

**Event 2 Women 200 Yard Medley Relay**

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State Record: ! 1:42.00 11/3/2018 Dowling Catholic, Dowling Catholic
                K Broderick, M Martin, B Quass, M Sweetman
                1:44.54 AUTO Auto AA
                1:46.44 CONS Consideration AA
School          Seed      Finals      Points
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1 Dowling Catholic          1:44.42      1:42.00!AUTO      40
  1) Katie Broderick JR          2) Mary Martin SO
  3) Berit Quass JR              4) Mary Sweetman SO
      26.13          54.20 (28.07)
  1:18.35 (24.15)      1:42.00 (23.65)
2 Ames                      1:49.90      1:44.31 AUTO      34
  1) Abby Hala FR                2) Molly Winer SR
  3) Annie Galvin SO            4) Meghan Donald FR
      27.66          55.84 (28.18)
  1:20.91 (25.07)      1:44.31 (23.40)
3 Iowa City High           1:48.92      1:46.52           32
  1) Carly Weigel JR            2) Olivia Masterson JR
  3) Trinity Sadecky JR         4) Rika Yahashiri SO
      27.82          56.62 (28.80)
  1:22.07 (25.45)      1:46.52 (24.45)
4 Ankeny                   1:48.53      1:48.91           30
  1) Alexis Henning FR          2) Andrea Rodriguez SR
  3) Scout Bergwall JR         4) Mia Pearson FR
      27.53          58.82 (31.29)
  1:24.22 (25.40)      1:48.91 (24.69)
5 Pleasant Valley          1:48.75      1:48.92           28
  1) Danielle Nauman SR        2) Christy Bishop SR
  3) Libby Staver SR           4) Lauren Groenenboom SR
      27.58          58.01 (30.43)
  1:24.69 (26.68)      1:48.92 (24.23)
6 Wdm Valley               1:48.95      1:49.20           26
  1) Morgan Hunt FR            2) Rachel Studer SR
  3) Reilly Shaner SR          4) Alison Wyatt SO
      29.35          59.73 (30.38)
  1:24.38 (24.65)      1:49.20 (24.82)
7 DM Lincoln               1:50.77      1:49.46           24
  1) Chloe Marquis SO          2) Torin Lackmann SO
  3) Ava Zaugg SO              4) Aubrey Douds FR
      28.38          58.92 (30.54)
  1:25.09 (26.17)      1:49.46 (24.37)
8 Lewis Central            1:52.71      1:49.64           22
  1) Zoe Pawloski SR           2) Waren Graeve SO
  3) Sarah Gann SR             4) Aubrey Bach JR
      26.14          58.59 (32.45)
  1:25.05 (26.46)      1:49.64 (24.59)
9 Wahlert Catholic        1:50.15      1:49.68           18
  1) Victoria Michel JR        2) Alaina Schmidt JR
  3) Abbie Montag SR           4) Zoe Heiar SO
      27.63          59.18 (31.55)
  1:25.34 (26.16)      1:49.68 (24.34)
10 Waukee                  1:50.50      1:49.94           14
  1) Eve Wiltse SO             2) Elle Kramer SR
  
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	3) Anna Hamling JR		4) Layne Collum SR	
	27.99	59.18 (31.19)		
	1:24.86 (25.68)	1:49.94 (25.08)		
11	Dub Senior	1:51.27	1:50.35	12
	1) Anna Pfeiffer JR		2) Claire Wedewer JR	
	3) Taylor Kremer JR		4) Grace Pope SR	
	26.97	58.47 (31.50)		
	1:25.67 (27.20)	1:50.35 (24.68)		
12	Ncmp Newton	1:52.75	1:50.83	10
	1) Lakin Jenkins SR		2) Lindsey Blommers SR	
	3) Hannah Nedder FR		4) Alex Inskeep SR	
	28.75	58.92 (30.17)		
	1:24.92 (26.00)	1:50.83 (25.91)		
13	Linn-Mar	1:51.32	1:52.01	8
	1) Ella Wagner SO		2) Shannon Kelley JR	
	3) Lily Haars FR		4) Serena Brizard SR	
	28.70	59.24 (30.54)		
	1:27.22 (27.98)	1:52.01 (24.79)		
14	Atlantic	1:52.96	1:52.58	6
	1) Annamaria Lowary JR		2) Mckenna Ewoldt SR	
	3) Clare Christensen JR		4) Aleah Hermansen FR	
	28.36	1:01.61 (33.25)		
	1:27.77 (26.16)	1:52.58 (24.81)		
15	Carroll	1:52.53	1:53.27	4
	1) Jenna Currier FR		2) Bailey St.Peter SO	
	3) Melea Axman SO		4) Shyla Mohr SR	
	28.76	1:00.31 (31.55)		
	1:26.78 (26.47)	1:53.27 (26.49)		
16	Iowa City West	1:53.86	1:53.72	2
	1) Ella Hochstetler FR		2) Lexi Janik SO	
	3) Lily Ernst JR		4) Anna Reese SO	
	28.29	1:01.06 (32.77)		
	1:27.21 (26.15)	1:53.72 (26.51)		
17	CR Washington	1:53.42	1:53.81	
	1) Sydney Jones SO		2) Alanna Adkins SR	
	3) Ellie Bryant SR		4) Emma Sorg SO	
	28.33	1:01.83 (33.50)		
	1:29.15 (27.32)	1:53.81 (24.66)		
18	CR Kennedy	1:52.90	1:53.83	
	1) Reagan Linder SR		2) Anne Baumann FR	
	3) Kassidy Lovig SR		4) Ella Popenhagen JR	
	29.44	1:01.61 (32.17)		
	1:28.80 (27.19)	1:53.83 (25.03)		
19	Spencer	1:53.16	1:54.57	
	1) Emma VerSteeg SR		2) Brooke Moser FR	
	3) NancyLynn Maris SR		4) Haley Harms FR	
	27.60	59.78 (32.18)		
	1:27.19 (27.41)	1:54.57 (27.38)		
20	Tipton	1:56.08	1:54.67	
	1) Ali Anderson JR		2) Britney Ford JR	
	3) Maddie Swick SO		4) Zoe Stonebraker SO	
	29.55	1:01.40 (31.85)		
	1:28.91 (27.51)	1:54.67 (25.76)		
21	Johnston	1:54.97	1:54.69	
	1) Abby Rastetter SO		2) Kassady Taylor FR	
	3) Kelsey Hostetler SR		4) Josie Hovey SR	
	28.98	1:01.83 (32.85)		

	1:29.26 (27.43)	1:54.69 (25.43)	
22 Mason City		1:54.13	1:54.79
1) Paige Braun JR			2) Madison Braun JR
3) Thea Lunning SR			4) Marley Hagerty SO
	29.54	1:00.92 (31.38)	
	1:29.07 (28.15)	1:54.79 (25.72)	
23 Boone		1:53.98	1:54.94
1) Liz Purtle SO			2) Regan Peter SO
3) Maddie Postma SR			4) Lauren Kennedy JR
	29.43	1:00.71 (31.28)	
	1:29.03 (28.32)	1:54.94 (25.91)	
24 Dub Hempstead		1:56.20	1:55.49
1) Samantha Fish SO			2) Molly Duehr JR
3) Emily Rober SO			4) Faith Jasper JR
	28.21	58.90 (30.69)	
	1:29.43 (30.53)	1:55.49 (26.06)	
25 CR Jefferson		1:55.12	1:55.74
1) Jacy Werning JR			2) Emma Lynch SO
3) Kaitlyn Sellon SO			4) Lauren Williams
	28.17	1:01.55 (33.38)	
	1:31.10 (29.55)	1:55.74 (24.64)	
26 SC Metro		1:56.02	1:55.75
1) Madison Slaughter JR			2) Lily Wright JR
3) Kennedy Bork JR			4) Avery Koopmans SO
	30.13	1:01.15 (31.02)	
	1:30.52 (29.37)	1:55.75 (25.23)	
27 Dav Central		1:54.30	1:56.26
1) Liz Weber SO			2) Abbey Klostermann JR
3) Allison Fellner SR			4) Isabelle Shook SR
	31.19	1:02.48 (31.29)	
	1:30.30 (27.82)	1:56.26 (25.96)	
28 Decorah		1:56.25	1:57.41
1) Margaret Rhodes FR			2) Ella Hermeier SO
3) Emily Voyna FR			4) Meridian Snitker FR
	30.22	1:02.90 (32.68)	
	1:30.14 (27.24)	1:57.41 (27.27)	
29 Vinton-Shells		1:56.87	1:57.45
1) Arabella Shepard SR			2) Lexi Goodell FR
3) Geordyn Webster SO			4) Clarissa Carolan SO
	28.65	1:02.19 (33.54)	
	1:30.05 (27.86)	1:57.45 (27.40)	
30 Indianola		1:57.76	1:57.80
1) Brooklyn Pottebaum JR			2) Kallista Peterson SR
3) Hannah McFarland SO			4) Kinsli Cram SO
	29.29	1:01.89 (32.60)	
	1:31.83 (29.94)	1:57.80 (25.97)	
31 DM Roosevelt		1:57.43	1:58.57
1) Cecile Lorenzen SO			2) Gabi Miller SO
3) Mary Ann Schwindt JR			4) Meghan Workman SR
	28.65	1:04.05 (35.40)	
	1:32.67 (28.62)	1:58.57 (25.90)	
-- Bettendorf		1:48.58	DQ
1) Sami Roemer JR			2) Lauren Tumey SR
3) Alexis Beine SR			4) Megan Greenley JR
	27.26	57.49 (30.23)	
	1:23.78 (26.29)	DQ (23.64)	

**Event 3 Women 200 Yard Freestyle**

State Record: ! 1:47.14 11/8/2014 Allyssa Fluit, Southeast Polk  
 1:48.80 AUTO Auto AA  
 1:50.65 CONS Consideration AA

Name	Year	School	Prelims	Finals	Points
<b>=== A - Final ===</b>					
1 Clare Culver	SR	Dowling Catholic	1:48.81	1:48.68 AUTO	20
		25.63 53.15 (27.52)			
		1:21.25 (28.10)	1:48.68 (27.43)		
2 Amy Feddersen	SR	Ames	1:49.51	1:48.82 CONS	17
		25.47 52.95 (27.48)			
		1:20.23 (27.28)	1:48.82 (28.59)		
3 Aurora Roghair	SO	Iowa City West	1:49.94	1:50.13 CONS	16
		25.73 53.13 (27.40)			
		1:21.39 (28.26)	1:50.13 (28.74)		
4 Emily Van De Wi	SR	Bettendorf	1:50.71	1:50.22 CONS	15
		25.54 53.12 (27.58)			
		1:21.49 (28.37)	1:50.22 (28.73)		
5 Brinley Horras	JR	Ames	1:51.19	1:51.38	14
		26.03 54.28 (28.25)			
		1:23.20 (28.92)	1:51.38 (28.18)		
6 Erin Doruska	SR	Ankeny	1:51.05	1:51.52	13
		26.14 54.51 (28.37)			
		1:23.10 (28.59)	1:51.52 (28.42)		
7 Zoe Pawloski	SR	Lewis Central	1:52.79	1:52.81	12
		26.53 54.98 (28.45)			
		1:23.86 (28.88)	1:52.81 (28.95)		
8 Meg Susil	SO	Dowling Catholic	1:52.94	1:53.26	11
		26.14 54.32 (28.18)			
		1:23.63 (29.31)	1:53.26 (29.63)		
<b>=== B - Final ===</b>					
9 Grace Considine	SR	Cedar Falls	1:55.01	1:55.33	9
		26.46 55.12 (28.66)			
		1:25.32 (30.20)	1:55.33 (30.01)		
10 Natalia Veraste	SR	Wahlert Catholic	1:56.94	1:55.48	7
		26.69 55.65 (28.96)			
		1:25.65 (30.00)	1:55.48 (29.83)		
11 Alexa Bell	JR	Southeast Polk	1:55.19	1:56.27	6
		26.18 55.36 (29.18)			
		1:25.48 (30.12)	1:56.27 (30.79)		
12 Mikayla Kloth	FR	Ames	1:57.44	1:56.60	5
		27.39 56.85 (29.46)			
		1:27.09 (30.24)	1:56.60 (29.51)		
13 Libby Staver	SR	Pleasant Valley	1:55.16	1:56.78	4
		26.58 55.61 (29.03)			
		1:25.94 (30.33)	1:56.78 (30.84)		
14 Cambry Miller	SR	Atlantic	1:56.01	1:57.51	3
		26.54 55.83 (29.29)			
		1:26.50 (30.67)	1:57.51 (31.01)		
15 Abby Buechel	FR	Pleasant Valley	1:58.00	1:57.67	2
		26.93 56.51 (29.58)			
		1:26.79 (30.28)	1:57.67 (30.88)		
16 Anya Koenigsfel	JR	Dowling Catholic	1:58.62	1:58.09	1

27.35 56.95 (29.60)  
 1:27.47 (30.52) 1:58.09 (30.62)

=== Preliminaries ===

17	Olivia Bowden	JR	CR Kennedy	1:58.73
18	Zoey Ahrens	JR	Bettendorf	1:58.74
19	Taylor Matta	FR	CR Kennedy	1:58.80
20	Madigan Peimann	JR	Fort Dodge	1:59.06
21	Maddie Gannon	JR	CR Kennedy	1:59.71
22	Madison Carleto	FR	Ankeny	1:59.96
23	Olivia Taeger	FR	Iowa City West	2:00.12
24	Mesarah Hnesh	FR	Iowa City West	2:00.76
25	Myah Rozinek	SO	Ankeny	2:00.83
26	Lilly Weber	FR	Linn-Mar	2:01.00
27	Grace Schons	SR	Pleasant Valley	2:01.96
28	Grace Pope	SR	Dub Senior	2:02.38
29	Grace Bobeldyk	FR	Cedar Falls	2:03.06
30	Hannah Ross	SR	Wdm Valley	2:03.32
31	Annie Thiel	SO	Wdm Valley	2:03.41
32	Molly Duehr	JR	Dub Hempstead	2:04.31

Event 4 Women 200 Yard IM

State Record: ! 2:00.33 11/3/2012 Emma Sougstad, Mason City  
 2:01.69 AUTO Auto AA  
 2:04.02 CONS Consideration AA

Name	Year	School	Prelims	Finals	Points
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=== A - Final ===

1	Mary Martin	SO	Dowling Catholic	2:04.22	2:02.96 CONS	20
		27.94	1:00.31 (32.37)			
	1:34.66 (34.35)		2:02.96 (28.30)			
2	Arianna Ottavia	JR	Bettendorf	2:04.05	2:03.16 CONS	17
		26.09	58.09 (32.00)			
	1:33.92 (35.83)		2:03.16 (29.24)			
3	Scarlet Martin	FR	Iowa City West	2:04.33	2:03.33 CONS	16
		25.93	57.30 (31.37)			
	1:35.08 (37.78)		2:03.33 (28.25)			
4	Olivia Masterso	JR	Iowa City High	2:06.78	2:05.01	15
		27.18	59.70 (32.52)			
	1:35.00 (35.30)		2:05.01 (30.01)			
5	Anna Hamling	JR	Waukee	2:08.04	2:07.03	14
		27.13	59.05 (31.92)			
	1:36.91 (37.86)		2:07.03 (30.12)			
6	Abby Hala	FR	Ames	2:08.98	2:09.07	13
		27.51	58.14 (30.63)			
	1:38.22 (40.08)		2:09.07 (30.85)			
7	Molly Winer	SR	Ames	2:08.16	2:09.15	12
		27.84	1:02.55 (34.71)			
	1:38.91 (36.36)		2:09.15 (30.24)			
8	Sami Roemer	JR	Bettendorf	2:09.29	2:09.28	11
		27.56	1:01.06 (33.50)			
	1:38.98 (37.92)		2:09.28 (30.30)			

=== B - Final ===

9	Lily Ernst	JR	Iowa City West	2:11.29	2:09.38	9
				28.04	1:01.35 (33.31)	
				1:39.54 (38.19)	2:09.38 (29.84)	
10	Taylor Buhr	FR	Pleasant Valley	2:11.09	2:09.70	7
				28.37	1:01.09 (32.72)	
				1:39.09 (38.00)	2:09.70 (30.61)	
11	Jordan Neymeyer	JR	Pleasant Valley	2:12.09	2:11.60	6
				28.72	1:02.22 (33.50)	
				1:40.45 (38.23)	2:11.60 (31.15)	
12	Carley Caughron	SO	Waterloo	2:10.45	2:12.42	5
				26.17	59.77 (33.60)	
				1:40.06 (40.29)	2:12.42 (32.36)	
13	Grace Hartley	SO	Fort Dodge	2:11.84	2:12.89	4
				29.30	1:02.88 (33.58)	
				1:41.74 (38.86)	2:12.89 (31.15)	
14	Caroline Schult	SO	Dowling Catholic	2:11.79	2:13.38	3
				28.46	1:01.60 (33.14)	
				1:41.98 (40.38)	2:13.38 (31.40)	
15	Claire Wedewer	JR	Dub Senior	2:11.87	2:13.51	2
				28.68	1:03.18 (34.50)	
				1:42.04 (38.86)	2:13.51 (31.47)	
16	Maddie Grant	JR	Dowling Catholic	2:12.74	2:16.31	1
				29.45	1:02.18 (32.73)	
				1:43.38 (41.20)	2:16.31 (32.93)	

=== Preliminaries ===

17	Lydia Johnston	SO	DM Roosevelt	2:13.32		
18	Kassidy Lovig	SR	CR Kennedy	2:13.34		
19	Lauren Tumey	SR	Bettendorf	2:14.05		
20	Jill Hughes	SR	CR Washington	2:14.23		
21	Ella Wagner	SO	Linn-Mar	2:14.56		
22	Kendall Mallaro	FR	Cedar Falls	2:14.97		
23	Rachel Studer	SR	Wdm Valley	2:15.28		
24	Maddi Kemp	JR	Waukee	2:15.59		
25	Andrea Rodrigue	SR	Ankeny	2:15.80		
26	Alexis Henning	FR	Ankeny	2:15.81		
27	Annamaria Lowar	JR	Atlantic	2:16.01		
28	Elora Fierke	JR	Fort Dodge	2:16.16		
29	Kristin He	FR	Wdm Valley	2:16.59		
30	Jenny Geng	SO	Iowa City West	2:16.68		
31	Lauren Fisher	FR	Ames	2:16.90		
32	Sophia Hueser	SO	Waukee	2:17.12		

Event 5 Women 50 Yard Freestyle

State Record: ! 22.51 11/8/2014 Maddie Gehrke, Waukee						
						23.23 AUTO Auto AA
						23.58 CONS Consideration AA
Name	Year	School	Prelims	Finals	Points	

=== A - Final ===

1	Jasmine Rumley	JR	Ankeny	22.86	22.64 AUTO	20
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2	Katie Broderick	JR Dowling Catholic	23.88	23.55	CONS	17
3	Anna Pfeiffer	JR Dub Senior	23.64	23.89		16
4	Grace Frericks	FR Cedar Falls	23.67	23.91		15
5	Emma Clark	SO Cedar Falls	23.89	23.92		14
6	Reilly Shaner	SR Wdm Valley	23.66	23.95		13
7	Meghan Donald	FR Ames	24.10	23.97		12
8	Abby Rastetter	SO Johnston	24.25	24.40		11

=== B - Final ===

9	Emma Bachelder	JR Decorah	24.42	24.30		9
10	Mary Sweetman	SO Dowling Catholic	24.34	24.44		7
11	Gracie Wesselma	SO Ames	24.36	24.49		6
12	Trinity Sadecky	JR Iowa City High	24.37	24.58		5
13	Abby Lear	FR Muscatine	24.48	24.67		4
14	Waren Graeve	SO Lewis Central	24.71	24.87		3
15	Melea Axman	SO Carroll	24.64	24.91		2
16	Mia Moulden	SO Ames	24.68	24.95		1

=== Preliminaries ===

17	Megan Greenley	JR Bettendorf	24.73			
18	Aubrey Douds	FR DM Lincoln	24.79			
19	Lauren Groenenb	SR Pleasant Valley	24.86			
20	Cassie Rounds	FR Dowling Catholic	24.91			
21	Serena Brizard	SR Linn-Mar	24.92			
22	Taylor Kremer	JR Dub Senior	24.95			
23	Christy Bishop	SR Pleasant Valley	25.05			
24	Alison Wyatt	SO Wdm Valley	25.08			
25	Anika Snow	SO DM Lincoln	25.09			
26	Emma Sorg	SO CR Washington	25.10			
27	Rika Yahashiri	SO Iowa City High	25.12			
27	Alaina Schmidt	JR Wahlert Catholic	25.12			
29	Luanne Xiao	JR Fort Dodge	25.25			
30	Kathryn Miletic	FR Bettendorf	25.29			
31	Alex Larson	SR Bettendorf	25.31			
32	Ella Popenhagen	JR CR Kennedy	25.69			

Event 6 Women 100 Yard Butterfly

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State Record: ! 53.67 11/2/2018 Berit Quass, Dowling Catholic  
54.45 AUTO Auto AA  
55.63 CONS Consideration AA

Name	Year	School	Prelims	Finals	Points
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=== A - Final ===

1	Berit Quass	JR Dowling Catholic	53.67	54.16	AUTO	20
		25.14	54.16 (29.02)			
2	Scarlet Martin	FR Iowa City West	54.83	54.21	AUTO	17
		25.36	54.21 (28.85)			
3	Reilly Shaner	SR Wdm Valley	57.21	56.23		16
		26.94	56.23 (29.29)			
4	Annie Galvin	SO Ames	55.83	56.27		15
		26.15	56.27 (30.12)			
5	Scout Bergwall	JR Ankeny	57.67	57.15		14

	26.52		57.15 (30.63)			
6 Arabella Shepar	SR	Vinton-Shells	57.78	57.54	12.5	
	26.80		57.54 (30.74)			
6 Carley Caughron	SO	Waterloo	57.90	57.54	12.5	
	26.78		57.54 (30.76)			
8 Alexis Beine	SR	Bettendorf	57.19	57.66	11	
	27.04		57.66 (30.62)			

=== B - Final ===

9 Anna Hamling	JR	Waukee	58.20	58.30	9	
	27.73		58.30 (30.57)			
10 Hope Cvrk	SO	SC Metro	58.29	58.50	7	
	27.07		58.50 (31.43)			
11 Lily Ernst	JR	Iowa City West	58.30	58.93	6	
	28.04		58.93 (30.89)			
12 Melea Axman	SO	Carroll	58.89	59.07	5	
	27.70		59.07 (31.37)			
13 Abbie Montag	SR	Wahlert Catholic	58.92	59.29	4	
	27.72		59.29 (31.57)			
14 Victoria Michel	JR	Wahlert Catholic	58.29	59.35	3	
	28.25		59.35 (31.10)			
15 Mia Moulden	SO	Ames	58.67	59.51	2	
	27.74		59.51 (31.77)			
16 Trinity Sadecky	JR	Iowa City High	59.21	1:00.86	1	
	28.19		1:00.86 (32.67)			

=== Preliminaries ===

17 Hannah Nedder	FR	Ncmp Newton	59.28			
18 Chloe Marquis	SO	DM Lincoln	59.41			
19 Abby McCorkle	SO	Ames	59.55			
20 Megan Latta	SR	Dowling Catholic	59.79			
21 Samantha Fish	SO	Dub Hempstead	59.89			
22 Macy Greenley	FR	Bettendorf	59.92			
23 Kendall Mallaro	FR	Cedar Falls	59.95			
24 Sarah Gann	SR	Lewis Central	1:00.03			
25 Clare Christens	JR	Atlantic	1:00.05			
26 Eve Wiltse	SO	Waukee	1:00.38			
27 Maggie Eure	JR	Dowling Catholic	1:00.51			
28 Kassidy Lovig	SR	CR Kennedy	1:00.54			
29 Ella Wagner	SO	Linn-Mar	1:00.61			
29 Cecilia Lau	SO	Cedar Falls	1:00.61			
31 Shakira Hererra	SR	Marshalltown	1:01.14			
32 Joclyn Tracy	SO	Wdm Valley	1:01.68			

**Event 7 Women 100 Yard Freestyle**

State Record: ! 49.54 11/5/2017 Amy Feddersen, Ames  
50.29 AUTO Auto AA  
51.13 CONS Consideration AA

Name	Year	School	Prelims	Finals	Points
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=== A - Final ===

1 Amy Feddersen	SR	Ames	49.80	49.75 AUTO	20
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	24.24		49.75 (25.51)			
2 Jasmine Rumley	JR Ankeny		50.31	49.77	AUTO	17
	23.82		49.77 (25.95)			
3 Erin Doruska	SR Ankeny		51.08	50.91	CONS	16
	24.85		50.91 (26.06)			
4 Emma Clark	SO Cedar Falls		52.42	52.27		15
	25.11		52.27 (27.16)			
5 Carly Weigel	JR Iowa City High		52.32	52.56		14
	25.26		52.56 (27.30)			
6 Anna Pfeiffer	JR Dub Senior		52.04	52.62		13
	25.07		52.62 (27.55)			
7 Alexa Bell	JR Southeast Polk		53.05	52.97		12
	25.33		52.97 (27.64)			
8 Mary Sweetman	SO Dowling Catholic		52.99	53.14		11
	25.59		53.14 (27.55)			

=== B - Final ===

9 Cambry Miller	SR Atlantic		53.18	53.64		8
	25.81		53.64 (27.83)			
9 Megan Greenley	JR Bettendorf		53.50	53.64		8
	25.84		53.64 (27.80)			
11 Gracie Wesselma	SO Ames		53.51	53.66		6
	25.80		53.66 (27.86)			
12 Natalia Veraste	SR Wahlert Catholic		54.11	53.74		5
	26.06		53.74 (27.68)			
13 Abby Lear	FR Muscatine		53.50	54.00		4
	25.91		54.00 (28.09)			
14 Mikayla Kloth	FR Ames		53.85	54.04		3
	26.14		54.04 (27.90)			
15 Aubrey Douds	FR DM Lincoln		54.08	54.18		2
	25.97		54.18 (28.21)			
-- Ellie Clark	SO Dowling Catholic		53.15		DQ	
	25.81				DQ (27.70)	

=== Preliminaries ===

17 Abby Buechel	FR Pleasant Valley		54.40			
18 Abby Rastetter	SO Johnston		54.50			
19 Jenna Currier	FR Carroll		54.62			
20 Grace Pope	SR Dub Senior		54.90			
21 Aubrey Bach	JR Lewis Central		54.92			
22 Lauren Groenenb	SR Pleasant Valley		55.11			
23 Rika Yahashiri	SO Iowa City High		55.14			
24 Clare Sweetman	SR Dowling Catholic		55.15			
25 Serena Brizard	SR Linn-Mar		55.27			
26 Layne Collum	SR Waukee		55.45			
27 Myah Rozinek	SO Ankeny		55.47			
28 Raylee King	FR CR Kennedy		55.49			
29 Madigan Peimann	JR Fort Dodge		55.61			
30 Hailee Grovo	JR Bettendorf		56.11			
31 Ella Popenhagen	JR CR Kennedy		56.14			
32 Isabelle Shook	SR Dav Central		56.40			

Event 8 Women 500 Yard Freestyle

State Record: ! 4:48.88 11/2/2018 Berit Quass, Dowling Catholic  
 4:52.26 AUTO Auto AA  
 4:57.09 CONS Consideration AA

Name	Year	School	Prelims	Finals	Points
=====					
<b>=== A - Final ===</b>					
1 Berit Quass	JR	Dowling Catholic	4:48.88	4:50.96 AUTO	20
			26.80	55.72 (28.92)	
			1:25.13 (29.41)	1:54.66 (29.53)	
			2:24.09 (29.43)	2:53.35 (29.26)	
			3:22.79 (29.44)	3:52.17 (29.38)	
			4:21.74 (29.57)	4:50.96 (29.22)	
2 Aurora Roghair	SO	Iowa City West	4:51.55	4:53.20 CONS	17
			27.08	56.35 (29.27)	
			1:25.99 (29.64)	1:55.69 (29.70)	
			2:25.59 (29.90)	2:55.64 (30.05)	
			3:24.92 (29.28)	3:54.35 (29.43)	
			4:23.87 (29.52)	4:53.20 (29.33)	
3 Brinley Horras	JR	Ames	4:54.84	4:54.82 CONS	16
			26.91	56.08 (29.17)	
			1:25.77 (29.69)	1:55.82 (30.05)	
			2:25.78 (29.96)	2:55.94 (30.16)	
			3:26.29 (30.35)	3:56.39 (30.10)	
			4:26.62 (30.23)	4:54.82 (28.20)	
4 Clare Culver	SR	Dowling Catholic	4:51.53	4:55.18 CONS	15
			26.97	56.15 (29.18)	
			1:25.65 (29.50)	1:55.57 (29.92)	
			2:25.65 (30.08)	2:55.85 (30.20)	
			3:26.33 (30.48)	3:56.63 (30.30)	
			4:26.43 (29.80)	4:55.18 (28.75)	
5 Meg Susil	SO	Dowling Catholic	5:00.37	4:59.29	14
			27.51	56.95 (29.44)	
			1:26.70 (29.75)	1:56.81 (30.11)	
			2:27.18 (30.37)	2:57.58 (30.40)	
			3:27.97 (30.39)	3:58.54 (30.57)	
			4:29.39 (30.85)	4:59.29 (29.90)	
6 Grace Considine	SR	Cedar Falls	5:08.09	5:07.03	13
			27.75	57.89 (30.14)	
			1:28.96 (31.07)	2:00.38 (31.42)	
			2:31.28 (30.90)	3:02.49 (31.21)	
			3:33.60 (31.11)	4:04.85 (31.25)	
			4:36.47 (31.62)	5:07.03 (30.56)	
7 Libby Staver	SR	Pleasant Valley	5:05.47	5:11.49	12
			27.51	57.29 (29.78)	
			1:28.19 (30.90)	1:59.61 (31.42)	
			2:31.22 (31.61)	3:03.38 (32.16)	
			3:35.49 (32.11)	4:07.99 (32.50)	
			4:39.96 (31.97)	5:11.49 (31.53)	
8 Grace Hartley	SO	Fort Dodge	5:11.00	5:12.24	11
			27.96	58.71 (30.75)	
			1:30.21 (31.50)	2:02.11 (31.90)	
			2:34.26 (32.15)	3:06.45 (32.19)	
			3:38.35 (31.90)	4:10.01 (31.66)	
			4:41.50 (31.49)	5:12.24 (30.74)	

**=== B - Final ===**

9	Taylor Matta	FR CR Kennedy	5:14.46	5:11.50	9
	29.42	1:00.68 (31.26)			
	1:32.87 (32.19)	2:04.64 (31.77)			
	2:36.30 (31.66)	3:07.59 (31.29)			
	3:39.36 (31.77)	4:10.99 (31.63)			
	4:41.90 (30.91)	5:11.50 (29.60)			
10	Lydia Johnston	SO DM Roosevelt	5:15.63	5:13.01	7
	27.90	58.26 (30.36)			
	1:29.48 (31.22)	2:00.95 (31.47)			
	2:32.88 (31.93)	3:04.87 (31.99)			
	3:37.18 (32.31)	4:09.68 (32.50)			
	4:41.92 (32.24)	5:13.01 (31.09)			
11	Zoey Ahrens	JR Bettendorf	5:14.58	5:13.30	6
	28.40	59.36 (30.96)			
	1:30.78 (31.42)	2:02.52 (31.74)			
	2:34.44 (31.92)	3:06.31 (31.87)			
	3:38.11 (31.80)	4:10.03 (31.92)			
	4:42.23 (32.20)	5:13.30 (31.07)			
12	Lilly Weber	FR Linn-Mar	5:17.69	5:15.93	5
	29.34	1:00.67 (31.33)			
	1:32.32 (31.65)	2:04.36 (32.04)			
	2:36.46 (32.10)	3:08.49 (32.03)			
	3:40.68 (32.19)	4:12.77 (32.09)			
	4:44.79 (32.02)	5:15.93 (31.14)			
13	Andrea Rodrigue	SR Ankeny	5:16.42	5:16.27	4
	28.33	59.18 (30.85)			
	1:30.90 (31.72)	2:02.99 (32.09)			
	2:35.15 (32.16)	3:07.27 (32.12)			
	3:39.84 (32.57)	4:12.73 (32.89)			
	4:45.06 (32.33)	5:16.27 (31.21)			
14	Delaney Ryken	SR Ames	5:18.90	5:16.63	3
	28.34	59.57 (31.23)			
	1:31.36 (31.79)	2:03.46 (32.10)			
	2:35.58 (32.12)	3:07.76 (32.18)			
	3:40.19 (32.43)	4:12.91 (32.72)			
	4:45.41 (32.50)	5:16.63 (31.22)			
15	Madison Carleto	FR Ankeny	5:18.16	5:19.24	2
	28.46	59.31 (30.85)			
	1:31.06 (31.75)	2:03.49 (32.43)			
	2:36.11 (32.62)	3:08.90 (32.79)			
	3:41.68 (32.78)	4:14.61 (32.93)			
	4:47.37 (32.76)	5:19.24 (31.87)			
16	Shannon Kelley	JR Linn-Mar	5:13.91	5:25.19	1
	29.00	1:00.55 (31.55)			
	1:33.04 (32.49)	2:05.74 (32.70)			
	2:38.67 (32.93)	3:11.99 (33.32)			
	3:45.52 (33.53)	4:19.01 (33.49)			
	4:52.53 (33.52)	5:25.19 (32.66)			

=== Preliminaries ===

17	Sophie McCorkle	FR Ames	5:19.74		
18	Olivia Bowden	JR CR Kennedy	5:22.38		
19	Olivia Taeger	FR Iowa City West	5:22.52		
20	Jill Hughes	SR CR Washington	5:22.68		
21	Shea Yuran	SR Ankeny	5:24.33		



	1:13.76 (24.89)	1:38.12 (24.36)		
8 Atlantic		1:38.78	1:38.41	22
1) Aleah Hermansen FR			2) Kathryn Landhuis JR	
3) Clare Christensen JR			4) Cambry Miller SR	
	25.37	50.48 (25.11)		
	1:14.21 (23.73)	1:38.41 (24.20)		
9 Wahlert Catholic		1:38.38	1:38.57	18
1) Natalia Verastegui SR			2) Zoe Heiar SO	
3) Abbie Montag SR			4) Victoria Michel JR	
	24.74	49.42 (24.68)		
	1:14.47 (25.05)	1:38.57 (24.10)		
10 Pleasant Valley		1:38.73	1:38.67	14
1) Lauren Groenenboom SR			2) Christy Bishop SR	
3) Danielle Nauman SR			4) Taylor Buhr FR	
	24.99	49.55 (24.56)		
	1:14.36 (24.81)	1:38.67 (24.31)		
11 Wdm Valley		1:39.34	1:38.78	12
1) Reilly Shaner SR			2) Rachel Studer SR	
3) Kristin He FR			4) Alison Wyatt SO	
	23.58	48.70 (25.12)		
	1:13.69 (24.99)	1:38.78 (25.09)		
12 DM Lincoln		1:41.27	1:39.47	10
1) Anika Snow SO			2) Aubrey Douds FR	
3) Ava Zaugg SO			4) Catherine Dooley JR	
	25.17	49.67 (24.50)		
	1:14.80 (25.13)	1:39.47 (24.67)		
13 Lewis Central		1:40.22	1:40.63	8
1) Kelsey Meyer SR			2) Sarah Gann SR	
3) Aubrey Bach JR			4) Waren Graeve SO	
	26.74	51.44 (24.70)		
	1:16.20 (24.76)	1:40.63 (24.43)		
14 Waukee		1:41.61	1:41.05	6
1) Layne Collum SR			2) Alexa Wurth FR	
3) Elle Kramer SR			4) Sophia Hueser SO	
	25.90	51.27 (25.37)		
	1:16.48 (25.21)	1:41.05 (24.57)		
15 SC Metro		1:41.64	1:41.37	4
1) Avery Koopmans SO			2) Lily Wright JR	
3) Brecken Baller FR			4) Hope Cvrk SO	
	25.89	51.67 (25.78)		
	1:17.47 (25.80)	1:41.37 (23.90)		
16 CR Kennedy		1:40.31	1:41.74	2
1) Raylee King FR			2) Maddie Gannon JR	
3) Ella Popenhagen JR			4) Grace Hanrahan SO	
	25.63	50.68 (25.05)		
	1:15.61 (24.93)	1:41.74 (26.13)		
17 Carroll		1:41.14	1:41.81	
1) Melea Axman SO			2) Shyla Mohr SR	
3) Bailey St.Peter SO			4) Jenna Currier FR	
	24.87	51.25 (26.38)		
	1:17.16 (25.91)	1:41.81 (24.65)		
18 Ncmp Newton		1:43.78	1:42.10	
1) Lindsey Blommers SR			2) Hannah Nedder FR	
3) Lakin Jenkins SR			4) Alex Inskeep SR	
	26.00	50.85 (24.85)		
	1:15.98 (25.13)	1:42.10 (26.12)		
19 Southeast Polk		1:41.74	1:42.25	

	1) Grace Hinze SR	2) Madeleine Reed SR
	3) Jenna Smyth JR	4) Alexa Bell JR
	26.61	52.27 (25.66)
	1:18.31 (26.04)	1:42.25 (23.94)
19 Fort Dodge		1:41.92 1:42.25
	1) Madigan Peimann JR	2) Grace Hartley SO
	3) Rylie Steinkamp SO	4) Luanne Xiao JR
	25.63	51.19 (25.56)
	1:17.69 (26.50)	1:42.25 (24.56)
21 Decorah		1:43.49 1:43.22
	1) Emily Voyna FR	2) Kiana Folkedahl SO
	3) Meridian Snitker FR	4) Emma Bachelder JR
	26.50	52.53 (26.03)
	1:19.44 (26.91)	1:43.22 (23.78)
22 CR Jefferson		1:43.05 1:43.46
	1) Jacy Werning JR	2) Ramsey Tucker JR
	3) Megan Kitzmiller	4) Lauren Williams
	26.05	52.12 (26.07)
	1:18.64 (26.52)	1:43.46 (24.82)
23 Mason City		1:42.32 1:43.51
	1) Marley Hagerty SO	2) Nia Litterer SO
	3) Madison Braun JR	4) Paige Braun JR
	26.63	52.10 (25.47)
	1:17.96 (25.86)	1:43.51 (25.55)
24 Johnston		1:44.48 1:43.55
	1) Kassady Taylor FR	2) Amber Yeutsy JR
	3) Josie Hovey SR	4) Isabelle Osborne FR
	26.43	52.80 (26.37)
	1:18.28 (25.48)	1:43.55 (25.27)
25 Boone		1:44.10 1:43.68
	1) Liz Purtle SO	2) Marin Powell SO
	3) Lauren Kennedy JR	4) Emily Wingert SO
	26.13	52.47 (26.34)
	1:18.36 (25.89)	1:43.68 (25.32)
26 Dub Senior		1:40.66 1:43.82
	1) Tabitha Monahan FR	2) Lauren Fetzer JR
	3) Maci Boffeli FR	4) Taylor Kremer JR
	26.52	53.91 (27.39)
	1:18.98 (25.07)	1:43.82 (24.84)
27 Spencer		1:44.26 1:44.21
	1) Emma VerSteege SR	2) Haley Harms FR
	3) Brooke Moser FR	4) NancyLynn Maris SR
	25.48	52.53 (27.05)
	1:19.04 (26.51)	1:44.21 (25.17)
28 DM Roosevelt		1:44.60 1:44.91
	1) Meghan Workman SR	2) Mary Ann Schwindt JR
	3) Ellie Odole SR	4) Lydia Johnston SO
	26.54	54.66 (28.12)
	1:19.92 (25.26)	1:44.91 (24.99)
29 Tipton		1:45.30 1:45.02
	1) Rhyan Hoefler FR	2) Ali Anderson JR
	3) Maddie Swick SO	4) Zoe Stonebraker SO
	26.49	52.70 (26.21)
	1:18.81 (26.11)	1:45.02 (26.21)
30 Dav Central		1:46.03 1:45.26
	1) Isabelle Shook SR	2) Allison Fellner SR
	3) Paige Pearson SO	4) Megan Fellner SR

	26.41	52.88 (26.47)		
	1:19.88 (27.00)	1:45.26 (25.38)		
31 Linn-Mar		1:43.61	1:45.84	
1) Lily Haars	FR		2) Mallory Ahrens	JR
3) Dani Dennis	SR		4) Lilly Weber	FR
	25.80	51.67 (25.87)		
	1:18.50 (26.83)	1:45.84 (27.34)		
-- CR Washington		1:42.99	DQ	
1) Emma Sorg	SO		2) Audi Eichhorn	JR
3) Jill Hughes	SR		4) Alanna Adkins	SR
	25.39	51.09 (25.70)		
	1:16.89 (25.80)	DQ (25.85)		

### Event 10 Women 100 Yard Backstroke

State Record: ! 54.60 11/7/2017 Sophie Sorenson, Ames  
 54.89 AUTO Auto AA  
 56.11 CONS Consideration AA

Name	Year	School	Prelims	Finals	Points
=== A - Final ===					
1 Katie Broderick	JR	Dowling Catholic	56.01	55.77 CONS	20
			27.39	55.77 (28.38)	
2 Grace Frericks	FR	Cedar Falls	55.69	55.87 CONS	17
			26.92	55.87 (28.95)	
3 Annie Galvin	SO	Ames	55.90	55.92 CONS	16
			27.33	55.92 (28.59)	
4 Zoe Pawloski	SR	Lewis Central	56.12	56.38	15
			26.85	56.38 (29.53)	
5 Emily Van De Wi	SR	Bettendorf	56.20	56.83	14
			27.47	56.83 (29.36)	
6 Hope Cvrk	SO	SC Metro	57.53	57.35	13
			27.77	57.35 (29.58)	
7 Sami Roemer	JR	Bettendorf	57.85	57.94	12
			28.12	57.94 (29.82)	
8 Carly Weigel	JR	Iowa City High	57.44	58.04	11
			28.78	58.04 (29.26)	
=== B - Final ===					
9 Ellie Clark	SO	Dowling Catholic	58.58	57.48	9
			28.17	57.48 (29.31)	
10 Abby Hala	FR	Ames	58.48	58.16	7
			28.41	58.16 (29.75)	
11 Victoria Michel	JR	Wahlert Catholic	58.20	58.18	6
			28.71	58.18 (29.47)	
12 Luanne Xiao	JR	Fort Dodge	58.37	58.55	5
			28.45	58.55 (30.10)	
13 Arabella Shepar	SR	Vinton-Shells	59.13	59.34	4
			28.83	59.34 (30.51)	
14 Alexis Henning	FR	Ankeny	59.38	59.38	3
			29.56	59.38 (29.82)	
15 Danielle Nauman	SR	Pleasant Valley	58.89	59.56	2
			28.78	59.56 (30.78)	
16 Grace Veach	FR	Pleasant Valley	58.98	59.78	1

29.28 59.78 (30.50)

=== Preliminaries ===

17	Abby McCorkle	SO Ames	59.57
18	Sydney Jones	SO CR Washington	59.66
19	Emma VerSteege	SR Spencer	59.72
20	Cecile Lorenzen	SO DM Roosevelt	59.82
21	Samantha Fish	SO Dub Hempstead	59.87
22	Annamaria Lowar	JR Atlantic	1:00.08
23	Caroline Schult	SO Dowling Catholic	1:00.09
24	Ella Hochstetle	FR Iowa City West	1:00.20
25	Scout Bergwall	JR Ankeny	1:00.71
26	Eve Wiltse	SO Waukee	1:01.06
27	Alix Dalmasso	FR Pleasant Valley	1:01.07
28	Lakin Jenkins	SR Ncmp Newton	1:01.16
29	Sydney Hiatt	SR Ankeny	1:01.45
30	Chloe Marquis	SO DM Lincoln	1:01.55
31	Sophia Hueser	SO Waukee	1:01.64

Event 11 Women 100 Yard Breaststroke

=====  
State Record: ! 1:01.18 11/3/2012 Katharine Ross, DM North  
1:02.60 AUTO Auto AA  
1:04.05 CONS Consideration AA

=====  
Name Year School Prelims Finals Points  
=====

=== A - Final ===

1	Molly Winer	SR Ames	1:02.49	1:02.17 AUTO	20
	29.62		1:02.17 (32.55)		
2	Mary Martin	SO Dowling Catholic	1:02.42	1:02.42 AUTO	17
	29.79		1:02.42 (32.63)		
3	Olivia Masterso	JR Iowa City High	1:02.93	1:03.26 CONS	16
	29.77		1:03.26 (33.49)		
4	Arianna Ottavia	JR Bettendorf	1:04.34	1:04.20	15
	29.92		1:04.20 (34.28)		
5	Lindsey Blommer	SR Ncmp Newton	1:05.05	1:05.47	14
	31.00		1:05.47 (34.47)		
6	Meghan Donald	FR Ames	1:04.81	1:05.71	13
	30.64		1:05.71 (35.07)		
7	Kirsti Robertso	JR Ames	1:05.98	1:06.23	12
	30.99		1:06.23 (35.24)		
8	Alexis Beine	SR Bettendorf	1:05.68	1:06.29	11
	30.79		1:06.29 (35.50)		

=== B - Final ===

9	Emma Bachelder	JR Decorah	1:06.78	1:07.03	9
	31.02		1:07.03 (36.01)		
10	Lauren Tumey	SR Bettendorf	1:08.19	1:07.63	7
	31.55		1:07.63 (36.08)		
11	Rachel Studer	SR Wdm Valley	1:07.92	1:07.71	6
	32.03		1:07.71 (35.68)		
12	Taylor Buhr	FR Pleasant Valley	1:07.00	1:07.84	5
	32.37		1:07.84 (35.47)		



13	Christy Bishop	SR	Pleasant Valley	1:08.47	1:08.23	4
				31.63	1:08.23 (36.60)	
14	Zoe Heiar	SO	Wahlert Catholic	1:07.92	1:08.29	3
				32.52	1:08.29 (35.77)	
15	Megan Latta	SR	Dowling Catholic	1:08.46	1:09.40	2
				32.89	1:09.40 (36.51)	
16	Erica Peters	FR	Ankeny	1:08.61	1:11.64	1
				33.29	1:11.64 (38.35)	

=== Preliminaries ===

17	Shannon Kelley	JR	Linn-Mar	1:08.67		
18	Madison Braun	JR	Mason City	1:08.72		
19	Torin Lackmann	SO	DM Lincoln	1:08.73		
20	Claire Wedewer	JR	Dub Senior	1:08.83		
21	Lily Wright	JR	SC Metro	1:08.99		
22	Abbey Klosterma	JR	Dav Central	1:09.49		
23	Jordan Neymeyer	JR	Pleasant Valley	1:09.52		
24	Alaina Schmidt	JR	Wahlert Catholic	1:09.71		
25	Elle Kramer	SR	Waukee	1:10.15		
26	Sophia Hostette	JR	DM Hoover	1:10.23		
27	Molly Duehr	JR	Dub Hempstead	1:10.85		
28	Alli Henry	JR	Wdm Valley	1:10.91		
29	Elora Fierke	JR	Fort Dodge	1:11.53		
30	Catherine Doole	JR	DM Lincoln	1:11.66		
31	Sophie Rounds	JR	Dowling Catholic	1:11.84		
32	Maddie Gannon	JR	CR Kennedy	1:12.53		

Event 12 Women 400 Yard Freestyle Relay

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State Record: ! 3:24.89 11/5/2017 Ames, Ames  
 S Sorenson, B. Horras, A. Galvin, A. Feddersen  
 3:27.79 AUTO Auto AA  
 3:31.27 CONS Consideration AA

School	Seed	Finals	Points
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1	Ames	3:35.11	3:25.55 AUTO	40
	1) Annie Galvin SO		2) Brinley Horras JR	
	3) Gracie Wesselmann SO		4) Amy Feddersen SR	
		25.04	51.69 (51.69)	
		1:16.04 (24.35)	1:43.57 (51.88)	
		2:07.89 (24.32)	2:36.10 (52.53)	
		2:59.85 (23.75)	3:25.55 (49.45)	
2	Dowling Catholic	3:30.89	3:26.04 AUTO	34
	1) Katie Broderick JR		2) Mary Sweetman SO	
	3) Berit Quass JR		4) Clare Culver SR	
		24.78	51.55 (51.55)	
		1:16.53 (24.98)	1:44.26 (52.71)	
		2:08.45 (24.19)	2:35.07 (50.81)	
		2:59.70 (24.63)	3:26.04 (50.97)	
3	Iowa City West	3:35.59	3:30.13 CONS	32
	1) Olivia Taeger FR		2) Lily Ernst JR	
	3) Scarlet Martin FR		4) Aurora Roghair SO	

	26.01	54.86 (54.86)		
	1:20.68 (25.82)	1:48.97 (54.11)		
	2:13.17 (24.20)	2:39.28 (50.31)		
	3:03.74 (24.46)	3:30.13 (50.85)		
4 Ankeny		3:36.46	3:30.84 CONS	30
1) Erin Doruska SR			2) Madison Carleton FR	
3) Mia Pearson FR			4) Andrea Rodriguez SR	
	24.79	51.61 (51.61)		
	1:17.80 (26.19)	1:46.78 (55.17)		
	2:12.48 (25.70)	2:41.21 (54.43)		
	3:04.54 (23.33)	3:30.84 (49.63)		
5 Bettendorf		3:33.52	3:31.53	28
1) Emily Van De Wiele SR			2) Zoey Ahrens JR	
3) Sami Roemer JR			4) Arianna Ottavianelli JR	
	25.11	51.55 (51.55)		
	1:17.60 (26.05)	1:46.68 (55.13)		
	2:11.94 (25.26)	2:39.79 (53.11)		
	3:04.44 (24.65)	3:31.53 (51.74)		
6 Cedar Falls		3:36.10	3:33.14	26
1) Grace Frericks FR			2) Grace Considine SR	
3) Rachel Roose JR			4) Emma Clark SO	
	25.17	52.58 (52.58)		
	1:18.32 (25.74)	1:46.12 (53.54)		
	2:12.10 (25.98)	2:41.50 (55.38)		
	3:05.88 (24.38)	3:33.14 (51.64)		
7 Atlantic		3:37.40	3:34.63	24
1) Aleah Hermansen FR			2) Annamaria Lowary JR	
3) Clare Christensen JR			4) Cambry Miller SR	
	26.31	55.64 (55.64)		
	1:20.99 (25.35)	1:49.62 (53.98)		
	2:14.31 (24.69)	2:42.08 (52.46)		
	3:06.55 (24.47)	3:34.63 (52.55)		
8 Pleasant Valley		3:35.50	3:35.13	22
1) Jordan Neymeyer JR			2) Abby Buechel FR	
3) Taylor Buhr FR			4) Libby Staver SR	
	26.06	54.39 (54.39)		
	1:19.55 (25.16)	1:47.59 (53.20)		
	2:13.62 (26.03)	2:41.82 (54.23)		
	3:06.88 (25.06)	3:35.13 (53.31)		
9 Lewis Central		3:41.76	3:36.04	18
1) Sarah Gann SR			2) Aubrey Bach JR	
3) Zoe Pawloski SR			4) Waren Graeve SO	
	26.40	55.35 (55.35)		
	1:21.16 (25.81)	1:49.33 (53.98)		
	2:14.69 (25.36)	2:42.37 (53.04)		
	3:08.22 (25.85)	3:36.04 (53.67)		
10 Wahlert Catholic		3:41.48	3:36.94	14
1) Natalia Verastegui SR			2) Alaina Schmidt JR	
3) Abbie Montag SR			4) Zoe Heiar SO	
	26.18	53.78 (53.78)		
	1:18.93 (25.15)	1:47.69 (53.91)		
	2:13.23 (25.54)	2:42.39 (54.70)		
	3:08.05 (25.66)	3:36.94 (54.55)		
11 Waukee		3:38.60	3:37.66	12
1) Layne Collum SR			2) Eve Wiltse SO	
3) Sophia Hueser SO			4) Anna Hamling JR	
	26.78	55.63 (55.63)		

	1:21.81 (26.18)	1:50.58 (54.95)		
	2:16.46 (25.88)	2:45.19 (54.61)		
	3:10.26 (25.07)	3:37.66 (52.47)		
12 Dub Senior		3:39.67	3:38.61	10
1) Grace Pope SR			2) Claire Wedewer JR	
3) Taylor Kremer JR			4) Anna Pfeiffer JR	
	26.85	55.50 (55.50)		
	1:21.94 (26.44)	1:51.34 (55.84)		
	2:17.26 (25.92)	2:46.62 (55.28)		
	3:11.25 (24.63)	3:38.61 (51.99)		
13 Fort Dodge		3:41.06	3:40.77	8
1) Madigan Peimann JR			2) Grace Hartley SO	
3) Elora Fierke JR			4) Luanne Xiao JR	
	26.46	55.08 (55.08)		
	1:21.31 (26.23)	1:50.31 (55.23)		
	2:16.79 (26.48)	2:46.61 (56.30)		
	3:12.01 (25.40)	3:40.77 (54.16)		
14 CR Kennedy		3:41.44	3:40.92	6
1) Kassidy Lovig SR			2) Raylee King FR	
3) Olivia Bowden JR			4) Maddie Gannon JR	
	26.68	55.84 (55.84)		
	1:22.39 (26.55)	1:51.73 (55.89)		
	2:17.63 (25.90)	2:46.70 (54.97)		
	3:12.18 (25.48)	3:40.92 (54.22)		
15 DM Lincoln		3:49.16	3:41.95	4
1) Anika Snow SO			2) Catherine Dooley JR	
3) Ava Zaugg SO			4) Chloe Marquis SO	
	26.30	55.75 (55.75)		
	1:21.63 (25.88)	1:51.26 (55.51)		
	2:17.76 (26.50)	2:46.91 (55.65)		
	3:13.11 (26.20)	3:41.95 (55.04)		
16 SC Metro		3:46.00	3:42.59	2
1) Avery Koopmans SO			2) Madison Slaughter JR	
3) Brecken Baller FR			4) Hope Cvrk SO	
	26.83	56.50 (56.50)		
	1:23.78 (27.28)	1:53.93 (57.43)		
	2:20.74 (26.81)	2:50.84 (56.91)		
	3:15.72 (24.88)	3:42.59 (51.75)		
17 Johnston		3:50.90	3:43.30	
1) Izabelle Osborne FR			2) Sarah Andreasen JR	
3) Isabella Jaspering SO			4) Abby Rastetter SO	
	26.86	55.89 (55.89)		
	1:22.84 (26.95)	1:52.94 (57.05)		
	2:19.58 (26.64)	2:49.41 (56.47)		
	3:14.74 (25.33)	3:43.30 (53.89)		
18 Wdm Valley		3:46.99	3:43.91	
1) Annie Thiel SO			2) Jane Berg SR	
3) Morgan Hunt FR			4) Kristin He FR	
	27.06	56.56 (56.56)		
	1:23.65 (27.09)	1:54.35 (57.79)		
	2:20.41 (26.06)	2:49.35 (55.00)		
	3:15.17 (25.82)	3:43.91 (54.56)		
19 Linn-Mar		3:49.81	3:43.98	
1) Serena Brizard SR			2) Ella Wagner SO	
3) Mallory Ahrens JR			4) Lily Haars FR	
	26.26	55.60 (55.60)		
	1:21.83 (26.23)	1:51.21 (55.61)		

	2:18.31 (27.10)	2:49.19 (57.98)	
	3:15.21 (26.02)	3:43.98 (54.79)	
20 Decorah		3:45.60	3:46.12
1) Emily Voyna FR			2) Kiana Folkedahl SO
3) Margaret Rhodes FR			4) Emma Bachelder JR
	27.71	57.82 (57.82)	
	1:25.51 (27.69)	1:55.62 (57.80)	
	2:23.76 (28.14)	2:54.20 (58.58)	
	3:18.90 (24.70)	3:46.12 (51.92)	
21 Dav Central		3:49.60	3:47.13
1) Isabelle Shook SR			2) Megan Fellner SR
3) Liz Weber SO			4) Abbey Klostermann JR
	27.29	57.04 (57.04)	
	1:23.38 (26.34)	1:53.50 (56.46)	
	2:21.59 (28.09)	2:58.12 (1:04.62)	
	3:16.73 (18.61)	3:47.13 (49.01)	
22 Muscatine		3:50.83	3:47.80
1) Abby Lear FR			2) Hope Reichert JR
3) Sarah Schoer SR			4) Jillian Hilbrant SO
	25.86	54.63 (54.63)	
	1:20.92 (26.29)	1:50.53 (55.90)	
	2:19.03 (28.50)	2:49.50 (58.97)	
	3:17.05 (27.55)	3:47.80 (58.30)	
23 Mason City		3:48.06	3:48.38
1) Paige Braun JR			2) Nia Litterer SO
3) Marley Hagerty SO			4) Thea Lunning SR
	27.50	56.68 (56.68)	
	1:23.53 (26.85)	1:53.73 (57.05)	
	2:20.77 (27.04)	2:50.43 (56.70)	
	3:17.73 (27.30)	3:48.38 (57.95)	
24 CR Jefferson		3:48.15	3:49.18
1) Jacy Werning JR			2) Ramsey Tucker JR
3) Megan Kitzmiller			4) Lauren Williams
	26.79	57.03 (57.03)	
	1:23.62 (26.59)	1:54.85 (57.82)	
	2:22.75 (27.90)	2:54.58 (59.73)	
	3:20.65 (26.07)	3:49.18 (54.60)	
25 DM Roosevelt		3:49.08	3:50.27
1) Meghan Workman SR			2) Ellie Odole SR
3) Cecile Lorenzen SO			4) Lydia Johnston SO
	27.74	58.35 (58.35)	
	1:26.64 (28.29)	1:58.31 (59.96)	
	2:25.01 (26.70)	2:55.17 (56.86)	
	3:21.00 (25.83)	3:50.27 (55.10)	
26 Ncmp Newton		3:51.59	3:50.57
1) Alex Inskeep SR			2) Natalie Boll SO
3) Erika Van Sickle JR			4) Lakin Jenkins SR
	27.46	57.71 (57.71)	
	1:25.67 (27.96)	1:57.54 (59.83)	
	2:24.78 (27.24)	2:55.04 (57.50)	
	3:21.26 (26.22)	3:50.57 (55.53)	
27 Marshalltown		3:54.10	3:51.50
1) Taylor Hrabak SR			2) Cori Jorgenson JR
3) Shakira Hererra SR			4) Klaudia Hernandez SO
	27.43	58.06 (58.06)	
	1:25.07 (27.01)	1:56.58 (58.52)	
	2:23.14 (26.56)	2:53.07 (56.49)	

	3:20.69 (27.62)	3:51.50 (58.43)	
28 Boone		3:50.99	3:51.58
1) Emily Wingert SO			2) Marin Powell SO
3) Lauren Kennedy JR			4) Liz Purtle SO
	27.65	58.34 (58.34)	
	1:26.07 (27.73)	1:57.17 (58.83)	
	2:24.30 (27.13)	2:55.58 (58.41)	
	3:22.20 (26.62)	3:51.58 (56.00)	
29 Carroll		3:48.85	3:51.73
1) Shyla Mohr SR			2) Mackenzie Campbell JR
3) Kelsey Gray JR			4) Abbie Streeter SR
	27.42	59.10 (59.10)	
	1:25.95 (26.85)	1:56.55 (57.45)	
	2:23.49 (26.94)	2:53.83 (57.28)	
	3:20.92 (27.09)	3:51.73 (57.90)	
30 Iowa City High		3:46.16	3:55.37
1) Jesse Hausknecht-Brown SO			2) Maggie Cremers SR
3) Allison Kenatson SO			4) Grace Campion FR
	26.81	56.96 (56.96)	
	1:24.44 (27.48)	1:55.88 (58.92)	
	2:23.25 (27.37)	2:54.59 (58.71)	
	3:23.28 (28.69)	3:55.37 (1:00.78)	
-- Southeast Polk		3:48.02	DQ
1) Alexa Bell JR			2) Madeleine Reed SR
3) Alea Lause SR			4) Grace Hinze SR
	25.48	53.47 (53.47)	
	1:20.05 (26.58)	1:50.65 (57.18)	
	2:17.62 (26.97)	2:51.36 (1:00.71)	
	3:16.84 (25.48)	DQ (56.15)	
-- CR Washington		3:45.08	DQ
1) Alanna Adkins SR			2) Emma Sorg SO
3) Sydney Jones SO			4) Jill Hughes SR
	27.47	57.76 (57.76)	
	1:23.72 (25.96)	1:53.23 (55.47)	
	2:19.31 (26.08)	2:49.14 (55.91)	
	3:15.59 (26.45)	DQ (55.92)	