Co Sund'land	1:15.48	35.43	1:15.48
67 Fraser Humphries	94	Warrender	1:15.91	34.82	1:15.91
68 Michael Smith	89	Co Glasgow	1:16.24	35.26	1:16.24
69 Rory Shirley	95	Co Glasgow	1:16.34	35.35	1:16.34
70 Jordan Coia	95	Forres	1:16.41	36.02	1:16.41
71 Finn Hope	94	Co Aberdeen	1:16.90	35.13	1:16.90
72 Kieran Watson	95	Carnegie	1:17.03	35.40	1:17.03
73 Andrew Hosie	93	West Lothian	1:17.06	35.60	1:17.06
74 Chris Wilson	93	South Lanark	1:17.16	35.13	1:17.16
75 Grant McPherson	93	Co Glasgow	1:17.34	35.06	1:17.34
76 Liam Bosomworth	92	Co Sund'land	1:17.39	36.72	1:17.39
77 Robert Bryce	94	Aberdeen	1:17.49	35.29	1:17.49
78 David Rose	94	Warrender	1:17.53	35.25	1:17.53
79 Paul Adamson	95	Menziesshill	1:18.05	36.74	1:18.05
80 Michael McGarrity	92	Ren 96	1:18.15	35.73	1:18.15
81 Andrew Gairns	93	Broch Seals	1:18.40	37.37	1:18.40
82 Connor Smith	95	Derventio	1:18.84	37.21	1:18.84
83 Robbie Jack	94	Heart Of Mid	1:18.94	36.78	1:18.94
84 Blair Hershaw	95	Carnegie	1:19.38	36.54	1:19.38
85 Fraser Gordon	94	South Aberde	1:19.48	38.64	1:19.48
86 Ryan Blincow	92	Dunoon	1:20.11	37.51	1:20.11
87 Alan Clark	94	Forres	1:20.28	36.62	1:20.28
88 David Sutherland	87	Highland	1:20.31	36.80	1:20.31
89 Scott Quin ^	90	Warrender	1:23.14	37.91	1:23.14
--- Jordan Dunn	93	Warrender	DQ		
--- Robert Dalglish ^	95	Livingston	DQ		

Event 304 Womens 100 Metre Backstroke

Name	Yr	Club	Time	50	100
1 Gemma Spofforth	87	Portsmouth N	1:00.44	29.45	1:00.44
2 Elizabeth Simmonds	91	Loughboro Un	1:00.81	29.61	1:00.81
3 Fran Halsall	90	Loughboro Un	1:02.25	30.43	1:02.25
4 Katy Sexton	82	Portsmouth N	1:02.38	30.78	1:02.38
5 Georgia Davies	90	Swansea Perf	1:02.39	30.27	1:02.39
6 Rachel Lefley	90	Loughboro Un	1:02.69	30.84	1:02.69
7 Katie Avramova	91	Ealing SC	1:02.79	30.96	1:02.79
8 Stephanie Proud	88	Chester le S	1:02.95	30.87	1:02.95
9 Natalie Durant	90	Ealing SC	1:03.79	31.53	1:03.79
10 Lauren Collins	91	Stourbridge	1:03.96	30.83	1:03.96
11 Rebecca Orr	87	Co Glasgow	1:04.57	31.19	1:04.57
12 Katy Venters	91	Bo Kirklees	1:04.94	31.81	1:04.94
13 Georgia Hohmann	94	Nova Cent'n	1:05.12	31.50	1:05.12
14 Emma Saunders	94	Co Manch Aq	1:05.45	31.65	1:05.45
15 Zoe Hester	91	Plymouth Lea	1:05.54	32.00	1:05.54
16 Kirsty Hart	90	Ren 96	1:05.83	32.36	1:05.83
17 Kate Williams	94	Billingham	1:06.08	32.29	1:06.08
18 Fiona Donnelly *	95	Nova Cent'n	1:06.11	31.99	1:06.11
19 Natasha Hofton	95	Nova Cent'n	1:06.24	32.14	1:06.24
20 Laura Jamison	91	Nova Cent'n	1:06.46	31.61	1:06.46
21 Rosie Hood	91	Warrender	1:06.71	32.43	1:06.71
22 Emma Hunter	93	East Lothian	1:06.96	32.31	1:06.96
23 Jennifer Dobson	93	Warrender	1:07.36	32.73	1:07.36
24 Emily Allsopp	94	Buxton	1:07.49	32.92	1:07.49
25 Evie Keane	94	Derventio	1:07.61	32.77	1:07.61
26 Flora Hanson	94	Hatfield	1:08.12	32.97	1:08.12

Day 3 Heats – Results

Event 304 Womens 100 Metre Backstroke (continued)

Name	Yr	Club	Time	50	100
27 Ailsa Hershaw	93	Carnegie	1:08.13	32.24	1:08.13
28 Elizabeth Hughes	94	Co Aberdeen	1:08.26	33.35	1:08.26
29 Marnie Stewart	92	Warrender	1:08.55	33.71	1:08.55
30 Laura Dawson *	93	Co Newcastle	1:08.81	33.16	1:08.81
31 Eloise Barber	92	Carnegie	1:09.07	32.58	1:09.07
32 Ashley Williamson	90	Dun City Aqu	1:09.27	32.65	1:09.27
33 Becky Wilde	93	Co Newcastle	1:09.50	34.01	1:09.50
*34 Lisa Fraser	94	Midlothian	1:09.61	33.86	1:09.61
*34 Rona Plowman	94	Highland	1:09.61	33.21	1:09.61
36 Stephanie Hanley	92	StirlingSwim	1:09.83	34.33	1:09.83
37 Charlotte McKenzie	96	F.I.R.S.T.	1:09.95	33.83	1:09.95
38 Laura Huggon	91	Penrith	1:10.25	33.16	1:10.25
39 Orla Adams	95	Garioch	1:10.53	34.77	1:10.53
40 Anna Green	94	Warrender	1:10.64	33.16	1:10.64
41 Camille Brash	94	Warrender	1:10.68	34.41	1:10.68
42 Nicole Govan	95	StirlingSwim	1:10.80	34.20	1:10.80
43 Kirsty Simpson	96	Dun City Aqu	1:10.94	33.53	1:10.94
44 Jessica Taylor	94	Co Sheffield	1:11.42	35.22	1:11.42
45 Runa Dalby	93	Silkeborg	1:11.53	34.27	1:11.53
46 Rebecca Donaldson	94	Perth City	1:11.59	34.31	1:11.59
47 Chelsea Lawson	96	InCAS	1:11.62	34.12	1:11.62
48 Molly Redford	96	Dun City Aqu	1:11.66	34.38	1:11.66
49 Nicole Duffy	94	Sth Ayrshire	1:11.71	34.81	1:11.71
50 Connie Mackay	95	Ren 96	1:11.74	33.61	1:11.74
51 Rachael Clark	95	Co Glasgow	1:11.81	34.15	1:11.81
*52 Samantha MacMillan	95	InCAS	1:11.84	34.49	1:11.84
*52 Lauren Forsyth	96	F.I.R.S.T.	1:11.84	34.87	1:11.84
*54 Claire Moir	94	South Aberde	1:12.03	34.81	1:12.03
*54 Megan Finlayson	92	Dun City Aqu	1:12.03	34.69	1:12.03
56 Jennifer Scott	96	South Lanark	1:12.06	34.52	1:12.06
57 Jennifer Ritchie	96	East Lothian	1:12.12	34.08	1:12.12
58 Rachael Irvine	94	Fins	1:12.17	34.54	1:12.17
59 Raquel Matos	96	Portobello	1:12.44	34.25	1:12.44
60 Gemma Wimberley	93	Heart Of Mid	1:12.52	34.72	1:12.52
61 Hayley Monteith	94	Co Aberdeen	1:12.71	35.17	1:12.71
62 Charlotte Sim	94	Co Newcastle	1:12.79	35.84	1:12.79
63 Claire Wilson	95	StirlingSwim	1:12.96	35.78	1:12.96
*64 Chelsey Taylor *	94	Kelly Coll	1:12.97	34.62	1:12.97
*64 Kelsey Cook	94	Peterhead	1:12.97	35.83	1:12.97
66 Amy Brown	95	Co Sund'land	1:12.98	34.44	1:12.98
67 Rebecca Craigmile	95	Co Aberdeen	1:13.01	36.10	1:13.01
68 Kirsten McCallum	92	Carnegie	1:13.10	35.04	1:13.10
69 Nicola Pearson	94	West Dunbart	1:13.20	35.02	1:13.20
70 Amy-Jo Bellany	94	Broch Seals	1:13.32	35.24	1:13.32
71 Sophie Taylor	96	Donc Dartes	1:13.40	35.52	1:13.40
72 Ellie Brisbane	95	Carnegie	1:13.54	36.08	1:13.54
73 Rachel Masson	95	South Aberde	1:13.58	35.63	1:13.58
74 Danielle Joyce	96	Ren 96	1:13.60	35.47	1:13.60
75 Hannah Coats	94	North Lanark	1:13.73	35.74	1:13.73
76 Ishbel Rodger	94	West Lothian	1:13.84	36.56	1:13.84
77 Rachel Smithers	93	South Lanark	1:13.85	35.11	1:13.85
78 Maggie Luck	94	Dun City Aqu	1:13.90	36.69	1:13.90
79 Louise Williams	89	StirlingSwim	1:13.99	35.55	1:13.99
80 Claire Dobson	94	Dun City Aqu	1:14.01	35.27	1:14.01
81 Emily Clough	95	Warrender	1:14.06	35.54	1:14.06

Day 3 Heats – Results

Event 304 Womens 100 Metre Backstroke (continued)

Name	Yr	Club	Time	50	100
82 Elizabeth Templeman	94	Middlesboro	1:14.08	35.45	1:14.08
83 Catherine Shafto	95	Co Newcastle	1:14.10	35.24	1:14.10
84 Phoebe Whitehead	94	Garioch	1:14.18	36.30	1:14.18
85 Zoe Kirkwood	95	Co Newcastle	1:14.24	36.03	1:14.24
86 Shona Lambert	94	Warrender	1:14.34	35.56	1:14.34
87 Kirsten Dippie	93	West Lothian	1:14.45	35.45	1:14.45
88 Megan Wilson	96	Heart Of Mid	1:14.46	35.81	1:14.46
89 Rebecca Kondol	92	South Lanark	1:14.49	35.08	1:14.49
90 Isabelle Cowen	92	F.I.R.S.T.	1:14.55	35.48	1:14.55
91 Janis Macdonald	92	Highland	1:14.77	36.34	1:14.77
92 Carla McWilliams	94	Co Carlisle	1:14.86	36.40	1:14.86
93 Elizabeth Bishop	94	Co Newcastle	1:14.94	35.77	1:14.94
94 Holly Shearer	94	Milngavie & b	1:15.03	36.36	1:15.03
95 Nicola Thorburn	93	Midlothian	1:15.15	36.62	1:15.15
96 Ailie McGowan	90	West Lothian	1:15.26	35.92	1:15.26
97 Kirsty Elliott	94	Warrender	1:15.31	36.95	1:15.31
98 Ailidh Brown	94	InCAS	1:15.40	36.69	1:15.40
99 Eilidh Kirkwood	94	Broch Seals	1:15.51	36.98	1:15.51
100 Hannah Soutar	94	Heart Of Mid	1:15.53	35.79	1:15.53
101 Joanna Whitelaw	96	East Lothian	1:15.72	36.55	1:15.72
102 Jessica Christie	96	South Aberde	1:16.12	37.25	1:16.12
103 Hannah Grayson	95	Co Aberdeen	1:16.26	36.89	1:16.26
104 Daisy Forster	93	Dun City Aqu	1:16.34	35.76	1:16.34
105 Kate Forbes	95	Warrender	1:16.36	37.72	1:16.36
106 Nicola Henry	95	East Lothian	1:16.67	36.59	1:16.67
107 Stacey Leach	94	Forres	1:16.77	36.33	1:16.77
108 Rosa Brownlee	92	Heart Of Mid	1:17.64	37.59	1:17.64
109 Genna Doctor	92	StirlingSwim	1:17.96	37.89	1:17.96
110 Zoe Kane ^	89	Peterhead	1:25.84	40.92	1:25.84
111 Amy Macfarlane ^	93	Motherwell	1:31.74	43.53	1:31.74
112 Jennifer Somerville ^	91	InCAS	1:55.70	55.93	1:55.70

Event 305 Mens 200 Metre Backstroke

Name	Yr	Club	Time	50	100	150	200
1 Marco Loughran	89	Guildford Ct	1:59.07	27.43	57.36	1:28.38	1:59.07
2 Andrew Hodgson	87	Newton Hall	2:00.49	28.36	58.70	1:29.74	2:00.49
3 Scott Hathaway	88	Loughboro Un	2:01.98	28.11	59.15	1:30.76	2:01.98
4 Scott Houston	87	Co Glasgow	2:02.00	28.32	58.87	1:30.32	2:02.00
5 John Sargent	85	Hatfield	2:04.24	28.69	59.78	1:31.94	2:04.24
6 James Lovatt	89	Loughboro Un	2:05.12	28.48	59.95	1:32.14	2:05.12
7 Billy Purnell	88	Warrender	2:06.18	29.34	1:01.10	1:33.42	2:06.18
8 Joseph Canlan-Shaw	88	Loughboro Un	2:07.53	29.61	1:01.55	1:34.57	2:07.53
9 James Cowburn	90	Stockport Mo	2:07.78	30.43	1:02.41	1:35.02	2:07.78
10 James Crawford	88	Ealing SC	2:08.06	29.34	1:01.47	1:34.38	2:08.06
11 Andrew Donaldson	91	Ren 96	J2:08.14	29.91	1:02.02	1:35.52	2:08.14
12 Jonathan Carlisle	92	Co Sund'land	J2:08.14	29.79	1:01.75	1:34.96	2:08.14
13 Andrew Haslett	90	Warrender	2:08.20	30.01	1:02.25	1:35.33	2:08.20
14 Richard Butler	91	KingstonHull	2:08.27	29.93	1:01.75	1:34.62	2:08.27
15 Alex Baker	93	Hatfield	2:09.20	29.94	1:02.74	1:36.15	2:09.20
16 Craig McNally	92	Warrender	2:09.51	30.39	1:02.65	1:36.19	2:09.51
17 Ieuan Lloyd	93	Co Cardiff	2:10.88	29.92	1:02.91	1:37.54	2:10.88
18 Ross Muir	91	F.I.R.S.T.	2:11.41	31.03	1:03.72	1:37.54	2:11.41
19 Andrew Martin	91	Co Manch Aq	2:11.63	31.04	1:04.86	1:39.00	2:11.63
20 Richard Schafers	91	Unattached	2:11.85	31.29	1:04.33	1:38.26	2:11.85
21 Hamish Wise	90	Dun City Aqu	2:13.65	31.90	1:05.78	1:39.62	2:13.65

Day 3 Heats – Results

Event 305 Mens 200 Metre Backstroke (continued)

Name	Yr	Club	Time	50	100	150	200
22 Justin Austin	92	Gallica SC	2:13.82	30.69	1:05.16	1:39.93	2:13.82
23 Kieran McGuckin	90	F.I.R.S.T.	2:14.11	30.30	1:04.05	1:38.59	2:14.11
24 Andrew Shepherd	84	Co Sheffield	2:14.18	30.65	1:04.70	1:39.58	2:14.18
25 Andrew Arthur	94	Milngavie &b	2:15.38	31.91	1:05.95	1:41.08	2:15.38
26 Craig Thomson	90	South Aberde	2:15.45	31.67	1:06.48	1:41.17	2:15.45
27 Ryan Davidson	93	F.I.R.S.T.	2:15.61	30.87	1:04.59	1:39.83	2:15.61
28 Max Litchfield	95	Donc Dartes	2:16.55	31.27	1:05.68	1:41.46	2:16.55
29 Ross Woolley	92	Warrender	2:17.13	31.94	1:06.40	1:41.59	2:17.13
30 Lewis Dyson	93	Bo Kirklees	2:17.63	31.92	1:06.35	1:41.97	2:17.63
31 Michael McGovern	91	Co Aberdeen	2:17.77	31.73	1:06.32	1:42.02	2:17.77
32 Matthew Davies *	90	Donc Dartes	2:17.99	31.70	1:06.39	1:42.34	2:17.99
33 Mark Steeples	92	Warrender	2:18.42	32.01	1:07.10	1:42.82	2:18.42
34 Connor Wilson	93	Warrender	2:18.57	32.96	1:07.84	1:43.51	2:18.57
35 Patrick Blake	92	Kelly Coll	2:18.88	31.56	1:07.30	1:43.87	2:18.88
36 Bruce Traill	93	Kelly Coll	2:19.06	32.77	1:07.78	1:44.07	2:19.06
37 Allan Campbell	92	South Lanark	2:19.57	32.44	1:07.94	1:43.55	2:19.57
38 Daniel Lee	91	Edinburgh Un	2:19.63	32.81	1:07.89	1:44.12	2:19.63
39 Ryan Robinson	93	Co Sund'land	2:20.10	32.16	1:07.83	1:44.25	2:20.10
40 Alastair Miley	94	Garioch	2:20.47	33.59	1:08.71	1:45.06	2:20.47
41 Jamie Forrest *	87	Bath Univ	2:20.61	32.00	1:07.16	1:44.22	2:20.61
42 Stephen Milne	94	Perth City	2:20.68	32.16	1:07.58	1:44.60	2:20.68
43 Stuart McIntosh	93	Co Aberdeen	2:20.93	32.48	1:08.00	1:44.64	2:20.93
44 Connor Mollison	92	Warrender	2:21.17	32.48	1:08.14	1:44.80	2:21.17
45 Andrew Park	91	South Lanark	2:21.27	31.49	1:06.78	1:44.04	2:21.27
46 Ross McCafferty	92	South Lanark	2:21.45	31.63	1:06.89	1:44.07	2:21.45
47 Mark Szaranek	95	Carnegie	2:21.72	32.85	1:09.47	1:45.86	2:21.72
48 Alan Clark	94	Forres	2:21.83	32.85	1:08.67	1:45.17	2:21.83
49 Matthew Smithurst	92	Derventio	2:22.02	33.61	1:10.50	1:46.72	2:22.02
50 Scott MacFarlane	94	Ren 96	2:22.16	33.53	1:08.95	1:46.40	2:22.16
51 James O'Connell	94	Co Newcastle	2:22.49	31.73	1:07.25	1:44.98	2:22.49
52 Euan Dunbar	94	Co Aberdeen	2:22.54	33.76	1:09.60	1:46.69	2:22.54
53 David Hill	89	Bath Univ	2:22.68	32.91	1:09.14	1:45.99	2:22.68
54 Fraser Reid	93	South Aberde	2:23.33	33.05	1:09.73	1:47.13	2:23.33
55 Ewan Govan	94	Milngavie &b	2:23.92	32.86	1:09.40	1:47.09	2:23.92
56 Gregor Birrell	94	F.I.R.S.T.	2:24.13	33.18	1:09.12	1:46.87	2:24.13
57 Chris Ritchie	93	Dunoon	2:24.15	33.72	1:10.35	1:47.82	2:24.15
58 Eamon Rivers	92	Perth City	2:24.28	32.75	1:09.52	1:47.09	2:24.28
59 Fraser Gordon	94	South Aberde	2:24.65	34.60	1:11.40	1:48.70	2:24.65
60 Blair Hush	92	Fins	2:24.93	33.93	1:10.66	1:48.12	2:24.93
61 Rhys Jones	93	South Aberde	2:25.25	33.51	1:10.00	1:47.92	2:25.25
62 Andrew Hosie	93	West Lothian	2:25.86	34.44	1:11.92	1:48.63	2:25.86
63 William Broadhurst	95	Aberdeen	2:26.12	33.70	1:11.32	1:48.72	2:26.12
64 Robbie Dalgety	94	Midlothian	2:26.34	33.02	1:09.90	1:48.40	2:26.34
65 Jack Caster	92	Warrender	2:26.36	34.34	1:10.99	1:49.06	2:26.36
66 Conor Crozier	92	Co Sund'land	2:26.52	33.27	1:10.90	1:49.52	2:26.52
67 Paul McGuire	92	West Lothian	2:27.18	33.65	1:10.57	1:48.96	2:27.18
68 Andrew Gairns	93	Broch Seals	2:27.23	34.60	1:12.67	1:51.14	2:27.23
69 Lewis Kirby	95	Carnegie	2:27.29	34.96	1:13.47	1:51.25	2:27.29
70 Craig Bowman	96	Carnegie	2:28.36	33.90	1:11.97	1:50.75	2:28.36
71 Ross McWhirter	94	Warrender	2:28.62	35.63	1:13.08	1:50.78	2:28.62
72 Grant McPherson	93	Co Glasgow	2:31.33	35.69	1:14.16	1:52.79	2:31.33
73 Jordan Coia	95	Forres	2:31.47	35.96	1:15.16	1:54.47	2:31.47
74 Ross Hunter	94	Dun City Aqu	2:33.66	35.33	1:14.09	1:54.89	2:33.66
75 David Smith	93	Garioch	2:38.18	37.51	1:16.97	1:57.99	2:38.18

Day 3 Heats – Results

Event 312 Mens 200 Metre Backstroke Swim-off

Name	Yr	Club	Time	50	100	150	200
1 Andrew Donaldson	91	Ren 96	2:07.58	29.75	1:01.57	1:34.31	2:07.58
2 Jonathan Carlisle	92	Co Sund'land	2:10.05	29.93	1:02.06	1:35.73	2:10.05

Event 306 Womens 200 Metre Butterfly

Name	Yr	Club	Time	50	100	150	200
1 Jemma Lowe	90	Swansea Perf	2:10.97	28.72	1:01.15	1:35.51	2:10.97
2 Emma Smithurst	91	Co Manch Aq	2:12.51	30.25	1:03.64	1:37.76	2:12.51
3 Jessica Dickons	90	Edinburgh Un	2:13.34	29.94	1:03.64	1:38.55	2:13.34
4 Jade Barclay	89	Loughboro Un	2:15.56	30.27	1:03.93	1:39.21	2:15.56
5 Hannah Miley	89	Garioch	2:15.98	31.09	1:06.11	1:40.99	2:15.98
6 Tilly Gray	91	Derventio	2:18.49	31.21	1:05.59	1:41.67	2:18.49
7 Kimberley Colton	89	Nova Cent'n	2:18.74	30.91	1:06.47	1:42.84	2:18.74
8 Louise Pate	88	Edinburgh Un	2:18.95	30.96	1:06.29	1:42.70	2:18.95
9 Kirsty Hart	90	Ren 96	2:18.97	31.21	1:06.85	1:43.11	2:18.97
10 Kirsty Armstrong	89	Loughboro Un	2:19.14	31.19	1:06.62	1:42.93	2:19.14
11 Jessica Thielmann	93	Co Newcastle	2:20.21	31.30	1:06.41	1:43.21	2:20.21
12 Blaine Small	93	Carnegie	2:20.62	32.00	1:07.45	1:44.08	2:20.62
13 Kathryn Woolston-Thomas	95	Co Sund'land	2:20.80	32.06	1:07.51	1:44.04	2:20.80
14 Alice McCall	91	Wigan Best	2:24.29	31.97	1:08.08	1:45.53	2:24.29
15 Lucy Gordon *	93	Co Newcastle	2:24.71	31.67	1:08.27	1:46.18	2:24.71
16 Jennifer Davis	91	Warrender	2:24.88	31.54	1:07.98	1:45.67	2:24.88
17 Jennifer Dobson	93	Warrender	2:24.98	31.81	1:08.65	1:46.48	2:24.98
18 Faye Henesy	95	Nova Cent'n	2:25.69	32.74	1:10.07	1:48.16	2:25.69
19 Lorna Breeze	92	Co Sund'land	2:26.50	32.63	1:09.40	1:47.42	2:26.50
20 Amy Fraser	94	Galashiels	2:26.60	32.44	1:09.15	1:46.78	2:26.60
21 Laura Dawson *	93	Co Newcastle	2:27.00	31.22	1:07.10	1:46.27	2:27.00
22 Roisin Donnelly	93	InCAS	2:27.53	32.27	1:10.57	1:48.35	2:27.53
23 Libby Francis	92	St Thomas	2:27.86	31.87	1:09.81	1:48.64	2:27.86
24 Kayrine Kelly	95	StirlingSwim	2:28.19	32.55	1:10.14	1:49.54	2:28.19
25 Freja Ostergard	95	Silkeborg	2:29.23	32.83	1:11.19	1:50.67	2:29.23
26 Cheryl Bond	91	Co Glasgow	2:29.47	32.32	1:10.01	1:49.71	2:29.47
27 Helena Teague	94	Middlesboro	2:29.55	33.13	1:10.95	1:49.98	2:29.55
*28 Katie Cooper	94	Co Manch Aq	2:29.97	32.97	1:10.19	1:49.08	2:29.97
*28 Emily Jones	95	Garioch	2:29.97	33.36	1:11.74	1:50.25	2:29.97
30 Chloe Willmott	94	Middlesboro	2:30.91	32.86	1:10.75	1:50.65	2:30.91
31 Camille Brash	94	Warrender	2:31.21	32.67	1:11.36	1:52.39	2:31.21
32 Leigh Thompson	95	Co Sund'land	2:31.80	32.33	1:10.67	1:50.97	2:31.80
33 Nicola Bett	94	Warrender	2:32.53	33.48	1:11.41	1:51.53	2:32.53
34 Katy Templeman	94	Middlesboro	2:32.60	33.46	1:11.89	1:51.97	2:32.60
35 Zoe Kirkwood	95	Co Newcastle	2:32.61	32.60	1:11.22	1:51.16	2:32.61
36 Megan Donnelly	94	Co Glasgow	2:33.52	33.44	1:11.07	1:52.29	2:33.52
37 Helen McRoberts	91	Warrender	2:33.93	34.65	1:13.34	1:53.64	2:33.93
38 Gabrielle Hignett	95	Derventio	2:34.01	34.29	1:14.02	1:54.71	2:34.01
39 Gillian Clark	96	East Lothian	2:34.38	32.28	1:10.85	1:52.06	2:34.38
40 Jessica Wilkie	94	Heart Of Mid	2:34.54	33.79	1:12.45	1:53.67	2:34.54
41 Pamela Beck	94	South Aberde	2:34.86	33.60	1:12.84	1:55.07	2:34.86
42 Cara Tosh	95	Co Glasgow	2:35.64	34.66	1:14.02	1:55.27	2:35.64
43 Evie Keane	94	Derventio	2:36.22	33.77	1:13.87	1:56.75	2:36.22
44 Kirstin McKinley	95	Co Glasgow	2:36.40	33.76	1:12.57	1:54.38	2:36.40
45 Lauren Kane	93	Co Aberdeen	2:36.94	34.46	1:13.60	1:54.59	2:36.94
46 Ailsa Small	95	Warrender	2:36.98	34.28	1:13.53	1:54.61	2:36.98
47 Joanna Whitelaw	96	East Lothian	2:38.08	33.90	1:13.48	1:55.41	2:38.08
48 Morven Clements	96	Dumfries	2:38.15	34.19	1:13.96	1:55.47	2:38.15
49 Caitlin Burns	95	Carnegie	2:39.20	34.71	1:15.20	1:58.71	2:39.20
50 Ashleigh Backhouse	97	Co Carlisle	2:39.57	35.71	1:17.43	1:58.90	2:39.57

Day 3 Heats – Results

Event 306 Womens 200 Metre Butterfly (continued)

Name	Yr	Club	Time	50	100	150	200
51 Jade Williams	91	StirlingSwim	2:39.89	33.53	1:12.75	1:55.61	2:39.89
52 Camilla Hattersley	95	Perth City	2:40.10	34.39	1:15.72	1:59.45	2:40.10
53 Rachel Masson	95	South Aberde	2:41.14	36.25	1:18.57	2:00.31	2:41.14
54 Amy Roberts	92	Billingham	2:41.15	34.94	1:15.40	1:57.77	2:41.15
55 Shona Lambert	94	Warrender	2:41.63	35.84	1:15.92	1:58.31	2:41.63
56 Georgia Callander	97	Co Glasgow	2:41.74	35.64	1:17.51	2:00.07	2:41.74
57 Tilly Sawrey	95	Heart Of Mid	2:42.03	34.87	1:15.38	1:58.18	2:42.03
58 Hannah Sharp	95	Billingham	2:42.10	35.28	1:16.28	1:59.61	2:42.10
59 Jennifer Ritchie	96	East Lothian	2:42.50	34.32	1:14.59	1:57.72	2:42.50
60 Phoebe Whitehead	94	Garioch	2:42.51	35.84	1:17.43	2:00.24	2:42.51
61 Lisa Mackenzie	95	St Thomas	2:42.53	33.86	1:13.54	1:56.69	2:42.53
62 Kim Figgins	95	South Lanark	2:42.64	35.65	1:17.74	2:00.14	2:42.64
63 Nicole Bond	95	Co Glasgow	2:43.45	36.92	1:17.11	2:00.64	2:43.45
64 Fiona Christie	93	Milngavie &b	2:43.55	35.89	1:16.80	2:00.32	2:43.55
65 Dianka Watson	93	Dumfries	2:43.82	36.65	1:18.58	2:01.35	2:43.82
66 Ellie Minto	96	Dumfries	2:43.97	36.28	1:17.87	2:00.45	2:43.97
67 Robyn Leslie	94	North Lanark	2:44.18	34.65	1:16.52	2:00.30	2:44.18
68 Paige Lang	96	Milngavie &b	2:44.19	35.09	1:15.87	1:59.87	2:44.19
69 Isabelle Cowen	92	F.I.R.S.T.	2:44.21	32.96	1:14.61	1:58.60	2:44.21
70 Sarah Smith	95	Garioch	2:44.67	34.98	1:15.85	1:59.86	2:44.67
71 Rachael Stewart	95	East Lothian	2:44.78	34.66	1:15.08	1:59.98	2:44.78
72 Alison Mackenzie	93	Grangemouth	2:45.35	35.72	1:17.84	2:02.35	2:45.35
73 Jennifer Ward	93	North Lanark	2:45.39	35.78	1:18.40	2:01.70	2:45.39
74 Ashley McAdam	96	West Lothian	2:45.71	35.69	1:17.99	2:02.05	2:45.71
75 Charlotte McKenzie	96	F.I.R.S.T.	2:46.03	35.58	1:17.77	2:01.06	2:46.03
76 Kirsty Park	94	F.I.R.S.T.	2:46.83	35.95	1:17.06	2:01.31	2:46.83
77 Emma Stewart	96	East Lothian	2:46.85	36.20	1:17.77	2:02.69	2:46.85
78 Erin Torrie	96	Perth City	2:46.94	37.06	1:19.29	2:03.64	2:46.94
79 Claire Osborne	94	Heart Of Mid	2:46.97	33.92	1:16.41	2:01.60	2:46.97
80 Rachel Bonthron	95	Perth City	2:47.84	36.47	1:19.96	2:05.30	2:47.84
81 Megan Wilson	96	Heart Of Mid	2:47.96	35.82	1:18.94	2:02.80	2:47.96
82 Fiona Donald	93	West Lothian	2:48.44	35.51	1:17.01	2:02.01	2:48.44
83 Kirsty Elliott	94	Warrender	2:48.91	36.80	1:20.43	2:05.02	2:48.91
84 Rachel Harkness	92	Dumfries	2:49.02	35.32	1:19.09	2:04.36	2:49.02
85 Victoria Milburn	95	Co Glasgow	2:49.13	37.08	1:19.52	2:04.47	2:49.13
86 Maya Andrew	96	South Lanark	2:49.78	36.65	1:19.31	2:03.05	2:49.78
87 Shannon Sweeney	94	Co Glasgow	2:52.04	36.67	1:18.86	2:04.72	2:52.04
88 Lauren Izzett	94	Co Glasgow	2:52.88	36.84	1:19.99	2:06.00	2:52.88
89 Eleni Papadopoulos	92	Co Sund'land	2:53.99	37.30	1:19.87	2:06.66	2:53.99
90 Catherine Freeman	94	Garioch	2:54.72	36.99	1:20.18	2:06.28	2:54.72
91 Hannah Ferguson	94	Perth City	2:55.83	37.22	1:22.10	2:09.71	2:55.83
92 Heather Allan	95	Co Glasgow	2:55.97	36.67	1:20.66	2:08.47	2:55.97

Event 307 Mens 50 Metre Freestyle

Name	Yr	Club	Time	Name	Yr	Club	Time
1 Craig Gibbons	85	Loughboro Un	22.50	11 Craig Houston	85	Co Glasgow	23.69
2 Grant Turner	89	Loughboro Un	22.56	12 Daniel Scott	90	Co Glasgow	23.77
3 Simon Burnett	83	Windsor	22.70	13 Daniel Hester	86	Bath Univ	23.79
4 Owen Morgan	84	Haslemere	22.78	14 Jak Scott	91	StirlingSwim	23.82
5 Charlie Turner	84	Ealing SC	22.80	15 Patrick Clement	90	Haslemere	23.88
6 Ian Hulme	84	Co Sund'land	22.98	16 Darren Ward	85	Edinburgh Un	24.09
7 Robert Iddiols	89	Windsor	23.10	17 Thomas Parris	91	Hastings	24.21
8 Paul Robinson	87	Co Newcastle	23.35	18 Charles Hockin	89	Loughboro Un	24.23
9 Joseph Tellett	85	Bath Univ	23.60	19 Thomas Laxton	89	Loughboro Un	24.45
10 Andrew Bushell	88	Loughboro Un	23.61	20 Alasdair Stirling	93	South Lanark	24.48

Day 3 Heats – Results

Event 307 Mens 50 Metre Freestyle (continued)

Name	Yr	Club	Time	Name	Yr	Club	Time
21 David Pennington	83	Edinburgh Un	24.58	*59 Jonas Whitehead	91	Garioch	25.94
22 Dan Waddingham	90	Swansea Perf	24.60	*59 Craig Spargo	92	Highland	25.94
23 Callum Hillicks *	91	Crawley	24.64	*59 George Twentyman	91	Co Carlisle	25.94
24 Ben Hockin	86	Loughboro Un	24.68	*62 Stephen Lamb	92	North Lanark	25.99
25 James Crawford	88	Ealing SC	24.69	*62 Mark Campbell	91	Co Aberdeen	25.99
26 Greig Wilkinson	91	Co Glasgow	24.77	64 Ewan Cameron	89	Sth Ayrshire	26.01
27 Stuart Conley	89	Dun City Aqu	24.78	65 Eamon Rivers	92	Perth City	26.04
28 Jamie Coulter	93	West Lothian	24.79	66 Michael McGovern	91	Co Aberdeen	26.05
29 Steven Beckerleg	89	Plymouth Lea	24.80	67 Alex Rea	92	Co Sund'land	26.10
30 Graeme Hunter	89	Perth City	24.83	68 Conor McGhee	94	Highland	26.13
31 Ross Clark	87	Dun City Aqu	24.86	69 Cameron Smith	92	East Lothian	26.14
32 Andrew Manley	77	Derventio	24.87	70 Jamie McKinley	93	Co Glasgow	26.19
33 Warren Barrett	87	Exeter	24.95	71 Andrew Loudon	91	StirlingSwim	26.35
34 Joseph Jelley	89	Loughboro Un	25.01	72 David Sutherland	87	Highland	26.50
35 Peter Stewart	92	Dun City Aqu	25.03	73 Richard Lee	95	Donc Dartes	26.54
36 Ralph Anstis	88	Loughboro Un	25.05	74 Ryan Archibald	92	Warrender	26.65
*37 Ryan Bennett	90	Gallica SC	25.09	75 Jordan Dunn	93	Warrender	26.71
*37 Adam Ingledew	93	Hatfield	25.09	*76 Chris Wilson	93	South Lanark	26.75
39 Craig Hamilton	91	Warrender	25.11	*76 Mathew Marshall	92	Bo Kirklees	26.75
40 Joao Matias	86	Ealing SC	25.12	*78 Andrew Gairns	93	Broch Seals	26.77
41 Fraser Smith	90	Co Glasgow	25.15	*78 Fraser Reid	93	South Aberde	26.77
42 Craig Mathieson	86	East Lothian	25.31	80 Ryan Doherty	93	South Lanark	26.83
43 Liam Macdonald	88	Highland	25.33	81 Craig Corson	93	Sth Ayrshire	26.86
44 Rory More	91	Highland	25.35	82 Allan Campbell	92	South Lanark	26.92
45 Daniel Heeley	90	Co Carlisle	25.41	*83 Richard Cooper	93	Sheffield C	26.95
46 Ross Johnston	87	Edinburgh Un	25.42	*83 Scott MacFarlane	94	Ren 96	26.95
*47 Ross Gardner	91	North Lanark	25.44	*85 Bruce Traill	93	Kelly Coll	27.04
*47 Alex Wooldridge	91	Exeter	25.44	*85 Liam Bosomworth	92	Co Sund'land	27.04
*47 Perran Cater	92	Sth Ayrshire	25.44	87 Andrew Benson	89	West Lothian	27.06
50 Kevin Dickson	92	StirlingSwim	25.48	88 Thomas Leach	92	Forres	27.19
*51 Samuel Franklin	92	Derventio	25.49	89 Paul McGuire	92	West Lothian	27.21
*51 Alastair Turner	92	Ren 96	25.49	90 Craig Rodgie ^	89	Carnegie	27.54
53 Callum Moreland	92	Dunoon	25.59	91 Ross Hunter	94	Dun City Aqu	27.61
54 Callum Ross *	90	Unattached	25.60	92 Matthew Davies *	90	Donc Dartes	28.14
55 Sam Long	91	Kelly Coll	25.75	93 Bryan Ritchie ^	86	Broch Seals	30.08
56 Mark Szaranek	95	Carnegie	25.83	94 Robert Dalgleish ^	95	Livingston	33.22
57 Graham Edmunds	74	Swansea Perf	25.84	95 Shawn Lawrence ^	88	West Dunbart	46.73
58 Johnstone Shearer	92	Co Glasgow	25.86	96 Andrew Mullen ^	96	Ren 96	54.16

Event 308 Womens 50 Metre Breaststroke

Name	Yr	Club	Time	Name	Yr	Club	Time
1 Kathryn Johnstone	90	Edinburgh Un	32.69	15 Rebecca Hillis	90	Co Glasgow	35.30
2 Lowri Tynan	87	Wrexham	32.96	16 Orla Adams	95	Garioch	35.35
3 Georgia Holderness	87	Millfield	32.98	17 Shona Booth	89	Perth City	35.50
4 Alex Diamond	91	Bath Univ	33.35	18 Emma White	90	Loughboro Un	35.58
5 Fiona Booth	86	Edinburgh Un	33.38	19 Fiona Gray	90	StirlingSwim	35.59
6 Corrie Scott	93	South Lanark	33.43	20 Eleanor Brooke	91	South Aberde	35.63
7 Georgina Heyn	84	Ealing SC	33.53	21 Katie Johnson	87	Co Sheffield	35.66
8 Ashleigh Hyland	89	Bangor	33.60	22 Holly Phimister	92	South Aberde	35.81
9 Kerry Buchan	87	South Aberde	33.64	23 Amy-Jo Bellany	94	Broch Seals	35.96
10 Victoria Gourlay	92	South Lanark	34.02	24 Lucy Spencer	93	Co Sheffield	36.00
11 Sophie Taylor	96	Donc Dartes	34.68	25 Eloise Barber	92	Carnegie	36.40
12 Anna Peyton	92	Co Manch Aq	34.71	26 Shannon Loder	94	Gallica SC	36.58
13 Roisin Donnelly	93	InCAS	34.78	27 Hannah Ward	93	Dun City Aqu	37.00
14 Chloe Coates	94	Middlesboro	35.00	28 Emma McDougall	90	Ren 96	37.03

Day 3 Heats – Results

Event 308 Womens 50 Metre Breaststroke (continued)

Name	Yr	Club	Time	60	96
29 Jennifer Rogerson	93	StirlingSwim	37.08	Jennifer Scott	South Lanark 39.36
30 Jemma Beedie	94	St Thomas	37.24	Rhona Stewart	Co Glasgow 39.40
31 Signe Tolstrup	95	Silkeborg	37.32	Hannah Craig	Garioch 39.43
32 Roo Kerr	92	Carnegie	37.33	Rachel Smithers	South Lanark 39.48
33 Rebecca French	93	Heart Of Mid	37.48	Gillian Bell	Portobello 39.56
34 Amy Brown	95	Co Sund'land	37.58	*65 Molly Redford	Dun City Aqu 39.57
35 Elaine Sherwood	90	Dunoon	37.59	*65 Genna Doctor	StirlingSwim 39.57
36 Raquel Matos	96	Portobello	37.60	67 Laura Milne	St Thomas 39.59
37 Lindsay Bloomer	93	South Lanark	37.66	68 Kirsty Park	F.I.R.S.T. 39.61
38 Elinor Spencer	95	Highland	37.70	*69 Nicola Pearson	West Dunbart 39.79
*39 Molly Renshaw	96	Derventio	37.74	*69 Ailsa Small	Warrender 39.79
*39 Iona Campbell	92	South Lanark	37.74	71 Sophie Morrison	Highland 39.80
41 Claire Osborne	94	Heart Of Mid	37.75	72 Catriona Rogerson	StirlingSwim 39.90
42 Claire Matthews	94	Kingsbury	37.90	73 Tara Campbell	Warrender 40.15
43 Gabrielle Hignett	95	Derventio	37.93	74 Kirsty Hunter	East Lothian 40.30
44 Rachel Masson	95	South Aberde	37.95	75 Lisa Ambrus	F.I.R.S.T. 40.48
45 Sarah Chapman	92	Fins	38.08	76 Katherine Jones	West Lothian 40.49
46 Siobhan Walker	96	South Lanark	38.14	77 Morven Bruce	StirlingSwim 40.51
47 Liz Hierons	93	Co Newcastle	38.25	78 Rosie Duncan	Highland 40.52
48 Morven Sneddon	95	Co Aberdeen	38.63	79 Lauren Pettigrew	Co Glasgow 40.56
49 Rebecca Kondol	92	South Lanark	38.69	80 Laura Macbrayne	Garioch 40.57
50 Louise McMahon	95	Portobello	38.83	81 Amber Whitelaw	East Lothian 40.66
51 Kelsey Cook	94	Peterhead	38.94	82 Eilidh Thomson	South Aberde 40.88
52 Stacey Henderson	95	Co Glasgow	38.97	83 Elizabeth Bishop	Co Newcastle 41.03
53 Claire Moir	94	South Aberde	38.98	84 Eilidh Davidson	Perth City 41.19
54 Jodie Braid	93	Forres	39.10	85 Kirsty Young	Menzieshill 41.30
55 Caitlin McGowan	93	South Lanark	39.21	86 Stacey Leach	Forres 41.63
56 Hannah Boyd	93	Forres	39.22	87 Kate Grey	Bath Univ 41.64
*57 Sasha Wisdich	94	Derventio	39.25	88 Claire Frame	South Lanark 41.78
*57 Andie Hinit	95	Co Sund'land	39.25	89 Rosa Brownlee	Heart Of Mid 41.81
59 Morven McNab	96	South Lanark	39.26	90 Hannah Gray	Burntisland 42.10
				91 Shannon Sweeney	Co Glasgow 42.94
				92 Caitlin Burns	Carnegie 43.04

Event 309 Mens 800 Metre Freestyle

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
1 Matthew Henry	90	Kelly Coll	8:28.08	28.62	59.12	1:29.80	2:01.44	2:32.74	3:04.77	3:36.85	4:09.58
				4:41.81	5:14.69	5:47.12	6:20.17	6:52.81	7:25.40	7:57.28	8:28.08
2 William Jolly	91	Lincoln Vulc	8:32.17	28.72	59.92	1:32.30	2:04.31	2:36.93	3:09.23	3:42.01	4:14.55
				4:47.45	5:19.96	5:52.83	6:25.15	6:57.73	7:30.10	8:02.08	8:32.17
3 Lewis Dyson	93	Bo Kirklees	8:32.56	28.86	1:00.00	1:32.58	2:05.27	2:37.94	3:10.57	3:43.25	4:15.96
				4:48.85	5:21.68	5:54.67	6:27.16	6:59.36	7:31.40	8:02.50	8:32.56
4 Edward Castro	88	Bath Univ	8:32.57	29.30	1:01.06	1:32.91	2:05.36	2:37.91	3:10.15	3:42.35	4:14.99
				4:47.47	5:19.59	5:52.67	6:25.63	6:58.52	7:31.92	8:03.36	8:32.57
5 Lawrence Lowman	89	Hatfield	8:33.77	28.35	59.66	1:31.70	2:04.10	2:36.45	3:09.14	3:41.59	4:14.22
				4:46.75	5:19.43	5:52.19	6:25.57	6:58.39	7:31.60	8:03.18	8:33.77
6 Cameron Smith	92	East Lothian	8:39.06	28.39	59.53	1:31.61	2:04.19	2:36.64	3:09.50	3:42.15	4:15.43
				4:48.61	5:22.12	5:55.38	6:29.24	7:02.21	7:35.44	8:07.51	8:39.06
7 Dan Wallace	93	Warrender	8:39.72	28.43	59.30	1:31.78	2:04.52	2:37.48	3:10.54	3:43.62	4:16.76
				4:49.87	5:22.88	5:56.30	6:29.58	7:02.64	7:35.88	8:08.35	8:39.72
8 Chris Wilkinson	91	Billingham	8:40.80	28.77	1:00.54	1:32.85	2:05.62	2:38.42	3:11.25	3:44.56	4:17.75
				4:50.98	5:23.87	5:56.89	6:29.83	7:03.30	7:36.42	8:09.49	8:40.80
9 Lewis Wiseman-Ord	93	Co Newcastle	8:41.19	27.40	58.03	1:29.67	2:01.54	2:34.05	3:07.15	3:40.14	4:13.68
				4:47.00	5:20.40	5:54.02	6:28.02	7:01.45	7:35.21	8:08.31	8:41.19

Day 3 Heats – Results

Event 309 Mens 800 Metre Freestyle (continued)

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
10 Calum McGhee	91	North Lanark	8:41.50	29.65	1:01.80	1:34.75	2:07.66	2:40.85	3:13.85	3:46.88	4:19.96
				4:52.79	5:25.79	5:58.63	6:31.70	7:04.52	7:37.52	8:09.88	8:41.50
11 James Radcliffe	90	Gallica SC	8:42.72	28.80	1:00.71	1:33.16	2:05.82	2:38.91	3:11.90	3:45.25	4:18.31
				4:51.83	5:25.15	5:58.72	6:31.88	7:05.46	7:38.72	8:11.28	8:42.72
12 Lewis King	90	Hatfield	8:42.85	29.24	1:00.96	1:33.31	2:06.04	2:38.86	3:11.70	3:44.81	4:18.01
				4:51.01	5:24.29	5:57.38	6:31.28	7:04.87	7:38.42	8:11.79	8:42.85
13 Michael Caldwell	91	South Aberde	8:45.51	29.65	1:01.81	1:34.63	2:07.92	2:40.97	3:14.24	3:47.71	4:21.43
				4:54.77	5:28.47	6:01.90	6:35.89	7:09.29	7:42.99	8:15.56	8:45.51
14 Euan Inglis	93	Co Aberdeen	8:46.42	29.35	1:01.69	1:34.71	2:08.02	2:41.20	3:14.53	3:47.83	4:21.05
				4:54.37	5:27.67	6:00.92	6:34.59	7:07.82	7:41.37	8:14.52	8:46.42
15 Fraser Smith	90	Co Glasgow	8:50.27	28.55	1:01.02	1:33.61	2:06.48	2:39.65	3:12.65	3:46.24	4:19.58
				4:53.08	5:26.29	6:00.13	6:34.02	7:08.60	7:43.18	8:17.39	8:50.27
16 Connor Wilson	93	Warrender	8:56.56	30.55	1:03.55	1:36.97	2:11.00	2:44.62	3:18.58	3:51.75	4:25.53
				4:59.48	5:33.92	6:07.68	6:41.62	7:15.36	7:49.66	8:23.26	8:56.56
17 Jamie McKinley	93	Co Glasgow	8:57.49	30.19	1:02.90	1:36.75	2:10.72	2:45.16	3:19.44	3:53.77	4:28.00
				5:02.26	5:36.71	6:11.18	6:45.33	7:19.81	7:53.67	8:26.74	8:57.49
18 Alastair Turner	92	Ren 96	9:05.12	29.21	1:01.14	1:35.23	2:09.59	2:44.34	3:18.79	3:53.21	4:28.01
				5:02.35	5:38.11	6:13.17	6:48.04	7:22.33	7:54.48	8:30.58	9:05.12
19 Stuart McIntosh	93	Co Aberdeen	9:11.26	30.69	1:04.12	1:38.39	2:13.06	2:47.80	3:22.82	3:57.76	4:32.81
				5:07.43	5:42.59	6:17.22	6:52.74	7:28.03	8:03.20	8:37.50	9:11.26

Session 9 – Results

Final of Event 301 Mens 200 Metre IM

Name	Yr	Club	Time	50	100	150	200
A Final							
1 Joseph Roebuck	85	Loughboro Un	2:00.92	25.60	56.59	1:31.93	2:00.92
2 Lewis Smith	88	Warrender	2:00.93	26.53	57.77	1:32.41	2:00.93
3 Liam Tancock	85	Loughboro Un	2:01.34	25.39	55.62	1:31.24	2:01.34
4 Michael Jamieson	88	Edinburgh Un	2:04.20	27.04	59.88	1:34.65	2:04.20
5 Edward Downes	87	Loughboro Un	2:06.24	26.96	59.92	1:36.01	2:06.24
6 Thomas Haffield	88	Co Cardiff	2:06.85	27.82	1:00.66	1:37.69	2:06.85
7 James Crawford	88	Ealing SC	2:06.88	27.02	58.37	1:36.76	2:06.88
8 James Thomson	89	Edinburgh Un	2:07.19	27.87	59.90	1:36.28	2:07.19
9 Ieuan Lloyd	93	Co Cardiff	2:07.35	27.50	1:00.57	1:37.36	2:07.35
10 Andrew Willis	90	Bracknell	2:08.88	27.60	1:00.73	1:37.35	2:08.88

B - Final

11 Tom Greenfield	89	Co Cardiff	2:05.76	26.82	59.42	1:36.96	2:05.76
12 Ewan Johnston	90	Warrender	2:07.48	26.88	59.09	1:37.21	2:07.48
13 Ben Higson	86	Co Glasgow	2:08.36	27.27	1:01.11	1:39.24	2:08.36
14 Jamie Evans *	88	StirlingSwim	2:08.52	26.84	59.29	1:37.83	2:08.52
15 Ross Muir	91	F.I.R.S.T.	2:08.97	28.72	1:01.22	1:36.80	2:08.97
16 Cameron Brodie *	92	Kelly Coll	2:09.37	27.06	1:00.16	1:38.69	2:09.37
17 Sean Asher	88	Co Coventry	2:09.58	27.45	1:01.45	1:38.33	2:09.58
18 Dan Wallace	93	Warrender	2:10.93	27.94	1:02.12	1:39.42	2:10.93
19 Jamie Coulter	93	West Lothian	2:13.55	28.42	1:04.06	1:43.47	2:13.55
--- Ross Woolley	92	Warrender	DQ				

Final of Event 302 Womens 400 Metre Freestyle

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
A Final											
1 Sasha Matthews	91	Nova Cent'n	4:11.65	29.11	1:01.17	1:33.45	2:05.84	2:37.78	3:10.05	3:41.54	4:11.65
2 Hannah Miley	89	Garioch	4:11.72	29.31	1:01.28	1:33.43	2:05.63	2:37.59	3:09.88	3:41.77	4:11.72
3 Ann Morris	93	Nova Cent'n	4:13.95	29.58	1:01.57	1:33.64	2:06.30	2:38.44	3:11.01	3:43.05	4:13.95
4 Cassie Patten	87	Stockport Mo	4:14.00	29.75	1:01.42	1:33.83	2:06.35	2:38.62	3:10.88	3:43.16	4:14.00
5 Robyn Matthews	91	Swansea Perf	4:18.25	30.37	1:02.10	1:34.83	2:07.58	2:40.07	3:13.14	3:45.87	4:18.25
6 Megan Gilchrist	90	Swansea Perf	4:18.68	29.93	1:01.81	1:34.50	2:07.36	2:40.49	3:13.51	3:46.46	4:18.68
7 Louisa Farrer-Fisher	90	Leander	4:19.71	29.52	1:00.93	1:33.25	2:06.15	2:39.43	3:13.27	3:46.79	4:19.71
8 Aimee Willmott	93	Middlesboro	4:20.43	30.14	1:02.53	1:35.12	2:08.31	2:41.21	3:14.73	3:47.74	4:20.43
9 Katy Whitfield	89	Stockport Mo	4:21.30	30.60	1:03.39	1:36.56	2:09.56	2:42.64	3:15.73	3:48.89	4:21.30
10 Aynsley Heseltine	92	Co Sheffield	4:26.88	30.33	1:03.28	1:36.36	2:10.18	2:43.90	3:18.33	3:52.65	4:26.88

B - Final

11 Sarah Eaglesham *	92	Co Chester	4:17.62	29.88	1:02.07	1:34.51	2:07.62	2:40.04	3:12.82	3:45.62	4:17.62
12 Erin Jeffery	89	Loughboro Un	4:19.81	29.57	1:01.43	1:34.08	2:06.91	2:40.03	3:13.47	3:47.05	4:19.81
13 Helen McRoberts	91	Warrender	4:23.92	30.61	1:04.11	1:37.26	2:10.71	2:43.90	3:17.55	3:51.36	4:23.92
14 Rachel Martin	95	Nova Cent'n	4:23.94	30.20	1:03.25	1:36.61	2:10.10	2:43.42	3:17.06	3:51.04	4:23.94
15 Jenny Starling	90	Co Sheffield	4:24.04	30.08	1:02.63	1:35.99	2:09.54	2:43.23	3:17.00	3:50.94	4:24.04
16 Lucy Gordon *	93	Co Newcastle	4:27.03	30.62	1:03.67	1:37.33	2:11.36	2:45.51	3:20.35	3:54.77	4:27.03
17 Alice McCall	91	Wigan Best	4:27.30	31.36	1:04.41	1:38.03	2:11.62	2:45.53	3:19.59	3:53.77	4:27.30
18 Aisha Thornton *	91	Warrington W	4:27.40	30.51	1:03.67	1:37.34	2:11.71	2:45.45	3:20.49	3:54.36	4:27.40
19 Marnie Stewart	92	Warrender	4:33.05	31.24	1:04.68	1:39.23	2:14.08	2:48.93	3:24.12	3:59.40	4:33.05
20 Alicia Holdsworth	94	Bo Kirklees	4:33.30	30.89	1:05.07	1:39.76	2:14.66	2:49.37	3:24.41	3:59.23	4:33.30

Session 9 – Results

Final of Event 303 Mens 100 Metre Breaststroke

Name	Yr	Club	Time	50	100
A Final					
1 Darren Mew	79	Bath Univ	1:01.37	28.43	1:01.37
2 Kristopher Gilchrist	83	Edinburgh Un	1:01.51	29.26	1:01.51
3 Daniel Sliwinski	90	Gallica SC	1:01.96	28.74	1:01.96
4 Rob Holderness	90	Millfield	1:02.17	29.15	1:02.17
5 Chris Jones *	81	Ealing SC	1:02.70	29.42	1:02.70
6 Andrew Rodgie	88	Edinburgh Un	1:03.42	29.37	1:03.42
7 Craig Elliot	87	Co Sund'land	1:03.63	29.27	1:03.63
8 Chris Watkinson	86	Loughboro Un	1:03.91	29.58	1:03.91
9 Jamie Ross	87	StirlingSwim	1:04.46	30.81	1:04.46
10 Douglas Scott	91	South Lanark	1:05.11	29.86	1:05.11

B - Final

11 Richard Webb	87	Bath Univ	1:02.41	29.66	1:02.41
12 James Tait	86	Loughboro Un	1:04.86	30.41	1:04.86
13 Craig Benson	94	Warrender	1:05.53	30.97	1:05.53
14 Christopher Steeples	92	Derventio	1:05.88	30.89	1:05.88
15 Ross Clark	87	Dun City Aqu	1:06.17	30.66	1:06.17
16 Iain Scanlon	90	Loughboro Un	1:06.25	30.62	1:06.25
17 Tom Rooke	90	Crawley	1:06.45	31.23	1:06.45
18 Steven Binnie	86	StirlingSwim	1:06.64	30.62	1:06.64
19 Mark Campbell	91	Co Aberdeen	1:06.67	31.28	1:06.67
20 Paul Sutherland	90	Bath Univ	1:07.34	31.04	1:07.34

Final of Event 304 Womens 100 Metre Backstroke

Name	Yr	Club	Time	50	100
A Final					
1 Gemma Spofforth	87	Portsmouth N	59.56	29.32	59.56
2 Georgia Davies	90	Swansea Perf	1:01.56	30.44	1:01.56
3 Katy Sexton	82	Portsmouth N	1:01.93	30.23	1:01.93
4 Rachel Lefley	90	Loughboro Un	1:02.45	30.78	1:02.45
5 Katie Avramova	91	Ealing SC	1:02.98	30.81	1:02.98
6 Lauren Collins	91	Stourbridge	1:03.31	30.84	1:03.31
7 Natalie Durant	90	Ealing SC	1:03.88	31.29	1:03.88
8 Rebecca Orr	87	Co Glasgow	1:04.07	31.27	1:04.07
9 Katy Venters	91	Bo Kirklees	1:04.72	31.87	1:04.72
10 Georgia Hohmann	94	Nova Cent'n	1:05.42	31.71	1:05.42

B - Final

11 Zoe Hester	91	Plymouth Lea	1:04.49	31.77	1:04.49
12 Emma Saunders	94	Co Manch Aq	1:04.99	32.15	1:04.99
13 Kirsty Hart	90	Ren 96	1:05.31	32.14	1:05.31
14 Natasha Hofton	95	Nova Cent'n	1:05.47	31.88	1:05.47
15 Emma Hunter	93	East Lothian	1:05.69	31.81	1:05.69
16 Kate Williams	94	Billingham	1:06.16	32.67	1:06.16
17 Laura Jamison	91	Nova Cent'n	1:06.26	31.71	1:06.26
18 Fiona Donnelly *	95	Nova Cent'n	1:06.45	32.05	1:06.45
19 Rosie Hood	91	Warrender	1:07.33	33.00	1:07.33
20 Emily Allsopp	94	Buxton	1:08.15	32.84	1:08.15

Session 9 – Results

Final of Event 305 Mens 200 Metre Backstroke

Name	Yr	Club	Time	50	100	150	200
A Final							
1 Marco Loughran	89	Guildford Ct	1:58.47	27.95	58.24	1:28.59	1:58.47
2 Andrew Hodgson	87	Newton Hall	2:00.89	28.65	59.26	1:30.13	2:00.89
3 Scott Hathaway	88	Loughboro Un	2:01.37	28.18	59.21	1:30.49	2:01.37
4 Scott Houston	87	Co Glasgow	2:02.43	28.51	59.83	1:31.44	2:02.43
5 John Sargent	85	Hatfield	2:03.08	28.30	59.06	1:31.04	2:03.08
6 Billy Purnell	88	Warrender	2:03.45	28.93	1:00.05	1:31.92	2:03.45
7 James Lovatt	89	Loughboro Un	2:04.05	28.68	1:00.21	1:32.40	2:04.05
8 Joseph Canlan-Shaw	88	Loughboro Un	2:06.40	29.75	1:01.64	1:33.77	2:06.40
9 Andrew Donaldson	91	Ren 96	2:07.09	29.80	1:02.15	1:34.96	2:07.09
10 James Cowburn	90	Stockport Mo	2:07.93	29.99	1:01.66	1:34.71	2:07.93

B - Final

11 Craig McNally	92	Warrender	2:05.36	30.33	1:01.93	1:33.75	2:05.36
12 Andrew Haslett	90	Warrender	2:06.45	29.87	1:02.34	1:34.51	2:06.45
13 Richard Butler	91	KingstonHull	2:06.89	30.04	1:02.70	1:35.41	2:06.89
14 Jonathan Carlisle	92	Co Sund'land	2:07.37	29.80	1:01.68	1:34.35	2:07.37
15 Richard Schafers	91	Unattached	2:09.08	30.12	1:02.92	1:36.11	2:09.08
16 Alex Baker	93	Hatfield	2:09.72	29.95	1:02.90	1:36.58	2:09.72
17 Ieuan Lloyd	93	Co Cardiff	2:10.95	30.16	1:03.51	1:37.34	2:10.95
18 Justin Austin	92	Gallica SC	2:13.21	30.57	1:04.48	1:39.53	2:13.21
19 Hamish Wise	90	Dun City Aqu	2:17.35	32.00	1:06.74	1:42.21	2:17.35
-- Andrew Martin	91	Co Manch Aq	DNF				

Final of Event 306 Womens 200 Metre Butterfly

Name	Yr	Club	Time	50	100	150	200
A Final							
1 Jemma Lowe	90	Swansea Perf	2:10.50	29.56	1:02.84	1:36.42	2:10.50
2 Hannah Miley	89	Garioch	2:10.83	30.47	1:04.23	1:37.92	2:10.83
3 Jessica Dickens	90	Edinburgh Un	2:10.96	29.94	1:03.49	1:36.96	2:10.96
4 Emma Smithurst	91	Co Manch Aq	2:10.98	29.89	1:02.96	1:36.61	2:10.98
5 Jade Barclay	89	Loughboro Un	2:15.22	30.26	1:03.81	1:38.76	2:15.22
6 Louise Pate	88	Edinburgh Un	2:15.89	29.47	1:03.27	1:39.05	2:15.89
7 Kirsty Hart	90	Ren 96	2:18.53	31.11	1:06.32	1:42.81	2:18.53
8 Kimberley Colton	89	Nova Cent'n	2:18.62	30.72	1:06.89	1:42.68	2:18.62
9 Tilly Gray	91	Derwentio	2:18.78	30.63	1:05.23	1:40.80	2:18.78
10 Kirsty Armstrong	89	Loughboro Un	2:20.22	30.84	1:06.64	1:43.24	2:20.22

B - Final

11 Blaine Small	93	Carnegie	2:18.27	31.46	1:07.38	1:42.63	2:18.27
12 Jessica Thielmann	93	Co Newcastle	2:18.75	30.73	1:05.46	1:41.90	2:18.75
13 Kathryn Woolston-Thomas	95	Co Sund'land	2:18.94	31.50	1:06.65	1:42.73	2:18.94
14 Jennifer Dobson	93	Warrender	2:23.71	32.73	1:08.12	1:45.74	2:23.71
15 Alice McCall	91	Wigan Best	2:24.96	32.56	1:08.73	1:46.17	2:24.96
16 Jennifer Davis	91	Warrender	2:25.30	31.76	1:08.45	1:46.23	2:25.30
17 Faye Henesy	95	Nova Cent'n	2:25.56	32.98	1:10.07	1:47.62	2:25.56
18 Amy Fraser	94	Galashiels	2:25.58	32.54	1:09.06	1:46.89	2:25.58
19 Lorna Breeze	92	Co Sund'land	2:26.31	32.54	1:09.50	1:47.39	2:26.31
20 Lucy Gordon *	93	Co Newcastle	2:27.32	31.99	1:09.07	1:48.19	2:27.32

Session 9 – Results

Final of Event 307 Mens 50 Metre Freestyle

Name	Yr	Club	Time	Name	Yr	Club	Time
A Final				B - Final			
1 Simon Burnett	83	Windsor	22.32	*11 Patrick Clement	90	Haslemere	23.66
2 Charlie Turner	84	Ealing SC	22.44	*11 Jak Scott	91	StirlingSwim	23.66
3 Craig Gibbons	85	Loughboro Un	22.49	13 Daniel Scott	90	Co Glasgow	23.68
4 Grant Turner	89	Loughboro Un	22.73	14 Daniel Hester	86	Bath Univ	23.71
5 Owen Morgan	84	Haslemere	22.86	15 Thomas Parris	91	Hastings	24.08
6 Paul Robinson	87	Co Newcastle	23.17	16 Charles Hockin	89	Loughboro Un	24.10
7 Robert Iddiols	89	Windsor	23.33	17 Alasdair Stirling	93	South Lanark	24.50
8 Andrew Bushell	88	Loughboro Un	23.45	18 David Pennington	83	Edinburgh Un	24.56
9 Craig Houston	85	Co Glasgow	23.51	19 Dan Waddingham	90	Swansea Perf	24.73
10 Joseph Tellett	85	Bath Univ	23.76	20 Callum Hillicks *	91	Crawley	25.11

Final of Event 308 Womens 50 Metre Breaststroke

Name	Yr	Club	Time	Name	Yr	Club	Time
A Final				B - Final			
1 Lowri Tynan	87	Wrexham	32.50	11 Roisin Donnelly	93	InCAS	34.41
2 Georgia Holderness	87	Millfield	32.60	12 Sophie Taylor	96	Donc Dartes	34.58
3 Kathryn Johnstone	90	Edinburgh Un	32.79	13 Anna Peyton	92	Co Manch Aq	34.72
4 Georgina Heyn	84	Ealing SC	32.83	14 Orla Adams	95	Garioch	34.90
*5 Alex Diamond	91	Bath Univ	32.94	15 Chloe Coates	94	Middlesboro	35.00
*5 Fiona Booth	86	Edinburgh Un	32.94	16 Emma White	90	Loughboro Un	35.25
7 Corrie Scott	93	South Lanark	33.22	17 Eleanor Brooke	91	South Aberde	35.55
8 Ashleigh Hyland	89	Bangor	33.30	18 Shona Booth	89	Perth City	35.58
9 Kerry Buchan	87	South Aberde	33.38	19 Fiona Gray	90	StirlingSwim	35.63
10 Victoria Gourlay	92	South Lanark	34.55	20 Katie Johnson	87	Co Sheffield	35.93

Event 309 Mens 800 Metre Freestyle

Name	Yr	Club	Time	50 450	100 500	150 550	200 600	250 650	300 700	350 750	400 800
1 David Davies	85	Loughboro Un	7:50.49	27.63	56.81	1:26.31	1:55.95	2:25.63	2:55.42	3:25.04	3:54.76
2 Daniel Fogg	87	Loughboro Un	8:00.18	4:24.45	4:54.30	5:24.03	5:53.96	6:23.82	6:53.74	7:23.23	7:50.49
3 Gareth Keating	90	Swansea Perf	8:14.58	27.70	57.26	1:26.97	1:56.78	2:26.95	2:57.21	3:27.16	3:57.76
4 Daniel Mills	91	Nova Cent'n	8:20.50	4:27.63	4:58.08	5:28.29	5:59.10	6:29.78	7:00.68	7:31.19	8:00.18
5 Jeffery Hill	89	Bath Univ	8:21.18	28.34	58.62	1:29.23	2:00.08	2:31.02	3:01.89	3:33.04	4:04.22
6 Martin Cremin	91	StirlingSwim	8:25.12	4:35.16	5:06.38	5:37.86	6:09.37	6:40.98	7:12.27	7:43.78	8:14.58
7 Adam Harrington	91	Crawley	8:25.74	28.21	58.36	1:29.45	2:00.61	2:31.60	3:02.95	3:34.53	4:06.31
8 Luke Bridgman	88	Haslemere	8:26.26	4:37.86	5:09.97	5:41.61	6:14.05	6:46.08	7:18.32	7:50.06	8:20.50
9 Matthew Henry	90	Kelly Coll	8:28.08	27.51	58.42	1:29.81	2:01.38	2:33.10	3:04.99	3:36.92	4:09.21
10 Alistair Brown	89	Edinburgh Un	8:31.17	4:41.04	5:12.93	5:44.71	6:16.54	6:48.08	7:19.96	7:51.56	8:21.18
11 William Jolly	91	Lincoln Vulc	8:32.17	28.49	59.18	1:30.71	2:02.04	2:33.89	3:05.46	3:37.44	4:09.23
12 Lewis Dyson	93	Bo Kirklees	8:32.56	4:41.15	5:12.96	5:45.27	6:17.11	6:49.51	7:21.29	7:53.69	8:25.12
13 Edward Castro	88	Bath Univ	8:32.57	28.18	59.82	1:31.92	2:03.82	2:35.80	3:07.98	3:39.93	4:11.76
				4:43.47	5:15.25	5:47.25	6:19.43	6:51.47	7:23.65	7:55.48	8:25.74
				27.72	57.46	1:27.60	1:58.25	2:29.65	3:02.26	3:34.78	4:07.88
				4:41.25	5:14.63	5:47.33	6:20.03	6:52.96	7:25.87	7:56.78	8:26.26
				28.62	59.12	1:29.80	2:01.44	2:32.74	3:04.77	3:36.85	4:09.58
				4:41.81	5:14.69	5:47.12	6:20.17	6:52.81	7:25.40	7:57.28	8:28.08
				28.07	58.54	1:29.95	2:02.03	2:34.27	3:06.56	3:39.02	4:11.29
				4:43.63	5:15.75	5:48.12	6:20.85	6:53.60	7:26.42	7:59.00	8:31.17
				28.72	59.92	1:32.30	2:04.31	2:36.93	3:09.23	3:42.01	4:14.55
				4:47.45	5:19.96	5:52.83	6:25.15	6:57.73	7:30.10	8:02.08	8:32.17
				28.86	1:00.00	1:32.58	2:05.27	2:37.94	3:10.57	3:43.25	4:15.96
				4:48.85	5:21.68	5:54.67	6:27.16	6:59.36	7:31.40	8:02.50	8:32.56
				29.30	1:01.06	1:32.91	2:05.36	2:37.91	3:10.15	3:42.35	4:14.99
				4:47.47	5:19.59	5:52.67	6:25.63	6:58.52	7:31.92	8:03.36	8:32.57

Session 9 – Results

Event 309 Mens 800 Metre Freestyle (continued)

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
14 Lawrence Lowman	89	Hatfield	8:33.77	28.35	59.66	1:31.70	2:04.10	2:36.45	3:09.14	3:41.59	4:14.22
				4:46.75	5:19.43	5:52.19	6:25.57	6:58.39	7:31.60	8:03.18	8:33.77
15 Cameron Smith	92	East Lothian	8:39.06	28.39	59.53	1:31.61	2:04.19	2:36.64	3:09.50	3:42.15	4:15.43
				4:48.61	5:22.12	5:55.38	6:29.24	7:02.21	7:35.44	8:07.51	8:39.06
16 Ian Porteous	90	Ren 96	8:39.26	27.99	58.56	1:29.83	2:01.69	2:33.83	3:06.52	3:39.69	4:13.28
				4:46.58	5:19.84	5:53.35	6:26.86	7:00.69	7:33.84	8:07.31	8:39.26
17 Dan Wallace	93	Warrender	8:39.72	28.43	59.30	1:31.78	2:04.52	2:37.48	3:10.54	3:43.62	4:16.76
				4:49.87	5:22.88	5:56.30	6:29.58	7:02.64	7:35.88	8:08.35	8:39.72
18 Chris Wilkinson	91	Billingham	8:40.80	28.77	1:00.54	1:32.85	2:05.62	2:38.42	3:11.25	3:44.56	4:17.75
				4:50.98	5:23.87	5:56.89	6:29.83	7:03.30	7:36.42	8:09.49	8:40.80
19 Lewis Wiseman-Ord	93	Co Newcastle	8:41.19	27.40	58.03	1:29.67	2:01.54	2:34.05	3:07.15	3:40.14	4:13.68
				4:47.00	5:20.40	5:54.02	6:28.02	7:01.45	7:35.21	8:08.31	8:41.19
20 Calum McGhee	91	North Lanark	8:41.50	29.65	1:01.80	1:34.75	2:07.66	2:40.85	3:13.85	3:46.88	4:19.96
				4:52.79	5:25.79	5:58.63	6:31.70	7:04.52	7:37.52	8:09.88	8:41.50
21 James Radcliffe	90	Gallica SC	8:42.72	28.80	1:00.71	1:33.16	2:05.82	2:38.91	3:11.90	3:45.25	4:18.31
				4:51.83	5:25.15	5:58.72	6:31.88	7:05.46	7:38.72	8:11.28	8:42.72
22 Lewis King	90	Hatfield	8:42.85	29.24	1:00.96	1:33.31	2:06.04	2:38.86	3:11.70	3:44.81	4:18.01
				4:51.01	5:24.29	5:57.38	6:31.28	7:04.87	7:38.42	8:11.79	8:42.85
23 Michael Caldwell	91	South Aberde	8:45.51	29.65	1:01.81	1:34.63	2:07.92	2:40.97	3:14.24	3:47.71	4:21.43
				4:54.77	5:28.47	6:01.90	6:35.89	7:09.29	7:42.99	8:15.56	8:45.51
24 Euan Inglis	93	Co Aberdeen	8:46.42	29.35	1:01.69	1:34.71	2:08.02	2:41.20	3:14.53	3:47.83	4:21.05
				4:54.37	5:27.67	6:00.92	6:34.59	7:07.82	7:41.37	8:14.52	8:46.42
25 Fraser Smith	90	Co Glasgow	8:50.27	28.55	1:01.02	1:33.61	2:06.48	2:39.65	3:12.65	3:46.24	4:19.58
				4:53.08	5:26.29	6:00.13	6:34.02	7:08.60	7:43.18	8:17.39	8:50.27
26 Connor Wilson	93	Warrender	8:56.56	30.55	1:03.55	1:36.97	2:11.00	2:44.62	3:18.58	3:51.75	4:25.53
				4:59.48	5:33.92	6:07.68	6:41.62	7:15.36	7:49.66	8:23.26	8:56.56
27 Jamie McKinley	93	Co Glasgow	8:57.49	30.19	1:02.90	1:36.75	2:10.72	2:45.16	3:19.44	3:53.77	4:28.00
				5:02.26	5:36.71	6:11.18	6:45.33	7:19.81	7:53.67	8:26.74	8:57.49
28 Alastair Turner	92	Ren 96	9:05.12	29.21	1:01.14	1:35.23	2:09.59	2:44.34	3:18.79	3:53.21	4:28.01
				5:02.35	5:38.11	6:13.17	6:48.04	7:22.33	7:54.48	8:30.58	9:05.12
29 Stuart McIntosh	93	Co Aberdeen	9:11.26	30.69	1:04.12	1:38.39	2:13.06	2:47.80	3:22.82	3:57.76	4:32.81
				5:07.43	5:42.59	6:17.22	6:52.74	7:28.03	8:03.20	8:37.50	9:11.26

Event 310 Womens 4x100 Metre Freestyle Relay

Team		Time	50	100	150	200	250	300	350	400
1 Co Newcastle	S	3:59.41	28.82	59.28	1:28.22	1:59.68	2:27.60	2:58.83	3:27.71	3:59.41
		1) Amy Jessett 90		2) Jessica Thielmann 93		3) Laura Dawson * 93		4) Lucy Gordon * 93		
2 Warrender	S	4:01.14	29.26	1:00.19	1:29.98	2:02.03	2:30.86	3:02.11	3:30.59	4:01.14
		1) Helen McRoberts 91		2) Jennifer Davis 91		3) Yasmin Khera 94		4) Sally Wood 90		
3 South Aberde	S	4:04.02	30.32	1:02.48	1:32.11	2:04.15	2:33.14	3:04.04	3:32.53	4:04.02
		1) Pamela Beck 94		2) Rachel Masson 95		3) Kerry Buchan 87		4) Eleanor Brooke 91		
4 Carnegie	S	4:04.93	29.77	1:01.71	1:32.20	2:06.04	2:35.18	3:06.22	3:34.02	4:04.93
		1) Ailsa Hershaw 93		2) Kirsten McCallum 92		3) Blaine Small 93		4) Eloise Barber 92		
5 Ren 96	S	4:08.20	29.59	1:00.47	1:30.10	2:04.51	2:34.75	3:08.20	3:36.71	4:08.20
		1) Kirsty Hart 90		2) Danielle Joyce 96		3) Connie Mackay 95		4) Lorna Smith 88		
6 South Lanark	S	4:08.37	29.08	1:00.58	1:31.19	2:04.67	2:35.00	3:08.65	3:36.91	4:08.37
		1) Lindsay Bloomer 93		2) Ailsa McNab 94		3) Iona Campbell 92		4) Corrie Scott 93		
7 Co Glasgow	J	4:09.75	30.84	1:05.11	1:35.58	2:08.34	2:38.01	3:10.62	3:38.82	4:09.75
		1) Megan Donnelly 94		2) Kirstin McKinley 95		3) Rachel Tedeschi 93		4) Alice Tennant * 93		
8 StirlingSwim	S	4:12.21	29.79	1:02.03	1:32.10	2:05.07	2:36.47	3:10.80	3:40.61	4:12.21
		1) Katie McKenna 92		2) Stephanie Hanley 92		3) Genna Doctor 92		4) Rosie Ogg 90		

Session 9 – Results

Event 311 Mens 4x100 Metre Freestyle Relay (continued)

Team		Time	50	100	150	200	250	300	350	400
14 Garioch	S	3:54.68	27.32	55.38	1:24.88	1:57.86	2:25.39	2:57.02	3:24.83	3:54.68
		<i>1) Jonas Whitehead 91</i>	<i>2) Alastair Miley 94</i>	<i>3) David Smith 93</i>			<i>4) Greig Rennie 94</i>			
15 West Lothian	S	3:54.97	28.96	1:02.16	1:29.06	1:59.16	2:26.40	2:58.59	3:25.13	3:54.97
		<i>1) Andrew Hosie 93</i>	<i>2) Ross Fleming 93</i>	<i>3) Paul McGuire 92</i>			<i>4) Jamie Coulter 93</i>			
16 F.I.R.S.T.	J	3:55.68	27.46	57.26	1:25.05	1:55.43	2:24.17	2:57.06	3:24.85	3:55.68
		<i>1) Ryan Davidson 93</i>	<i>2) Ramsay Elfendi 94</i>	<i>3) Ian Elrick 96</i>			<i>4) Gregor Birrell 94</i>			
17 Carnegie	J	3:57.96	28.62	1:00.02	1:28.80	2:01.19	2:28.05	2:57.10	3:25.81	3:57.96
		<i>1) Blair Hershaw 95</i>	<i>2) Myles Hershaw 95</i>	<i>3) Mark Szaranek 95</i>			<i>4) Lewis Kirby 95</i>			