

Open Nederlandse Kampioenschappen 2008
Eindhoven, 5. - 8.6.2008



Programmanr. 1
06.06.2008

Heren, 400m vrije slag

Jeugd 1 en ouder
Resultaten

Rang	Naam	Vereniging	Inschrijftijd	Tijd	RT	Niveau	Finale
Jeugd 1 en 2							
1.	Mark Moussa	9002059 Zwemlust/Utrecht(SG)	4:18.00	4:14.54	+0,92	C	
	50m: 29.27	150m: 1:33.62	32.52	350m: 3:43.42	32.30		
	100m: 1:01.09	200m: 2:06.22	32.60	400m: 4:14.54	31.12		
2.	Robin den Boer	9006177 De Warande	4:15.94	4:15.52	+0,76	C	
	50m: 29.16	150m: 1:33.67	32.58	350m: 3:44.25	32.14		
	100m: 1:01.09	200m: 2:06.67	33.00	400m: 4:15.52	31.27		
3.	Sebastiaan Rosendaal	9101947 De Schoteijl	4:20.15	4:16.15	+0,97	C	
	50m: 28.66	150m: 1:33.89	32.92	350m: 3:45.22	32.62		
	100m: 1:00.97	200m: 2:06.80	32.91	400m: 4:16.15	30.93		
4.	Vincent van Iperen	9106179 Orca	4:19.22	4:16.87	+0,89	C	
	50m: 28.49	150m: 1:33.95	32.83	350m: 3:46.03	32.53		
	100m: 1:01.12	200m: 2:07.24	33.29	400m: 4:16.87	30.84		
5.	Tim Wagenmans	9104945 Aquarijn	4:18.18	4:17.01	+0,83	C	
	50m: 28.75	150m: 1:33.83	32.82	350m: 3:45.57	32.32		
	100m: 1:01.01	200m: 2:07.28	33.45	400m: 4:17.01	31.44		
6.	Hans Peter Hartog	9100859 DAW-Finzeno	4:21.54	4:17.10	+0,83	C	
	50m: 28.71	150m: 1:33.21	32.94	350m: 3:45.56	33.22		
	100m: 1:00.27	200m: 2:06.31	33.10	400m: 4:17.10	31.54		
7.	Bryan Mannaart	9101533 WVZ	4:18.43	4:17.79	+0,87	C	
	50m: 29.39	150m: 1:34.01	32.89	350m: 3:45.88	32.82		
	100m: 1:01.12	200m: 2:07.13	33.12	400m: 4:17.79	31.91		
8.	Rolan van der Lugt	9001869 ZV Westland Dijkglas	4:21.52	4:23.85	+0,93	E	
	50m: 28.97	150m: 1:34.24	33.16	350m: 3:50.97	34.26		
	100m: 1:01.08	200m: 2:07.77	33.53	400m: 4:23.85	32.88		
9.	Roy Visser	9102423 De Otters Het Gooi	4:15.16	4:25.58	+0,86	E	
	50m: 28.64	150m: 1:33.27	32.53	350m: 3:51.14	35.00		
	100m: 1:00.74	200m: 2:06.98	33.71	400m: 4:25.58	34.44		
10.	Evan O'Keeffe	28025-91 Westwood CRC	4:28.20	4:25.99	+0,85	E	
	50m: 28.79	150m: 1:35.64	33.86	350m: 3:52.71	34.00		
	100m: 1:01.78	200m: 2:10.28	34.64	400m: 4:25.99	33.28		
11.	Giel van Dijk	9104211 De Biesboschzwemmers	4:23.20	4:27.16	+0,69	E	
	50m: 29.06	150m: 1:33.29	32.60	350m: 3:51.76	35.71		
	100m: 1:00.69	200m: 2:06.93	33.64	400m: 4:27.16	35.40		
12.	Floor Verhaar	9004603 De Otters Het Gooi	4:04.68	4:27.30	+0,82	E	
	50m: 28.18	150m: 1:33.29	33.21	350m: 3:52.60	35.49		
	100m: 1:00.08	200m: 2:06.74	33.45	400m: 4:27.30	34.70		
13.	Ivor Mollema	9007173 Electrolux AZC	4:24.54	4:27.38	+0,72	E	
	50m: 29.32	150m: 1:36.46	33.93	350m: 3:53.72	34.53		
	100m: 1:02.53	200m: 2:10.06	33.60	400m: 4:27.38	33.66		
14.	Fred Smink	9104519 De Otters Het Gooi	4:20.35	4:28.21	+0,90	E	
	50m: 28.67	150m: 1:34.23	32.97	350m: 3:53.78	34.62		
	100m: 1:01.26	200m: 2:08.76	34.53	400m: 4:28.21	34.43		
15.	Demi de Rooij	9105607 DAW-Finzeno	4:28.70	4:28.24	+0,84	E	
	50m: 28.29	150m: 1:34.31	33.62	350m: 3:54.34	35.34		
	100m: 1:00.69	200m: 2:08.63	34.32	400m: 4:28.24	33.90		
16.	Peter-Jan Plasmans	9103063 De Dolfijn	4:29.08	4:28.80	+0,82	E	
	50m: 28.35	150m: 1:34.79	34.06	350m: 3:54.28	35.51		
	100m: 1:00.73	200m: 2:09.37	34.58	400m: 4:28.80	34.52		
17.	Dennis Overhage	9002223 De Otters Het Gooi	4:26.16	4:29.05	+0,87	E	
	50m: 29.01	150m: 1:35.32	33.76	350m: 3:56.27	35.59		
	100m: 1:01.56	200m: 2:10.10	34.78	400m: 4:29.05	32.78		
18.	Chris van Vliet	9102425 DZ&PC	4:26.41	4:29.54	+0,91	E	
	50m: 30.37	150m: 1:38.35	34.31	350m: 3:56.17	34.24		
	100m: 1:04.04	200m: 2:12.61	34.26	400m: 4:29.54	33.37		
19.	Robert Klinkhamer	9101241 ZPC Bikkel Hoogeveen	4:19.27	4:29.84	+0,75	E	
	50m: 30.65	150m: 1:38.82	34.20	350m: 3:56.36	34.50		
	100m: 1:04.62	200m: 2:13.18	34.36	400m: 4:29.84	33.48		
20.	Aziz Nosairi	9104645 Zwemlust/Utrecht(SG)	4:23.03	4:30.32	+0,85	E	
	50m: 29.30	150m: 1:36.03	33.86	350m: 3:56.06	35.62		
	100m: 1:02.17	200m: 2:10.61	34.58	400m: 4:30.32	34.26		
21.	Sjoerd Sieval	9002663 LZ 1886-KartoerZ	4:14.93	4:31.50	+0,88	E	
	50m: 30.37	150m: 1:39.34	34.73	350m: 3:59.56	35.75		
	100m: 1:04.61	200m: 2:14.86	35.52	400m: 4:31.50	31.94		
22.	Oscar Sondermeijer	9104045 De Columbaan	4:21.29	4:34.37	+0,82	E	
	50m: 30.25	150m: 1:40.13	35.09	350m: 4:01.01	34.33		
	100m: 1:05.04	200m: 2:15.70	35.57	400m: 4:34.37	33.36		

Programmanr. 1, Heren, 400m vrije slag

Senioren 1 en ouder

1.	Sebastiaan Verschuren	8803571	De Dolfijn	3:58.41	3:53.45	+0,90	A+	
	50m: 26.93	26.93	150m: 1:24.58	29.15	250m: 2:24.25	30.03	350m: 3:24.25	29.87
	100m: 55.43	28.50	200m: 1:54.22	29.64	300m: 2:54.38	30.13	400m: 3:53.45	29.20
2.	Tom Vangeneugden	8302775	EIFFEL Swimmers PSV	3:56.21	3:55.16	+0,87	A+	
	50m: 27.97	27.97	150m: 1:27.39	29.86	250m: 2:27.13	29.80	350m: 3:26.41	29.63
	100m: 57.53	29.56	200m: 1:57.33	29.94	300m: 2:56.78	29.65	400m: 3:55.16	28.75
3.	Job Kienhuis	8901631	EIFFEL Swimmers PSV	4:01.88	3:57.74	+0,88	A+	
	50m: 27.76	27.76	150m: 1:27.41	29.94	250m: 2:27.89	30.05	350m: 3:28.14	30.05
	100m: 57.47	29.71	200m: 1:57.84	30.43	300m: 2:58.09	30.20	400m: 3:57.74	29.60
4.	Arjen v/d Meulen	8702223	DZ&PC	3:57.08	4:02.72	+0,85	B	
	50m: 28.08	28.08	150m: 1:27.12	29.62	250m: 2:27.84	30.65	350m: 3:31.38	32.48
	100m: 57.50	29.42	200m: 1:57.19	30.07	300m: 2:58.90	31.06	400m: 4:02.72	31.34
5.	Ryan Harrison	89harrison	Swim Ireland	4:02.96	4:03.34	+0,78	A	
	50m: 27.39	27.39	150m: 1:27.09	30.58	250m: 2:30.02	31.31	350m: 3:32.41	31.22
	100m: 56.51	29.12	200m: 1:58.71	31.62	300m: 3:01.19	31.17	400m: 4:03.34	30.93
6.	Ewoud Potiek	8902503	DZ&PC	4:05.92	4:07.56	+0,85	B	
	50m: 27.65	27.65	150m: 1:30.04	31.18	250m: 2:33.50	31.51	350m: 3:36.67	31.49
	100m: 58.86	31.21	200m: 2:01.99	31.95	300m: 3:05.18	31.68	400m: 4:07.56	30.89
7.	Yvo op den Kamp	8901553	ZC Valkenburg	4:13.70	4:11.17	+0,75	C	
	50m: 28.04	28.04	150m: 1:30.37	31.49	250m: 2:34.30	31.33	350m: 3:38.76	32.35
	100m: 58.88	30.84	200m: 2:02.97	32.60	300m: 3:06.41	32.11	400m: 4:11.17	32.41
8.	Ewoud Tamminga	8201701	AZ&PC	4:16.39	4:12.45	+0,90	D	
	50m: 29.13	29.13	150m: 1:33.34	31.97	250m: 2:38.04	31.99	350m: 3:42.08	31.88
	100m: 1:01.37	32.24	200m: 2:06.05	32.71	300m: 3:10.20	32.16	400m: 4:12.45	30.37
9.	Sebastian Bakker	8800119	Team Groningen	4:05.41	4:14.59	+0,81	D	
	50m: 28.23	28.23	150m: 1:32.01	32.38	250m: 2:36.95	32.79	350m: 3:43.05	33.28
	100m: 59.63	31.40	200m: 2:04.16	32.15	300m: 3:09.77	32.82	400m: 4:14.59	31.54
10.	Michael van der Linden	8601921	De Zijl LGB	4:09.80	4:16.88	+0,83	E	
	50m: 28.31	28.31	150m: 1:32.39	32.19	250m: 2:37.54	32.72	350m: 3:43.98	32.94
	100m: 1:00.20	31.89	200m: 2:04.82	32.43	300m: 3:11.04	33.50	400m: 4:16.88	32.90
11.	Erik Schröder	8402025	TriVia	4:14.33	4:17.15	+0,91	E	
	50m: 29.03	29.03	150m: 1:33.19	32.68	250m: 2:38.77	32.94	350m: 3:45.25	33.47
	100m: 1:00.51	31.48	200m: 2:05.83	32.64	300m: 3:11.78	33.01	400m: 4:17.15	31.90
12.	Bo Wullings	8904251	De Dolfijn	4:12.37	4:17.62	+0,92	D	
	50m: 28.61	28.61	150m: 1:33.08	33.02	250m: 2:39.71	33.51	350m: 3:45.97	32.83
	100m: 1:00.06	31.45	200m: 2:06.20	33.12	300m: 3:13.14	33.43	400m: 4:17.62	31.65
13.	Mike Stoffer	8903041	WVZ	4:13.40	4:19.66	+0,89	E	
	50m: 29.09	29.09	150m: 1:35.50	33.63	250m: 2:42.31	32.90	350m: 3:49.08	33.20
	100m: 1:01.87	32.78	200m: 2:09.41	33.91	300m: 3:15.88	33.57	400m: 4:19.66	30.58
14.	Erik Simons	8902845	WZK	4:14.14	4:19.69	+0,87	E	
	50m: 29.07	29.07	150m: 1:34.86	33.27	250m: 2:41.37	33.21	350m: 3:48.19	33.35
	100m: 1:01.59	32.52	200m: 2:08.16	33.30	300m: 3:14.84	33.47	400m: 4:19.69	31.50
15.	Remco Peerdeman	8902411	Z.V.Hoorn-Aurik	4:07.60	4:20.61	+0,78	E	
	50m: 30.19	30.19	150m: 1:36.51	33.80	250m: 2:42.31	32.80	350m: 3:48.12	32.80
	100m: 1:02.71	32.52	200m: 2:09.51	33.00	300m: 3:15.32	33.01	400m: 4:20.61	32.49
16.	Haico Weijers	8803759	Numansdorp	4:17.29	4:21.71	+0,74	E	
	50m: 28.55	28.55	150m: 1:33.37	32.89	250m: 2:40.60	33.70	350m: 3:47.88	33.12
	100m: 1:00.48	31.93	200m: 2:06.90	33.53	300m: 3:14.76	34.16	400m: 4:21.71	33.83
17.	Jan-Willem v.d. Graaff	8901023	Het Y	4:14.80	4:22.41	+0,81	E	
	50m: 30.18	30.18	150m: 1:36.72	33.06	250m: 2:43.37	33.11	350m: 3:49.93	33.23
	100m: 1:03.66	33.48	200m: 2:10.26	33.54	300m: 3:16.70	33.33	400m: 4:22.41	32.48
18.	Sietse v/d Hoeven	8901281	DZ&PC	4:11.97	4:30.00	+0,92	E	
	50m: 30.11	30.11	150m: 1:37.96	34.68	250m: 2:47.46	34.84	350m: 3:56.72	34.37
	100m: 1:03.28	33.17	200m: 2:12.62	34.66	300m: 3:22.35	34.89	400m: 4:30.00	33.28

all-in

1.	Sebastiaan Verschuren	8803571	De Dolfijn	3:58.41	3:53.45	+0,90	A+	
	50m: 26.93	26.93	150m: 1:24.58	29.15	250m: 2:24.25	30.03	350m: 3:24.25	29.87
	100m: 55.43	28.50	200m: 1:54.22	29.64	300m: 2:54.38	30.13	400m: 3:53.45	29.20
2.	Tom Vangeneugden	8302775	EIFFEL Swimmers PSV	3:56.21	3:55.16	+0,87	A+	
	50m: 27.97	27.97	150m: 1:27.39	29.86	250m: 2:27.13	29.80	350m: 3:26.41	29.63
	100m: 57.53	29.56	200m: 1:57.33	29.94	300m: 2:56.78	29.65	400m: 3:55.16	28.75
3.	Job Kienhuis	8901631	EIFFEL Swimmers PSV	4:01.88	3:57.74	+0,88	A+	
	50m: 27.76	27.76	150m: 1:27.41	29.94	250m: 2:27.89	30.05	350m: 3:28.14	30.05
	100m: 57.47	29.71	200m: 1:57.84	30.43	300m: 2:58.09	30.20	400m: 3:57.74	29.60
4.	Arjen v/d Meulen	8702223	DZ&PC	3:57.08	4:02.72	+0,85	B	
	50m: 28.08	28.08	150m: 1:27.12	29.62	250m: 2:27.84	30.65	350m: 3:31.38	32.48
	100m: 57.50	29.42	200m: 1:57.19	30.07	300m: 2:58.90	31.06	400m: 4:02.72	31.34

Open Nederlandse Kampioenschappen 2008
Eindhoven, 5. - 8.6.2008



Programmanr. 1, Heren, 400m vrije slag, all-in

Rang	Naam	Vereniging	Inschrijftijd	Tijd	RT	Niveau	Finale	
5.	Ryan Harrison	89harrison Swim Ireland	4:02.96	4:03.34	+0,78	A		
	50m: 27.39	27.39	150m: 1:27.09	30.58	250m: 2:30.02	31.31	350m: 3:32.41	31.22
	100m: 56.51	29.12	200m: 1:58.71	31.62	300m: 3:01.19	31.17	400m: 4:03.34	30.93
6.	Ewoud Potiek	8902503 DZ&PC	4:05.92	4:07.56	+0,85	B		
	50m: 27.65	27.65	150m: 1:30.04	31.18	250m: 2:33.50	31.51	350m: 3:36.67	31.49
	100m: 58.86	31.21	200m: 2:01.99	31.95	300m: 3:05.18	31.68	400m: 4:07.56	30.89
7.	Yvo op den Kamp	8901553 ZC Valkenburg	4:13.70	4:11.17	+0,75	C		
	50m: 28.04	28.04	150m: 1:30.37	31.49	250m: 2:34.30	31.33	350m: 3:38.76	32.35
	100m: 58.88	30.84	200m: 2:02.97	32.60	300m: 3:06.41	32.11	400m: 4:11.17	32.41
8.	Ewoud Tamminga	8201701 AZ&PC	4:16.39	4:12.45	+0,90	D		
	50m: 29.13	29.13	150m: 1:33.34	31.97	250m: 2:38.04	31.99	350m: 3:42.08	31.88
	100m: 1:01.37	32.24	200m: 2:06.05	32.71	300m: 3:10.20	32.16	400m: 4:12.45	30.37
9.	Mark Moussa	9002059 Zwemlust/Utrecht(SG)	4:18.00	4:14.54	+0,92	C		
	50m: 29.27	29.27	150m: 1:33.62	32.53	250m: 2:38.74	32.52	350m: 3:43.42	32.30
	100m: 1:01.09	31.82	200m: 2:06.22	32.60	300m: 3:11.12	32.38	400m: 4:14.54	31.12
10.	Sebastian Bakker	8800119 Team Groningen	4:05.41	4:14.59	+0,81	D		
	50m: 28.23	28.23	150m: 1:32.01	32.38	250m: 2:36.95	32.79	350m: 3:43.05	33.28
	100m: 59.63	31.40	200m: 2:04.16	32.15	300m: 3:09.77	32.82	400m: 4:14.59	31.54
11.	Robin den Boer	9006177 De Warande	4:15.94	4:15.52	+0,76	C		
	50m: 29.16	29.16	150m: 1:33.67	32.58	250m: 2:39.32	32.65	350m: 3:44.25	32.14
	100m: 1:01.09	31.93	200m: 2:06.67	33.00	300m: 3:12.11	32.79	400m: 4:15.52	31.27
12.	Sebastiaan Rosendaal	9101947 De Schoteijl	4:20.15	4:16.15	+0,97	C		
	50m: 28.66	28.66	150m: 1:33.89	32.92	250m: 2:39.44	32.64	350m: 3:45.22	32.62
	100m: 1:00.97	32.31	200m: 2:06.80	32.91	300m: 3:12.60	33.16	400m: 4:16.15	30.93
13.	Vincent van Iperen	9106179 Orca	4:19.22	4:16.87	+0,89	C		
	50m: 28.49	28.49	150m: 1:33.95	32.83	250m: 2:40.08	32.84	350m: 3:46.03	32.53
	100m: 1:01.12	32.63	200m: 2:07.24	33.29	300m: 3:13.50	33.42	400m: 4:16.87	30.84
14.	Michael van der Linden	8601921 De Zijl LGB	4:09.80	4:16.88	+0,83	E		
	50m: 28.31	28.31	150m: 1:32.39	32.19	250m: 2:37.54	32.72	350m: 3:43.98	32.94
	100m: 1:00.20	31.89	200m: 2:04.82	32.43	300m: 3:11.04	33.50	400m: 4:16.88	32.90
15.	Tim Wagenmans	9104945 Aquarijn	4:18.18	4:17.01	+0,83	C		
	50m: 28.75	28.75	150m: 1:33.83	32.82	250m: 2:39.91	32.63	350m: 3:45.57	32.32
	100m: 1:01.01	32.26	200m: 2:07.28	33.45	300m: 3:13.25	33.34	400m: 4:17.01	31.44
16.	Hans Peter Hartog	9100859 DAW-Finenzo	4:21.54	4:17.10	+0,83	C		
	50m: 28.71	28.71	150m: 1:33.21	32.94	250m: 2:39.48	33.17	350m: 3:45.56	33.22
	100m: 1:00.27	31.56	200m: 2:06.31	33.10	300m: 3:12.34	32.86	400m: 4:17.10	31.54
17.	Erik Schröder	8402025 TriVia	4:14.33	4:17.15	+0,91	E		
	50m: 29.03	29.03	150m: 1:33.19	32.68	250m: 2:38.77	32.94	350m: 3:45.25	33.47
	100m: 1:00.51	31.48	200m: 2:05.83	32.64	300m: 3:11.78	33.01	400m: 4:17.15	31.90
18.	Bo Wullings	8904251 De Dolfijn	4:12.37	4:17.62	+0,92	D		
	50m: 28.61	28.61	150m: 1:33.08	33.02	250m: 2:39.71	33.51	350m: 3:45.97	32.83
	100m: 1:00.06	31.45	200m: 2:06.20	33.12	300m: 3:13.14	33.43	400m: 4:17.62	31.65
19.	Bryan Mannaart	9101533 WVZ	4:18.43	4:17.79	+0,87	C		
	50m: 29.39	29.39	150m: 1:34.01	32.89	250m: 2:40.07	32.94	350m: 3:45.88	32.82
	100m: 1:01.12	31.73	200m: 2:07.13	33.12	300m: 3:13.06	32.99	400m: 4:17.79	31.91
20.	Mike Stoffer	8903041 WVZ	4:13.40	4:19.66	+0,89	E		
	50m: 29.09	29.09	150m: 1:35.50	33.63	250m: 2:42.31	32.90	350m: 3:49.08	33.20
	100m: 1:01.87	32.78	200m: 2:09.41	33.91	300m: 3:15.88	33.57	400m: 4:19.66	30.58
21.	Erik Simons	8902845 WZK	4:14.14	4:19.69	+0,87	E		
	50m: 29.07	29.07	150m: 1:34.86	33.27	250m: 2:41.37	33.21	350m: 3:48.19	33.35
	100m: 1:01.59	32.52	200m: 2:08.16	33.30	300m: 3:14.84	33.47	400m: 4:19.69	31.50
22.	Remco Peerdeman	8902411 Z.V.Hoorn-Aurik	4:07.60	4:20.61	+0,78	E		
	50m: 30.19	30.19	150m: 1:36.51	33.80	250m: 2:42.31	32.80	350m: 3:48.12	32.80
	100m: 1:02.71	32.52	200m: 2:09.51	33.00	300m: 3:15.32	33.01	400m: 4:20.61	32.49
23.	Haico Weijers	8803759 Numansdorp	4:17.29	4:21.71	+0,74	E		
	50m: 28.55	28.55	150m: 1:33.37	32.89	250m: 2:40.60	33.70	350m: 3:47.88	33.12
	100m: 1:00.48	31.93	200m: 2:06.90	33.53	300m: 3:14.76	34.16	400m: 4:21.71	33.83
24.	Jan-Willem v.d. Graaff	8901023 Het Y	4:14.80	4:22.41	+0,81	E		
	50m: 30.18	30.18	150m: 1:36.72	33.06	250m: 2:43.37	33.11	350m: 3:49.93	33.23
	100m: 1:03.66	33.48	200m: 2:10.26	33.54	300m: 3:16.70	33.33	400m: 4:22.41	32.48
25.	Rolan van der Lugt	9001869 ZV Westland Dijkglas	4:21.52	4:23.85	+0,93	E		
	50m: 28.97	28.97	150m: 1:34.24	33.16	250m: 2:42.07	34.30	350m: 3:50.97	34.26
	100m: 1:01.08	32.11	200m: 2:07.77	33.53	300m: 3:16.71	34.64	400m: 4:23.85	32.88
26.	Roy Visser	9102423 De Otters Het Gooi	4:15.16	4:25.58	+0,86	E		
	50m: 28.64	28.64	150m: 1:33.27	32.53	250m: 2:41.00	34.02	350m: 3:51.14	35.00
	100m: 1:00.74	32.10	200m: 2:06.98	33.71	300m: 3:16.14	35.14	400m: 4:25.58	34.44
27.	Evan O'Keeffe	28025-91 Westwood CRC	4:28.20	4:25.99	+0,85	E		
	50m: 28.79	28.79	150m: 1:35.64	33.86	250m: 2:44.36	34.08	350m: 3:52.71	34.00
	100m: 1:01.78	32.99	200m: 2:10.28	34.64	300m: 3:18.71	34.35	400m: 4:25.99	33.28

Open Nederlandse Kampioenschappen 2008
Eindhoven, 5. - 8.6.2008



Programmanr. 1, Heren, 400m vrije slag, all-in

Rang	Naam	Vereniging	Inschrijftijd	Tijd	RT	Niveau	Finale
28.	Giel van Dijk	9104211 De Biesboschzwemmers	4:23.20	4:27.16	+0,69	E	
	50m: 29.06 29.06 150m: 1:33.29 32.60 250m: 2:41.37 34.44 350m: 3:51.76 35.71						
	100m: 1:00.69 31.63 200m: 2:06.93 33.64 300m: 3:16.05 34.68 400m: 4:27.16 35.40						
29.	Floor Verhaar	9004603 De Otters Het Gooi	4:04.68	4:27.30	+0,82	E	
	50m: 28.18 28.18 150m: 1:33.29 33.21 250m: 2:41.45 34.71 350m: 3:52.60 35.49						
	100m: 1:00.08 31.90 200m: 2:06.74 33.45 300m: 3:17.11 35.66 400m: 4:27.30 34.70						
30.	Ivor Mollema	9007173 Electrolux AZC	4:24.54	4:27.38	+0,72	E	
	50m: 29.32 29.32 150m: 1:36.46 33.93 250m: 2:44.19 34.13 350m: 3:53.72 34.53						
	100m: 1:02.53 33.21 200m: 2:10.06 33.60 300m: 3:19.19 35.00 400m: 4:27.38 33.66						
31.	Fred Smink	9104519 De Otters Het Gooi	4:20.35	4:28.21	+0,90	E	
	50m: 28.67 28.67 150m: 1:34.23 32.97 250m: 2:43.61 34.85 350m: 3:53.78 34.62						
	100m: 1:01.26 32.59 200m: 2:08.76 34.53 300m: 3:19.16 35.55 400m: 4:28.21 34.43						
32.	Demi de Rooij	9105607 DAW-Finenco	4:28.70	4:28.24	+0,84	E	
	50m: 28.29 28.29 150m: 1:34.31 33.62 250m: 2:43.63 35.00 350m: 3:54.34 35.34						
	100m: 1:00.69 32.40 200m: 2:08.63 34.32 300m: 3:19.00 35.37 400m: 4:28.24 33.90						
33.	Peter-Jan Plasmans	9103063 De Dolfijn	4:29.08	4:28.80	+0,82	E	
	50m: 28.35 28.35 150m: 1:34.79 34.06 250m: 2:43.86 34.49 350m: 3:54.28 35.51						
	100m: 1:00.73 32.38 200m: 2:09.37 34.58 300m: 3:18.77 34.91 400m: 4:28.80 34.52						
34.	Dennis Overhage	9002223 De Otters Het Gooi	4:26.16	4:29.05	+0,87	E	
	50m: 29.01 29.01 150m: 1:35.32 33.76 250m: 2:45.25 35.15 350m: 3:56.72 35.59						
	100m: 1:01.56 32.55 200m: 2:10.10 34.78 300m: 3:20.68 35.43 400m: 4:29.05 32.78						
35.	Chris van Vliet	9102425 DZ&PC	4:26.41	4:29.54	+0,91	E	
	50m: 30.37 30.37 150m: 1:38.35 34.31 250m: 2:47.05 34.44 350m: 3:56.17 34.24						
	100m: 1:04.04 33.67 200m: 2:12.61 34.26 300m: 3:21.93 34.88 400m: 4:29.54 33.37						
36.	Robert Klinkhamer	9101241 ZPC Bikkel Hoogeveen	4:19.27	4:29.84	+0,75	E	
	50m: 30.65 30.65 150m: 1:38.82 34.20 250m: 2:47.06 33.88 350m: 3:56.36 34.50						
	100m: 1:04.62 33.97 200m: 2:13.18 34.36 300m: 3:21.86 34.80 400m: 4:29.84 33.48						
37.	Sietse v/d Hoeven	8901281 DZ&PC	4:11.97	4:30.00	+0,92	E	
	50m: 30.11 30.11 150m: 1:37.96 34.68 250m: 2:47.46 34.84 350m: 3:56.72 34.37						
	100m: 1:03.28 33.17 200m: 2:12.62 34.66 300m: 3:22.35 34.89 400m: 4:30.00 33.28						
38.	Aziz Nosairi	9104645 Zwemlust/Utrecht(SG)	4:23.03	4:30.32	+0,85	E	
	50m: 29.30 29.30 150m: 1:36.03 33.86 250m: 2:45.37 34.76 350m: 3:56.06 35.62						
	100m: 1:02.17 32.87 200m: 2:10.61 34.58 300m: 3:20.44 35.07 400m: 4:30.32 34.26						
39.	Sjoerd Sieval	9002663 LZ 1886-KartoenZ	4:14.93	4:31.50	+0,88	E	
	50m: 30.37 30.37 150m: 1:39.34 34.73 250m: 2:49.02 34.16 350m: 3:59.56 35.75						
	100m: 1:04.61 34.24 200m: 2:14.86 35.52 300m: 3:23.81 34.79 400m: 4:31.50 31.94						
40.	Oscar Sondermeijer	9104045 De Columbiaan	4:21.29	4:34.37	+0,82	E	
	50m: 30.25 30.25 150m: 1:40.13 35.09 250m: 2:50.57 34.87 350m: 4:01.01 34.33						
	100m: 1:05.04 34.79 200m: 2:15.70 35.57 300m: 3:26.68 36.11 400m: 4:34.37 33.36						

Programmanr. 2
06.06.2008

Dames, 400m vrije slag

Jeugd 1 en ouder
Resultaten

Rang	Naam	Vereniging	Inschrijftijd	Tijd	RT	Niveau	Finale
Jeugd 1 en 2							
1.	Marieke Nijhuis	9201296 OZ&PC	4:24.89	4:24.37	+0,94	A+	
	50m: 30.44 30.44 150m: 1:37.20 33.76 250m: 2:44.24 33.51 350m: 3:51.51 33.72						
	100m: 1:03.44 33.00 200m: 2:10.73 33.53 300m: 3:17.79 33.55 400m: 4:24.37 32.86						
2.	Leonie van Noort	9301752 De Zijl LGB	4:38.56	4:33.90	+0,83	A	
	50m: 30.44 30.44 150m: 1:39.05 34.88 250m: 2:49.44 35.42 350m: 4:00.40 35.25						
	100m: 1:04.17 33.73 200m: 2:14.02 34.97 300m: 3:25.15 35.71 400m: 4:33.90 33.50						
3.	Malissa van de Heuvel	9304922 EIFFEL Swimmers PSV	4:40.74	4:38.94	+0,77	C	
	50m: 32.20 32.20 150m: 1:44.24 35.94 250m: 2:56.50 35.79 350m: 4:06.85 34.09						
	100m: 1:08.30 36.10 200m: 2:20.71 36.47 300m: 3:32.76 36.26 400m: 4:38.94 32.09						
4.	Marcha Admiraal	9300012 De Biesboschzwemmers	4:42.55	4:39.89	+0,90	C	
	50m: 31.90 31.90 150m: 1:43.70 35.94 250m: 2:55.51 35.71 350m: 4:06.56 34.91						
	100m: 1:07.76 35.86 200m: 2:19.80 36.10 300m: 3:31.65 36.14 400m: 4:39.89 33.33						
5.	Pauline van Dam	9304422 EIFFEL Swimmers PSV	4:43.82	4:44.48	+0,76	D	
	50m: 31.61 31.61 150m: 1:42.56 35.48 250m: 2:55.33 36.30 350m: 4:08.62 35.79						
	100m: 1:07.08 35.47 200m: 2:19.03 36.47 300m: 3:32.83 37.50 400m: 4:44.48 35.86						
6.	Renske de Groot	9300276 DZ&PC	4:43.01	4:48.13	+0,84	D	
	50m: 31.97 31.97 150m: 1:42.79 36.04 250m: 2:56.40 37.18 350m: 4:11.51 37.69						
	100m: 1:06.75 34.78 200m: 2:19.22 36.43 300m: 3:33.82 37.42 400m: 4:48.13 36.62						
7.	Suzanne Lange	9202998 De Zwoer	4:46.97	4:50.05	+0,86	E	
	50m: 32.35 32.35 150m: 1:46.71 37.47 250m: 3:01.14 36.81 350m: 4:14.38 36.47						
	100m: 1:09.24 36.89 200m: 2:24.33 37.62 300m: 3:37.91 36.77 400m: 4:50.05 35.67						

Open Nederlandse Kampioenschappen 2008
Eindhoven, 5. - 8.6.2008



Programmanr. 2, Meisjes, 400m vrije slag, Jeugd 1 en 2

Rang	Naam	Vereniging	Inschrijftijd	Tijd	RT	Niveau	Finale
8.	Dimphy van de Laar	9201052 ZC Valkenburg	4:47.14	4:50.64	+0,87	E	
	50m: 31.95	31.95 150m: 1:45.00	36.88 250m: 2:58.96	36.94 350m: 4:13.51	36.92		
	100m: 1:08.12	36.17 200m: 2:22.02	37.02 300m: 3:36.59	37.63 400m: 4:50.64	37.13		
9.	Debby den Besten	9207520 ZV Westland Dijkglas	4:40.90	4:53.24	+0,90	E	
	50m: 32.62	32.62 150m: 1:46.68	37.49 250m: 3:02.64	37.74 350m: 4:17.89	37.55		
	100m: 1:09.19	36.57 200m: 2:24.90	38.22 300m: 3:40.34	37.70 400m: 4:53.24	35.35		
10.	Maxime de Wilde	9304658 DZ&PC	4:43.15	4:54.07	+0,83	E	
	50m: 31.64	31.64 150m: 1:46.53	38.08 250m: 3:02.60	37.17 350m: 4:17.85	37.01		
	100m: 1:08.45	36.81 200m: 2:25.43	38.90 300m: 3:40.84	38.24 400m: 4:54.07	36.22		
11.	Iris Pijtak	9300602 AZ&PC	4:53.63	4:54.34	+0,88	E	
	50m: 33.26	33.26 150m: 1:48.08	37.94 250m: 3:04.29	38.18 350m: 4:19.43	37.34		
	100m: 1:10.14	36.88 200m: 2:26.11	38.03 300m: 3:42.09	37.80 400m: 4:54.34	34.91		
12.	Linda van der Hout	9300344 ZV Westland Dijkglas	4:44.73	4:54.37	+0,90	E	
	50m: 33.63	33.63 150m: 1:48.63	37.24 250m: 3:03.41	36.95 350m: 4:18.27	36.69		
	100m: 1:11.39	37.76 200m: 2:26.46	37.83 300m: 3:41.58	38.17 400m: 4:54.37	36.10		
13.	Jamie de Jong	9300898 De Dolfijn	4:43.74	4:59.04	+0,89	E	
	50m: 31.96	31.96 150m: 1:47.62	38.45 250m: 3:04.75	38.80 350m: 4:22.38	38.57		
	100m: 1:09.17	37.21 200m: 2:25.95	38.33 300m: 3:43.81	39.06 400m: 4:59.04	36.66		
14.	Saskia Bergsma	9301686 ZPC Bikkel Hoogeveen	4:49.77	4:59.69	+0,84	E	
	50m: 31.83	31.83 150m: 1:46.10	38.04 250m: 3:03.43	38.39 350m: 4:21.14	38.51		
	100m: 1:08.06	36.23 200m: 2:25.04	38.94 300m: 3:42.63	39.20 400m: 4:59.69	38.55		
15.	Chantal van der Zwaan	9302084 HoogenboomTours BZ&PC	4:51.70	5:05.79	+0,80		
	50m: 33.60	33.60 150m: 1:48.89	38.34 250m: 3:07.61	39.53 350m: 4:26.84	39.97		
	100m: 1:10.55	36.95 200m: 2:28.08	39.19 300m: 3:46.87	39.26 400m: 5:05.79	38.95		
16.	Brady Grinwis	9305384 Poseidon'56	4:49.22	5:13.92	+0,81		
	50m: 33.00	33.00 150m: 1:48.71	38.65 250m: 3:10.72	41.50 350m: 4:35.18	41.95		
	100m: 1:10.06	37.06 200m: 2:29.22	40.51 300m: 3:53.23	42.51 400m: 5:13.92	38.74		

Senioren 1 en ouder

1.	Rieneke Terink	8402424 AZ&PC	4:22.74	4:21.57	+0,90	A	
	50m: 29.79	29.79 150m: 1:35.23	33.04 250m: 2:41.93	33.51 350m: 3:48.70	33.44		
	100m: 1:02.19	32.40 200m: 2:08.42	33.19 300m: 3:15.26	33.33 400m: 4:21.57	32.87		
2.	Linda Bank	8600168 De Dolfijn	4:18.19	4:24.79	+0,97	B	
	50m: 31.25	31.25 150m: 1:37.44	33.45 250m: 2:44.17	33.30 350m: 3:51.70	33.71		
	100m: 1:03.99	32.74 200m: 2:10.87	33.43 300m: 3:17.99	33.82 400m: 4:24.79	33.09		
3.	Maaïke Waaijer	9004120 EIFFEL Swimmers PSV	4:26.98	4:28.11	+0,80	B	
	50m: 30.86	30.86 150m: 1:37.60	33.61 250m: 2:45.55	34.08 350m: 3:54.23	34.28		
	100m: 1:03.99	33.13 200m: 2:11.47	33.87 300m: 3:19.95	34.40 400m: 4:28.11	33.88		
4.	Grace Sweeney	373090 Glenalbyn	4:32.28	4:30.60	+0,82	C	
	50m: 30.67	30.67 150m: 1:37.37	33.45 250m: 2:45.79	34.25 350m: 3:55.95	34.70		
	100m: 1:03.92	33.25 200m: 2:11.54	34.17 300m: 3:21.25	35.46 400m: 4:30.60	34.65		
5.	Marlies Reinders	8602976 De Dinkel Denekamp	4:25.93	4:31.49	+0,94	C	
	50m: 30.89	30.89 150m: 1:40.19	34.86 250m: 2:48.75	34.04 350m: 3:57.73	34.21		
	100m: 1:05.33	34.44 200m: 2:14.71	34.52 300m: 3:23.52	34.77 400m: 4:31.49	33.76		
6.	Marion van den Berg	8600272 DWK	4:28.62	4:33.38	+0,91	D	
	50m: 30.11	30.11 150m: 1:37.87	34.58 250m: 2:47.76	35.05 350m: 3:58.91	35.37		
	100m: 1:03.29	33.18 200m: 2:12.71	34.84 300m: 3:23.54	35.78 400m: 4:33.38	34.47		
7.	Manon van Rooijen	8201404 De Dolfijn	4:28.22	4:33.71	+0,80	D	
	50m: 30.24	30.24 150m: 1:36.34	33.60 250m: 2:43.06	33.29 350m: 3:55.50	38.23		
	100m: 1:02.74	32.50 200m: 2:09.77	33.43 300m: 3:17.27	34.21 400m: 4:33.71	38.21		
8.	Pauline Gouwens	8400790 De Otters Het Gooi	4:31.54	4:38.99	+0,87	E	
	50m: 30.85	30.85 150m: 1:40.93	35.37 250m: 2:52.84	36.05 350m: 4:04.96	35.90		
	100m: 1:05.56	34.71 200m: 2:16.79	35.86 300m: 3:29.06	36.22 400m: 4:38.99	34.03		
9.	Stephanie Janssen	9101450 Zeester-Meerval	4:41.04	4:39.00	+0,83	D	
	50m: 31.48	31.48 150m: 1:41.74	35.19 250m: 2:52.93	35.68 350m: 4:04.21	35.52		
	100m: 1:06.55	35.07 200m: 2:17.25	35.51 300m: 3:28.69	35.76 400m: 4:39.00	34.79		
10.	Nienke van Eck	9100838 ZPC Bikkel Hoogeveen	4:33.01	4:39.21	+0,94	D	
	50m: 32.14	32.14 150m: 1:42.76	35.41 250m: 2:54.58	36.05 350m: 4:05.94	35.26		
	100m: 1:07.35	35.21 200m: 2:18.53	35.77 300m: 3:30.68	36.10 400m: 4:39.21	33.27		
11.	Rosanne de Boer	9104060 LZ 1886-KartoënZ	4:37.26	4:42.81	+0,95	D	
	50m: 31.97	31.97 150m: 1:43.27	35.88 250m: 2:55.60	35.76 350m: 4:07.93	35.85		
	100m: 1:07.39	35.42 200m: 2:19.84	36.57 300m: 3:32.08	36.48 400m: 4:42.81	34.88		
12.	Iris Bioch	9106916 Electrolux AZC	4:35.91	4:43.04	+0,92	D	
	50m: 31.68	31.68 150m: 1:42.43	35.59 250m: 2:54.95	36.05 350m: 4:07.80	36.25		
	100m: 1:06.84	35.16 200m: 2:18.90	36.47 300m: 3:31.55	36.60 400m: 4:43.04	35.24		
13.	Daniëque Gielen	9105922 Electrolux AZC	4:37.70	4:44.17	+0,98	E	
	50m: 32.30	32.30 150m: 1:43.95	36.11 250m: 2:56.56	36.26 350m: 4:09.27	36.36		
	100m: 1:07.84	35.54 200m: 2:20.30	36.35 300m: 3:32.91	36.35 400m: 4:44.17	34.90		

Open Nederlandse Kampioenschappen 2008
Eindhoven, 5. - 8.6.2008



Programmanr. 2, Dames, 400m vrije slag, Senioren 1 en ouder

Rang	Naam	Vereniging	Inschrijftijd	Tijd	RT	Niveau	Finale	
14.	Maaike Vooren	9103324 DAW-Finenzoo	4:42.36	4:49.55	+0,94	E		
	50m: 32.20	32.20	150m: 1:44.53	36.56	250m: 2:57.57	36.40	350m: 4:12.52	37.90
	100m: 1:07.97	35.77	200m: 2:21.17	36.64	300m: 3:34.62	37.05	400m: 4:49.55	37.03
15.	Lana Voinov	9103306 De Dolfijn	4:38.41	4:50.70	+0,81	E		
	50m: 32.95	32.95	150m: 1:45.14	36.40	250m: 2:59.23	36.93	350m: 4:14.06	37.32
	100m: 1:08.74	35.79	200m: 2:22.30	37.16	300m: 3:36.74	37.51	400m: 4:50.70	36.64
16.	Melissa Zwaan	9103666 Zaanstad (SG)	4:38.15	4:52.33	+0,86	E		
	50m: 31.40	31.40	150m: 1:43.32	36.60	250m: 2:57.65	37.25	350m: 4:14.48	38.48
	100m: 1:06.72	35.32	200m: 2:20.40	37.08	300m: 3:36.00	38.35	400m: 4:52.33	37.85
all-in								
1.	Rieneke Terink	8402424 AZ&PC	4:22.74	4:21.57	+0,90	A		
	50m: 29.79	29.79	150m: 1:35.23	33.04	250m: 2:41.93	33.51	350m: 3:48.70	33.44
	100m: 1:02.19	32.40	200m: 2:08.42	33.19	300m: 3:15.26	33.33	400m: 4:21.57	32.87
2.	Marieke Nijhuis	9201296 OZ&PC	4:24.89	4:24.37	+0,94	A+		
	50m: 30.44	30.44	150m: 1:37.20	33.76	250m: 2:44.24	33.51	350m: 3:51.51	33.72
	100m: 1:03.44	33.00	200m: 2:10.73	33.53	300m: 3:17.79	33.55	400m: 4:24.37	32.86
3.	Linda Bank	8600168 De Dolfijn	4:18.19	4:24.79	+0,97	B		
	50m: 31.25	31.25	150m: 1:37.44	33.45	250m: 2:44.17	33.30	350m: 3:51.70	33.71
	100m: 1:03.99	32.74	200m: 2:10.87	33.43	300m: 3:17.99	33.82	400m: 4:24.79	33.09
4.	Maaike Waaijer	9004120 EIFFEL Swimmers PSV	4:26.98	4:28.11	+0,80	B		
	50m: 30.86	30.86	150m: 1:37.60	33.61	250m: 2:45.55	34.08	350m: 3:54.23	34.28
	100m: 1:03.99	33.13	200m: 2:11.47	33.87	300m: 3:19.95	34.40	400m: 4:28.11	33.88
5.	Grace Sweeney	373090 Glenalbyn	4:32.28	4:30.60	+0,82	C		
	50m: 30.67	30.67	150m: 1:37.37	33.45	250m: 2:45.79	34.25	350m: 3:55.95	34.70
	100m: 1:03.92	33.25	200m: 2:11.54	34.17	300m: 3:21.25	35.46	400m: 4:30.60	34.65
6.	Marlies Reinders	8602976 De Dinkel Denekamp	4:25.93	4:31.49	+0,94	C		
	50m: 30.89	30.89	150m: 1:40.19	34.86	250m: 2:48.75	34.04	350m: 3:57.73	34.21
	100m: 1:05.33	34.44	200m: 2:14.71	34.52	300m: 3:23.52	34.77	400m: 4:31.49	33.76
7.	Marion van den Berg	8600272 DWK	4:28.62	4:33.38	+0,91	D		
	50m: 30.11	30.11	150m: 1:37.87	34.58	250m: 2:47.76	35.05	350m: 3:58.91	35.37
	100m: 1:03.29	33.18	200m: 2:12.71	34.84	300m: 3:23.54	35.78	400m: 4:33.38	34.47
8.	Manon van Rooijen	8201404 De Dolfijn	4:28.22	4:33.71	+0,80	D		
	50m: 30.24	30.24	150m: 1:36.34	33.60	250m: 2:43.06	33.29	350m: 3:55.50	38.23
	100m: 1:02.74	32.50	200m: 2:09.77	33.43	300m: 3:17.27	34.21	400m: 4:33.71	38.21
9.	Leonie van Noort	9301752 De Zijl LGB	4:38.56	4:33.90	+0,83	A		
	50m: 30.44	30.44	150m: 1:39.05	34.88	250m: 2:49.44	35.42	350m: 4:00.40	35.25
	100m: 1:04.17	33.73	200m: 2:14.02	34.97	300m: 3:25.15	35.71	400m: 4:33.90	33.50
10.	Malissa van de Heuvel	9304922 EIFFEL Swimmers PSV	4:40.74	4:38.94	+0,77	C		
	50m: 32.20	32.20	150m: 1:44.24	35.94	250m: 2:56.50	35.79	350m: 4:06.85	34.09
	100m: 1:08.30	36.10	200m: 2:20.71	36.47	300m: 3:32.76	36.26	400m: 4:38.94	32.09
11.	Pauline Gouwens	8400790 De Otters Het Gooi	4:31.54	4:38.99	+0,87	E		
	50m: 30.85	30.85	150m: 1:40.93	35.37	250m: 2:52.84	36.05	350m: 4:04.96	35.90
	100m: 1:05.56	34.71	200m: 2:16.79	35.86	300m: 3:29.06	36.22	400m: 4:38.99	34.03
12.	Stephanie Janssen	9101450 Zeester-Meerval	4:41.04	4:39.00	+0,83	D		
	50m: 31.48	31.48	150m: 1:41.74	35.19	250m: 2:52.93	35.68	350m: 4:04.21	35.52
	100m: 1:06.55	35.07	200m: 2:17.25	35.51	300m: 3:28.69	35.76	400m: 4:39.00	34.79
13.	Nienke van Eck	9100838 ZPC Bikkel Hoogeveen	4:33.01	4:39.21	+0,94	D		
	50m: 32.14	32.14	150m: 1:42.76	35.41	250m: 2:54.58	36.05	350m: 4:05.94	35.26
	100m: 1:07.35	35.21	200m: 2:18.53	35.77	300m: 3:30.68	36.10	400m: 4:39.21	33.27
14.	Marcha Admiraal	9300012 De Biesboschzwemmers	4:42.55	4:39.89	+0,90	C		
	50m: 31.90	31.90	150m: 1:43.70	35.94	250m: 2:55.51	35.71	350m: 4:06.56	34.91
	100m: 1:07.76	35.86	200m: 2:19.80	36.10	300m: 3:31.65	36.14	400m: 4:39.89	33.33
15.	Rosanne de Boer	9104060 LZ 1886-KartoenZ	4:37.26	4:42.81	+0,95	D		
	50m: 31.97	31.97	150m: 1:43.27	35.88	250m: 2:55.60	35.76	350m: 4:07.93	35.85
	100m: 1:07.39	35.42	200m: 2:19.84	36.57	300m: 3:32.08	36.48	400m: 4:42.81	34.88
16.	Iris Bioch	9106916 Electrolux AZC	4:35.91	4:43.04	+0,92	D		
	50m: 31.68	31.68	150m: 1:42.43	35.59	250m: 2:54.95	36.05	350m: 4:07.80	36.25
	100m: 1:06.84	35.16	200m: 2:18.90	36.47	300m: 3:31.55	36.60	400m: 4:43.04	35.24
17.	Danique Gielen	9105922 Electrolux AZC	4:37.70	4:44.17	+0,98	E		
	50m: 32.30	32.30	150m: 1:43.95	36.11	250m: 2:56.56	36.26	350m: 4:09.27	36.36
	100m: 1:07.84	35.54	200m: 2:20.30	36.35	300m: 3:32.91	36.35	400m: 4:44.17	34.90
18.	Pauline van Dam	9304422 EIFFEL Swimmers PSV	4:43.82	4:44.48	+0,76	D		
	50m: 31.61	31.61	150m: 1:42.56	35.48	250m: 2:55.33	36.30	350m: 4:08.62	35.79
	100m: 1:07.08	35.47	200m: 2:19.03	36.47	300m: 3:32.83	37.50	400m: 4:44.48	35.86
19.	Renske de Groot	9300276 DZ&PC	4:43.01	4:48.13	+0,84	D		
	50m: 31.97	31.97	150m: 1:42.79	36.04	250m: 2:56.40	37.18	350m: 4:11.51	37.69
	100m: 1:06.75	34.78	200m: 2:19.22	36.43	300m: 3:33.82	37.42	400m: 4:48.13	36.62

Open Nederlandse Kampioenschappen 2008
Eindhoven, 5. - 8.6.2008



Programmanr. 2, Dames, 400m vrije slag, all-in

Rang	Naam	Vereniging	Inschrijftijd	Tijd	RT	Niveau	Finale
20.	Maaïke Vooren	9103324 DAW-Finenzoo	4:42.36	4:49.55	+0,94	E	
	50m: 32.20 32.20 150m: 1:44.53 36.56 250m: 2:57.57 36.40 350m: 4:12.52 37.90						
	100m: 1:07.97 35.77 200m: 2:21.17 36.64 300m: 3:34.62 37.05 400m: 4:49.55 37.03						
21.	Suzanne Lange	9202998 De Zwoer	4:46.97	4:50.05	+0,86	E	
	50m: 32.35 32.35 150m: 1:46.71 37.47 250m: 3:01.14 36.81 350m: 4:14.38 36.47						
	100m: 1:09.24 36.89 200m: 2:24.33 37.62 300m: 3:37.91 36.77 400m: 4:50.05 35.67						
22.	Dimphy van de Laar	9201052 ZC Valkenburg	4:47.14	4:50.64	+0,87	E	
	50m: 31.95 31.95 150m: 1:45.00 36.88 250m: 2:58.96 36.94 350m: 4:13.51 36.92						
	100m: 1:08.12 36.17 200m: 2:22.02 37.02 300m: 3:36.59 37.63 400m: 4:50.64 37.13						
23.	Lana Voinov	9103306 De Dolfijn	4:38.41	4:50.70	+0,81	E	
	50m: 32.95 32.95 150m: 1:45.14 36.40 250m: 2:59.23 36.93 350m: 4:14.06 37.32						
	100m: 1:08.74 35.79 200m: 2:22.30 37.16 300m: 3:36.74 37.51 400m: 4:50.70 36.64						
24.	Melissa Zwaan	9103666 Zaanstad (SG)	4:38.15	4:52.33	+0,86	E	
	50m: 31.40 31.40 150m: 1:43.32 36.60 250m: 2:57.65 37.25 350m: 4:14.48 38.48						
	100m: 1:06.72 35.32 200m: 2:20.40 37.08 300m: 3:36.00 38.35 400m: 4:52.33 37.85						
25.	Debby den Besten	9207520 ZV Westland Dijkglas	4:40.90	4:53.24	+0,90	E	
	50m: 32.62 32.62 150m: 1:46.68 37.49 250m: 3:02.64 37.74 350m: 4:17.89 37.55						
	100m: 1:09.19 36.57 200m: 2:24.90 38.22 300m: 3:40.34 37.70 400m: 4:53.24 35.35						
26.	Maxime de Wilde	9304658 DZ&PC	4:43.15	4:54.07	+0,83	E	
	50m: 31.64 31.64 150m: 1:46.53 38.08 250m: 3:02.60 37.17 350m: 4:17.85 37.01						
	100m: 1:08.45 36.81 200m: 2:25.43 38.90 300m: 3:40.84 38.24 400m: 4:54.07 36.22						
27.	Iris Pijtak	9300602 AZ&PC	4:53.63	4:54.34	+0,88	E	
	50m: 33.26 33.26 150m: 1:48.08 37.94 250m: 3:04.29 38.18 350m: 4:19.43 37.34						
	100m: 1:10.14 36.88 200m: 2:26.11 38.03 300m: 3:42.09 37.80 400m: 4:54.34 34.91						
28.	Linda van der Hout	9300344 ZV Westland Dijkglas	4:44.73	4:54.37	+0,90	E	
	50m: 33.63 33.63 150m: 1:48.63 37.24 250m: 3:03.41 36.95 350m: 4:18.27 36.69						
	100m: 1:11.39 37.76 200m: 2:26.46 37.83 300m: 3:41.58 38.17 400m: 4:54.37 36.10						
29.	Jamie de Jong	9300898 De Dolfijn	4:43.74	4:59.04	+0,89	E	
	50m: 31.96 31.96 150m: 1:47.62 38.45 250m: 3:04.75 38.80 350m: 4:22.38 38.57						
	100m: 1:09.17 37.21 200m: 2:25.95 38.33 300m: 3:43.81 39.06 400m: 4:59.04 36.66						
30.	Saskia Bergsma	9301686 ZPC Bikkel Hoogeveen	4:49.77	4:59.69	+0,84	E	
	50m: 31.83 31.83 150m: 1:46.10 38.04 250m: 3:03.43 38.39 350m: 4:21.14 38.51						
	100m: 1:08.06 36.23 200m: 2:25.04 38.94 300m: 3:42.63 39.20 400m: 4:59.69 38.55						
31.	Chantal van der Zwaan	9302084 HoogenboomTours BZ&PC	4:51.70	5:05.79	+0,80		
	50m: 33.60 33.60 150m: 1:48.89 38.34 250m: 3:07.61 39.53 350m: 4:26.84 39.97						
	100m: 1:10.55 36.95 200m: 2:28.08 39.19 300m: 3:46.87 39.26 400m: 5:05.79 38.95						
32.	Brady Grinwis	9305384 Poseidon'56	4:49.22	5:13.92	+0,81		
	50m: 33.00 33.00 150m: 1:48.71 38.65 250m: 3:10.72 41.50 350m: 4:35.18 41.95						
	100m: 1:10.06 37.06 200m: 2:29.22 40.51 300m: 3:53.23 42.51 400m: 5:13.92 38.74						

Programmanr. 3
06.06.2008

Heren, 200m rugslag

all-in
Resultaten Finale

Rang	Naam	Vereniging	Inschr.tijd	Tijd	RT	Niveau	Finale	50m	100m	150m	200m
Finale A											
1.	Nick Driebergen	8700793 De Dolfijn	2:02.48	2:00.46	+0,73	A+		28.38	58.40	1:29.05	2:00.46
2.	Henk van Niejenhuis	8905063 De Dolfijn	2:08.08	2:07.61	+0,83	B		30.80	1:03.29	1:36.04	2:07.61
3.	Karl Burdis	89burdis Swim Ireland	2:07.84	2:07.69	+0,59	B		29.40	1:01.85	1:35.16	2:07.69
4.	Bastiaan Lijesen	9001819 Van Vliet Barracuda	2:08.71	2:11.93	+0,72	C		29.80	1:03.39	1:38.72	2:11.93
5.	Rense Loohuis	9101477 De Dinkel Denekamp	2:12.51	2:13.02	+0,67	C		31.28	1:05.15	1:39.66	2:13.02
6.	Sebastiaan Verschuren	8803571 De Dolfijn	2:07.76	2:14.75	+0,76	E		31.65	1:05.54	1:40.54	2:14.75
7.	Theo Beglinger	9000159 Electrolux AZC	2:13.96	2:15.45	+0,65	D		30.70	1:04.95	1:40.16	2:15.45
8.	Micael Correia	9000569 Zeester-Meerval	2:14.92	2:17.56	+0,73	E		31.63	1:05.81	1:41.31	2:17.56
Finale B											
9.	Daan Ratering	9002389 Livo	2:15.35	2:15.09	+0,70	D		31.89	1:06.04	1:41.17	2:15.09
10.	William Ensor	11061-91 Westwood CRC	2:15.79	2:15.58	+0,66	D		32.31	1:06.66	1:42.10	2:15.58
11.	Jeffrey Breedijk	8900451 AZ&PC	2:15.79	2:15.84	+0,75	E		32.78	1:07.97	1:42.37	2:15.84
12.	Jos de Graaf	9106095 Aquapoldro	2:16.72	2:16.87	+0,86	D		31.75	1:06.12	1:41.72	2:16.87
13.	Erik Hagting	9100829 Nova	2:17.03	2:17.04	+0,80	D		31.57	1:06.00	1:41.50	2:17.04
14.	Jelmer Meijer	9001961 HZ&PC Heerenveen	2:18.60	2:18.44	+0,71	E		32.12	1:07.05	1:42.87	2:18.44
15.	Joost Schröder	8803073 TriVia	2:17.69	2:19.41	+0,75	E		31.53	1:06.37	1:42.57	2:19.41
16.	Nick Hessing	9103753 De Dolfijn	2:19.87	2:20.20	+0,69	E		31.52	1:06.67	1:43.57	2:20.20

Open Nederlandse Kampioenschappen 2008
Eindhoven, 5. - 8.6.2008



Programmanr. 4
06.06.2008

Dames, 200m rugslag

all-in
Resultaten Finale

Rang	Naam	Vereniging	Inschr.tijd	Tijd	RT	Niveau Finale	50m	100m	150m	200m
Finale A										
1.	Melanie Nocher	88nocher Swim Ireland	2:14.76	2:13.84	+0,68	A+	31.88	1:05.14	1:39.47	2:13.84
<i>Kampioenschaps Record</i>										
2.	Aishling Cooney	90cooney Swim Ireland	2:14.59	2:13.89	+0,62	A+	31.23	1:04.70	1:39.62	2:13.89
3.	Sharon van Rouwendaal	203393286CN.Braud St.Louis	2:17.30	2:16.64	+0,68	A+	32.85	1:07.19	1:42.20	2:16.64
4.	Wendy vd Zanden	8805004 EIFFEL Swimmers PSV	2:20.14	2:17.85	+0,78	A	32.02	1:06.16	1:41.13	2:17.85
5.	Mariët Koster	8301162 DZ&PC	2:26.48	2:23.59	+0,83	D	32.88	1:08.98	1:46.49	2:23.59
6.	Kimberley Albers	9204102 ZV Vlaardingen	2:24.22	2:24.81	+0,78	B	33.83	1:10.24	1:47.50	2:24.81
7.	Mariël Borgerink	9200142 De Dinkel Denekamp	2:27.70	2:29.60	+0,85	D	34.93	1:12.71	1:50.92	2:29.60
8.	Anja van der Hout	9001598 ZC Ooievaar (SG)	2:28.13	2:31.86	+0,67	E	33.34	1:09.89	1:50.11	2:31.86
Finale B										
9.	Willemijn Knot	9002010 TriVia	2:29.34	2:27.75	+0,70	D	33.13	1:10.67	1:49.47	2:27.75
10.	Rosanna Cooney	1633692 Glenalbyn	2:29.25	2:29.08	+0,76	D	34.79	1:11.67	1:50.31	2:29.08
11.	Mariëlle ter Stege	9102974 ZPC Bikkel Hoogeveen	2:28.35	2:30.78	+0,78	E	35.16	1:12.97	1:52.11	2:30.78
12.	Marloes Giesselink	9200612 OZ&PC	2:30.41	2:31.43	+0,82	D	35.16	1:12.88	1:52.65	2:31.43
13.	Kelly ter Doest	9100750 De Whee	2:31.26	2:32.10	+0,78	E	34.36	1:12.91	1:52.79	2:32.10
14.	Judith van Meijel	9102076 HZPC	2:32.96	2:32.12	+0,76	E	36.03	1:14.94	1:53.81	2:32.12
15.	Kiki Klerks	9301764 Wiekslag	2:33.11	2:33.81	+0,69	D	35.17	1:13.93	1:54.47	2:33.81
16.	Daniëlle Middel	9301280 ZPC Bikkel Hoogeveen	2:32.89	2:34.78	+0,83	E	35.84	1:14.76	1:55.10	2:34.78

Programmanr. 5
06.06.2008

Heren, 100m schoolslag

all-in
Resultaten Finale

Rang	Naam	Vereniging	Inschrijftijd	Tijd	RT	Niveau Finale	50m	100m
Finale A								
1.	Robin van Aggele	8400017 Zwemlust/Utrecht(SG)	1:02.09	1:02.16	+0,77	A+	29.26	1:02.16
2.	Thijs van Valkengoed	8302141 WVZ	1:02.66	1:02.93	+0,83	A+	29.79	1:02.93
3.	Lennart Stekelenburg	8602979 De Dolfijn	1:04.15	1:03.35	+0,73	A+	30.25	1:03.35
4.	Alwin de Prins	188 Fédération Luxemb.de Natatic	1:05.15	1:04.36	+0,81	B	30.36	1:04.36
5.	Mans Broekgaarden	8500385 DWK	1:06.82	1:05.82	+0,86	C	30.52	1:05.82
6.	Rutger Sloof	8803141 DWK	1:05.97	1:05.94	+0,83	C	30.77	1:05.94
7.	Sebastian Bakker	8800119 Team Groningen	1:07.11	1:06.17	+0,84	C	31.00	1:06.17
8.	Devi Wolthuizen	8703887 TriVia	1:06.36	1:06.56	+0,78	D	31.13	1:06.56
Finale B								
9.	Jaap v/d Vegte	8803485 DZ&PC	1:07.76	1:06.85	+0,77	C	31.38	1:06.85
10.	Joppe Wisse	8903645 DZT'62	1:07.44	1:07.94	+0,82	D	32.17	1:07.94
11.	Erik Talma	8903107 TriVia	1:07.95	1:08.71	+0,75	D	31.38	1:08.71
12.	Kay op den Kamp	9103425 ZC Valkenburg	1:07.11	1:08.83	+0,83	C	32.88	1:08.83
13.	Sjoerd Zanderink	9102651 De Dinkel Denekamp	1:08.00	1:09.36	+0,85	C	32.82	1:09.36
14.	Aaron Eisank	9100577 ZON/S&S	1:07.73	1:09.43	+0,70	C	32.96	1:09.43
15.	Niels van Eck	8900793 ZPC Bikkel Hoogeveen	1:08.29	1:09.50	+0,72	E	33.16	1:09.50
16.	Thomas Kersten	9001515 WVZ	1:07.74	1:10.72	+0,80	E	32.77	1:10.72

Programmanr. 6
06.06.2008

Dames, 100m schoolslag

all-in
Resultaten Finale

Rang	Naam	Vereniging	Inschrijftijd	Tijd	RT	Niveau Finale	50m	100m
Finale A								
1.	Lia Dekker	8700830 DZ&PC	1:10.46	1:10.08	+0,85	A+	33.36	1:10.08
2.	Jolijn van Valkengoed	8101516 WVZ	1:10.68	1:11.20	+0,88	A+	33.25	1:11.20
3.	Tessa Brouwer	9105548 De Dolfijn	1:13.08	1:11.40	+0,89	A+	33.48	1:11.40
4.	Fiona Doyle	91doyle Swim Ireland	1:11.87	1:12.06	+0,70	A+	33.91	1:12.06
5.	Loes Zanderink	8805006 De Dinkel Denekamp	1:14.76	1:14.30	+0,83	C	34.75	1:14.30
6.	Lisa Nijland	9102272 De Whee	1:13.88	1:15.40	+0,88	C	35.11	1:15.40
7.	Suzan v.d. Bogaard	8900450 EIFFEL Swimmers PSV	1:14.27	1:15.99	+0,81	D	35.31	1:15.99
8.	Wendy van der Iest	8701904 ZPC Bikkel Hoogeveen	1:15.98	1:17.07	+0,86	E	35.80	1:17.07
Finale B								
9.	Ellen van de Velde	8201692 WVZ	1:18.22	1:16.94	+0,83	E	35.71	1:16.94
10.	Eline Boers	9104546 De Columbiaan	1:16.38	1:17.51	+0,85	D	36.32	1:17.51
11.	Larissa Brak	8800572 De Zijl LGB	1:17.40	1:17.61	+0,88	E	36.84	1:17.61

Open Nederlandse Kampioenschappen 2008
Eindhoven, 5. - 8.6.2008



Programmanr. 6, Dames, 100m schoolslag, Finale, all-in

Rang	Naam	Vereniging	Inschrijftijd	Tijd	RT	Niveau	Finale	50m	100m
12.	Ilna Rimmel	9302198 ZON/S&S	1:17.83	1:18.10	+0,84	C		37.91	1:18.10
13.	Anouk Elzerman	9005914 De Dolfijn	1:17.04	1:18.53	+0,92	E		36.30	1:18.53
14.	Britt Bakker	9100094 De Dolfijn	1:17.32	1:19.07	+0,91	E		36.83	1:19.07
15.	Sharon van der Leest	9202772 WZ&PC Purmerend	1:18.13	1:19.34	+0,87	D		37.86	1:19.34
16.	Jocelyn Spruit	9302044 EIFFEL Swimmers PSV	1:17.66	1:19.65	+0,75	D		37.51	1:19.65

Programmanr. 7
06.06.2008

Heren, 200m vlinderslag

all-in
Resultaten Finale

Rang	Naam	Vereniging	Inscr.tijd	Tijd	RT	Niveau	Finale	50m	100m	150m	200m
Finale A											
1.	Joeri Verlinden	8803549 EIFFEL Swimmers PSV	2:03.68	2:02.43	+0,78	A+		26.64	57.25	1:29.09	2:02.43
2.	Wouter Houtman	9001293 EIFFEL Swimmers PSV	2:09.19	2:08.81	+0,71	B		28.36	1:00.57	1:33.97	2:08.81
3.	Allen Lindeberg	8906543 EIFFEL Swimmers PSV	2:08.26	2:08.85	+0,86	C		28.03	59.92	1:33.32	2:08.85
4.	Raymond van de Merwe	8602077 WVZ	2:13.18	2:09.73	+0,73	D		28.66	1:00.79	1:34.74	2:09.73
5.	Marc Kremer	9004667 TriVia	2:13.95	2:14.67	+0,76	D		29.94	1:04.25	1:39.62	2:14.67
6.	Fabian Beimin	9100087 OZ&PC	2:14.02	2:15.38	+0,82	D		28.75	1:03.06	1:38.94	2:15.38
7.	Niels van Polanen	9101809 De Columbiaan	2:13.94	2:16.80	+0,90	D		28.93	1:03.46	1:39.71	2:16.80
NG.ZA	Tim Wagenmans	9104945 Aquarijn	2:20.02								
Finale B											
9.	Evan O'Keeffe	28025-91 Westwood CRC	2:23.59	2:19.37	+0,85	E		31.62	1:07.79	1:43.68	2:19.37
10.	Aziz Nosairi	9104645 Zwemlust/Utrecht(SG)	2:20.71	2:19.38	+0,86	E		29.76	1:05.41	1:42.79	2:19.38
11.	Jordi Dijkhuis	9100483 De Dinkel Denekamp	2:20.33	2:19.81	+0,91	E		30.15	1:06.13	1:43.46	2:19.81
12.	Robbert Vink	9102993 ZVW'74	2:24.91	2:25.30	+0,80			30.47	1:07.28	1:45.47	2:25.30
13.	Marcel Noordermeer	9003455 ZOB'66	2:24.96	2:34.76	+0,67			32.00	1:09.88	1:52.59	2:34.76

Programmanr. 8
06.06.2008

Dames, 200m vlinderslag

all-in
Resultaten Finale

Rang	Naam	Vereniging	Inscr.tijd	Tijd	RT	Niveau	Finale	50m	100m	150m	200m
Finale A											
1.	Lorna Cummins	90cumminsSwim Ireland	2:17.21	2:16.27	+0,74	A+		30.29	1:04.14	1:39.91	2:16.27
2.	Lenneke van Schaik	8603124 De Dolfijn	2:19.33	2:17.86	+0,89	B		31.05	1:05.92	1:41.83	2:17.86
3.	Hedwig Kikkert	8501566 TriVia	2:21.22	2:20.39	+0,83	C		30.87	1:06.80	1:42.72	2:20.39
4.	Jessica Spruit	9103756 EIFFEL Swimmers PSV	2:20.46	2:20.49	+0,86	B		31.40	1:05.79	1:43.02	2:20.49
5.	Daniëlle van der Veer	9301804 EIFFEL Swimmers PSV	2:23.04	2:24.06	+0,73	B		32.15	1:08.74	1:46.24	2:24.06
6.	Silke Oude Weernink	9002854 De Dinkel Denekamp	2:24.45	2:24.60	+0,92	D		32.02	1:08.63	1:46.31	2:24.60
7.	Chantal Nap	8903004 Team Groningen	2:26.44	2:27.86	+0,83	E		32.83	1:10.73	1:48.86	2:27.86
8.	Kelly de Jong	9101474 De Dolfijn	2:28.25	2:30.86	+0,83	E		31.52	1:08.87	1:47.52	2:30.86
Finale B											
9.	Inge Arts	9203076 Zeester-Meerval	2:30.28	2:27.39	+0,78	C		32.44	1:09.16	1:47.72	2:27.39
10.	Michelle Hendrixx	9303186 EIFFEL Swimmers PSV	2:35.40	2:35.77	+0,73	E		33.50	1:12.24	1:53.61	2:35.77
11.	Jamie Schepers	9300894 ZC Valkenburg	2:36.10	2:36.24	+0,82	E		34.42	1:13.18	1:53.88	2:36.24
12.	Ellen Maris	9201168 De Veene	2:36.93	2:38.03	+0,88	E		33.44	1:12.94	1:54.55	2:38.03
13.	Mariska Scheel	9306344 De Lansingh	2:44.06	2:39.54	+0,94			33.82	1:13.81	1:55.83	2:39.54
14.	Jamie de Jong	9300898 De Dolfijn	2:47.67	2:43.48	+0,91			33.38	1:13.42	1:57.72	2:43.48
NG.ZA	Iris Erpelinck	9300236 De Honte	2:48.86								

Programmanr. 9
06.06.2008

Heren, 50m vrije slag

all-in
Resultaten Finale

Rang	Naam	Vereniging	Inschrijftijd	Tijd	RT	Niveau	Finale
------	------	------------	---------------	------	----	--------	--------

Open Nederlandse Kampioenschappen 2008
Eindhoven, 5. - 8.6.2008



Programmanr. 9, Heren, 50m vrije slag, Finale

Finale A

1.	Pieter vd Hoogenband	7800443	EIFFEL Swimmers PSV	22.48	22.21	+0,76	A+
2.	Stefan de Die	8603905	De Dolfijn	23.51	22.72	+0,85	A+
3.	Barry Murphy	85murphy	Swim Ireland	22.79	22.84	+0,70	A+
4.	Mitja Zastrow	7701249	EIFFEL Swimmers PSV	23.48	23.07	+0,77	A+
5.	Bas van Velthoven	8502695	De Dolfijn	23.26	23.10	+0,73	A+
6.	Rudy Ted de Haan	8400805	Team Groningen	23.48	23.48	+0,89	A
7.	Mindaugas Jurgelis	87jurgelis	Lithuanian Swimming Federation	23.32	23.63	+0,77	B
NG.ZA	Robert Lijesen	8501579	EIFFEL Swimmers PSV	22.95			

Finale B

9.	Joost Reijns	8702725	De Dolfijn	23.55	23.72	+0,76	B
10.	Dennis Mooij	8902201	HZ&PC Heerenveen	24.17	23.83	+0,82	A
11.	Botond Solymossy	36099-80	Westwood CRC	24.16	23.94	+0,85	C
12.	Joran Barends	8500091	AZ&PC	23.65	24.00	+0,82	C
13.	Bastiaan Tamminga	8101659	EIFFEL Swimmers PSV	23.73	24.07	+0,81	C
14.	Geert Lantink	8601849	De Whee	24.06	24.11	+0,89	C
15.	Jasper van Mierlo	9002005	Budel	24.16	24.17	+0,67	A
16.	Arjan van der Plaats	8602403	MNC Dordrecht	24.05	24.25	+0,86	C

Programmanr. 10
06.06.2008

Dames, 50m vrije slag

all-in
Resultaten Finale

Rang	Naam	Vereniging	Inschrijftijd	Tijd	RT	Niveau	Finale
Finale A							
1.	Marleen Veldhuis	7900894	EIFFEL Swimmers PSV	24.42	24.67	+0,83	A+
2.	Hinkelien Schreuder	8402192	EIFFEL Swimmers PSV	25.28	24.81	+0,86	A+
3.	Ranomi Kromowidjojo	9002156	EIFFEL Swimmers PSV	25.35	25.01	+0,77	A+
	<i>Nederlands Record 18 jaar</i>						
4.	Saskia de Jonge	8601826	't Tolhekke	26.06	25.84	+0,73	A+
5.	Clarissa van Rheeën	9108270	TriVia	26.38	26.25	+0,72	A+
6.	Ilse Kraayeveld	9002110	Orca	26.57	26.48	+0,71	A+
7.	Maud van der Meer	9201180	Zeester-Meerval	26.51	26.85	+0,72	A+
8.	Chantal Senden	9300698	ZC Valkenburg	26.45	27.05	+0,75	A+
Finale B							
9.	Fiona Doyle	91doyle	Swim Ireland	26.93	27.55	+0,75	B
10.	Lotte Goosen	9205306	Zeester-Meerval	27.99	27.68	+0,73	A
10.	Eline Boers	9104546	De Columbiaan	27.25	27.68	+0,85	C
12.	Roxanne Linders	9204230	EIFFEL Swimmers PSV	27.61	27.94	+0,77	B
13.	Loes van Ooijen	9205180	Esca	27.80	27.99	+0,81	B
14.	Stephanie Janssen	9101450	Zeester-Meerval	27.95	28.20	+0,89	D
15.	Femke Swier	9305122	Z.V.Hoorn-Aurik	27.89	28.28	+0,96	B
16.	Malissa van der Horst	9200810	Zwemlust/Utrecht(SG)	27.86	28.49	+0,93	C

Programmanr. 11
06.06.2008

Heren, 200m wisselslag

all-in
Resultaten Finale

Rang	Naam	Vereniging	Inshr.tijd	Tijd	RT	Niveau	Finale	50m	100m	150m	200m
Finale A											
1.	Robin van Agele	8400017	Zwemlust/Utrecht(SG)	2:09.85	2:06.16	+0,81	A	27.27	1:02.13	1:36.92	2:06.16
2.	Bram Dekker	8900649	ZC Valkenburg	2:09.18	2:07.48	+0,79	A+	27.53	1:00.31	1:36.15	2:07.48
3.	Davy Verreussel	8903341	Hellas-Glana	2:10.01	2:09.42	+0,87	A	28.28	1:02.63	1:38.92	2:09.42
4.	Lennart Stekelenburg	8602979	De Dolfijn	2:09.98	2:10.05	+0,70	C	27.36	1:02.70	1:38.80	2:10.05
5.	Felix Broekhuizen	9000439	DWK	2:08.95	2:10.38	+0,86	A	27.87	1:02.92	1:40.44	2:10.38
6.	Robert Yallop	8903679	AZ&PC	2:11.16	2:11.18	+0,84	B	27.33	59.29	1:39.13	2:11.18
7.	Dingeman van der Pluijm	9002301	De Zijl LGB	2:14.40	2:14.94	+0,81	C	28.84	1:02.11	1:42.46	2:14.94
8.	Danny van Zoen	8402677	De Dolfijn	2:14.33	2:15.69	+0,75	E	28.29	1:05.13	1:43.97	2:15.69
Finale B											
9.	Sjoerd Post	8401811	De Dolfijn	2:15.61	2:16.66	+0,80	E	29.35	1:05.81	1:45.91	2:16.66
10.	Jordi Dijkhuis	9100483	De Dinkel Denekamp	2:17.04	2:17.41	+0,92	D	28.61	1:04.10	1:44.00	2:17.41
11.	Vincent van Iperen	9106179	Orca	2:16.36	2:18.84	+0,89	D	29.78	1:06.61	1:47.60	2:18.84
12.	Sjoerd Zanderink	9102651	De Dinkel Denekamp	2:17.85	2:18.85	+0,84	D	31.35	1:08.94	1:46.97	2:18.85
13.	Nick Hessing	9103753	De Dolfijn	2:19.54	2:22.08	+0,72	E	30.74	1:08.35	1:49.23	2:22.08
14.	Daan Ratering	9002389	Livo	2:18.05	2:25.12	+0,79	E	29.96	1:06.90	1:50.98	2:25.12

Open Nederlandse Kampioenschappen 2008
Eindhoven, 5. - 8.6.2008



Programmanr. 11, Heren, 200m wisselslag, Finale, all-in

Rang	Naam	Vereniging	Inschr.tijd	Tijd	RT	Niveau	Finale	50m	100m	150m	200m
NG.ZA	Jos Duit	9000745	Stadskanaal	2:19.34							
NG.ZA	Pascal Bruins	8905413	EZC	2:19.85							

Programmanr. 12
06.06.2008

Dames, 200m wisselslag

all-in

Resultaten Finale

Rang	Naam	Vereniging	Inschr.tijd	Tijd	RT	Niveau	Finale	50m	100m	150m	200m
Finale A											
1.	Femke Heemskerk	8705224	De Dolfijn	2:15.52	2:15.73	+0,89	A+	28.27	1:02.22	1:42.96	2:15.73
2.	Sharon van Rouwendaal	203393286	CN.Braud St.Louis	2:20.25	2:20.82	+0,89	A+	31.60	1:07.01	1:49.63	2:20.82
3.	Rieneke Terink	8402424	AZ&PC	2:20.62	2:22.28	+0,89	B	30.83	1:07.40	1:50.82	2:22.28
4.	Lieke Verouden	9003948	EIFFEL Swimmers PSV	2:22.68	2:22.66	+0,85	A	30.93	1:08.38	1:49.64	2:22.66
5.	Lona Kroese	8702382	De Dolfijn	2:22.31	2:22.72	+0,89	B	31.47	1:08.80	1:50.25	2:22.72
6.	Karolina Dryzaite	27798-91	Westwood CRC	2:24.64	2:25.24	+0,74	B	30.93	1:06.73	1:50.45	2:25.24
7.	Miranda Nijenhuis	9204076	De Columbiaan	2:24.72	2:26.16	+0,89	A	31.19	1:08.73	1:51.70	2:26.16
8.	Silke Oude Weernink	9002854	De Dinkel Denekamp	2:25.58	2:29.42	+0,94	D	32.28	1:10.77	1:56.88	2:29.42
Finale B											
9.	Marloes Oldenburg	8803218	Orca	2:25.91	2:25.25	+0,90	C	30.38	1:09.14	1:52.19	2:25.25
10.	Lisa Dreesens	9105798	HZPC	2:25.88	2:26.87	+0,85	C	30.48	1:09.01	1:53.78	2:26.87
11.	Wendan Poelstra	9102496	Orca	2:29.44	2:29.38	+0,84	C	31.89	1:09.10	1:53.72	2:29.38
12.	Kelly ter Doest	9100750	De Whee	2:29.24	2:29.48	+0,79	C	31.30	1:10.58	1:54.07	2:29.48
13.	Kitty Zondervan	83zonderva	SC Uster Wallisellen	2:27.75	2:29.89	+0,85	E	31.75	1:10.63	1:55.06	2:29.89
14.	Joëlle Scheps	9202364	Van Uden De Gouwe	2:28.29	2:30.58	+0,91	C	31.51	1:11.91	1:57.43	2:30.58
15.	Britt Bakker	9100094	De Dolfijn	2:30.97	2:31.83	+0,90	D	32.95	1:13.74	1:56.71	2:31.83
16.	Malissa van de Heuvel	9304922	EIFFEL Swimmers PSV	2:30.51	2:32.15	+0,75	C	32.31	1:12.19	1:58.07	2:32.15

Programmanr. 13
06.06.2008

Heren, 4 x 200m vrije slag

Senioren Open
Resultaten

Rang	Vereniging	Inschrijftijd	Tijd	RT	Niveau	Finale		
1.	De Dolfijn 1 <i>Nederlands Record Senioren Verenigenen</i>	De Dolfijn	7:23.45	7:27.27	+0,74			
	Bas van Velthoven	85	+0,74	26.95	55.66	1:24.91	1:53.60	1:53.60
	Sebastiaan Verschuren	88	+0,34	25.53	53.44	1:22.29	1:50.75	1:50.75
	Joost Reijns	87	+0,42	26.20	55.15	1:23.96	1:51.97	1:51.97
	Stefan de Die	86	+0,46	25.77	54.02	1:22.88	1:50.95	1:50.95
2.	EIFFEL Swimmers PSV 1	EIFFEL Swimmers PSV	7:47.75	7:35.97	+0,75			
	Joeri Verlinden	88	+0,75	26.86	56.22	1:25.53	1:53.54	1:53.54
	Job Kienhuis	89	+0,51	26.40	54.97	1:24.24	1:53.59	1:53.59
	Tom Vangeneugden	83	+0,43	27.06	56.02	1:25.79	1:53.83	1:53.83
	Allen Lindeberg	89	+0,63	26.78	55.58	1:25.13	1:55.01	1:55.01
3.	De Dolfijn 2	De Dolfijn	7:38.44	7:53.91	+0,88			
	Nick Driebergen	87	+0,88	27.28	57.13	1:26.44	1:55.57	1:55.57
	Henk van Niejenhuis	89	+0,27	26.70	56.31	1:27.10	1:58.48	1:58.48
	Bo Wullings	89	+0,32	26.24	56.37	1:27.59	1:58.83	1:58.83
	Danny van Zoen	84	+0,50	27.76	58.45	1:29.31	2:01.03	2:01.03
4.	WVZ 1	WVZ	7:38.02	7:59.07	+0,83			
	Wouter Smeets	84	+0,83	26.82	56.35	1:26.51	1:56.49	1:56.49
	Marcel Thijssen	82	+0,59	27.33	57.73	1:29.72	2:02.06	2:02.06
	Raymond van de Merwe	86	+0,41	27.74	58.29	1:29.48	2:00.47	2:00.47
	Martijn Smeets	81	+0,48	26.90	56.83	1:27.84	2:00.05	2:00.05
5.	De Otters Het Gooi 1 <i>Nederlands Record Jeugd Verenigenen</i>	De Otters Het Gooi	8:10.78	8:07.38	+0,89			
	Dennis Overhage	90	+0,89	28.50	1:00.12	1:32.66	2:03.77	2:03.77
	Floor Verhaar	90	+0,44	27.90	59.19	1:30.71	2:00.68	2:00.68
	Roy Visser	91	+0,49	27.46	58.91	1:31.28	2:02.77	2:02.77
	Ferry Weertman	92	+0,37	27.67	58.15	1:29.80	2:00.16	2:00.16
6.	Zwemlust/Utrecht(SG) 1	Zwemlust/Utrecht(SG)	7:54.16	8:07.82	+0,90			
	Marvin Kruin	89	+0,90	28.29	59.05	1:31.48	2:06.55	2:06.55
	Aziz Nosairi	91	+0,28	27.51	59.00	1:32.03	2:03.26	2:03.26
	Mark Moussa	90	+0,42	28.00	59.11	1:31.20	2:02.26	2:02.26
	Robin van Aggele	84	+0,20	26.03	55.85	1:26.19	1:55.75	1:55.75
7.	AZ&PC 1	AZ&PC	8:05.19	8:08.40	+0,83			
	Robert Yallop	89	+0,83	27.44	58.02	1:29.72	2:00.61	2:00.61
	Frederik Tamminga	87	+0,34	27.50	59.79	1:32.54	2:05.63	2:05.63
	Jeffrey Breedijk	89	+0,53	28.02	59.69	1:32.54	2:04.97	2:04.97
	Ewoud Tamminga	82	+0,25	26.13	56.60	1:26.96	1:57.19	1:57.19

Open Nederlandse Kampioenschappen 2008
Eindhoven, 5. - 8.6.2008



Programmanr. 13, Heren, 4 x 200m vrije slag, Senioren Open

Rang	Vereniging	Inschrijftijd	Tijd	RT	Niveau	Finale		
8.	WVZ 2	7:57.96	8:09.38	+0,88				
	Mike Stoffer	89	+0,88	27.71	58.87	1:30.90	2:02.14	2:02.14
	Rutger van Oosterhout	90	+0,31	26.44	57.56	1:29.95	2:02.19	2:02.19
	Arjan Assink	86	+0,41	27.26	58.09	1:30.42	2:01.99	2:01.99
	Sander Smeets	84	+0,08	27.22	58.90	1:31.51	2:03.06	2:03.06
9.	Luctor et Emergo 1	8:15.26	8:21.74	+0,87				
	Toby Aarnoutse	89	+0,87	28.18	59.56	1:30.11	1:59.77	1:59.77
	Charles Potin	83	+0,37	27.95	1:00.75	1:32.75	2:03.92	2:03.92
	Simon Edenburg	93	+0,17	27.93	1:01.52	1:36.83	2:11.29	2:11.29
	Joeri van Wallenburg	90	+0,31	27.57	59.07	1:32.82	2:06.76	2:06.76
10.	De Zijl LGB 1	8:01.02	8:29.04	+0,82				
	Michael van der Linden	86	+0,82	27.96	58.71	1:30.32	2:01.21	2:01.21
	Dirk Hoek	82	+0,35	29.80	1:02.48	1:37.39	2:13.77	2:13.77
	Joost Rijntjes	91	+0,56	28.16	1:00.51	1:34.07	2:07.44	2:07.44
	Dingeman van der Pluijm	90	+0,32	27.83	1:00.09	1:33.65	2:06.62	2:06.62
11.	DAW-Finzeno 1	8:04.65	8:30.48	+0,89				
	Patrick Molenkamp	88	+0,89	28.61	1:00.48	1:34.08	2:07.73	2:07.73
	Thom de Boer	91	+0,34	28.41	1:01.85	1:36.70	2:10.91	2:10.91
	Demi de Rooij	91	+0,35	27.68	59.71	1:33.61	2:07.26	2:07.26
	Hans Peter Hartog	91	+0,45	27.74	59.22	1:32.32	2:04.58	2:04.58

Programmanr. 14
06.06.2008

Dames, 4 x 100m vrije slag

Senioren Open
Resultaten

Rang	Vereniging	Inschrijftijd	Tijd	RT	Niveau	Finale			
1.	De Dolfijn 1	3:59.13	3:58.50	+0,94					
	Linda Bank	+0,94	28.79	59.01			+0,60	28.95	1:00.88
	Lenneke van Schaik	+0,42	28.48	59.95			+0,38	28.09	58.66
2.	Zwemlust/Utrecht(SG) 1	3:53.27	3:59.03	+0,95					
	Malissa van der Horst	+0,95	29.25	1:00.47			+0,37	28.67	1:00.23
	Simone Dekker	+0,36	29.24	1:00.94			+0,54	27.23	57.39
3.	EIFFEL Swimmers PSV 1	3:58.06	4:00.92	+0,77					
	Roxanne Linders	+0,77	29.23	59.86			+0,20	29.39	1:00.90
	Anne Michelle Vos	+0,04	29.23	1:00.90			+0,42	28.71	59.26
4.	De Dinkel Denekamp 1	4:08.06	4:01.41	+0,95					
	Marlies Reinders	+0,95	28.71	59.56			+0,42	27.94	58.63
	Mariël Borgerink	+0,37	30.28	1:02.56			-0,05	28.52	1:00.66
5.	OZ&PC 1	4:03.94	4:04.75	+0,91					
	Marieke Nijhuis	+0,91	28.71	59.78			+0,48	28.73	1:01.55
	Evelien Kip	+0,76	30.10	1:02.90			+0,47	29.03	1:00.52
6.	Zeester-Meerval 1	3:59.27	4:05.01	+0,73					
	Maud van der Meer	+0,73	29.24	59.84			+0,23	28.95	1:00.35
	Stephanie Janssen	+0,40	29.44	1:01.78			+0,41	29.83	1:03.04
7.	ZPC Bikkel Hoogeveen 1	3:59.47	4:10.14	+0,96					
	Nienke van Eck	+0,96	29.85	1:01.72			+0,58	31.59	1:04.15
	Mariëlle ter Stege	+0,50	29.62	1:02.43			+0,49	29.72	1:01.84
8.	EIFFEL Swimmers PSV 2	4:07.46	4:11.14	+0,76					
	Idoia Hidalgo	+0,76	30.81	1:03.45			+0,46	29.67	1:02.05
	Malissa van de Heuvel	+0,41	29.85	1:03.51			+0,30	29.72	1:02.13
9.	De Whee 1	4:09.74	4:11.57	+0,87					
	Pauline Scheepbouwer	+0,87	30.86	1:03.83			+0,24	30.03	1:02.72
	Lenneke v/d Molen	+0,51	30.72	1:03.71			+0,21	29.23	1:01.31
10.	AZ&PC 1	4:07.17	4:17.31	+0,82					
	Silvie Ketelaars	+0,82	29.73	1:01.46			+0,57	31.53	1:07.16
	Shireen Post	+0,47	30.28	1:04.37			+0,48	30.93	1:04.32
BM	Nederland 1	3:40.00	3:40.00	+0,82					
	BM								
	Ranomi Kromowidjojo	+0,82	26.66	54.74			+0,29	26.33	55.32
	Hinkelien Schreuder	+0,35	26.77	56.05			+0,20	25.84	53.89
BM	Nederland 2	3:45.00	3:40.44	+0,81					
	BM								
	Inge Dekker	+0,81	26.29	54.41			+0,43	26.23	55.19
	Wendy vd Zanden	+0,19	27.16	56.76			+0,17	25.85	54.08